

# SATURDAY EVENING MARCH 28, 2026

B'CAST	SPECTRUM	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	1 AM							
2	2	Tracker "Eurydice"	CIA "Directed Energy"		48 Hours (N)			CBS News Chicago (N)		Entertainment Tonight (N)		Fire Country "Bad Guy"		Fire Country							
4	83	2026 World Figure Skating Championships			SNL Lizzo (N)			TMJ4 News	Saturday Night Live Melissa McCarthy; Dion		(:05) 1st Look	Open House	Open House								
5	5	2026 World Figure Skating Championships			SNL Lizzo (N)			NBC 5 News	Saturday Night Live Melissa McCarthy; Dion		(:05) 1st Look	(:35) In Touch	(:05) N'DIGO								
6	6	(6:00) Baseball New York Yankees at San Francisco Giants			FOX 6 News at 9 (N)			FOX 6 News	99 to Beat		TMZ (N)		Extra (N)								
7	7	NHL Hockey Philadelphia Flyers at Detroit Red Wings (N) (Live)					News at 10pm (N)			The Rookie "Follow-Up Day"		The Rookie "Casualties"		In Touch							
9	9	I Am Jackie O (N)			Weekend News (N)			WGN News	GN Sports	Two Half Men		Two Half Men		Last Man	Last Man	Backstory					
9.2	986	Hazel	Hazel	Jeannie	Jeannie	Bewitched		Bewitched		Carson McLean Stevenson, Gene Hackman		3's Company		3's Company		3's Crowd					
10	10	(6:45) Queens Lynley Mysteries "Payment in Blood"			(:05) Death in Paradise			Austin City Limits		Stage		Father "The Serpent Within"		Brokenwood							
11		Father "The Invisible Friends"		Death in Paradise		Midsomer		(:45) Midsomer Murders		The Forsytes (P)		Brokenwood		"Here's to You, Mrs. Robinson"		Gently					
12	12	NHL Hockey Philadelphia Flyers at Detroit Red Wings (N) (Live)					News (N)			(:35) Big 12 Sp		(:05) The Rookie		(:05) Ent. Tonight (N)		(:05) Storm of					
18	18	I Am Jackie O (N)			Polka! Polka! Polka!			National Desk (N) (Live)		WOW - Women (N)		LOST IN		Taste Buds		Paid Prog.					
24	24	Greatest (N)	She's	Bill Michaels W		WOW - Women Of Wrestling			OVW Wrestling		414 Video Spotlight		Music (N)								
26		Chicago P.D. "Fagin"		Chicago P.D. "Army of One"		Chicago "Fork in the Road"		S.W.A.T. "Local Heroes"		S.W.A.T. "Lockdown"		WOW - Women (N)		Salvage							
32	13	(6:00) Baseball New York Yankees at San Francisco Giants			Fox 32 News (N)			Backstage		99 to Beat		Don't Know		Short List		JacuzziBath Remodel					
36	974	Roots "Larger Than Life"		Words "Angela Merkel"		The Boleyns: A "Desire"		Worsley "The Black Death"		Worsley "The Witch Hunts"		Bare Feet		People		Nature					
38		(5:30) NWSL		(:45) NWSL		NWSL-Post			NCIS "Sticks & Stones"		NCIS "In From the Cold"		NCIS "Knight and Day"		NCIS						
50		TMZ (N)		Backstage		Taste Buds		Extra (N)		Law & Order: SVU "Savant"		Elite Fight Night		Paid Prog.		Paid Prog.					
55	15	(5:30) NWSL		(:45) NWSL		NWSL-Post			NCIS "Sticks & Stones"		NCIS "In From the Cold"		NCIS "Knight and Day"		NCIS						
58	8	Tracker "Eurydice"		CIA "Directed Energy"		48 Hours (N)			News (N)		CBS (N)		Fire Country "Bad Guy"		NCIS: Hawai'i "Deep Fake"		Salvage				
A&E	42	Storage Wars (N)		Storage Wars (N)		Duck Dynasty (N)			K9 PD- Jim		K9 PD- Jim		(:05) Storage Wars		(:05) Storage Wars		(:05) Duck Dyn				
AMC	59	★★★★ The Italian Job '03			Charlize Theron, Ed Norton, Mark Wahlberg.			★★★★ Goodfellas '90			Ray Liotta, Joe Pesci, Robert De Niro.			★★★★ My Cousin Vinny							
AP	43	Dr. Jeff "A Brave Pit Bull"		Dr. Jeff "Close to Home"		Dr. Dee "High on the Hog"		Dr. Dee "Farm Frenzy"		Dr. Jeff "A Brave Pit Bull"		Dr. Jeff "Close to Home"		Dr. Dee							
BIG10	63	College Football Nebraska Red-White Game			B1G Basketball in 60			B1G Show		B1G Show		B1G Show		B1G Show		B1G Show					
BOOM	109	Scooby-Doo "Scooby-Doo"		Flintstone		Flintstone		Popeye		Popeye		Scooby-Doo		Scooby-Doo		Jonny Quest	Jonny Quest	Thundarr			
BRAVO	45	(4:30) Harry Potter & the Hal...			★★★★ Harry Potter and the			Deathly Hallows: Part 1 (10)			Rupert Grint, Daniel Radcliffe.		★★★★ Harry Potter and the			Deathly Hallows: Part 2 (11)					
CHSN		(6:00) Baseball Chicago White Sox at Milwaukee Brewers					White Sox (N) Journey			CHSN Podcast Come Alive!		NBA Basketball Chicago Bulls at Memphis Grizzlies									
CNBC	47	American Greed		American Greed		Greed "Burned by Greed"			American Greed		Greed "The Bad Neighbors"		American Greed		Next						
CNN	44	Real Time With (N)		Have I Got (N) (SF)		CNN Special Program			Real Time With Bill Maher		Have I Got News For You		CNN Special Program		CNN						
COM	54	The Office		The Office		The Office		The Office		The Office		★★★ Just Go With It (11)		Jennifer Aniston, Nicole Kidman, Adam Sandler.		South Park	South Park				
COOK	158	Iron Chef America		Iron Chef America		Iron Chef America		Iron Chef America		Iron Chef America		Iron Chef America		Iron Chef America		Iron Chef					
DISC	41	Bigfoot Took Her		Bigfoot "Speed Freaks"		Bigfoot Took Her			Expedition "Killer Sasquatch"		Bigfoot Took Her		Bigfoot "Speed Freaks"		Bigfoot						
DISN	58	(6:00) Coco (:50) Phineas		(:15) Phineas		(:45) Kiff		(:10) Kiff		(:35) Kiff		Ladybug		Ladybug		Big City		Big City			
DLC	153	Body Bizarre		Body Bizarre		Body Bizarre			Body Bizarre		Body Bizarre		Body Bizarre		Body Bizarre		Body Bizarre				
E!	53	★★★ The Super Mario Bros. Movie '23			Chris Pratt.			★★★★ The Croods: A New Age '20			Nicolas Cage.			Sex-City		Sex-City	Sex-City	Sex-City			
ESPN	30	(6:30) NCAA W. Basketball			SportsCenter (N) (Live)			SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportCtr (N)					
ESPN2	29	(6:00) College Hockey			PFL (N)			Professional Fighters League		Pittsburgh (N) (Live)		30 for 30 Four Falls of Buffalo									
FDWI	31	Fight Sports: In 60		Fight Sports: In 60		United Fight Alliance			She's		All Blacks in		NHL Hockey Minnesota Wild at Boston Bruins								
FNC	48	Life, Liberty (N) (Live)		View- Lara Tru. (N) (Live)		Saturday Night (N) (Live)			Gutfeld!		Life, Liberty & Levin		View- Lara Tulsii Gabbard, Karoline Leavitt								
FOOD	67	Diners, Drive 'Diners, Drive		Diners, Drive		Diners, Drive		Diners, Drive		Diners, Drive		Diners, Drive		Diners, Drive		Diners, Drive					
FREE	17	(6:20) ★★★ Monsters, Inc. '01		(:25) ★★★ Monsters University '13			Billy Crystal.			(:55) ★★★ Meet the Robinsons '07		Angela Bassett.		Paid Prog.							
FX	35	★★★★ Jumanji: Welcome to the Jungle '17			Dwayne Johnson.			★★★★ Jumanji: The Next Level '19			Kevin Hart, Dwayne Johnson.			★★★ Jumper '08			Hayden Christensen.				
GOLF	28	(6:00) LPGA Tour Golf		Golf Central (N)		PGA Tour Golf Texas Children's Houston Open, Third Round				From Memorial Park in Houston.											
HALL	71	★ A Royal Setting '26			Dan Jeannotte, Jen Lilley. (P)			★ Sweeter Than Chocolate '23			Eloise Mumford.		Golden Girls		Golden Girls		Golden Girls				
HALLMY	117	Hailey Dean Mysteries "Killer Sentence"					Murder, She Wrote		Murder ... "Powder Keg"		Murder, She Wrote		Murder, She Wrote		Murder ...						
HGTV	37	Hunters		Hunters		Hunters		Hunters		Hunters		Hunters		Hunters		Hunters					
HIST	39	Unexplained "Mad Scientists"		The UnXplained			(:05) The UnXplained		(:05) The UnXplained		(:05) The UnXplained		(:05) The UnXplained		UnXplained						
LIFE	36	★ The Man in the Window '26			Dylan Walsh, Teri Polo. (P)			(:05) ★ Secrets of a Marine's Wife '21		Sadie Calvano.		★ The Man in the Window '26				Dylan Walsh, Teri Polo.	Movie				
LIFEMOV	65	★ Spring Break Nightmare '23			Kalen Bull, Kristi Murdock.			★ Danger Below Deck '22		Katherine McNamara.		★ Spring Break Nightmare '23				Kalen Bull, Kristi Murdock.	Movie				
METV	19	Svengoolie "House on Haunted Hill"			Batman			Star Trek "The Changeling"		Superman		Superman		Lost in Space		Giants					
MLB	326	MLB Big Inning (N) (Live)			MLB Baseball			Cleveland Guardians at Seattle Mariners (N) (Live)		Quick Pitch (N) (Live)		Quick Pitch									
MSNBC	46	(5:00) Weekend (N) (Live)		Crooked on MS NOW (N)		The Rachel Maddow Show		The 11th Hour With		The Beat: Weekend		Dateline "The Road Trip"		Dateline							
MTV	52	(6:00) ★ We're the Millers		(:20) ★★ Joe Dirt '01			Dennis Miller, David Spade.		(:10) ★★ We're the Millers '13		Jason Sudeikis, Jennifer Aniston.		Ridiculous		Ridiculous						
NATGEO	38	..Smuggler "The Coke Eater"		Catch.. "Ice Cold Cocaine"		..Smuggler "Freeway Meth"		Catch.. "Dope in the Hood"		..Smuggler "NYC Showdown"		..Smuggler "The Coke Inside"		..Smuggler							
NBA	325	The Association: Weekend (N) (Live)					NBA Basketball Utah Jazz at Phoenix Suns (N) (Live)					NBA Action									
NFL NET	346	(5:30) NFL Football			NFL Ftbl 2025			NFC Wild Card Prime Vision Alt Cast: Green Bay Packers vs. Chicago Bears		NFL		A Football Life		Franco Harris		Football					
NICK	56	Friends		Friends		Friends		Big Bang		(:40) Big Bang		(:15) Big Bang		(:50) Big Bang		(:25) The Big Bang Theory		(:55) Friends	Friends	Friends	
NICK JR.	107	(6:00) ★ PAW Patrol: Movie			PAW Patrol			PAW Patrol		PAW Patrol		PAW Patrol		Bubble		Bubble		TeamUmiz.	PAWPatrol		
PARMT	51	Movie		★★★★ Ocean's Eleven '01			Matt Damon, Andy Garcia, George Clooney.			(:10) ★★★ Ocean's Twelve '04			Brad Pitt, Matt Damon, George Clooney.			Movie					
PBS CREATE	977	(6:00) Milwaukee PBS Weather					Milwaukee PBS Weather					Milwaukee PBS Weather									
PBS WORLD	976	Recipe "A First Taste"		Joy/Painting		Joy/Painting		Art "The Modern Age"		Pépin		Mexican		Farmer		Cook		Healthful		Jazzy	Joy/Painting
SUND	281	(6:30) ★★★ The Hunt for Red October '90			Alec Baldwin, Sean Connery.			★★★★ Cape Fear '91			Nick Nolte, Jessica Lange, Robert De Niro.			★★★★ Colombiana '11							
SYFY	55	(6:00) ★★★ The Equalizer 2 '18			★★★★ Gladiator Joaquin Phoenix, Connie Nielsen, Russell Crowe.					★★★★ Leprechaun '93					Warwick Davis.						
TBS	3	(5:00) NCAA		NCAA M. Basketball Regional Final: Teams			TBA (N) (Live)		Madness		4.7 Sec. (N)		★★★ Father of the Bride Part II '95		Steve Martin.		Movie				
TCM	60	★★★★ Them! '54			Edmund Gwenn, James Whitmore.			★★★★ Rodan '57		Yumi Shirakawa, Kenji Sahara.		★★★★ Caged '50		Agnes Moorehead, Eleanor Parker.		★ The Ritz					
THIS	983	9-1-1 "Triggers"		S.W.A.T. "Local Heroes"			CBS 58 News (N)		Neighbor		Neighbor		★ Movie		Friends						
TLC	40	7 Little Johnstons		7 Little Johnstons			7 Little Johnstons		Unexpected		7 Little Johnstons		7 Little Johnstons		7 Little						
TNT	33	All Elite Wrestling: Collision (N) (Live)					★ Big Daddy '99			Joey Lauren Adams, Adam Sandler.			★★★ The Tomorrow War '21				Yvonne Strahovski, Chris Pratt.				
TOON	57	Family Guy		Family Guy		Family Guy		Family Guy		Rick Morty		Rick Morty		Rick Morty		Rooster (N)		DAN DA DAN	Blue Lock (N)	Revengers	One Piece (N)
TRAVEL	72	Ghost Adventures		Ghost Adventures		Ghost Adventures			Ghost Adventures		Ghost Adventures		Ghost Adventures		Ghost Adv						
TRUTV	74	(5:00) NCAA		2026 NCAA Men's Basketball Tournament (N) (Live)			Madness (N)		★★★★ White Men Can't Jump '92			Woody Harrelson, Wesley Snipes.			Imp. Jokers						
TV LAND	61	Seinfeld		Seinfeld		Seinfeld		Seinfeld		King		King		King		Old Christine		Old Christine	Old Christine		
USA	34	Chicago Fire		Chicago Fire "A Closer Eye"			Chicago Fire		Chicago Fire		Chicago "This Isn't Charity"		Chicago "A Volatile Mixture"		Chicago Fire "All the Proof"		Law-SVU				
VH1	50	★★ Killers '10		Katherine Heigl, Ashton Kutcher.			★★ Burlesque '10			Christina Aguilera, Eric Dane, Cher.			Wild 'n Out		Wild 'n Out		Wild 'n Out				
WE	26	NCIS "Bait"		NCIS "Iced"			NCIS "Untouchable"		NCIS "Bloodbath"		NCIS "Jeopardy"		9-1-1 "Step Nine"		9-1-1						

