

SATURDAY EVENING MARCH 14, 2026

B'CAST	SPECTRUM	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	1 AM	
2	2	CBS News-JD Vance (N)	48 Hours			48 Hours (N)			CBS News Chicago (N)	Entertainment Tonight (N)		Fire Country "Pilot"		Fire Country	
4	83	2026 Milan Cortina Paralympics Primetime (N) (Live)			Saturday Night Live			TMJ4 News	Saturday Night Live Harry Styles (N) (Live)		(.05) 1st Look	Open House	Open House		
5	5	2026 Milan Cortina Paralympics Primetime (N) (Live)			Saturday Night Live			NBC 5 News	Saturday Night Live Harry Styles (N) (Live)		(.05) 1st Look	In Touch	(.05) N'DIGO		
6	6	(5:30) Basket.	Postgame (N)	World Baseball Quarterfinal: Teams TBA From loanDepot Park in Miami. (N) (Live)			(N) (Live)	FOX 6 News	TMZ (N)			Extra (N)			
7	7	NBA Tip-Off	NBA Basketball Denver Nuggets at Los Angeles Lakers (N) (Live)			In NBA (N)			News at 10pm (N)	Red Carpet	The Rookie "Breaking Point"		The Rookie		
9	9	Dolly Parton: Here I Am Guests Dolly Parton			Weekend News (N)			WGN News	GN Sports	Two Half Men	Two Half Men	Last Man	Last Man	Backstory	
9.2	986	Hazel	Hazel	Jeannie	Jeannie	Bewitched	Bewitched	Carson Dom DeLuise, Sally Kellerman		3's Company	3's Company	The Ropers	3's Crowd		
10	10	(6:30) Mister Rogers	Willie Nelson's 90th Birthday Celebration			Country Classics			Beates	The Boleyns: A "Ambition"	The Bole				
11		Father Brown			Death in Paradise			Midsomer "Book of the Dead: Part 1"		Downton Abbey on Masterpiece				Downton	
12	12	NBA Tip-Off	NBA Basketball Denver Nuggets at Los Angeles Lakers (N) (Live)			In NBA (N)			News (N)	(.05) Big 12 Sp	(.35) The Rookie	(.35) Ent. Tonight (N)			
18	18	Dolly Parton: Here I Am Guests Dolly Parton			Polka! Polka! Polka!			National Desk (N) (Live)		WOW - Women (N)		LOST IN	Taste Buds	Paid Prog.	
24	24	(6:30) Girls High School Basketball	Girls High School Basketball			OVV Wrestling			414 Video Spotlight		Music (N)				
26		(6:00) HS Basketball	Chicago P.D. "Sanctuary"			Chicago P.D.			S.W.A.T. "Positive Thinking"	S.W.A.T. "U-Turn"	WOW - Women (N)		Salvage		
32	13	(5:30) Basket.	Postgame (N)	World Baseball Quarterfinal: Teams TBA From loanDepot Park in Miami. (N) (Live)			Fox 32 (N)			Don't Know	Don't Know	JacuzziBath Remodel			
36	974	Black-Jewish "The Grand Alliance"			Black-Jewish "Crossroads"			Henry Louis		Europe	Real Road	People	Animal		
38		(5:30) NWSL	NWSL On (.45) NWSL			(45) NWSL On			NCIS "Thick as Thieves"	NCIS "The Wake"		NCIS "Starting Over"	NCIS		
50		TMZ (N)	Backstage	Taste Buds	Extra (N)				Law-SVU "Philadelphia"	Elite Fight Night	Paid Prog.	Paid Prog.	Paid Prog.		
55	15	(5:30) NWSL	NWSL On (.45) NWSL			(45) NWSL On			NCIS "Thick as Thieves"	NCIS "The Wake"		NCIS "Starting Over"	NCIS		
58	8	CBS News-JD Vance (N)	48 Hours			48 Hours (N)			News (N)	CBS (N)	48 Hours (N)	CBS News-JD Vance (N)		Fire Country	
A&E	42	Storage Wars (N)		Storage Wars (N)			Duck Dynasty (N)			(.05) Duck Dynasty	(05) Storage Wars		(05) Duck Dyn		
AMC	59	(5:30) Indiana Jones & the ...	(15) ***** Raiders of the Lost Ark (81) Karen Allen, Harrison Ford.			(45) ***** Enemy of the State (98) Gene Hackman, Jon Voight, Will Smith.									