## SUNDAY MORNING MARCH 29, 2026

B'CAST	SPECTRUM	4 AM	4:30	5 AM	5:30	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM
2	2	Real Green	Raw Travel	CBS News Chicago (N)	CBS Chicago (N)	CBS Chicago (N)	CBS Chicago (N)	CBS Chicago (N)	CBS Chicago (N)	CBS News Sunday Morning (N)	CBS News Sunday Morning (N)	Face the Nation (N)	Face the Nation (N)	Paid Prog.	PBR (N)	PBR (N)
4	83	Paid Prog.	Paid Prog.	Outdoors	TMJ4 News Today (N)	TMJ4 News Today (N)	TMJ4 News Today (N)	Sunday Today (N)	Sunday Today (N)	Meet the Press (N)	In Touch	Alliant	Grace	Wisconsin	Athletics	Athletics
5	5	Prostate	Chicago	NBC 5 News at 5am (N)	NBC 5 News at 6am	NBC 5 News at 6am	NBC 5 News at 6am	Sunday Today (N)	Sunday Today (N)	NBC 5 News at 8am	Meet the Press (N)	Meet the Press (N)	NBC5 (N)	Paid Prog.	Athletics	Athletics
6	6	Pets	Super Ani	In Touch	Sun. Mass	Planet	DIY Sci	Wake-Up News at 7 (N)	Wake-Up News at 7 (N)	FOX News Sunday (N)	FOX News Sunday (N)	FOX News Sunday (N)	Paid Prog.	Grace	Paid Prog.	Paid Prog.
7	7	Paid Prog.	Localish	News at 5am (N)	News at 6am (N)	News at 6am (N)	News at 6am (N)	Good Morn. (N)	Good Morn. (N)	ABC7 Eyewitness News at 8am (N)	ABC7 Eyewitness News at 8am (N)	ABC7 Eyewitness News at 8am (N)	Mass	This Week (N)	oh baby!	oh baby!
9	9	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Morning News (N) (Live)	Morning News (N) (Live)	Morning News (N) (Live)	Morning News (N) (Live)	Mass	Paid Prog.	Winston	Paid Prog.	Into Wild
10	10	Week	Hoover	Mr. Rogers	Arthur	Wild Kratts	Skillsville	Lyla	Carl	Tiger	Phoebe	Sesame	Work It	John	Adelante	Here & Now
11	11	(3:30) Martha (P)	Happy Yoga	Yoga	Horizons	Hoover	Homemade	Simp. Ming	Life	Cooking	Ellie's Real	Milk Street	Kevin	Steven	Compass	Compass
12	12	(3:30) U.S.F.	Tragedy	WISN 12 News (N)	Good Morn. (N)	Good Morn. (N)	Good Morn. (N)	WISN 12 News This Morning	WISN 12 News This Morning	WISN 12 News This Morning	WISN 12 News This Morning	WISN 12 News This Morning	WISN 12 News This Morning	WISN 12 News This Morning	Paid Prog.	Kids News
18	18	Web of	Blade	Traveler	Positively	The	Black	Midnight	Mountain	Daily	Connect	Wis. Water	Mad Do	Larry	Paid Prog.	Pastor's
24	24	World Poker	Tour	Nashville	Cars.TV	Connect	Popstar!	Cath. Mass	Worship	Truth of God	Cath. Mass	Living	In Touch	Paid Prog.	Blade	Blade
26	26	Laughs	Laughs	Pain	Paid Prog.	Paid Prog.	Yes You Can (N)	Yes You Can (N)	P. Stone	Transform	Paid Prog.	In Touch	Key/David	Paid Prog.	Paid Prog.	Animals
32	13	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Yes You Can	Yes You Can	Good Day Chicago	Good Day Chicago	Good Day Chicago	Good Day Chicago	In Touch	Key/David	Paid Prog.	Paid Prog.	Paid Prog.
36	974	People	Darley	Samantha	Curious	Donkey	Rosie	Elinor	Cyberchase	Arthur	Wild Kratts	Baking	Kitchen	Kitchen	Kitchen	Milk Street
38	38	RateEscape	Protect	Bull "Look Back in Anger"	Bull "Behind the Ivy"	Bull "Behind the Ivy"	Bull "Behind the Ivy"	Bull "Child of Mine"	Bull "Child of Mine"	Bull "Quid Pro Quo"	Bull "Quid Pro Quo"	NCIS "Out of Control"	NCIS "Humbug"	NCIS "Humbug"	NCIS	NCIS
50	50	David	RateEscape	Jacuzzi	RateEscape	Protect	Protect	Paid Prog.	Paid Prog.	Worship	Cath. Mass	In Touch	David	Paid Programming	Paid Programming	Paid Programming
55	15	RateEscape	Protect	Bull "Look Back in Anger"	Bull "Behind the Ivy"	Bull "Behind the Ivy"	Bull "Behind the Ivy"	Bull "Child of Mine"	Bull "Child of Mine"	Bull "Quid Pro Quo"	Bull "Quid Pro Quo"	NCIS "Out of Control"	NCIS "Humbug"	NCIS "Humbug"	NCIS	NCIS
58	8	Forensic	Forensic	Hope-Wild	Friends	News (N)	News (N)	CBS 58 Sunday (N)	CBS 58 Sunday (N)	CBS News Sunday Morning (N)	CBS News Sunday Morning (N)	Face the Nation (N)	Retirement	PBR (N)	PBR (N)	PBR (N)
A&E	42	Pain	Paid Prog.	Paid Prog.	Paid Prog.	Alaska State Troopers	Alaska State Troopers	Alaska State Troopers	Alaska State Troopers	Alaska State Troopers	Alaska State Troopers	Troopers "Wildest Calls"	Alaska State Troopers	Troopers	Troopers	Troopers
AMC	59	Movie	(45) ★★★ Casino	(95) Sharon Stone, Joe Pesci, Robert De Niro.	(45) ★★★ The Italian Job	(03) Mark Wahlberg.	(45) ★★★ The Italian Job	(03) Mark Wahlberg.	(45) ★★★ The Italian Job	(03) Mark Wahlberg.	(45) ★★★ The Italian Job	(03) Mark Wahlberg.	(45) ★★★ The Italian Job	(03) Mark Wahlberg.	(45) ★★★ The Italian Job	(03) Mark Wahlberg.
COM	54	South Park	South Park	South Park	South Park	South Park	South Park	Parks	Parks	Parks	Parks	★★★ Just Go With It	(11) Jennifer Aniston, Adam Sandler.	(11) Jennifer Aniston, Adam Sandler.	(11) Jennifer Aniston, Adam Sandler.	(11) Jennifer Aniston, Adam Sandler.
DISC	41	Bering Sea Gold	Moonshiners	Moonshiners	Operation Healing (N)	Operation Healing (N)	Operation Healing (N)	Saltwater	Hard (N)	Gold Rush "Rick's Mess"	Gold Rush	Gold Rush	Gold Rush	Gold Rush	Gold Rush	Gold Rush
DISN	58	Bluey	Bluey	Mickey	Kitties	Iron Man	Spidey	Cars	Big City	Phineas	Phineas	★★★ Monsters, Inc.	(01)	(40) ★★★ Up	(09)	(09)
ESPN	30	(3:00) NHL Hockey	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	GameDay (N)	(Live)	Softball (N)
FREE	17	Protect	Paid Prog.	Paid Prog.	Paid Prog.	★★★ The Smurfs	(11) Hank Azaria.	★★★ The Smurfs	(11) Hank Azaria.	★★★ Air Bud	(97) Kevin Zegers, Michael Jeter.	(05) ★★ Air Bud: Golden Receiver	(05) ★★ Air Bud: Golden Receiver	(05) ★★ Air Bud: Golden Receiver	(05) ★★ Air Bud: Golden Receiver	(05) ★★ Air Bud: Golden Receiver
FX	35	Paid Prog.	Car	Paid Prog.	Paid Prog.	Jim	★★★ Amsterdam	(22) Margot Robbie, John David Washington, Christian Bale.	★★★ Amsterdam	(22) Margot Robbie, John David Washington, Christian Bale.	★★★ Amsterdam	(22) Margot Robbie, John David Washington, Christian Bale.	★★★ Amsterdam	(22) Margot Robbie, John David Washington, Christian Bale.	★★★ Amsterdam	(22) Margot Robbie, John David Washington, Christian Bale.
HIST	39	(3:00) CSN Mint	CSN Mint	Built "Road Warriors"	Engineering-World	Engineering-World	Engineering-World	Built "Liberty Rising"	Engineering-World	Engineering-World	Engineering-World	Engineering-World	Engineering-World	Engineering-World	Engineering-World	Engineering-World
LIFE	36	Jacuzzi	Paid Prog.	Paid Prog.	Creflo	Amazing	Jeremiah	J. Osteen	Paid Prog.	★★★ Monster in the Family: Stacey Kananan Story	★★★ Monster in the Family: Stacey Kananan Story	★★★ Monster in the Family: Stacey Kananan Story	★★★ Monster in the Family: Stacey Kananan Story	★★★ Monster in the Family: Stacey Kananan Story	★★★ Monster in the Family: Stacey Kananan Story	★★★ Monster in the Family: Stacey Kananan Story
MTV	52	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous
NICK	56	Mod Fam	Mod Fam	SpongeBob	SpongeBob	SpongeBob	SpongeBob	SpongeBob	SpongeBob	★★★ SpongeBob SquarePants Movie	(45) ★★ SpongeBob Movie: Sponge Out of Water	(45) ★★ SpongeBob Movie: Sponge Out of Water	(45) ★★ SpongeBob Movie: Sponge Out of Water	(45) ★★ SpongeBob Movie: Sponge Out of Water	(45) ★★ SpongeBob Movie: Sponge Out of Water	
PARMT	51	(3:30) Bar.	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue
SYFY	55	Movie	Tw. Zone	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Tw. Zone	★★★ Leprechaun: Origins	(14) Hornswoggle.	★★★ Chaos Walking	(21) Tom Holland, Daisy Ridley.	★★★ Chaos Walking	(21) Tom Holland, Daisy Ridley.	★★★ Chaos Walking	(21) Tom Holland, Daisy Ridley.
TBS	3	Mod Fam	Mod Fam	Imp. Jokers	Imp. Jokers	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends
TCM	60	(3:00) ★★★ Petulia	★★★ The Scarlet Coat	(55) Cornel Wilde.	★★★ Diane	(55) Pedro Armendariz, Lana Turner.	★★★ Caged	(50) Eleanor Parker.	★★★ Caged	(50) Eleanor Parker.	★★★ Caged	(50) Eleanor Parker.	★★★ Caged	(50) Eleanor Parker.	★★★ Caged	(50) Eleanor Parker.
TNT	33	FBI "Undisclosed"	FBI "Fortunate Son"	FBI "Second Life"	FBI "Heroes"	FBI "Breakdown"	FBI "Protégé"	FBI "Money for Nothing"	FBI "Money for Nothing"	FBI "Money for Nothing"	FBI "Money for Nothing"	FBI "Money for Nothing"	FBI "Money for Nothing"	FBI "Money for Nothing"	FBI "Money for Nothing"	FBI "Money for Nothing"
TOON	57	Invincible	Invincible	Be Cool	Be Cool	Scooky-Do	Scooky-Do	Scooky-Do	Scooky-Do	Scooky-Do & WWE: Curse of the S...	Jellystone	Looney	Looney	Tom	Tom	
USA	34	Law-SVU "Rage"	Law-SVU "Contagious"	Law-SVU "Informed"	Law-SVU "Zebias"	Law-SVU "Next Chapter"	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	
VH1	50	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	My Wife

## SUNDAY AFTERNOON MARCH 29, 2026

B'CAST	SPECTRUM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30	6 PM	6:30
2	2	(11:00) PBR	Road (N)	NCAA M. Basketball Regional Final: Teams TBA (N) (Live)	NCAA M. Basketball Regional Final: Teams TBA (N) (Live)	NCAA M. Basketball Regional Final: Teams TBA (N) (Live)	NCAA M. Basketball Regional Final: Teams TBA (N) (Live)	NCAA M. Basketball Regional Final: Teams TBA (N) (Live)	NCAA M. Basketball Regional Final: Teams TBA (N) (Live)	NCAA M. Basketball Regional Final: Teams TBA (N) (Live)	NCAA M. Basketball Regional Final: Teams TBA (N) (Live)	NCAA M. Basketball Regional Final: Teams TBA (N) (Live)	NCAA M. Basketball Regional Final: Teams TBA (N) (Live)	NCAA M. Basketball Regional Final: Teams TBA (N) (Live)	NCAA M. Basketball Regional Final: Teams TBA (N) (Live)	60 Minutes (N)
4	83	(11:00) Athl.	FIS Cross-Country	The Snow League	PGA Tour Golf Texas Children's Houston Open, Final Round (N) (Live)	PGA Tour Golf Texas Children's Houston Open, Final Round (N) (Live)	PGA Tour Golf Texas Children's Houston Open, Final Round (N) (Live)	PGA Tour Golf Texas Children's Houston Open, Final Round (N) (Live)	PGA Tour Golf Texas Children's Houston Open, Final Round (N) (Live)	PGA Tour Golf Texas Children's Houston Open, Final Round (N) (Live)	PGA Tour Golf Texas Children's Houston Open, Final Round (N) (Live)	PGA Tour Golf Texas Children's Houston Open, Final Round (N) (Live)	PGA Tour Golf Texas Children's Houston Open, Final Round (N) (Live)	PGA Tour Golf Texas Children's Houston Open, Final Round (N) (Live)	PGA Tour Golf Texas Children's Houston Open, Final Round (N) (Live)	PGA Tour Golf Texas Children's Houston Open, Final Round (N) (Live)
5	5	(11:00) Athl.	FIS Cross-Country	The Snow League	PGA Tour Golf Texas Children's Houston Open, Final Round (N) (Live)	PGA Tour Golf Texas Children's Houston Open, Final Round (N) (Live)	PGA Tour Golf Texas Children's Houston Open, Final Round (N) (Live)	PGA Tour Golf Texas Children's Houston Open, Final Round (N) (Live)	PGA Tour Golf Texas Children's Houston Open, Final Round (N) (Live)	PGA Tour Golf Texas Children's Houston Open, Final Round (N) (Live)	PGA Tour Golf Texas Children's Houston Open, Final Round (N) (Live)	PGA Tour Golf Texas Children's Houston Open, Final Round (N) (Live)	PGA Tour Golf Texas Children's Houston Open, Final Round (N) (Live)	PGA Tour Golf Texas Children's Houston Open, Final Round (N) (Live)	PGA Tour Golf Texas Children's Houston Open, Final Round (N) (Live)	PGA Tour Golf Texas Children's Houston Open, Final Round (N) (Live)
6	6	Bensinger	IndyCar Racing Children's Of Alabama Indy Grand Prix (N) (Live)	MotoGP Racing	Dateline "Good & Evil"	FOX6 News at 5 (N)	Next Level Chef									
7	7	NCAA (N)	NCAA Bsk. Regional Final: Teams TBA (N) (Live)	NCAA Bsk. Regional Final: Teams TBA (N) (Live)	NCAA Bsk. Regional Final: Teams TBA (N) (Live)	NCAA Bsk. Regional Final: Teams TBA (N) (Live)	NCAA Bsk. Regional Final: Teams TBA (N) (Live)	NCAA Bsk. Regional Final: Teams TBA (N) (Live)	NCAA Bsk. Regional Final: Teams TBA (N) (Live)	NCAA Bsk. Regional Final: Teams TBA (N) (Live)	NCAA Bsk. Regional Final: Teams TBA (N) (Live)	NCAA Bsk. Regional Final: Teams TBA (N) (Live)	NCAA Bsk. Regional Final: Teams TBA (N) (Live)	NCAA Bsk. Regional Final: Teams TBA (N) (Live)	NCAA Bsk. Regional Final: Teams TBA (N) (Live)	NCAA Bsk. Regional Final: Teams TBA (N) (Live)
9	9	Into Wild	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	PBA Bowling USBC Masters (N) (Live)								
10	10	Contrary	Mack	Week	Antiques Roadshow	Classic Gospel	Classic Gospel	L. Welk "The Irish Show"	Good Karma	(45) Queens of Mystery	Lynley Mysteries "Payment in Blood"					
11	11	Access	Eudora	Death in Paradise	Death in Paradise	Death in Paradise	Death in Paradise	Death in Paradise	Death in Paradise	Death in Paradise	Death in Paradise	Death in Paradise	Death in Paradise	Death in Paradise	Death in Paradise	Death in Paradise
12	12	NCAA (N)	NCAA Bsk. Regional Final: Teams TBA (N) (Live)	NCAA Bsk. Regional Final: Teams TBA (N) (Live)	NCAA Bsk. Regional Final: Teams TBA (N) (Live)	NCAA Bsk. Regional Final: Teams TBA (N) (Live)	NCAA Bsk. Regional Final: Teams TBA (N) (Live)	NCAA Bsk. Regional Final: Teams TBA (N) (Live)	NCAA Bsk. Regional Final: Teams TBA (N) (Live)	NCAA Bsk. Regional Final: Teams TBA (N) (Live)	NCAA Bsk. Regional Final: Teams TBA (N) (Live)	NCAA Bsk. Regional Final: Teams TBA (N) (Live)	NCAA Bsk. Regional Final: Teams TBA (N) (Live)	NCAA Bsk. Regional Final: Teams TBA (N) (Live)	NCAA Bsk. Regional Final: Teams TBA (N) (Live)	NCAA Bsk. Regional Final: Teams TBA (N) (Live)
18	18	Paid Prog.	Relieve	Blade	Attkisson	Paid Prog.	Hollywood	Moviefone	PBA Bowling USBC Masters (N) (Live)							
24	24	Relieve	Hearts of oh baby!	oh baby!	Jack Hanna	Jack Hanna	Ready-Pet	Heartland	Murdoch Mysteries	Conners	Conners	Goldbergs	Goldbergs	Goldbergs	Goldbergs	Goldbergs
26	26	World's	Chicago Fire	Chicago Fire	Chicago Fire	Chicago Fire	Chicago Fire	Chicago "Barely Gone"								
32	13	Paid Prog.	IndyCar Racing Children's Of Alabama Indy Grand Prix (N) (Live)	MotoGP Racing	Nature	DIY Sci	Paid Prog.	Paid Prog.	Next Level Chef							
36	974	Lidia	Healthful	Mexican	WW2Women	(50) WW2 Women-Front	(40) WW2 Women-Front	Laura	Here & Now	Chavis	Adelante	Compass	Weekends	Wisconsin	Wisconsin	Wisconsin
38	38	(11:00) NCIS	NCIS	NCIS "Fun and Games"	NCIS "Bad Blood"	NCIS "Close to Home"	NCIS "Moonlit"	NCIS "Ladies' Night"	NCIS "Ladies' Night"	NCIS "Ladies' Night"	NCIS "Killer Instinct"					
50	50	(10:00) Paid.	Prostate	Paid Prog.	Paid Prog.	Paid Prog.	Law-SVU "Svengali"	AHL Hockey Milwaukee Admirals at Chicago Wolves (N) (Live)	AHL Hockey Milwaukee Admirals at Chicago Wolves (N) (Live)	AHL Hockey Milwaukee Admirals at Chicago Wolves (N) (Live)	AHL Hockey Milwaukee Admirals at Chicago Wolves (N) (Live)	AHL Hockey Milwaukee Admirals at Chicago Wolves (N) (Live)	AHL Hockey Milwaukee Admirals at Chicago Wolves (N) (Live)	AHL Hockey Milwaukee Admirals at Chicago Wolves (N) (Live)	AHL Hockey Milwaukee Admirals at Chicago Wolves (N) (Live)	AHL Hockey Milwaukee Admirals at Chicago Wolves (N) (Live)
55	15	(11:00) NCIS	NCIS	NCIS "Fun and Games"	NCIS "Bad Blood"	NCIS "Close to Home"	NCIS "Moonlit"	NCIS "Ladies' Night"	NCIS "Ladies' Night"	NCIS "Ladies' Night"	NCIS "Killer Instinct"					
58	8	(11:00) PBR	Road (N)	NCAA M. Basketball Regional Final: Teams TBA (N) (Live)	NCAA M. Basketball Regional Final: Teams TBA (N) (Live)	NCAA M. Basketball Regional Final: Teams TBA (N) (Live)	NCAA M. Basketball Regional Final: Teams TBA (N) (Live)	NCAA M. Basketball Regional Final: Teams TBA (N) (Live)	NCAA M. Basketball Regional Final: Teams TBA (N) (Live)	NCAA M. Basketball Regional Final: Teams TBA (N) (Live)	NCAA M. Basketball Regional Final: Teams TBA (N) (Live)	NCAA M. Basketball Regional Final: Teams TBA (N) (Live)	NCAA M. Basketball Regional Final: Teams TBA (N) (Live)	NCAA M. Basketball Regional Final: Teams TBA (N) (Live)	NCAA M. Basketball Regional Final: Teams TBA (N) (Live)	NCAA M. Basketball Regional Final: Teams TBA (N) (Live)
A&E	42	(11:00) Troo.	K9 PD- Jim	K9 PD- Jim	Arrest											
AMC	59	(11:15) ★★★ Goodfellas	(90) Ray Liotta, Robert De Niro.	(15) ★★★ Indiana Jones and the Kingdom of the Crystal Skull	(08)	★★★ Indiana Jones and the Last Crusade	(89)	★★★ Indiana Jones and the Last Crusade	(89)	★★★ Indiana Jones and the Last Crusade	(89)	★★★ Indiana Jones and the Last Crusade	(89)	★★★ Indiana Jones and the Last Crusade	(89)	★★★ Indiana Jones and the Last Crusade
COM	54	(45) ★★★ The Wedding Singer	(98) Adam Sandler.	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld
DISC	41	(11:00) Filthy	Filthy Fortunes	Filthy Fortunes	Filthy Fortunes	Filthy Fortunes	Filthy Fortunes	Afraid "Don't Cave In"	Naked and Afraid							
DISN	58	(10:40) ★★★ Up	(09) Bluey/Bluey	(15) Bluey	(40) Bluey	(05) Bluey	Kiff	Kiff	Big City							
ESPN	30	(11:00) Gostb Oklahoma at LSU (N)	College Softball Texas A&M at Texas (N) (Live)	The Draft	The Draft	The Draft	The Draft	The Draft	College Hockey NCAA Tournament: Quinnipiac vs. Minnesota							
FREE	17	Movie	(10) ★★★ The Fox and the Hound	(81)	(10) ★★★ Hercules	(97) Tate Donovan.	(15) ★★★ A Bug's Life	(98) Dave Foley.	(20) ★ Finding Nemo	(						