AP	43	Dr. Jeff: RMV	Dr. Jeff "Kino's Mystery"			Dr. Dee: Alaska Vet			Dr. Dee "Against All Odds"	Dr. Jeff: RMV		Dr. Jeff "Kino's Mystery"		Dr. Dee	
BIG10	63	(6:30) College Hockey	B1G Live (N)			Women's College Gymnastics Utah at UCLA (N) (Live)			B1G Show		B1G Show		B1G Show		
BOOM	109	Scoby-Doo	Scoby-Doo	Flintstone	Flintstone	Popeye	Popeye	Scoby	Scoby	Scoby Doo Movie		Jonny Quest	Jonny Quest	Thundarr	
BRAVO	45	(5:30) The Other Guys	*** Old School (03) Will Ferrell, Luke Wilson.			*** Anchorman: The Legend of Ron Burgundy (04)			(05) *** Zoolander (01) Ben Stiller.						
CHSN		Every Shift	Every Shift	Every Shift	Blackhawks	NHL Hockey Chicago Blackhawks at Vegas Golden Knights (N) (Live)			Blackhawks	Original	CHSN Podcast Come Alive!				
CNBC	47	American Greed	Greed "The Real Dr. Death"			Greed "The Imposter"			American Greed	American Greed	Next				
CNN	44	Real Time With (N)	Have I Got (N)			CNN Special Program			Real Time With Bill Maher	Have I Got News For You		CNN Special Program	CNN		
COM	54	(6:00) *** The Hangover Part II (11)	*** The Hangover Part III (13) Bradley Cooper.			South Park			South Park	South Park	South Park	South Park	South Park	South Park	
COOK	158	Iron Chef "Symon vs. Izard"	Iron Chef America			Iron Chef "Symon vs. Nunez"			Iron Chef America	Iron Chef "Symon vs. Izard"		Iron Chef America		Iron Chef	
DISC	41	Expedition Unknown	Expedition Unknown			Expedition Unknown			Expedition Unknown		Expedition				
DISN	58	Movie	(.40) Phineas	(.05) Phineas	Phineas	Kiff	Kiff	Ladybug	Ladybug	Big City	Big City	Big City	Big City	Big City	
DLC	153	Body Bizarre	Body Bizarre			Body Bizarre			Body Bizarre	Body Bizarre	Body Bizarre				
E!	53	(6:30) *** Harry Potter and the Order of the Phoenix (07)	*** Harry Potter and the Half-Blood Prince (09) Rupert Grint, Emma Watson, Daniel Radcliffe.			Villains									
ESPN	30	GameDay (N)	Basketball ACC Tournament, Championship: Teams TBA			NBA Basketball Sacramento Kings at LA Clippers (N) (Live)			SportsCenter (N) (Live)		SportCtr (N)				
ESPN2	29	Basketball MAC Tournament, Championship: Teams TBA	College Basketball			Basketball WAC Tournament, Championship: Teams TBA			NHL Hockey						
FDWI	31	(6:00) NBA Basketball	Postgame			Fight Sports: Boxing			NBA Basketball Milwaukee Bucks at Atlanta Hawks						
FNC	48	Life, Liberty (N) (Live)	View- Lara Tru. (N) (Live)			Saturday Night (N) (Live)			Gutfeld!	Life, Liberty & Levin	My View With Lara Trump		Saturday		
FOOD	67	Kitchen "Barefoot Bob's"	Diners, Drive			Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	
FREE	17	(5:45) *** Ratatouille	(20) *** Zootopia (16) Voices of Jason Bateman, Ginnifer Goodwin.			(50) ***** WALL-E (08) Voices of Elissa Knight, Jeff Garlin, Ben Burt.			Paid Prog.						
FX	35	*** Black Panther: Wakanda Forever (22) Angela Bassett, Lupita Nyong'o, Letitia Wright.	*** Iron Man 2 (10) Gwyneth Paltrow, Don Cheadle, Robert Downey.			Iron Man 3									
GOLF	28	(6:00) PLAYERS (N) (Live)	Live From THE PLAYERS Comprehensive news coverage surrounding THE PLAYERS Championship.												