# SUNDAY EVENING MARCH 29, 2026

B*CAST	SPECTRUM	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	1 AM
2	2	Marshals "Lost Girls" (N)		Tracker "The Field Trip" (N)		Watson (N)		CBS News Chicago (N)		Joni Table	Paid Prog.	NCIS: Hawaii "Deep Fake"		NCIS: Hawaii
4	83	(6:30) NBA Basketball				NBA Basketball Golden State		Warriors at Denver Nuggets (N) (Live)		TMJ4 News	(.05) Paid Prog.	(.35) Paid Prog.		Paid Prog.
5	5	(6:30) NBA Basketball				NBA Basketball Golden State		Warriors at Denver Nuggets (N) (Live)		NBC5 News	(.05) Sports	(.35) Rescue		Open House
6	6	The Faithful "The Woman Who Risked Everything" (N)				FOX 6 News at 9 (N)		FOX 6 News	FOX6	FOX Local	FOX6 Open Record		Bensinger	Judge Judy
7	7	To Be Announced				Betrayal: Secrets & Lies (N)		News at 10pm (N)		Inside Ed. (N)	Localish	9-1-1 "Triggers"		9-1-1
9	9	(6:30) *** Gone in 60 Seconds Nicolas Cage.				Weekend News (N) (Live)		WGN News	GN Sports	Backstory	Sheldon	Sheldon	Big Bang	Big Bang
9.2	986	Boss	Boss	Family Ties	Family Ties	Family Ties	Family Ties	Drew Carey	Drew Carey	Drew Carey	Drew Carey	NewsRadio	NewsRadio	NewsRadio
10	10	Call the Midwife (N)		The Forsytes (N)		The Count "The Castle" (N)		The Puzzle Lady		Murder in the "Firestarter"		R. Steves	Professor T "Sophie Knows"	
11	11	Call the Midwife (N)		The Forsytes (N)		The Count "The Castle" (N)		Murder in the "Firestarter"		Austin City Limits		Father "The Invisible Friends"		Paradise
12	12	To Be Announced				Betrayal: Secrets & Lies (N)		News (N)	News (N)	UpFront	The Rookie "Follow-Up Day"		News	News
18	18	(6:30) *** Gone in 60 Seconds Nicolas Cage.				Connect MKE	The National	News Desk (N)	MidWest	Black	Positively	Prostate	World's	World's
24	24	Last Man	Last Man	Two Half Men	Two Half Men	Bob Heart	Bob Heart	Fatal Crimes	Web of	Finally Caught "Hlavka"		Bloodline Detectives		Whacked
26	26	Bob Heart	Bob Heart	The Conners	The Conners	Modern Fam.	Modern Fam.	Seinfeld	Seinfeld	Funny You	Funny You	Pawn Stars	Pawn Stars	Entertainers
32	13	The Faithful "The Woman Who Risked Everything" (N)				Fox 32 News (N)		Chicago	Good Morning	(N)	Bensinger	Bensinger	Whacked	Paid Prog.
36	974	John	Arts Page	Nature		NOVA		NOVA		Hope in the Water		Ireland	Tradfest	Woodsongs
38	38	NCIS "After the Storm"		NCIS		NCIS "Nexus"		NCIS		NCIS		NCIS "Under the Radar"		NCIS
50	50	Family Feud	Family Feud	Family Feud	Family Feud	You Don't	Bensinger	Extra (N)		TMZ (N)		NCIS Prog.	Paid Prog.	Paid Prog.
55	15	NCIS "After the Storm"		NCIS		NCIS "Nexus"		NCIS		NCIS		NCIS "Under the Radar"		NCIS
58	8	Marshals "Lost Girls" (N)		Tracker "The Field Trip" (N)		Watson (N)		News (N)	CBS (N)	Fire "My Kinda Leader"		NCIS: Hawaii "Run and Gun"		S.W.A.T.
A&E	42	Arrest	Arrest	Arrest	Arrest	Arrest	Arrest	(.05) Arrest	(.35) Arrest	(.05) Arrest	(.35) Arrest	(.05) Arrest	(.35) Arrest	(.05) Arrest
AMC	59	(6:00) *** Indiana Jones & the L...		Dark Winds (N)		Dark Winds		(.05) *** Indiana Jones and the Kingdom of the Crystal Skull (08)		(.50) Dark Winds				
AP	43	Yellow "Trespassers Beware"		Yellow "What's the Deal?"		Yellowstone Wardens		Yellow "Case Closed"		Yellow "Trespassers Beware"		Yellow "What's the Deal?"		Yellow
BIG10	63	BIG Show	BIG Show	BIG Show	BIG Basketball in 60	BIG Show	BIG Show	BIG Show	BIG Show	BIG Show	BIG Basketball in 60	BIG Show	BIG Show	BIG Show
BOOM	109	Scooby-Doo	Scooby-Doo	Flintstone	Flintstone	The Jetsons	The Jetsons	Popeye	Popeye	Scooby	Scooby	Scooby-Doo	Scooby-Doo	Wacky/Race
BRAVO	45	Medicine "Reunion"		Medicine "Reunion" (N)		Watch What	Summer House			Medicine "Reunion"		Southern Charm "Reunion"		Real Housewives
CHSN		(6:00) NHL Hockey			Blackhawks	Every Shift	Every Shift	MLB Baseball Chicago White Sox at Milwaukee Brewers						Poker Night in America
CNBC	47	Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Leader	Leader	Next
CNN	44	Whole Story (N)		Standoff: The FBI, (N)		Standoff: The FBI, (N)		Whole Story With Anderson		Standoff: The FBI,		Standoff: The FBI,		Newsroom
COM	54	Seinfeld	Seinfeld	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	South Park	South Park	South Park	South Park
COOK	158	Kitchen Nightmares "Zocalo"		Kitchen Nightmares		Kitchen Nightmares		Nightmares "Park's Edge"		Kitchen Nightmares "Zocalo"		Kitchen Nightmares		Nightmares
DISC	41	Afraid "Savage Paradise" (N)		Filthy Fortunes		Filthy Fortunes		Afraid "Sand Trapped"		Afraid "Savage Paradise"		Filthy Fortunes		Filthy
DISN	58	Movie	(.45) Phineas	(.35) Phineas		Place	Vampirina	Ladybug	Ladybug	Bluey	Bluey	Big City	Big City	Big City
DLC	153	My 600-Lb. Life "Supersized: Angela's Story"				My 600-Lb. Life "LaShanta's Story"				My 600-Lb. Life "Supersized: Angela's Story"				My 600-Lb
EI	53	(6:00) *** Fast X (23) Michelle Rodriguez, Vin Diesel.				*** Harry Potter and the Sorcerer's Stone (01) Rupert		Grint, Emma Watson, Daniel Radcliffe.						*** Harry Potter & the Chamber...
ESPN	30	United Football League Columbus Aviators at Orlando Storm (N) (Live)						SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportCtr (N)
ESPN2	29	College Baseball West Virginia at Arizona State (N) (Live)						We're #1: 1993 North		30 for 30 Long Gone Summer				E60
FDWI	31	NBA Basketball LA Clippers at Milwaukee Bucks				Postgame		Water	Due North					NBA Basketball LA Clippers at Milwaukee Bucks
FNC	48	Life, Liberty (N) (Live)		Sunday Night (N) (Live)		One Nation (N) (Live)		Life, Liberty & Levin		Sunday Night		One Nation		Fox News
FOOD	67	Tournament of Champions "The Super 16 Show Out" (N)				FlavorTown "Crunch Day"		Wildcard Kitchen		Tournament of Champions "The Super 16 Show Out"				FlavorTown
FREE	17	(6:20) ***** Finding Nemo (03)		(.50) ***** Finding Dory (16) Voices of Albert Brooks, Ellen DeGeneres.				(.55) ***** Luca (21) Jacob Tremblay.						Paid Prog.
FX	35	*** Jumanji: The Next Level (19) Kevin Hart, Dwayne Johnson.				*** Spider-Man: Homecoming (17) Michael Keaton, Robert Downey, Tom Holland.								Jim
GOLF	28	(6:00) LPGA Tour Golf		Golf Central (N)		PGA Tour Golf Texas Children's Houston Open, Final Round				From Memorial Park in Houston.				PGA Champ.
HALL	71	*** An Unexpected Valentine (25) Lacey Chabert.				*** Winter in Vail (20) Tyler Hynes, Lacey Chabert.				Golden Girls   Golden Girls		Golden Girls   Golden Girls		Golden Girls
HALLMY	117	Hailey Dean Mysteries "Deadly Estate"				Murder, She Wrote		Murder, She Wrote		Murder ... "The Perfect Foil"		Murder ... "If the Frame Fits"		Murder ...
HGTV	37	Home Town (N)		Property Brothers: (N)		Hunters (N)   Hunters		Wild Vac.   Wild Vac.		Property Brothers:		Hunters   Hunters		Wild Vac.
HIST	39	Pickers "Marsh Madness" (N)		History's Gr (N)		(.05) American Pickers		(.05) American Pickers		(.05) American Pickers		History "Dark Discoveries"		(.05) Pickers
LIFE	36	*** Picture Perfect Sister-in-Law (26) Anaisa Wall. (P)				(.05) *** The Man in the Window (26) Teri Polo.				*** Picture Perfect Sister-in-Law (26) Anaisa Wall.				Movie
LIFEMOV	65	*** My Boyfriend's Wife Is Dead (25) Brianna Cohen.				*** A Boyfriend to Die For (25) Brittany Underwood.				*** My Boyfriend's Wife Is Dead (25) Brianna Cohen.				Movie
METV	19	Golden Girls   Golden Girls		Golden Girls   Golden Girls		Raymond   Raymond		All in Family   All in Family		Hogan Hero   Hogan Hero		Honey.   Honey.		News
MLB	326	MLB Special				MLB Tonight		MLB Tonight		MLB Tonight		MLB Tonight		MLB Tonight
MSNBC	46	(5:00) Weekend (N) (Live)		The Briefing (N)		The Weekend: Primetime				The Briefing		Dateline "Friends Until Death"		Dateline
MTV	52	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous
NATGEO	38	Extreme Catch		Extreme Catch (N)		Extreme Catch (N)		Extreme Catch		Extreme Catch		(.55) Extreme Catch		(.55) B. Madoff
NBA	325	(6:00) NBA Shot		NBA Playback (N)				NBA Action	Plays			Hardwood Classics 1985: Detroit Pistons vs. Boston Celtics		Recap (N)
NFL NET	346	NFL Great	NFL Great	NFL Great	NFL's Greatest Games	NFL Great		NFL's Greatest Games		Football Edgerrin James		Football Barry Sanders		Football
NICK	56	Friends	Friends	Friends	Friends	Big Bang	(.40) Big Bang	(.15) Big Bang   (.50) Big Bang		(.25) The Big Bang Theory		(.55) Friends   Friends		Friends
NICK JR.	107	(6:00) PAW Patrol		PAW Patrol	PAW Patrol	PAW Patrol	PAW Patrol	PAW Patrol	PAW Patrol	Bubble	Bubble	(.55) Bubble / (.25) Team Umiz.		
PARMT	51	Bar Rescue		Bar Rescue		Bar Rescue (N)		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue
PBS CREATE	977	(6:00) Milwaukee PBS Weather				Milwaukee PBS Weather								Milwaukee PBS Weather
PBS WORLD	976	Recipe	Recipe	Sara's	Sara's	Art	Art	People	Table for All	Milk Street	Test Kitchen	Test Kitchen	Christina	Sara's
SUND	281	*** Crocodile Dundee (86) Paul Hogan.				*** Crocodile Dundee II (88) Linda Kozlowski, Paul Hogan.								*** Three Amigos! (86) Steve Martin, Chevy Chase.
SYFY	55	(5:00) ***** Gladiator Russell Crowe.				*** Troy (04) Eric Bana, Orlando Bloom, Brad Pitt.				*** Risen (16) Tom Felton, Peter Firth, Joseph Fiennes.				
TBS	3	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Foul Play	*** Barbie (23) Ryan Gosling, America Ferrera, Margot Robbie.					*** Wonka
TCM	60	*** The Bank Dick (40) W.C. Fields.				*** Never Give a Sucker an Even Break		*** International House		(.15) ***** Nanook of the North (22)		*** Moana: A Romance of the ...		
THIS	983	Modern Fam.	Modern Fam.	Sheldon	Sheldon	CBS 58 News (N)		Seinfeld	Seinfeld	Friends	Friends	Deep Water Salvage		Court Cam
TLC	40	90 Day Fiance: Before the 90 Days "Mile High Club" (N)				90 Day Fiance (N)		Single "The Art of Meddling"		90 Day Fiance: Before the 90 Days "Mile High Club"				90 Day
TNT	33	*** Jurassic World: Fallen Kingdom (18) Chris Pratt.				*** Godzilla x Kong: The New Empire (24)				(.45) *** Godzilla vs. Kong (21) Alexander Skarsgård.				
TOON	57	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Rick Morty	Rick Morty	Rick Morty	Primal	Rooster	American	American	American
TRAVEL	72	Paranormal Caught on Cam.		Paranormal Caught on Cam.		Paranormal Caught on Cam.		Paranormal Caught on Cam.		Paranormal Caught on Cam.		Paranormal Caught on Cam.		Paranormal
TRUTV	74	*** White Men Can't Jump (92) Woody Harrelson, Wesley Snipes.				*** Horizon: An American Saga: Chapter 1 (24) Sienna Miller, Sam Worthington, Kevin Costner.								
TV LAND	61	(.10) Raymond   (.45) Raymond   (.20) Everybody Raymond		(.55) Raymond   Raymond				Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld
USA	34	Law-SVU "Undercover"		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law-SVU "Informed"		Law-SVU
VH1	50	*** Burlesque (10) Christina Aguilera, Eric Dane, Cher.						*** The Heartbreak Kid (07) Michelle Monaghan, Jerry Stiller, Ben Stiller.				Wild 'n Out		Wild 'n Out
WE	26	Criminal Minds		Criminal Minds "Haunted"		Criminal Minds "Reckoner"		Criminal Minds "Hopeless"		Criminal "Cradle to Grave"		9-1-1 "Pilot"		9-1-1