HALL	71	Nelly "Nelly Knows Mysteries: All Manners of Murder" (N)	*** Romance at Hope Ranch (26) Alison Sweeney.			Golden Girls		Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	
HALLMY	117	Garage Sale Mysteries "The Beach Murder"	Murder, She Wrote			Murder, She Wrote		Murder, She Wrote	Murder, She Wrote	Murder ... "Ever After"	Murder ...				
HGTV	37	Hunters	Hunters	Hunters	Hunters	Hunters (N)	Hunters (N)	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters		
HIST	39	Secrets "Strange Weapons"	Secrets "Deep Space"			(.05) Secrets "Dark Science"	(.05) Secrets Declassified	(.05) Secrets Declassified	(.05) Secrets Declassified	(.05) Secrets "Deep Space"	(05) Secrets				
LIFE	36	*** The Boy With My Son's Face (26) Italia Ricci. (P)	(05) *** Double Double Trouble (26) Tami Roman.			*** The Boy With My Son's Face (26) Italia Ricci.				Movie					
LIFEMOV	65	*** Don't Scream, It's Me (24) Kaylah Zander.	*** The Ex Obsession (22) B.J. Britt, Chaley Rose.			*** Don't Scream, It's Me (24) Kaylah Zander.				Movie					
METV	19	House of Svengoolie "Friday the 13th"	Batman			Star Trek "Amok Time"		Superman	Superman	Lost in Space "West of Mars"		Giants			
MLB	326	(5:00) MLB Baseball	30 Clubs	30 Clubs	30 Clubs	MLB Baseball Tampa Bay Rays at Minnesota Twins		MLB Tonight (N) (Live)	World Baseball Quarterfinal: Teams TBA						
MSNBC	46	(5:00) Weekend (N) (Live)	Crooked on MS NOW (N)			The Rachel Maddow Show		The 11th Hour With		The Beat: Weekend		Dateline "The Phone Call"		Dateline	
MTV	52	(6:00) *** Get Hard (15) Will Ferrell.	*** 21 Jump Street (12) Channing Tatum, Brie Larson, Jonah Hill.			*** 22 Jump Street (14) Channing Tatum, Peter Stormare, Jonah Hill.									
NATGEO	38	To Catch a Smuggler: Peru	Smuggler "Cocaine Carrier"			To Catch a Smuggler: Peru		To Catch a Smuggler: Peru		Catch.. "Unholy Guacamole"		Catch.. "Blitzed at the Border"		Smuggler	
NBA	325	(5:00) Basket.	The Association (N) (Live)			NBA Shot Clock: Games of the Week		NBA Action		NBA (N)	Trivia	NBA	Recap (N)	Recap	
NFL NET	346	(5:00) NFL Football	NFL Football			A Football Life Ray Lewis		A Football Life John Randle		Football					
NICK	56	Friends	Friends	Friends	Friends	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Friends	Friends	Friends	Friends	
NICK JR.	107	PAW Patrol	PAW Patrol	PAW Patrol	PAW Patrol	PAW Patrol	PAW Patrol	PAW Patrol	PAW Patrol	Bubble	Bubble	TeamUmiz.	PAW Patrol		
PARMT	51	Movie	*** Top Gun (86) Kelly McGillis, Anthony Edwards, Tom Cruise.			*** A Few Good Men (92) Jack Nicholson, Demi Moore, Tom Cruise.				Movie					
PBS CREATE	977	(6:00) Milwaukee PBS Weather	Milwaukee PBS Weather			Milwaukee PBS Weather									
PBS WORLD	976	The Great American Relief	Joy/Painting	Joy/Painting	Art "Ancient Rome"	Pépin	Mexican	Farmer	Cook	Healthful	Jazzy	Joy/Painting			
SUND	281	(6:30) *** Ferris Bueller's Day Off (86)	*** The Outsiders (83) C. Thomas Howell, Matt Dillon.			*** Stand by Me (86) River Phoenix, Wil Wheaton.		Movie							
SYFY	55	Movie	*** 300 (07) Lena Headey, David Wenham, Gerard Butler.			*** Crimson Tide (95) Gene Hackman, Denzel Washington.				*** 300 (07)					
TBS	3	*** Big Daddy (99) Joey Lauren Adams, Adam Sandler.	*** Billy Madison (95) Darren McGavin, Adam Sandler.			*** Horrible Bosses 2 (14) Charlie Day, Jason Sudeikis, Jason Bateman.									
TCM	60	*** Tootsie (82) Jessica Lange, Dustin Hoffman.	(15) *** My Man Godfrey (36) William Powell.			*** The Philadelphia Story (40) Cary Grant.				Movie					
THIS	983	9-1-1 "Kids Today"	S.W.A.T. "Positive Thinking"			CBS 58 News (N)		Neighbor	Neighbor	*** Enough (02) Billy Campbell, Jennifer Lopez.		Friends			
TLC	40	1000-lb Sisters	1000-lb Sisters			90 Day Fiancé		90 Day Fiancé		1000-lb Sisters		90 Day			
TNT	33	All Elite Wrestling: Collision (N)	Collision (N)			*** Dune: Part Two (24) Zendaya, Rebecca Ferguson, Timothée Chalamet.				FBI					
TOON	57	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Rick Morty	Rick Morty	Rick Morty	Rooster (N)	Primal (N)	Blue Lock (N)	Revengers	One Piece (N)	
TRAVEL	72	Ghost Adventures	Ghost Adventures			Ghost Adventures		Ghost Adventures		Ghost Adventures		Ghost Adv			
TRUTV	74	(6:00) *** Dune: Part Two (24) Zendaya, Timothée Chalamet.	*** Mortal Kombat (21) Jessica McNamee, Lewis Tan.			*** Evil Dead Rise (23) Alyssa Sutherland, Lily Sullivan.									
TV LAND	61	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	King	King	King	King	Old Christine	Old Christine	Old Christine	
USA	34	Chicago "Down Is Better"	Chicago "A Man's Legacy"			Chicago Fire		Chicago Fire "Foul Is Fair"		Chicago Fire "Slamigan"		Chicago "Law of the Jungle"		Law-SVU	
VH1	50	*** Forrest Gump (94) Robin Wright, Gary Sinise, Tom Hanks.	*** Kingdom Come (01) Jada Pinkett Smith, LL Cool J.				Wild 'n Out				Wild 'n Out				
WE	26	NCIS "Hereafter"	NCIS "Detour"			NCIS "Prime Suspect"		NCIS "Seek"		NCIS "Squall"		9-1-1 "Death and Taxes"		9-1-1	

SUNDAY EVENING MARCH 15, 2026

B*CAST	SPECTRUM	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	1 AM	
2	2	Marshals (N)		Tracker "Do No Harm" (N)		Watson (N)		CBS News Chicago (N)		Joni Table	Paid Prog.	NCIS: Hawaii "Past Due"		NCIS: Hawaii	
4	83	NBA Basketball Golden State Warriors at New York Knicks (N) (Live)						TMJ4 News	TMJ4 Sports	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	
5	5	NBA Basketball Golden State Warriors at New York Knicks (N) (Live)						NBC5 News	(:35) Sports	OpenHouse	(:35) 1st Look	OpenHouse	(:35) Paid Prog.	Prostate	
6	6	Family Guy Universal (N)	American (N)	American (N)	Family Guy	FOX 6 News at 9 (N)		FOX 6 News	FOX6	FOX Local	FOX6 Open Record		Bensinger	Judge Judy	
7	7	(6:00) The Oscars (N) (Live)						Bach'ette (N)	News at 10pm (N)		On the Red Carpet After the Awards			Bach'ette (N)	
9	9	Penn "Full Frontal Magic"		Penn & Teller: Fool Us		Weekend News (N) (Live)		WGN News	GN Sports	Backstory	Sheldon	Sheldon	Big Bang	Big Bang	
9.2	986	Boss	Boss	Family Ties	Family Ties	Family Ties	Family Ties	Drew Carey	Drew Carey	Drew Carey	Drew Carey	NewsRadio	NewsRadio	NewsRadio	
10	10	Sense and Sensibility		The Forsytes		Riverdance 25th Anniversary Show				Epic Train Journeys		R. Steves	Professor T "Tiger Tiger"		
11		Riverdance 25th Anniversary Show				Celtic Woman 20th Anniversary Concert				The Great Irish Songbook			Father Brown		
12	12	(6:00) The Oscars (N) (Live)						Bach'ette (N)	News (N)	News (N)	UpFront	The Rookie "Breaking Point"	News	News	
18	18	Penn "Full Frontal Magic"		Penn & Teller: Fool Us		Connect MKE	The National News Desk (N)	MidWest		Black	Positively	Prostate	World's	World's	
24	24	Last Man	Last Man	Two Half Men	Two Half Men	Bob Heart	Bob Heart	Heartland		Finally Caught "Talley"		Bloodline Detectives	Whacked	Whacked	
26		Bob Heart	Bob Heart	The Conners	The Conners	Modern Fam.	Modern Fam.	Seinfeld	Seinfeld	Pawn Stars	Staycation	Animals	World's	Chicago P.D.	