## WEEKDAY MORNING MARCH 30, 2026 TO APRIL 3, 2026

B'CAST	SPECTRUM	4 AM	4:30	5 AM	5:30	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM
2	2	CBS News	CBS News	CBS News Chicago	CBS News Chicago	CBS News Chicago	CBS News Chicago	CBS Mornings				CBS News Chicago	The Price Is Right	News		
4	83	Early	Early	TMJ4 News Today	TMJ4 News Today	TMJ4 News Today	TMJ4 News Today	Today				The Morning Blend	Today 3rd Hour	Today		
5	5	NBC 5 News	NBC 5 News	NBC 5 News	NBC 5 News	NBC 5 News at 6am	NBC 5 News at 6am	Today				Today 3rd Hour	Today-Jenna	NBC 5 News		
6	6	Judge Judy	News	Wake-Up News at 5	Wake-Up News at 5	Wake-Up News at 6	Wake-Up News at 6	Wake-Up News at 7			Wake-Up News at 8	FOX 6 Wake-	Real Milwaukee	FOX 6 News		
7	7	Good	News	News	ABC7 News	News at 6am	News at 6am	Good Morning America				Live with Kelly and Mark	The View	News		
9	9	WGN News		WGN News		WGN Morning News	WGN Morning News	WGN Morning News			WGN Morning News	WGN Morning News	Daytime Chicago	News		
10	10	F Arts Page	Various	Arthur	Odd Squad	Wild Kratts	Various	Lyla	Carl	Tiger	Phoebe	Sesame	Work It	Donkey	Rosie	Elinor
11		PBS News Hour		BBC News	Various	Nature Cat	Arthur	Wild Kratts	Weather	Lyla	Carl	Tiger	Phoebe	Sesame	Work It	Donkey
12	12	Good	News	WISN 12 News		WISN 12 News		Good Morning America				Live with Kelly and Mark	The View	News		
18	18	Various	Business	The National News Desk		The National News Desk		The National News Desk	Weather	Paid Prog.		Various	Family	Good Morning Football:	Overtime	
24	24	Various	M The	Various	Business	The Jason Show		Hot Bench	Hot Bench	Judge	Judge Ross	Maury		Karamo		S. Wilkos
26		Various	Various	Justice	Judge Ross	Judge	Judge	Judge	Cutlers	The People's Court		Judge	Judge	The Steve Wilkos Show	Maury	
32	13	TMZ	Good Day	Good Day		Good Day		Good Day Chicago at 7 AM				Good Day Chicago		Chicago Now!		
36	974	Various		Various		Lana Yoga	Lana Yoga	Yoga	Happy Yoga	Classical	Sit/Be Fit	Europe	Curious	Travel	Painting	Painting
38		Paid Prog.	Paid Prog.	Various	F Amazing	Various	F Xploration	Various	F Planet	Various	F Planet	Various		Various		Various
50		Church	Passion	Paid Prog.	Paid Prog.	Church	Judge	Hatchett	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Divorce	The 700 Club	Family	
55	15	Paid Prog.	Paid Prog.	Various	F Amazing	Various	F Xploration	Various	F Planet	Various	F Planet	Various		Various		Various
58	8	CBS News	News	CBS 58 Morning News		CBS 58 Morning News		CBS Mornings				Let's Make a Deal		The Price Is Right		The Young
A&E	42	PaidProg.	Paid Prog.	Paid Prog.	Joni Table	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various
AMC	59	F Stooges	Various	Various	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Various	W Hot Shots!			Movies	Movies	Movie
COM	54	South Park	South Park	Various	Various	Various	Various	South Park	South Park	South Park	Various	Various	Various	Various	Various	South Park
DISC	41	Bering Sea/	Gold Rush	Various		Various		Various				Various		Various	M Caught!	Various
DISN	58	Bluey	Various	Various	Mickey	MagiCampaer	Spidey	Bluey	Bluey	Spidey	Iron Man	Bluey	Bluey	Kitties	Various	Bluey
ESPN	30	SportsCenter		SportCtr/Th	SportCtr	SportsCenter		Get Up				First Take				Various
FREE	17	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Boy/World	Boy/World	Boy/World	Boy/World	The 700 Club		700 Club	Various	Various	Movies	
FX	35	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Various	Various	M True Lies		Movie	Movies	Tu The Matrix Reloaded		Unstoppable/	The Day Th...	Movies
HIST	39	Paid Prog.	Paid Prog.	Amazing	Jeremiah	Various		Various		Various		Various		Various		Various
LIFE	36	Paid Prog.	Jeremiah	Creflo	Robison	Joyce M.	Various	Rizzoli & Isles / F NCIS		Rizzoli & Isles / F NCIS		Rizzoli & Isles / F NCIS		Rizzoli & Isles / F NCIS		Major Crimes / F NCIS
MTV	52	Various	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous
NICK	56	Various	Various	Neighbor	SpongeBob	PAW Patrol	PAW Patrol	PAW Patrol	PAW Patrol	Various	PAW Patrol	Various	PAW Patrol	PAW Patrol	PAW Patrol	Various
PARMT	51	Bar Rescue	Bar Rescue	Inside	ET	Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue
SYFY	55	Various	Twi. Zone	Various	Th Twi. Zone	Various	Th Inside	Movies		F The Turning		Movie	Movies	F Leprechaun 4 in Space		Movie
TBS	3	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Friends	Friends	Friends	Friends	Friends
TCM	60	Movies	Movie	Movies	Movie	Movies	Movies	Movies	Movies	F The Helen	Morgan Story	Movies		Movies		Movie
TNT	33	Charmed / F FBI		M-W Charmed / Th F FBI		M-W Charmed / Th F FBI		M-W Charmed / Th F FBI		M-W Charmed / Th F FBI		M-W Cold Case/Th F FBI		M-W Cold Case/Th F FBI		Various
TOON	57	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various
USA	34	Law-SVU/	Dateline	Various	Th NCIS: LA	Various	Th NCIS: LA	Various	Th NCIS: LA	Various	Th Law-SVU	Various	Th Law-SVU	Various	Th Law-SVU	Various
VH1	50	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Flip Side	Flip Side	Girl Code	Girl Code	Girl Code	Girl Code	Wild 'n Out

## WEEKDAY AFTERNOON MARCH 30, 2026 TO APRIL 3, 2026

B'CAST	SPECTRUM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30	6 PM	6:30
2	2	Young & Restless		Bold	Beyond the Gates	Barrymore	Barrymore	Let's Make a Deal			CBS News Chicago	News	CBS-News	News	ET	
4	83	Today		TMJ4 News at Noon	NBC News Daily	Kelly Clarkson		What's... Inside			TMJ4 News at 4:00	TMJ4 News	NBC News	TMJ4 News	Milwaukee	
5	5	Various		NBC News Daily	Dateline	Access Daily		Kelly Clarkson			NBC 5 News at 4 PM	NBC 5 News	NBC News	Various	Hollywood	
6	6	FOX 6 News		Dateline	Sherry	TMZ Live		Judge Judy	Judge Judy		FOX 6 News at 4	FOX 6 News at 5	Various	Various		
7	7	F Windy City		GMA3	Tamron Hall	General Hospital		Inside	Jeopardy!		News at 4pm	News	World News	ABC7	Wheel	
9	9	(11:00) News		WGN Midday News	Spotlight Chicago	WGN Take Two		Judy	Judy		WGN Early	WGN Evening News	News	(:45) Point		
10	10	Alma's Way		Molly	Xavier	Antiques Roadshow		Various			Various	Tu Outdoor	PBS News Hour			
11		Rosie		Elinor	Alma's Way	Antiques Roadshow		Various			Various	Various	Various	PBS News Hour		
12	12	(11:00) News		GMA3		General Hospital		Tamron Hall			WISN 12 News at 4	News	World News	News	ET	
18	18	GMFB:OT		Family	Family	Puzzler		Flip Side	Flip Side		Funny You	Funny You	25 Words	Family	Family	Family
24	24	S.Wilkos		Maury		Karamo		The Steve Wilkos Show			Divorce	Divorce	Hot Bench	Hot Bench	Goldbergs	Goldbergs
26		Maury		Karamo		Judge Mathis		Tribunal	Tribunal		Hot Bench	Hot Bench	Judge Judy	Judge Judy	Neighbor	Neighbor
32	13	Chicago		Fox 32 News at Noon	Sherry	JHUD Show		TMZ Live			Fox 32 News	Fox 32 News at 5	Family	Family		
36	974	Old House		Sewing	Sara's	Various		Kitchen	Jazzy	Mexican	Various	Various	Various	Amanpour	Various	Various
38		Various		Various		Various		Various			Various		Various	Various	Various	
50		Family		Good Morning Football:	Overtime	The Jason Show		Bensinger	25 Words		Family	Family	Extra	TMZ	Sports	The Report
55	15	Various		Various		Various		Various			Various		Various	Various		
58	8	Young		CBS 58 News at Noon	Beyond the Gates	Bold		Tribunal	Judy	Judy	CBS 58 News at 4pm	News	CBS-News	Jeopardy!	Wheel	
A&E	42	LivePD		Various	Various	Various		Various	Various	Various	Various	Various	Various	Various	Various	Various
AMC	59	Indiana Jones & the Last...		Movies	The Rock/ Ghostbusters	Movie		Th The Fifth Element	Movies		Movie	M Raiders of the Lost Ark	Movie	Beverly Hills Cop		
COM	54	South Park		South Park	South Park	Various		Various	Various	Various	Various	Various	Various	Various	Various	Various
DISC	41	M Caught!		Various	M Caught!	Various		Various	Various	Various	Various	Various	Various	Various	Various	Various
DISN	58	Mickey		Hey AJ!	Bluey	Robogobo		Bluey	Stitch	Phineas	Big City	Big City	Big City	Bluey	Bluey	Big City
ESPN	30	(11:00) Pat McAfee/Pat McAfee		Various		NBA Today		NFL Live / F NFL Live			SportCtr	Pardon	M NCAA	Various	W Basketball	
FREE	17	Movies		Movies	Dr. Doolittle 2	Dr. Seuss'...		M Mulan	Movie	Pretty Woman/ The Pacifier/ Pocahontas	Movies	Movies	Tu Sweet Home Alabama	W The Parent Trap		
FX	35	Movies		Movies	Movie	Garfield: A Tail of Two Kitties		Movie	Movie	The Matrix/ Guardians of the Galaxy	Uncharted	The Day After Tomorrow	Movie	The Matrix Reloaded		
HIST	39	Various		Various		Various		Various			Various		Various	Various		
LIFE	36	Various		Various		Castle / F NCIS		Castle / F NCIS			Various		Various	Various	Various	
MTV	52	Ridiculous		Ridiculous	Ridiculous	Various		Various	Various	Various	Various	Various	Various	Various	Various	Ridiculous
NICK	56	Various		Various	PAW Patrol	SpongeBob		SpongeBob	Patrick Star	SpongeBob	Various	Various	Various	SpongeBob	Friends	Friends
PARMT	51	Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue			Bar Rescue		Bar Rescue			
SYFY	55	Movie		M 300/W Hellboy/F Leprechaun: Back 2 the Hood		Movies		M Crimson Tide / W Freaky			Movies	Movie	Troy/ Ace Ventura: Pet Detective	Th Ghostbusters/F Blade		
TBS	3	Friends		Friends	Friends	Friends		Friends	Friends	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang
TCM	60	Movies		Tu Born for Trouble		Movies		M Highway 301		Movie		Movie	Movies	Movie	(:45) Looney	
TNT	33	Various		Various		Various		Various			Movie	M Meg 2: The Trench	Movies	U.S. Soccer Pregame	Jurassic World: Fallen Kingdom	
TOON	57	Various		Various		Various		Various	Various	Various	Dog	Dog	Burgers	Burgers	Burgers	Burgers
USA	34	Th Law-SVU		Various	Th Law-SVU	Various		Various	Various	Movie	M Tu Law-SVU/ W 9-1-1	Various	Various	M Tu Law-SVU/ W 9-1-1		
VH1	50	Wild 'n Out		Wild 'n Out		Matters		Matters	Matters	Matters	Various	My Wife	Various	My Wife	Various	My Wife

# MONDAY EVENING MARCH 30, 2026

B'CAST	SPECTRUM	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	1 AM
2	2	Neighbor (N)	DMV (N)	FBI "3 Up, 3 Down" (N)	CIA "Pledge of Allegiance" (N)	News (N)	(:35) Late Show-Colbert (N)	(:35) Comics	(:05) Comics	(:35) News	(:10) Comics			
4	83	St. Denis (N)	The Fall (N)	The Voice "The Knock Outs Premiere" (N)		TMJ4 News	(:35) Tonight Show (N)	(:35) Seth Meyers (N)	TMJ4News	(:05) Morning				
5	5	St. Denis (N)	The Fall (N)	The Voice "The Knock Outs Premiere" (N)		NBC 5 News	(:35) Tonight Show (N)	(:35) Seth Meyers (N)	NBC 5 News	(:05) NBCNews				
6	6	Extracted "Banishment" (N)	Memory of a Killer (N)	FOX 6 News at 9 (N)	FOX 6 News	FOX 6 News	TMZ	Dateline "Deadly Denial"	Extra (N)	FOX 6 News				
7	7	American Idol "Songs of Faith" (N) (Live)		The Rookie "The Thinker" (N)	ABC7 (N)	(:35) J. Kimmel (N)	(:35) Nightline	WorldNews	(:35) Kelly and Mark (N)					
9	9	Wild Cards (N)	Penn & Teller: Fool Us	WGN News at Nine (N) (Live)	News (N)	GN Sports	Sheldon	Big Bang	Two Half Men	Last Man	Goldbergs			
9.2	986	One Day	One Day	Jeffersons	Jeffersons	Sanford	Sanford	Johnny Carson	Becker	Becker	Wings	Wings	Mad About	
10	10	Antiques Roadshow (N)	Henry "Who Are We?" (N) (P)	Henry "Being Alive" (N)	Dante: Inferno to Paradise	Part One: The Inferno"		R. Steves	Amanpour (N)					
11	11	Antiques Roadshow (N)	Henry "Who Are We?" (N) (P)	Henry "Being Alive" (N)	Chicago	BBC News	Amanpour (N)	Call the Midwife	The Forsytes					
12	12	American Idol "Songs of Faith" (N) (Live)		The Rookie "The Thinker" (N)	News (N)	(:35) J. Kimmel (N)	(:35) Nightline	(:05) Hollywood	(:35) News	(:05) Suits				
18	18	Wild Cards (N)	Penn & Teller: Fool Us	National (N)	National (N)	National (N)	National (N)	iCRIME	iCRIME	Crime	Crime	Chicago Fire		
24	24	Law & Order: SVU	Law & Order: SVU	Bob Heart	Bob Heart	Two Half Men	Two Half Men	Last Man	Last Man	Family Feud	Comics	Access (N)		
26		Flip Side	Perfect (N)	Chicago P.D. "New Life"	Chicago "Lift Each Other"	Seinfeld	Seinfeld	Modern Fam.	Modern Fam.	The Conners	The Conners	Perfect		
32	13	Extracted "Banishment" (N)	Memory of a Killer (N)	Fox 32 News at Nine (N)	The Report	TMZ (N)	Family Feud	Family Feud	Fox 32 News at Nine	Chicago				
36	974	America	Context	World's "The Potomac, USA"	The M Factor	BBC News	PBS News Hour (N)	NOVA	View Finders	Test Kitchen				
38		Chicago P.D. "Split Second"	Chicago P.D. "Survival"	Chicago P.D.	Chicago P.D.	Chicago P.D. "On Paper"	Chicago P.D. "Somos Uno"	Chicago P.D. "Buried Pieces"	Chicago P.D.					
50		Family Feud	Family Feud	ISO Bar (N)	News (N)	Law-SVU "Perverted Justice"	48 Hours	Law & Order: SVU	Law & Order: SVU	Prostate				
55	15	Chicago P.D. "Split Second"	Chicago P.D. "Survival"	Chicago P.D.	Chicago P.D.	Chicago P.D. "On Paper"	Chicago P.D. "Somos Uno"	Chicago P.D. "Buried Pieces"	Chicago P.D.	Chicago P.D.				
58	8	Neighbor (N)	DMV (N)	FBI "3 Up, 3 Down" (N)	CIA "Pledge of Allegiance" (N)	News (N)	(:35) Late Show-Colbert (N)	(:35) Comics	(:05) Comics	(:35) Jeopardy!	(:05) Barrymore			
A&E	42	Live PD: Great. "Episode 2"	Live PD: Great. "Episode 4" (N)	Live PD "Episode 5" (N)	Live PD "Episode 5" (N)	K9 PD- Jim	K9 PD- Jim	(:05) Live PD "Episode 2"	(:05) Live PD "Episode 4"	(:05) Live PD				
AMC	59	★★★★ Indiana Jones and the Temple of Doom (84) Harrison Ford.				★★★★ Raiders of the Lost Ark (81) Karen Allen, Harrison Ford.				★★★★ The Rock (96) Sean Connery.				
AP	43	Alaskan Bush People (N)		Alaskan Bush People (N)		Alaskan Bush People (N)		Alaskan Bush People (N)		Alaskan "The Alaskan Code"		Alaskan Bush People		Alaskan
BIG10	63	BIG Basketball in 60		BIG Basketball in 60		BIG Basketball in 60		BIG Show		BIG Show		BIG Show		BIG Show
BOOM	109	Codename	Codename	Ben 10	Looney	Flintstone	The Jetsons	Scooby-Doo	Scooby-Doo	Scooby	Scooby	Scooby	Scooby	Smurfs
BRAVO	45	Below Deck "Till Chaos Do Us Part" (N)			Top Chef (N)		(45) Below Deck Down		(45) Southern Hospitality		(45) Top Chef		Summer	
CHSN		(5:30) MLB Baseball			White Sox (N)		CHSN Podcast Come Alive!		CHSN Podcast Come Alive!		MLB Baseball Chicago White Sox at Miami Marlins			
CNBC	47	Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Dateline
CNN	44	Cooper 360 (N) (Live)		The Source With (N) (Live)		CNN NewsNight (N) (Live)		Laura Coates Live (N) (Live)		Story Is- Elex (N) (Live)		Story Is- Elex (N) (Live)		Cooper 360
COM	54	(:10) Office	(:45) Office	(:20) The Office	(:55) Office	The Office	The Daily Show (N)	Family Guy	Family Guy	Family Guy	South Park	South Park	South Park	
COOK	158	Best Thing	Best Thing	Best Thing	Best Thing	Zimmern	Zimmern	Yum-Yummer	Yum-Yummer	Best Thing	Best Thing	Best Thing	Best Thing	Zimmern
DISC	41	Contraband: Seized (N)		Body Cam "Danger Zone" (N)		120 Hours Behind Bars		Contraband: Seized		Contraband: Seized		Body Cam "Danger Zone"		120 Hours Be
DISN	58	ZOMBIES (18) Milo Manheim.			(45) Descendants/Zombies		ZOMBIES		Ladybug	Bluey	Bluey	Bluey	Big City	Big City
DLC	153	My 600-Lb. Life "Joyce's Story"			My 600-Lb. Life "Carlton & Shantel's Story"		My 600-Lb. Life "Joyce's Story"		My 600-Lb. Life "Joyce's Story"		My 600-Lb			
EI	53	(6:30) ★★★★★ Harry Potter and the Order of the Phoenix (07)				★★★★ Harry Potter and the Prisoner of Azkaban (04) Rupert Griant, Daniel Radcliffe.				★ Harry Potter & the Goblet of...				
ESPN	30	(6:00) NCAA W. Basketball		NCAA W. Basketball Regional Final: Teams TBA (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportCtr (N)
ESPN2	29	NFL Live		The Draft		HS Basketball Jamfest (N) (Live)		30 for 30 Elway to Marino		30 for 30 Brian and the Boz		Pardon		
FDWI	31	(6:00) Golic / Golic		Fight Sports: Boxing		Dialed-In		A Fishing	Due North	Cont.		Fight Sports: Boxing		
FN	48	Jesse Watters (N) (Live)		Hannity (N) (Live)		Gutfeld (N)		Fox News at Night (N) (Live)		The Five		Jesse Watters Primetime		Hannity
FOOD	67	Beat Bobby	Beat Bobby	The Ultimate Baking (N)		Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Ultimate "The Pastry Shop"		Beat Bobby	Beat Bobby	Beat Bobby
FREE	17	★★★★ Beauty and the Beast (17) Dan Stevens, Luke Evans, Emma Watson.				The 700 Club (N)				Jim	Jim	Jim	Jim	Paid Prog.
FX	35	(6:00) ★★★★★ The Matrix Reloaded (03) Keanu Reeves.		★★★ The Matrix Revolutions (03) Laurence Fishburne, Carrie-Anne Moss, Keanu Reeves.		★★★★ Unstoppable (10)								
GOLF	28	PGA Tour Golf Texas Children's Houston Open, Final Round From Memorial Park in Houston.				PGA Tour Golf								
HALL	71	★ Lost in Paradise (26) Ian Harding, Lacey Chabert.		Golden Girls		Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	The Waltons
HALLMY	117	★ The Jane Mysteries: Murder at Moseby (24)		Murder, She Wrote		Murder ... "Dead Man's Gold"		Murder, She Wrote		Murder ... "Magnum on Ice"		Murder ...		
HGTV	37	Bachelor Mansion (N)		Neighbor. (N)	Neighbor.	Hunters	Hunters	Bachelor Mansion Takeover	Neighbor.	Neighbor.	Hunters			
HIST	39	History's "Battles" (N)		History's "Criminals" (N) (SF)		(:05) History's (N) (P)	(:05) History's "Missions"	(:05) History's "Battles"	History's "Criminals"		(:05) History's			
LIFE	36	NCIS "The Good Son"		NCIS		(:05) NCIS "Rekindled"	(:05) NCIS "Playing With Fire"	NCIS "The Good Son"		NCIS		(:05) NCIS		
LIFEMOV	65	★ Relative Danger (25) Debra Hale, Kirsten Comerford.		★ The Child They Hid (25) Grace Patterson.		★ Relative Danger (25) Debra Hale, Kirsten Comerford.		Movie						
METV	19	Andy Griffith		Raymond	Raymond	Golden Girls	Golden Girls	Carol Burnett	Perry Mason	(35) Twi. Zone		(:05) Hitchcock	(:05) Hitchcock	(:05) Mannix
MLB	326	MLB Big Inning (N) (Live)		MLB Baseball (N) (Live)		Quick Pitch (N) (Live)		Quick Pitch						
MSNBC	46	(6:00) Weeknight (N) (Live)		The Rachel (N) (Live)		Last Word (N) (Live)		The 11th (N) (Live)		The Rachel Maddow Show		Last Word With Lawrence		The 11th
MTV	52	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	The Office	The Office	The Office	The Office	The Office	The Office
NATGeo	38	(6:40) Pole to (40) Pole to "The Himalayas"		(45) Pole to Pole		(35) Pole to Pole		The North Pole"		(25) Air Force One	(25) Lost Treasures			
NBA	325	(6:30) The Association (N) (Live)		NBA Shot Clock: Best Games of the Night		NBA Action		Post up (N)		Post up		Post up		
NFL NET	346	Path to the Draft				NFL Football 1998: Minnesota Vikings vs. Green Bay Packers				NFL Throw.		Path to the Draft		Path
NICK	56	Friends	Friends	Friends	Friends	Big Bang	Big Bang	Big Bang	Big Bang	Friends	Friends	Friends	Friends	Friends
NICK JR.	107	Rubble	Rubble	Peppa Pig	Peppa Pig	Peppa Pig	Peppa Pig	Peppa Pig	Mr. Crocodile	Bubble	Bubble	Bubble	TeamUmiz.	PAWPatrol
PARMT	51	(5:00) ★ A Few Good Men		★★★★ Top Gun (86) Kelly McGillis, Anthony Edwards, Tom Cruise.				★★★★ A Few Good Men (92) Jack Nicholson, Demi Moore, Tom Cruise.						
PBS CREATE	977	(6:00) Milwaukee PBS Weather				Milwaukee PBS Weather				Milwaukee PBS Weather				
PBS WORLD	976	Test Kitchen	Relish	Sara's	Sara's	R. Steves	Ireland	See Canada	Joy/Painting	Relish	Test Kitchen	Table	Cook	Sara's
SUND	281	NCIS "The Namesake"		NCIS "Shell Shock, Part I"		NCIS "Shell Shock, Part II"		NCIS "Gone"		NCIS "Devil's Trifecta"		The A-Team		The A-Team
SYFY	55	(5:00) ★★★★★ Troy (04)		★★★★ Spider-Man: Homecoming (17) Michael Keaton, Robert Downey, Tom Holland.				★★★ Saban's Power Rangers (17) Naomi Scott, Dacre Montgomery.						
TBS	3	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Modern Fam.	Modern Fam.	Modern Fam.	Modern Fam.	Modern Fam.
TCM	60	★★★★★ Once Upon a Time in the West (68) Claudia Cardinale, Henry Fonda.				★★★★ Fitzcarraldo (82) Claudia Cardinale, José Lewgoy, Klaus Kinski.				(45) ★★★★★ 8 1/2 (63)				
THIS	983	Perfect (N)	Perfect	48 Hours		CBS 58 News (N)		Seinfeld	Seinfeld	Big Bang	Law-SVU "Perverted Justice"	Chicago P.D. "New Life"		
TLC	40	90 Day: The Single Life (N)		(:05) Unexpected (N)		(:05) The Single Life (N)		(:05) 7 Little Johnstons		Single "The Act of Being Sus"		(:05) Unexpected		(:05) Single
TNT	33	(6:00) ★ Jurassic World: Fallen Kingdom		(45) ★★★★★ Furiosa: A Mad Max Saga (24) Chris Hemsworth, Tom Burke, Anya Taylor-Joy.		Cold Case		Cold Case		Cold Case		Cold Case		
TOON	57	Burgers	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Rick Morty	Rick Morty	Rick Morty	Smiling	HahaYeu	(:35) American	(:05) American
TRAVEL	72	Mysteries of the Unknown				Mysteries of the Unknown				Mysteries of the Unknown				
TRUTV	74	(6:00) NCAA		NCAA M. Basketball (N) (Live)		4.7 Seconds		2026 NCAA Men's Basketball Tournament		2026 NCAA Men's Basketball Tournament		4.7 Seconds		Inside Jokes
TV LAND	61	Raymond	Raymond	Raymond	Raymond	King	King	King	King	King	King	King	King	Seinfeld
USA	34	Law-SVU "Streetwise"		Law-SVU "Signature"		Law-SVU "Unorthodox"		Law-SVU "Inconceivable"		Law-SVU "Authority"		Law & Order: SVU "Trade"		Law-SVU
VH1	50	Hip Hop "Fing Squad"		Hip Hop "Coo Coo for Koko"		Love & Hip Hop		★★★ F9 The Fast Saga (21) Michelle Rodriguez, Jordana Brewster, Vin Diesel.		Wild 'n Out				
WE	26	Criminal "The Big Game"		Criminal Minds "Revelations"		Criminal "Fear and Loathing"		Criminal Minds "Distress"		Criminal Minds "Jones"		9-1-1 "Trapped"		9-1-1

# TUESDAY EVENING MARCH 31, 2026

B'CAST	SPECTRUM	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	1 AM
2	2	NCIS "Fleeting" (N)		NCIS: Origins (N)		NCIS: Sydney (N)		News (N)	(.35) Late Show-Colbert (N)	(.35) Comics	(.05) Comics	(.35) News	(.10) Comics	
4	83	NBA Basketball New York Knicks at Houston Rockets (N) (Live)						TMJ4 News	(.35) Tonight Show (N)	(.35) Seth Meyers (N)		TMJ4 News	(.05) Morning	
5	5	NBA Basketball New York Knicks at Houston Rockets (N) (Live)						NBC 5 News	(.35) Tonight Show (N)	(.35) Seth Meyers (N)		NBC 5 News	(.05) NBCNews	
6	6	(6:30) MLB Baseball Tampa Bay Rays at Milwaukee Brewers (N) (Live)				FOX 6 News		FOX 6 News	FOX 6 News	Best Medicine (N)		Doc "Next" (N)		TMZ (N)
7	7	Will Trent (N)		High Potential (N)		R.J. Decker "Burn Notice" (N)		ABC7 (N)	(.35) J. Kimmel (N)	(.35) Nightline		WorldNews	(.35) Kelly and Mark (N)	
9	9	WWE NXT (N) (Live)				WGN News at Nine (N) (Live)		News (N)	GN Sports	Sheldon	Big Bang	Two Half Men	Last Man	Goldbergs
9.2	986	One Day	One Day	Jeffersons	Jeffersons	Sanford	Sanford	Johnny Carson		Becker	Becker	Wings	Wings	Mad About
10	10	Roots "The Butterfly Effect"		Henry David Thoreau (N) (F)		Frontline (N)		Dante: Inferno to Paradise "Part Two: Resurrection"				Rick Steves' Europe		
11		Roots "The Butterfly Effect"		Henry David Thoreau (N) (F)		Frontline (N)		Chicago	BBC News	Amanpour (N)		R. Steves	Samantha	Antiques
12	12	Will Trent (N)		High Potential (N)		R.J. Decker "Burn Notice" (N)		News (N)	(.35) J. Kimmel (N)	(.35) Nightline		(.05) Hollywood	(.35) News	(.05) Suits
18	18	WWE NXT (N) (Live)				National (N)	National (N)	National (N)	National (N)	iCRIME	iCRIME	Crime	Crime	Chicago Fire
24	24	Chicago P.D.		Chicago P.D.		Bob Heart	Bob Heart	Two Half Men	Two Half Men	Last Man	Last Man	Family Feud	Comics	Access (N)
26		Flip Side	Perfect (N)	Chicago "A Better Place"		Chicago Fire "One Hundred"		Seinfeld	Seinfeld	Modern Fam.	Modern Fam.	The Conners	The Conners	Perfect
32	13	Best Medicine (N)		Doc "Next" (N)		Fox 32 News at Nine (N)		The Report	TMZ (N)	Family Feud	Family Feud	Fox 32 News at Nine		Chicago
36	974	America	Context	RFDS: Royal "Sieve & Sort"		Royal "Separation Anxiety"		BBC News	PBS News Hour (N)		Nature		Track Ah'd	Test Kitchen
38		Chicago Fire		Chicago Fire "Superhero"		Chicago Fire		Chicago Fire		Chicago "Scorched Earth"		Chicago Fire		Chicago Fire
50		Family Feud	Family Feud	ISO Bar (N)	News (N)	Law & Order: SVU		48 Hours		Chicago P.D.		Chicago P.D.		Relieve your
55	15	Chicago Fire		Chicago Fire "Superhero"		Chicago Fire		Chicago Fire		Chicago "Scorched Earth"		Chicago Fire		Chicago Fire
58	8	NCIS "Fleeting" (N)		NCIS: Origins (N)		NCIS: Sydney (N)		News (N)	(.35) Late Show-Colbert (N)	(.35) Comics	(.05) Comics	(.35) Jeopardy!	(.05) Barrymore	
A&E	42	Road Wars	Road Wars	Road Wars	Road Wars	Customer (N)	Customer (N)	(.05) Customer	(.35) Customer	(.05) RoadWars	(.35) RoadWars	(.05) RoadWars	(.35) RoadWars	(.05) Customer
AMC	59	*** The Day After Tomorrow		(04) Jake Gyllenhaal, Dennis Quaid.		*** The Expendables 10		Jason Statham, Jet Li, Sylvester Stallone.						*** The Expendables 2 (12)
AP	43	Lockdown "Killer Road Trip"		Lockdown "Prison Suicide"		North Woods Law		North-Law "Dirty Habits"		Lockdown "Killer Road Trip"		Lockdown "Prison Suicide"		North-Law
BIG10	63	BIG Today		BIG Basketball in 60		BIG Basketball in 60		BIG Today		BIG Basketball in 60		BIG Basketball in 60		Basketball
BOOM	109	Codename	Codename	Ben 10	Looney	Flintstone	The Jetsons	Scooby-Doo	Scooby-Doo	Scooby	Scooby	Scooby	Scooby	The Smurfs
BRAVO	45	Summer House		Watch What	Ladies of London:		Summer House		**** Selena	(97) Edward James Olmos, Jon Seda, Jennifer Lopez.				
CHSN		(5:30) MLB Baseball		White Sox (N)		NHL Hockey		Blackhawks	Every Shift	NHL Hockey	Winnipeg Jets at	Chicago Blackhawks		
CNBC	47	Shark Tank		Shark Tank (N)		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Dateline
CNN	44	Cooper 360 (N) (Live)		The Source With (N) (Live)		CNN NewsNight (N) (Live)		Laura Coates Live (N) (Live)		Story Is- Elex (N) (Live)		Story Is- Elex (N) (Live)		Cooper 360
COM	54	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Daily Show	FamilyGuy	Family Guy	Family Guy	Family Guy	South Park	South Park
COOK	158	Man Fire	Man Fire	Bourdain "Saudi Arabia"		No Reservation "Australia"		Bourdain "U.S. Heartland"		Man Fire	Man Fire	Bourdain "Saudi Arabia"		Bourdain
DISC	41	Moonshiners (N)		Jeff (N) (P)	Jeff (N)	Master "Nuts on the Line"		Moonshiners:		Moonshiners "Spirit Animal"		Jeff	Jeff	Master
DISN	58	*** ZOMBIES 2 (20) Meg Donnelly.		(.35) ZOMBIES		ZOMBIES	Kiff	Ladybug	Ladybug	Bluey	Bluey	Big City	Big City	Big City
DLC	153	Stuck (N)		Stuck (N)		Stuck "Stiletto in the Eye" (N)		Dr. Pimple Popper		Stuck		Stuck		Stuck
E!	53	The Office	The Office	**** Selena	(97) Edward James Olmos, Jon Seda, Jennifer Lopez.			**** All My Life	(20) Harry Shum, Jessica Rothe.					Of an Age
ESPN	30	(6:00) Basket.	ESPN Films	HS Basketball McDonald's All-American Game (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportCtr (N)
ESPN2	29	(6:00) College Baseball Auburn at Georgia Tech (N) (Live)		Banana Ball Savannah Bananas vs. Indianapolis Clowns		NFL Draft		NFL Draft		NFL Draft		NFL Draft		Pardon
FDWI	31	NBA Basketball Dallas Mavericks at Milwaukee Bucks (N) (Live)				Postgame (N)		Golic / Golic		The Card Life	NBA Basketball	Dallas Mavericks at Milwaukee Bucks		
FNC	48	Jesse Watters (N) (Live)		Hannity (N) (Live)		Gutfeld! (N)		Fox News at Night (N) (Live)		The Five		Jesse Watters Primetime		Hannity
FOOD	67	Chopped		Chopped "Venison Valor" (N)		Chopped		Chopped "Emu Emergency"		Chopped "Venison Valor"		Chopped		Chopped
FREE	17	Movie		*** 27 Dresses	(08) James Marsden, Malin Akerman, Katherine Heigl.			The 700 Club (N)		Jim	Jim	Jim	Jim	Paid Prog.
FX	35	(5:30) *** Guardians of the Galaxy Vol. 2		**** Guardians of the Galaxy Vol. 3 (23)		Zoe Saldana, Dave Bautista, Chris Pratt.								*** Volcano (97) Dan Cortese.
GOLF	28	Magnolia Dreams		Magnolia Dreams		Magnolia Dreams		Golf Central		Magnolia Dreams		Magnolia Dreams		Magnolia
HALL	71	*** The More Love Grows (23) Rachel Boston.				Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	The Waltons
HALLMY	117	Garage Sale Mysteries "Garage Sale Mystery Pilot"				Murder ... "Crossed Up"		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Murder ...
HGTV	37	Renovation Aloha (N)		Wild Vac.	Wild Vac.	House (N)	House Hunt	House	House	Wild Vac.	Wild Vac.	House	House Hunt	House
HIST	39	Oak Island "Axis of Medieval"		The Curse of Oak Island (N)		(.05) Secrets (N)		(.05) Curse Island		(.05) Curse Island		The Curse of Oak Island		(.05) Secrets
LIFE	36	Castle "Always"		Castle "After the Storm"		(.05) Castle		(.05) Castle		Castle "Always"		Castle "After the Storm"		(.05) Castle
LIFEMOV	65	*** The Woman Before Me (26) Tayler Hamilton.				**** The Secret Lives of Second Wives (08)				*** The Woman Before Me (26) Tayler Hamilton.				Movie
METV	19	Andy Griffith	Andy Griffith	Raymond	Raymond	Golden Girls	Golden Girls	Carol Burnett	Perry Mason		(.35) Twi. Zone	(.05) Hitchcock	(.35) Hitchcock	(.05) Mannix
MLB	326	(4:00) MLB.TN. MLB Big Inning (N) (Live)				MLB Baseball (N) (Live)						Quick Pitch (N) (Live)		Quick Pitch
MSNBC	46	All in With Chr. (N) (Live)		The Briefing (N) (Live)		Last Word (N) (Live)		The 11th (N) (Live)		The Briefing With Jen Psaki		Last Word With Lawrence		The 11th
MTV	52	Love & Hip Hop: Atlanta (N)		Caught in Act		Caught in Act		Love & Hip Hop: Atlanta		Unfaithful "He Got a Type"		Caught in Act		Caught in Act
NATGEO	38	Secrets "The Hive" (N) (P)		(.05) Secrets of the Bees (N)		(.10) Cheetahs Up		(.10) Secrets "The Hive"		(.15) Secrets of the Bees		(.20) Secrets "Savanna"		(.15) Secrets
NBA	325	(6:30) The Association (N) (Live)				NBA Shot Clock: Best Games of the Night		Basketcast				Trivia	NBA Action	Post up (N)
NFL NET	346	Path to the Draft		NFL Football 2022: Kansas City Chiefs vs. Cincinnati Bengals From Jan. 2, 2022.				Path to the Draft				The Insiders		Path
NICK	56	Friends	Friends	Friends	Friends	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Friends	Friends	Friends	Friends
NICK JR.	107	Rubble	Rubble	Peppa Pig	Peppa Pig	Peppa Pig	Peppa Pig	Peppa Pig	Mr. Crocodile	Bubble	Bubble	Bubble	TeamUmiz.	PAWPatrol
PARMT	51	Movie		**** Forrest Gump (94) Robin Wright, Gary Sinise, Tom Hanks.				**** Forrest Gump (94)		Robin Wright, Gary Sinise, Tom Hanks.				
PBS CREATE	977	(6:00) Milwaukee PBS Weather				Milwaukee PBS Weather								Milwaukee PBS Weather
PBS WORLD	976	Milk Street	Relish	Sara's	Sara's	R. Steves	Travelscope	Darley	Joy/Painting	Relish	Milk Street	Key	Wild Harvest	Sara's
SUND	281	Law & Order "Le secret"		Law "The Serpent's Tooth"		Law & Order "The Troubles"		Bones		Bones		Bones		Bones
SYFY	55	Movie		**** DeJa Vu (06) Val Kilmer, Jim Caviezel, Denzel Washington.				*** Hellboy (19) Milla Jovovich, Ian McShane, David Harbour.						(.35) *** Silent Night (23)
TBS	3	Big Bang	Big Bang	Leadoff (N)	MLB Baseball	New York Yankees at Seattle Mariners (N) (Live)						MLB Close	Modern Fam.	Modern Fam.
TCM	60	**** Dark Victory (39) George Brent, Bette Davis.		**** 'Til We Meet Again (40) Merle Oberon.				**** Honeymoon for Three (41)				**** Experiment Perilous		
THIS	983	Perfect (N)	Perfect	48 Hours		CBS 58 News (N)		Seinfeld	Seinfeld	Big Bang	Law & Order: SVU			Chicago "A Better Place"
TLC	40	7 Little Johnstons (N)		7 Little Johnstons (N)		Welcome to Plathville (N)		(.05) Unexpected		7 Little Johnstons		7 Little Johnstons		Welcome
TNT	33	(6:00) M. Friendlies (N) (Live)		Postgame (N)	When Soccer Came		**** The Shawshank Redemption (94)		Morgan Freeman, Bob Gunton,	Tim Robbins.	**** Joker (19)			
TOON	57	Burgers	Family Guy	Family Guy "Blue Harvest"		Family Guy	Family Guy	Rick Morty	Rick Morty	TBA	Smiling	Smiling	Smiling	TBA
TRAVEL	72	Paranormal Nightshift		Paranormal Nightshift		Paranormal Nightshift		Paranormal Nightshift		Paranormal Nightshift		Paranormal Nightshift		Paranormal
TRUTV	74	(6:00) M. Friendlies (N) (Live)		Postgame (N)	MLB Baseball	New York Yankees at Seattle Mariners (N) (Live)						MLB Close		2026 NCAA Men's Basketball Tournament
TV LAND	61	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King	King	King	King	King	Seinfeld
USA	34	Law & Order: SVU "Turmoil"		Law-SVU "Perverted"		Law & Order: SVU "Quickie"		Law & Order: SVU "Shadow"		Law & Order: SVU "Savior"		Law & Order: SVU "Lunacy"		Law-SVU
VH1	50	My Wife	My Wife	My Wife	My Wife	My Wife	My Wife	My Wife	My Wife	My Wife	My Wife	My Wife	My Wife	My Wife
WE	26	Criminal Minds "Legacy"		Criminal Minds		Criminal Minds "Doubt"		Criminal "In Birth and Death"		Criminal "Scared to Death"		S.W.A.T. "Survive"		S.W.A.T.

# WEDNESDAY EVENING APRIL 1, 2026

B'CAST	SPECTRUM	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	1 AM	
2	2	Survivor (N)				America's Culinary Cup (N)				News (N)	(:35) Late Show-Colbert (N)	(:35) Comics	(:05) Comics	(:35) News	(:10) Comics
4	83	Chicago Med (N)		Chicago "Firehouse 66" (N)		Chicago P.D. "Restored" (N)		TMJ4 News		(:35) Tonight Show (N)	(:35) Seth Meyers (N)	TMJ4News		(:05) Morning	
5	5	Chicago Med (N)		Chicago "Firehouse 66" (N)		Chicago P.D. "Restored" (N)		NBC 5 News		(:35) Tonight Show (N)	(:35) Seth Meyers (N)	NBC 5 News		(:05) NBCNews	
6	6	The Masked Singer "Finale" (N) (SF)				(:05) FOX 6 News at 9 (N)				FOX 6 News	FOX 6 News	TMZ	Dateline "Circle of Friends"	Extra (N)	FOX 6 News
7	7	Scrubs (N)	Abbott (N)	The Greatest (N)		Shark Tank (N)		ABC7 (N)	(:35) J. Kimmel (N)	(:35) Nightline	WorldNews	(:35) Kelly and Mark	N		
9	9	Police 24/7 "Foiled Again"		Police 24/7		WGN News at Nine (N) (Live)		News (N)	GN Sports	Sheldon	Big Bang	Two Half Men	Last Man	Goldbergs	
9.2	986	One Day		Jeffersons		Sanford	Sanford	Johnny Carson		Becker	Becker	Wings	Wings	Mad About	
10	10	Nature		NOVA		Our New World (N) (P)		Nature		Roots "The Butterfly Effect"	R. Steves	Amanpour (N)			
11	11	Nature		NOVA		Our New World (N) (P)		Chicago	BBC News	Amanpour (N)	Roots "The Butterfly Effect"	Henry			
12	12	Scrubs (N)	Abbott (N)	The Greatest (N)		Shark Tank (N)		News	(:35) J. Kimmel (N)	(:35) Nightline	(:05) Hollywood	(:35) News	Suits		
18	18	Police 24/7 "Foiled Again"		Police 24/7		National (N)	National (N)	National (N)	National (N)	iCRIME	iCRIME	Crime	Crime	Chicago Fire	
24	24	Dateline		Dateline		Bob Heart	Bob Heart	Two Half Men	Two Half Men	Last Man	Last Man	Family Feud	Comics	Access (N)	
26	26	Flip Side	Perfect (N)	Chicago P.D. "Unpacking"		Chicago Fire		Seinfeld	Seinfeld	Modern Fam.	Modern Fam.	The Conners	The Conners	Perfect	
32	13	The Masked Singer "Finale" (N) (SF)				(:05) News		Chicago (N)	The Report	TMZ (N)	Family Feud	Family Feud	Fox 32 News at Nine	Chicago	
36	974	America	Context	Professor T		Professor T		BBC News	PBS News Hour (N)	History Detectives		John	Test Kitchen		
38	38	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU			
50	50	Family Feud		Family Feud		ISO Bar (N)	News (N)	Law & Order: SVU		48 Hours		Dateline	Dateline	Prostate	
55	15	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU			
58	8	Survivor (N)				America's Culinary Cup (N)				News (N)	(:35) Late Show-Colbert (N)	(:35) Comics	(:05) Comics	(:35) Jeopardy!	(:05) Barrymore
A&E	42	Patrol K9	Patrol K9	K9 PD- Jim	K9 PD- Jim	Southern Law (N)		(:05) K9 Pa.	(:35) K9 Pa.	(:05) Patrol K9	(:35) Patrol K9	K9 PD- Jim	K9 PD- Jim	(:05) Sout. Law	
AMC	59	Beverly Hills Cop		(:15) Beverly Hills Cop II		(87) Eddie Murphy.		(:15) Fast Times at Ridgemont High (82)		(:15) Hot Shots! (91)		Charlie Sheen.			
AP	43	Monsters "Asian Slayer"		Monsters "American Killers"		River Monsters		Monsters "Atomic Assassin"		Monsters "Asian Slayer"		Monsters "American Killers"		Monsters	
BIG10	63	BIG Today		BIG Plus Encore (N)		The Journey		BIG Today		BIG Basketball in 60		BIG Basketball in 60		Basketball	
BOOM	109	Codename	Codename	Ben 10	Looney	Flintstone	The Jetsons	Scooby-Doo	Scooby-Doo	Scooby	Scooby	Scooby	Scooby	The Smurfs	
BRAVO	45	The Valley (N)		Southern Hospitality (N)		Watch What		The Valley		Ladies of London:		Southern Hospitality		Real Housewives	
CHSN	CHSN	NBA Basketball Indiana Pacers at Chicago Bulls (N) (Live)				Pro Football		CHSN Podcast Come Alive!		NBA Basketball					
CNBC	47	Shark Tank		Shark Tank		Greed "COVID Cons"		American Greed		American Greed		Greed "Prophets of Greed"		Dateline	
CNN	44	Cooper 360 (N) (Live)		The Source With (N) (Live)		CNN NewsNight (N) (Live)		Laura Coates Live (N) (Live)		Story Is- Elex (N) (Live)		Story Is- Elex (N) (Live)		Cooper 360	
COM	54	Family Guy		Family Guy		Family Guy		Daily Show		Family Guy		Family Guy		South Park	
COOK	158	Spring Bak		Spring Bak		Spring Bak		Spring Bak		Spring Bak		Spring Bak		Spring Bak	
DISC	41	Expedition Files		Expedition Files (N) (SP)		Conspiracies (N) (P)		Expedition "Lost Treasures"		Expedition Files		Expedition Files		Conspiracies	
DISN	58	ZOMBIES 3 (22) Milo Manheim.				(:40) ZOMBIES		(:05) ZOMBIES Vampirina		Ladybug	Ladybug	Bluey	Bluey	Big City	Big City
DLC	153	Dr. Mercy (N)		Dr. Mercy (N)		Dr. Mercy (N)		Dr. Mercy (N)		Dr. Mercy "Mercy Mercy Me"		Dr. Mercy "Nose No Limits"		Dr. Mercy	
EI	53	Two Half Men	Two Half Men	Two Half Men	Two Half Men	Two Half Men	Two Half Men	Two Half Men	Two Half Men	Two Half Men	Two Half Men	Two Half Men	Two Half Men	Two Half Men	
ESPN	30	(6:30) Basketball Atlanta Hawks at Orlando Magic (N) (Live)				(:05) NBA Basketball San Antonio Spurs at Golden State Warriors (N) (Live)		(:35) SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)			
ESPN2	29	(6:00) WBI Tournament		The Draft		The Draft		NFL Live	NFL Draft	Pardon	30 for 30 Boo-Yah: A Portrait of Stuart Scott	Football	Football	Basketball	
FDWI	31	NBA Basketball Milwaukee Bucks at Houston Rockets (N) (Live)				Postgame (N)		A Fishing	Backroads	Postgame	The Card Life	NBA Basketball			
FNC	48	Jesse Watters (N) (Live)		Hannity (N) (Live)		Gutfeld! (N)		Fox News at Night (N) (Live)		The Five		Jesse Watters Primetime		Hannity	
FOOD	67	FlavorTown "Crunch Day"		FlavorTown Food Fight (N)		Grocery "April Fools' Rules"		Grocery "April Fools' Day"		FlavorTown Food Fight		Grocery "April Fools' Rules"		Grocery	
FREE	17	(6:00) Parent Trap (98) Lindsay Lohan.				Raising Chelsea (N)		The 700 Club (N)		Jim	Jim	Jim	Jim	Paid Prog.	
FX	35	Jumanji: Welcome to the Jungle (17) Dwayne Johnson.				Jumanji: Welcome to the Jungle (17) Dwayne Johnson.				Date Night (10) Steve Carell.					
GOLF	28	(6:30) Women's Amateur First Round		Ask Rory		The Smylie Show		Vanity Index Podcast		Golf Central		Women's Amateur First Round			
HALL	71	A Royal Setting (26) Dan Jeannotte, Jen Lilley.		Golden Girls		Golden Girls		Golden Girls		Golden Girls		Golden Girls		The Waltons	
HALLMY	117	Murder, She Baked: A Chocolate Chip Cookie Mystery				Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Murder ...	
HGTV	37	Hunters		Hunters		Hunters		Hunters		Hunters		Hunters		Hunters	
HIST	39	Swamp "Rising Tides, Risky Moves" (N)		(:35) Pawn Stars (N)		(:35) Pawn Stars (N)		PawnStars		(:05) Swamp "Rising Tides, Risky Moves"		(:35) Pawn Stars: Best Of			
LIFE	36	The Rookie		The Rookie		(:05) The Rookie		(:05) The Rookie		The Rookie		The Rookie		(:05) Rookie	
LIFEMOV	65	An Unstable Marriage (26) Skye Coyne.				Sins of the Bride (24) Kyle Kankonde.				An Unstable Marriage (26) Skye Coyne.				Movie	
METV	19	Andy Griffith		Andy Griffith		Raymond	Raymond	Golden Girls	Golden Girls	Carol Burnett	Perry Mason	(:35) Twi. Zone	(:05) Hitchcock	(:35) Hitchcock	(:05) Mannix
MLB	326	(6:00) MLB Baseball (N) (Live)				MLB Tonight (N) (Live)		MLB Baseball (N) (Live)		Quick Pitch (N) (Live)		Quick Pitch			
MSNBC	46	All in With Chr. (N) (Live)		The Briefing (N) (Live)		Last Word (N) (Live)		The 11th (N) (Live)		The Briefing With Jen Psaki		Last Word With Lawrence		The 11th	
MTV	52	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	
NATGEO	38	To Catch a Smuggler		Catch... "Rolling in Coke" (N)		Inside the CIA: (N)		Catch... "Suspicious Suitcase"		Smuggler "Rolling in Coke"		Inside the "Marti Peterson"		Toronto	
NBA	325	(6:30) The Association (N) (Live)				BAL Basketball Armée Patriotique Rwandaise vs. Johannesburg Giants (N)				Post up (N)		Post up			
NFL NET	346	NFL Football 2002: Kansas City Chiefs vs. San Diego Chargers From Oct. 13, 2002.				The Insiders				Path to the Draft Indiana Showcase				The Insiders	
NICK	56	Friends	Friends	Friends	Friends	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Friends	Friends	Friends	Friends	
NICK JR.	107	Rubble	Rubble	Peppa Pig	Peppa Pig	Peppa Pig	Peppa Pig	Peppa Pig	Mr. Crocodile	Bubble	Bubble	Bubble	TeamUmiz.	PAWPatrol	
PARMT	51	Movie				My Cousin Vinny (92) Marisa Tomei, Ralph Macchio, Joe Pesci.				My Cousin Vinny (92) Marisa Tomei, Ralph Macchio, Joe Pesci.					
PBS CREATE	977	(6:00) Milwaukee PBS Weather				Milwaukee PBS Weather				Milwaukee PBS Weather					
PBS WORLD	976	Life	Relish	Sara's	Sara's	R. Steves	Samantha	Passion Italy	Joy/Painting	Relish	Life	Simply Ming	Cook	Sara's	
SUND	281	Law & Order "Asylum"		Law "God Bless the Child"		Law & Order "Misconception"		Law & Order "In Memory Of"		Law & Order "Out of Control"		Law & Order "Renunciation"		Law & Order	
SYFY	55	The Mask (94) Cameron Diaz, Jim Carrey.				Ghostbusters (16) Kristen Wiig, Leslie Jones, Melissa McCarthy.				Ace Ventura: Pet Detective (94)					
TBS	3	All Elite Wrestling: Dynamite (N)				Imp. Jokers	Imp. Jokers	Imp. Jokers	Modern Fam.	Modern Fam.	Modern Fam.	Modern Fam.	Modern Fam.	Modern Fam.	
TCM	60	Love Me or Leave Me (55) Doris Day.				(:15) Calamity Jane (53) Howard Keel, Doris Day.				(:15) My Dream Is Yours (49) Jack Carson.				Movie	
THIS	983	Perfect (N)	Perfect	48 Hours		CBS 58 News (N)		Seinfeld	Seinfeld	Big Bang	Law & Order: SVU	Chicago P.D. "Unpacking"			
TLC	40	Body Bizarre (N)		Body Bizarre (N)		Bad Foot Clinic (N)		Bad Foot C "Nailing It"		Body Bizarre		Body Bizarre		Bad Foot C	
TNT	33	Movie		NHL on TNT		NHL Hockey St. Louis Blues at Los Angeles Kings (N) (Live)		NHL on TNT		Black Adam (22) Aldis Hodge, Dwayne Johnson.					
TOON	57	Burgers		Family Guy		Family Guy		Rick Morty	Rick Morty	Rick Morty	Smiling	HahaYou	(:35) American	(:05) American	
TRAVEL	72	Paranormal Caught on Cam.				Paranormal Caught on Cam.				Paranormal Caught on Cam.					
TRUTV	74	(6:00) NCAA		NHL on TNT		NHL Hockey St. Louis Blues at Los Angeles Kings (N) (Live)		NHL on TNT		2026 NCAA Men's Basketball Tournament		Inside Jokes			
TV LAND	61	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King	King	King	King	King	Seinfeld	
USA	34	League One LOVB Houston at LOVB Nebraska (N) (Live)				9-1-1		9-1-1 "You Don't Know Me"		9-1-1		9-1-1		9-1-1	
VH1	50	My Wife		My Wife		Wild 'n Out		Wild 'n Out		Wild 'n Out		Wild 'n Out		Wild 'n Out	
WE	26	NCIS "Power Down"		NCIS "Child's Play"		NCIS "Faith"		NCIS "Ignition"		NCIS "Flesh and Blood"		S.W.A.T. "Provenance"		S.W.A.T.	

# THURSDAY EVENING APRIL 2, 2026

B*CAST	SPECTRUM	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	1 AM
2	2	Georgie (N)	Ghosts (N)	Matlock (N)		Elsbeth "Deadumanté" (N)		News (N)	(.35) Late Show-Colbert (N)	(.35) Comics	(.05) Comics	(.35) News	(.10) Comics	
4	83	Law "Fate's Cruel Joke" (N)		Law & Order: SVU "Vivid" (N)		Hunting "Elliot Carr" (N)		TMJ4 News	(.35) Tonight Show (N)	(.35) Seth Meyers (N)		TMJ4News	(.05) Morning	
5	5	Law "Fate's Cruel Joke" (N)		Law & Order: SVU "Vivid" (N)		Hunting "Elliot Carr" (N)		NBC 5 News	(.35) Tonight Show (N)	(.35) Seth Meyers (N)		NBC 5 News	(.05) NBCNews	
6	6	Next Level Chef (N)		Animal (N)	Dutch (N)	FOX 6 News at 9 (N)		FOX 6 News	TMZ	Dateline "Bad Blood"		Extra (N)	FOX 6 News	
7	7	9-1-1 (N)		9-1-1: Nashville (N)		Anatomy "Feel It Still" (N)		ABC7 (N)	(.35) J. Kimmel (N)	(.35) Nightline		WorldNews	(.35) Kelly and Mark (N)	
9	9	Scrabble "Reign Check" (N)		Trivial "Weird Science" (N)		WGN News at Nine (N) (Live)		News (N)	GN Sports	Sheldon	Big Bang	Two Half Men	Last Man	Goldbergs
9.2	986	One Day	One Day	Jeffersons	Jeffersons	Sanford	Sanford	Johnny Carson		Becker	Becker	Wings	Wings	Mad About
10	10	John	Track Ah'd	Old House	Old House	Outdoor	Arts Page	Papa Ray's	MotorWeek	Rick Steves' Europe		R. Steves	Amanpour (N)	
11		Brownwood "The Black Widow"		Whitestable Pearl			The Office	Chicago	BBC News	Amanpour (N)		Nature		NOVA
12	12	9-1-1 (N)		9-1-1: Nashville (N)		Anatomy "Feel It Still" (N)		News (N)	(.35) J. Kimmel (N)	(.35) Nightline	(.05) Hollywood	(.35) News	(.05) Suits	
18	18	Scrabble "Reign Check" (N)		Trivial "Weird Science" (N)		National (N)	National (N)	National (N)	National (N)	iCRIME	iCRIME	Crime	Crime	Chicago Fire
24	24	Dateline		Dateline		Bob Heart	Bob Heart	Two Half Men	Two Half Men	Last Man	Last Man	Family Feud	Comics	Access (N)
26		Flip Side	Perfect (N)	Chicago P.D. "Retread"		Chicago Fire		Seinfeld	Seinfeld	Modern Fam.	Modern Fam.	The Conners	The Conners	Perfect
32	13	Next Level Chef (N)		Animal (N)	Dutch (N)	Fox 32 News at Nine (N)		The Report	TMZ (N)	Family Feud	Family Feud	Fox 32 News at Nine		Chicago
36	974	America	Context	Grantchester		Grantchester		BBC News	PBS News Hour (N)	Celebrity Trip		Arts Page		Test Kitchen
38		FBI "Grief"		FBI "Under Pressure"		FBI "Pride & Prejudice"		FBI "Ambition"		FBI "Scar Tissue"		FBI "Protective Details"		FBI
50		Family Feud	Family Feud	ISO Bar (N)	News (N)	Law & Order: SVU		48 Hours (N)		Dateline		Dateline		Relieve your
55	15	FBI "Grief"		FBI "Under Pressure"		FBI "Pride & Prejudice"		FBI "Ambition"		FBI "Scar Tissue"		FBI "Protective Details"		FBI
58	8	Georgie (N)	Ghosts (N)	Matlock (N)		Elsbeth "Deadumanté" (N)		News (N)	(.35) Late Show-Colbert (N)	(.35) Comics	(.05) Comics	(.35) Jeopardy!	(.05) Barymore	
A&E	42	The First 48 (N)		Predator Hunters (N)		The First 48 "Taken"		News (N)	The First 48	(.05) The First 48		(.05) Predator Hunters	(.05) First 48	
AMC	59	(.5:30) I Am Number Four		TNA IMPACT! (N) (Live)				*** Zombieland '09	Woody Harrelson.			*** The Fifth Element	'97	Bruce Willis.
AP	43	I Was Prey "Night Stalker"		I Was Prey "Silent Scream"		I Was Prey		I Was Prey "Wicked Bite"		I Was Prey "Night Stalker"		I Was Prey "Silent Scream"		I Was Prey
BIG10	63	(.6:00) Wm. Lacrosse		B1G Show	B1G Show	At The Plate	B1G Show	B1G Show	B1G Show	B1G Basketball in 60		B1G Show	B1G Show	B1G Show
BOOM	109	Codename	Codename	Ben 10	Looney	Flintstone	The Jetsons	Scooby-Doo	Scooby-Doo	Scooby	Scooby	Scooby	Scooby	The Smurfs
BRAVO	45	Real Housewives (N)		Rhode Island (N) (P)		(.15) Ladies of London: (N)		WatchWhat	(.45) The Real	Housewives of Rhode Island		The Valley		Ladies
CHSN		(.6:30) Bulls (N) (Live)		NHL Hockey Chicago Blackhawks at Edmonton Oilers (N) (Live)						NBA Basketball				
CNBC	47	Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Dateline
CNN	44	Cooper 360 (N) (Live)		The Source With (N) (Live)		CNN NewsNight (N) (Live)		Laura Coates Live (N) (Live)		Story Is- Elex (N) (Live)		Story Is- Elex (N) (Live)		Cooper 360
COM	54	(.10) Office	(.45) Office	(.20) The Office		(.55) Office	The Office	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	South Park	South Park
COOK	158	Man v. Food	Man v. Food	Man v. Food	Man v. Food	Best Thing	Best Thing	Best Thing	Best Thing	Man v. Food	Man v. Food	Man v. Food	Man v. Food	Best Thing
DISC	41	Filthy Dirt Bike Pay Dirt		Filthy Fortunes		Filthy Matt's Michigan Magic		Filthy Fortunes		Filthy Dirt Bike Pay Dirt		Filthy Fortunes		Filthy
DISN	58	Descendants/Zombies (N)		(.15) ZOMBIES	(.40) ZOMBIES	(.05) Zombies Vampirina		Ladybug	Ladybug	Bluey		Bluey	Big City	Big City
DLC	153	My 600-Lb. Life "Megan's Story"				My 600-Lb. Life "Ashley T's Story"				My 600-Lb. Life "Megan's Story"				My 600-Lb
E!	53	(.6:30) *** The Proposal '09	Sandra Bullock.	*** The Heat '13	Melissa McCarthy, Demián Bichir, Sandra Bullock.	*** Ticket to Paradise '22	George Clooney.							
ESPN	30	(.6:00) NIT Tour.		Basketball	NIT Tour.	Second Semifinal: Teams TBA (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter		
ESPN2	29	(.6:00) College Baseball Arkansas at Auburn (N) (Live)				The Draft	The Draft	NFL Live		30 for 30 The Philly Special		Pardon		ESPN Films Fab Five
FDWI	31	NHL Hockey					Postgame	Basketball	Badgers	World Poker Tour		Women's College Basketball		
FNC	48	Jesse Watters (N) (Live)		Hannity (N) (Live)		Gutfeld! (N)		Fox News at Night (N) (Live)		The Five		Jesse Watters Primetime		Hannity
FOOD	67	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Kitchen Nightmares		Kitchen Nightmares		Beat Bobby	Beat Bobby	Kitchen Nightmares		Kitchen
FREE	17	(.55) *** Frozen II '19	Kristen Bell.			Thrifting Show (N)		The 700 Club (N)		Jim	Jim	Jim	Jim	Paid Prog.
FX	35	*** Twister '96	Bill Paxton, Cary Elwes, Helen Hunt.			*** Twister '96	Bill Paxton, Cary Elwes, Helen Hunt.					*** Deep Rising '98	Treat Williams.	
GOLF	28	(.6:00) PGA Golf Aramco Championship, First Round (N)				Golf Central (N) (Live)		PGA Tour Golf Valero Texas Open, First Round From TPC San Antonio in San Antonio.						Golf Central
HALL	71	Flower Shop Mysteries "Dearly Departed"				Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	The Waltons
HALLMY	117	Mystery Island: House Rules '25	Elizabeth Henstridge.			Murder ... "Trouble in Eden"		Murder ... "Indian Giver"		Murder, She Wrote		Murder, She Wrote		Murder ...
HGTV	37	House	House	House Hunters (N)		House (N)	House	House	House	House Hunters International		House	House	House
HIST	39	Mysteries Unearthed		Mysteries "Lost in Battle" (N)		(.05) The Proof Is (N)		(.05) Mysteries Unearthed		(.05) Mysteries Unearthed		(.05) Mysteries Unearthed		(.05) Mysteries
LIFE	36	NCIS		NCIS		(.05) NCIS		(.05) NCIS		NCIS		NCIS		(.05) NCIS
LIFEMOV	65	Secrets on the Ranch '26	Camille Stopps. (P)			The Last Woman Who Lived Here '25	Tamara Almeida.			Secrets on the Ranch '26	Jesse Collin, Camille Stopps.			Movie
METV	19	Andy Griffith	Andy Griffith	Raymond	Raymond	Golden Girls	Golden Girls	Carol Burnett	Perry Mason		(.35) Twi. Zone	(.05) Hitchcock	(.35) Hitchcock	(.05) Mannix
MLB	326	(.6:00) MLB Big Inning (N) (Live)		MLB Baseball (N) (Live)				Quick Pitch (N) (Live)		Quick Pitch		Quick Pitch		Quick Pitch
MSNBC	46	All in With Chr. (N) (Live)		The Briefing (N) (Live)		Last Word (N) (Live)		The 11th (N) (Live)		The Briefing With Jen Psaki		Last Word With Lawrence		The 11th
MTV	52	(.6:00) *** Just Go With It '11	Adam Sandler.			*** Tammy '14	Susan Sarandon, Kathy Bates, Melissa McCarthy.			*** Just Go With It '11	Jennifer Aniston, Adam Sandler.			
NATGEO	38	Lost Treasures of Egypt		Lost "Life of Christ" (N)		Lost Treasures (N)		Buried "Parting the Red Sea"		Lost "Life of Christ"		Lost Treasures		Lost
NBA	325	(.6:30) The Association (N) (Live)						NBA Shot Clock: Best Games of the Month	March (N)	Basketcast				Post up (N)
NFL NET	346	Path to the Draft		NFL Football 2016: Dallas Cowboys at Pittsburgh Steelers From Nov. 13, 2016.						Path to the Draft		The Insiders		Path
NICK	56	(.6:30) Friends	Friends	Friends	Friends	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Friends	Friends	Friends
NICK JR.	107	Rubble	Rubble	Peppa Pig	Peppa Pig	Peppa Pig	Peppa Pig	Peppa Pig	Mr. Crocodile	Bubble	Bubble	TeamUmiz.		PAWPatrol
PARMT	51	(.5:00) *** The Lord of the Rings: The Two Towers '02	Elijah Wood.			*** The Lord of the Rings: The Two Towers '02	Ian McKellen, Liv Tyler, Elijah Wood.							
PBS CREATE	977	(.6:00) Milwaukee PBS Weather				Milwaukee PBS Weather						Milwaukee PBS Weather		
PBS WORLD	976	Milk Street	Relish	Sara's	Sara's	R. Steves	Travelscope	Wild Rivers	Joy/Painting	Relish	Milk Street	Kevin	Mexican	Sara's
SUND	281	Law "Sisters of Mercy"		Law "Cradle to Grave"		Law "The Fertile Fields"		To Be Announced		(.10) Law & Order "Silence"		(.10) Law "Working Stiff"		(.10) Law
SYFY	55	(.6:00) *** Ghostbusters '16	Melissa McCarthy.			*** Dredd '12	Olivia Thirlby, Lena Headey, Karl Urban.			(.05) *** Leprechaun 3 '95	John Gattins, Warwick Davis.			(.05) NCIS: LA
TBS	3	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	*** Godzilla: King of the Monsters '19	Vera Farmiga, Kyle Chandler.			
TCM	60	*** Giant '56	Rock Hudson, James Dean, Elizabeth Taylor.					*** The Last Picture Show '71	Timothy Bottoms.	(.45) *** Dancer, Texas Pop. 81				
THIS	983	Perfect (N)		Perfect		CBS 58 News (N)		Seinfeld		Seinfeld	Law & Order: SVU			Chicago P.D. "Retread"
TLC	40	90 Day: The Single Life (N)		Unexpected (N)		7 Little Johnstons		7 Little Johnstons		90 Day: The Single Life		Unexpected		7 Little
TNT	33	All Elite Wrestling: Collision (N)				*** Captain Marvel '19	Samuel L. Jackson, Brie Larson.			*** Suicide Squad '16	Jared Leto, Will Smith.			
TOON	57	Burgers	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Rick Morty	Rick Morty	Rick Morty	Smiling	HahaYou	(.35) American	(.05) American
TRAVEL	72	Expedition Files		Expedition Files (N)				Finding Amelia				Expedition "Lost and Found"		Finding
TRUTV	74	(.6:00) *** The Rookie '02		(.45) *** The Rookie '02	Rachel Griffiths, Jay Hernandez, Dennis Quaid.							Foul Play	Wipeout "Big Ball Bromance"	Inside Jokes
TV LAND	61	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King	King	King	King	King	Seinfeld
USA	34	*** The Super Mario Bros. Movie '23	Chris Pratt.			*** Harry Potter and the Chamber of Secrets '02	Rupert Grint, Emma Watson, Daniel Radcliffe.							Law-SVU
VH1	50	My Wife	My Wife	My Wife	My Wife	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out
WE	26	NCIS "Moonlighting"		NCIS "Obsession"		NCIS "Borderland"		NCIS "Patriot Down"		NCIS "Rule Fifty-One"		Blue Bloods "Fire Drill"		Blue Bloods

# FRIDAY EVENING APRIL 3, 2026

B'CAST	SPECTRUM	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	1 AM
2	2	Sheriff "The Finest" (N)	Fire "The Bravest" (N)	Boston Blue (N)		News (N)	(.35) Late Show-Colbert	(.35) Comics	(.05) Comics	(.35) News	(.10) Comics			
4	83	Happy's (N)   Stumble (N)	Dateline NBC (N)		TMJ4 News	(.35) Tonight Show (N)	(.35) Seth Meyers	TMJ4News	(.05) Morning					
5	5	Happy's (N)   Stumble (N)	Dateline NBC (N)		NBC 5 News	(.35) Tonight Show	(.35) Seth Meyers	NBC 5 News	(.05) NBCNews					
6	6	United Football League D.C.	Defenders at Columbus Aviators (N) (Live)		FOX 6 News	FOX 6 News	TMZ	Dateline	Extra (N)	FOX 6 News				
7	7	Celebrity Jeopardy!	20/20 (N)		ABC7 (N)	(.35) Jimmy Kimmel Live!	(.35) Nightline	WorldNews	(.35) Kelly and Mark (N)					
9	9	Penn "The Psychic Gorilla"	Bible Challenge (N)		WGN News at Nine (N) (Live)	News (N)	GN Sports	Sheldon	Big Bang	Two Half Men	Last Man	Goldbergs		
9.2	986	One Day	One Day	Jeffersons	Jeffersons	Sanford	Sanford	Johnny Carson	Becker	Becker	Wings	Wings	Mad About	
10	10	Week (N)	Hoover (N)	Midsomer	(.45) Midsomer Murders	The Brokenwood Mysteries		Our House	Celebrity Trip	Amanpour (N)				
11		Review	Week (N)	Martha "Athletes of God" (N) (F)		Great Performances		BBC News	Amanpour (N)	Death in Paradise		Paradise		
12	12	Celebrity Jeopardy!	20/20 (N)		News (N)	(.35) Jimmy Kimmel Live!	(.35) Nightline	(.05) Hollywood	(.35) News	(.05) Suits				
18	18	Penn "The Psychic Gorilla"	Bible Challenge (N)		National (N)	National (N)	iCRIME	iCRIME	Crime	Crime	Chicago Fire			
24	24	Chicago Fire	Chicago Fire		Bob Heart	Bob Heart	Two Half Men	Two Half Men	Last Man	Last Man	Family Feud	Comics	Access (N)	
26		Flip Side	Perfect	Chicago P.D. "Safe Harbor"		Chicago Fire		Seinfeld	Seinfeld	Modern Fam.	Modern Fam.	The Conners	The Conners	Perfect
32	13	United Football League D.C.	Defenders at Columbus Aviators (N) (Live)		Fox 32 News at Nine (N)	FOX Local	The Report	Family Feud	Family Feud	Chicago				
36	974	America	Context		The American Revolution		BBC News		PBS News Hour (N)	Arts Page	Outdoor			
38		Magnum P.I.	Magnum P.I. "Blood Brothers"		Magnum P.I.		Magnum P.I.	Magnum P.I.	Magnum P.I.	Magnum P.I.	Magnum P.I.	Magnum P.I.		
50		Family Feud	Family Feud	ISO Bar (N)	News (N)	Law & Order: SVU	48 Hours	Chicago Fire	Chicago Fire	Chicago Fire	Prostate			
55	15	Magnum P.I.	Magnum P.I. "Blood Brothers"		Magnum P.I.		Magnum P.I.	Magnum P.I.	Magnum P.I.	Magnum P.I.	Magnum P.I.	Magnum P.I.		
58	8	Sheriff "The Finest" (N)	Fire "The Bravest" (N)	Boston Blue (N)		News (N)	(.35) Late Show-Colbert	(.35) Comics	(.05) Comics	(.05) Jeopardy!	(.05) Barrymore			
A&E	42	Alaska State Troopers	Alaska-Trooper "On the Run"		Alaska State Troopers		(.05) Southern Law	(.05) Alaska State Troopers	(.05) Troopers "On the Run"	(.05) Troopers				
AMC	59	(6:00) **** Back to the Future '85	**** Back to the Future Part II '89		Christopher Lloyd, Michael J. Fox.		**** Back to the Future Part III '90		Christopher Lloyd, Michael J. Fox.					
AP	43	Treehouse Masters	Treehouse Masters		Treehouse Masters		Treehouse Masters	Treehouse Masters	Treehouse Masters	Treehouse Masters	Treehouse Masters			
BIG10	63	College Gymnastics Big Ten Championships (N) (Live)	On the Beam		On The Court		The B1G Show (N) (Live)	The B1G Show	B1G Basketball in 60	B1G Show				
BOOM	109	Codename	Codename	Ben 10	Looney	Flintstone	The Jetsons	Scooby-Doo	Scooby-Doo	Scooby	Scooby	Scooby	Scooby	Jonny Quest
BRAVO	45	Below Deck	Below Deck		Below Deck		Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	
CHSN		(6:30) NBA Basketball Chicago Bulls at New York Knicks (N)	Football		PODCAST		Golf Scene	Pro Football	NBA G League Basketball					
CNBC	47	Shark Tank	Shark Tank		Shark Tank		Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Dateline		
CNN	44	Cooper 360 (N) (Live)	The Source With (N) (Live)		CNN NewsNight (N) (Live)		Laura Coates Live (N) (Live)	Story Is- Elex (N) (Live)	Story Is- Elex (N) (Live)	Cooper 360				
COM	54	The Office	The Office	The Office	The Office	The Office	The Office	South Park	South Park	South Park	South Park	South Park	South Park	South Park
COOK	458	Kitchen Nightmares	Kitchen Nightmares		Kitchen Nightmares "Luigi's"		South Parks	South Parks	Kitchen Nightmares	Kitchen Nightmares	Kitchen Nightmares	Kitchen Nightmares	Kitchen Nightmares	Kitchen Nightmares
DISC	41	Gold Rush (N)	(.05) Gold Rush: "Double Trouble" (N)		(.05) Gold Rush:		Gold Rush	Gold Rush	Gold Rush	Gold Rush	Gold Rush	Gold Rush	Gold Rush	Gold Rush
DISN	58	**** Zombies 4: Dawn of the Vampires (25)	(.35) ZOMBIES		ZOMBIES	Vampirina	Ladybug	Ladybug	Big City	Big City	Big City	Big City	Big City	Big City
DLC	153	Dr. Pimple "Mic Drop Pop!"	Dr. Pimple Popper		Dr. Pimple Popper		Dr. Pimple Popper	Dr. Pimple Popper	Dr. Pimple Popper	Dr. Pimple Popper	Dr. Pimple Popper	Dr. Pimple Popper	Dr. Pimple Popper	Dr. Pimple Popper
E!	53	Two Half Men	Two Half Men	Two Half Men	Two Half Men	Two Half Men	Two Half Men	Two Half Men	Two Half Men	Two Half Men	Two Half Men	Two Half Men	Two Half Men	Two Half Men
ESPN	30	(6:00) NCAA W. Basketball	NCAA (N)	NCAA Bsk. Second Semifinal: Teams TBA (N) (Live)		SportsCenter (N) (Live)		SportsCenter	SportsCenter	SportsCenter	SportsCenter	SportsCenter	SportsCenter	SportsCenter
ESPN2	29	(6:00) NCAA W. Basketball	Final Four (N)	NCAA Bsk. Second Semifinal: Teams TBA (N) (Live)		NFL Live		The Draft	The Draft	Pardon	Podcast			
FDWI	31	NBA Basketball	Postgame		Due North		Backroads	Water	Postgame	NBA Basketball				
FNC	48	Jesse Watters (N) (Live)	Hannity (N) (Live)		Gutfeld! (N)		Fox News at Night (N) (Live)	The Five	Jesse Watters Primetime	Hannity				
FOOD	67	Diners, Drive	Diners, Drive	Diners (N)	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive
FREE	17	**** Mrs. Doubtfire '93	Sally Field, Pierce Brosnan, Robin Williams.		The 700 Club (N)		Jim	Jim	Jim	Jim	Jim	Jim	Jim	Jim
FX	35	(6:00) **** Avengers: Age of Ultron '15	**** Captain America: Civil War '16		Robert Downey, Scarlett Johansson, Chris Evans.		**** X-Men: Days of Future Past							
GOLF	28	(6:00) LPGA Golf Aramco Championship, Second Round (N)	Golf Central (N) (Live)		PGA Tour Golf Valero Texas Open, Second Round From TPC San Antonio in San Antonio.		Golf Central							
HALL	71	**** Miracle in Bethlehem, PA '23	Laura Vandervoort.		Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	The Waltons
HALLMY	117	Aurora Teagarden Mysteries	"The Julius House"		Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Murder ...
HGTV	37	Dream Home	Dream Home	Dream Home	Dream Home	Dream Home	Hunters	Hunters	Dream Home	Dream Home	Hunters	Hunters	Hunters	Hunters
HIST	39	UnBelievable	UnBelievable (N)		(.05) Proof-There (N)		(.05) UnBelievable		(.05) UnBelievable		(.05) UnBelievable		UnBelievable	UnBelievable
LIFE	36	NCIS	NCIS		(.05) NCIS		NCIS		NCIS		NCIS		NCIS	(.05) NCIS
LIFEMOV	65	**** Don't Trust the Couple Upstairs '26	Alex Mitchell. (P)		**** Danger in the Countryside '25		Nicole Reddinger. (25)		**** Don't Trust the Couple Upstairs '26		Alex Mitchell.		Movie	
METV	19	Andy Griffith	Andy Griffith	Raymond	Raymond	Golden Girls	Golden Girls	Carol Burnett	Perry Mason	(.35) Twi. Zone	(.05) Hitchcock	(.35) Hitchcock	(.05) Mannix	
MLB	326	MLB Baseball (N) (Live)	MLB Baseball (N) (Live)		MLB Baseball (N) (Live)		MLB Baseball (N) (Live)		Quick Pitch (N) (Live)		Quick Pitch			
MSNBC	46	All in With Chr. (N) (Live)	The Briefing (N) (Live)		Last Word (N) (Live)		The 11th (N) (Live)	The Briefing With Jen Psaki	Last Word With Lawrence	The 11th				
MTV	52	Drag Race "Good Morning Bitches" (N)	Untucked (N)		To Be Announced									
NATGEO	38	National Parks "Yosemite"	Parks "Grand Canyon"		National Parks "Big Bend"		National Parks "Badlands"	Parks "Hawaii Volcanoes"	Secrets "The Hive"	(.05) Secrets				
NBA	325	(6:30) NBA Basketball Chicago Bulls at New York Knicks (N)	NBA Basketball New Orleans Pelicans at Sacramento Kings (N) (Live)		Post up (N)		Post up	Post up	Post up	Post up	Post up	Post up	Post up	Post up
NFL NET	346	Path to the Draft	NFL Football 1998: Minnesota Vikings vs. Dallas Cowboys From Nov. 26, 1998.		Path to the Draft		The Insiders	Path						
NICK	56	Friends	Friends	Friends	Friends	Big Bang	Big Bang	Big Bang	Big Bang	Friends	Friends	Friends	Friends	Friends
NICK JR.	107	Rubble	Rubble	Peppa Pig	Peppa Pig	Peppa Pig	Peppa Pig	Peppa Pig	Mr. Crocodile	Bubble	Bubble	Bubble	TeamUmiz.	PAWPatrol
PARMT	51	(5:00) **** The Lord of the Rings: The Return of the King '03	Elijah Wood.		**** The Lord of the Rings: The Return of the King '03		Ian McKellen, Liv Tyler, Elijah Wood.							
PBS CREATE	977	(6:00) Milwaukee PBS Weather	Milwaukee PBS Weather		Milwaukee PBS Weather		Milwaukee PBS Weather		Milwaukee PBS Weather		Milwaukee PBS Weather			
PBS WORLD	976	Test Kitchen	Relish	Legacy List	Legacy List	Legacy List	Legacy List	Legacy List	Legacy List	Legacy List	Legacy List	Legacy List	Legacy List	Test Kitchen
SUND	281	Movie	(.45) **** Desperado '95		Salma Hayek, Antonio Banderas.		**** Once Upon a Time in Mexico '03		Antonio Banderas.		Blue Bloods "Cold Comfort"		Blue Bloods	
SYFY	55	(6:00) **** Blade '98	Wesley Snipes.		**** Blade II '02		Kris Kristofferson, Ron Perlman, Wesley Snipes.		**** The Turning '20		Finn Wolfhard, Mackenzie Davis.		NCIS: LA	
TBS	3	**** Jurassic World: Fallen Kingdom '18	Chris Pratt.		**** Godzilla x Kong: The New Empire '24		Rebecca Hall.		**** Godzilla vs. Kong '21					
TCM	60	Roger Corman	**** A Bucket of Blood		(.15) **** The Little Shop of Horrors		**** Teenage Doll '57		John Kenney.		**** Five Guys West '55		John Lund.	
THIS	983	Perfect	Perfect	48 Hours		CBS 58 News (N)	Seinfeld	Seinfeld	Big Bang	Law & Order: SVU	Chicago P.D. "Safe Harbor"			
TLC	40	90 Day Fiancé "More to Love: Mile High Club" (N)	90 Day (N)		Single "The Act of Being Sus"	90 Day	90 Day Fiancé "More to Love: Mile High Club"	90 Day	90 Day Fiancé "More to Love: Mile High Club"	90 Day	90 Day	90 Day	90 Day	90 Day
TNT	33	**** Tom Clancy's Without Remorse '21	(P)		(.15) **** The Accountant '16		Anna Kendrick, J.K. Simmons, Ben Affleck.		FBI "Fallout"		FBI			
TOON	57	Burgers	Family Guy	Family Guy	Family Guy	Family Guy	Rick Morty	Rick Morty	Rick Morty	Rick Morty	Rick Morty	Rick Morty	Rick Morty	Rick Morty
TRAVEL	72	Destination Fear	Destinat. "Ashmore Estates"		Destination Fear		Destination Fear		Destination Fear		Destinat. "Ashmore Estates"		Destinat.	
TRUTV	74	(6:00) **** Gridiron Gang '06	(N) (P)		2026 NCAA Men's Basketball Tournament		2026 NCAA Men's Basketball Tournament		**** Gridiron Gang '06		Xzibit, Dwayne Johnson.			
TV LAND	61	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King	King	King	King	King	Seinfeld
USA	34	WWE Friday Night SmackDown	WWE Friday Night SmackDown		WWE Friday Night SmackDown		WWE Friday Night SmackDown		WWE Friday Night SmackDown		WWE Friday Night SmackDown		Law-SVU	
VH1	50	My Wife	My Wife	My Wife	My Wife	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out
WE	26	(5:15) **** Ocean's Eleven (P)	Mama June (N)		Bridezillas (N)		Mama June		**** Ocean's Eleven '01		Matt Damon, Andy Garcia, George Clooney.			