32	13	Family Guy	Universal (N)	American (N)	Family Guy	Fox 32 News (N)		Chicago (N)	Good Morning (N)		Bensinger	Bensinger	Whacked	Paid Prog.	
36	974	(4:30) Joseph Campbell		* The Mustangs: America's Wild Horses (21)					Memory Makeover With Daniel Amen, MD				Ireland	Tradfest	Woodsongs
38		NCIS "Turkey Trot"		NCIS "Higher Education"		NCIS "Too Many Cooks"		NCIS "Bridges"		NCIS "Big Rig"		NCIS "Evil Eye"		NCIS	
50		Family Feud Family Feud		Family Feud Family Feud		You Don't	Bensinger	Extra (N)		TMZ (N)		Paid Prog.	Paid Prog.	Paid Prog.	
55	15	NCIS "Turkey Trot"		NCIS "Higher Education"		NCIS "Too Many Cooks"		NCIS "Bridges"		NCIS "Big Rig"		NCIS "Evil Eye"		NCIS	
58	8	Marshals (N)		Tracker "Do No Harm" (N)		Watson (N)		News (N)	CBS (N)	Fire "Watch Your Step"		NCIS: Hawaii "Past Due"		S.W.A.T.	
A&E	42	Fugitives	Fugitives	Fugitives	Fugitives	Fugitives	Fugitives	(:05) Fugitives	(:35) Fugitives	(:05) Fugitives	(:35) Fugitives	(:05) Fugitives	(:35) Fugitives	(:05) Fugitives	
AMC	59	(5:00) * Independence Day		Dark Winds "Atida:ahilyaagii (Those Who Harmed One Another)" (N)				Dark Winds		(:35) * * * * *	Gran Torino (08) Clint Eastwood.				
AP	43	Wardens of the North		Wardens "Fire in the Hole"		Wardens "A Goose Chase"		Wardens "Four Seasons"		Wardens of the North		Wardens "Fire in the Hole"		Wardens	
BIG10	63	BIG Live Bracket Breakdown		The BIG Show (N) (Live)				The BIG Show				The BIG Show			
BOOM	109	Scooby-Doo	Scooby-Doo	Flintstone	Flintstone	The Jetsons	The Jetsons	Popeye	Popeye	Scooby	Scooby	Scooby Doo Movie		WackyRace	
BRAVO	45	Married to Medicine		Married to Medicine "Med Gala Mishaps" (N)		Real Housewives		Married to Medicine		Ladies of London:		Charm "Carolina Dazed"			
CHSN		(6:00) NBA G League Basketball		Journey		CHSN Podcast Come Alive!		Poker Night in America		PODCAST	CHSN Podcast Come Alive!	Poker Night in America			
CNBC	47	Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Next	
CNN	44	CNN Special Program		CNN Special Program		CNN Special Program		CNN Special Program		CNN Special Program		CNN Special Program		Newsroom	
COM	54	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	South Park	South Park	South Park	
COOK	158	Nightmares "El Greco"		Nightmares "Michon's"		Nightmares "Yanni's"		Nightmares "Leone's"		Nightmares "El Greco"		Nightmares "Michon's"		Nightmares	
DISC	41	Naked and Afraid "This Is Gonna Suck So Bad" (N)				Filthy Fortunes		Filthy Fortunes		Naked and Afraid "This Is Gonna Suck So Bad"				Filthy	
DISN	58	Movie	(:45) Phineas	(:10) Phineas	(:35) Phineas	Place	Vampirina	Ladybug	Ladybug	Bluey	Bluey	Big City	Big City	Big City	
DLC	153	My 600-Lb. Life "Patrick's Journey"				My 600-Lb. Life "Krystal S' Journey"				My 600-Lb. Life "Patrick's Journey"				My 600-Lb	
EI	53	(6:00) * * * * * Harry Potter and the Deathly Hallows: Part 1 (10)		El After Party "Oscars 2026" (N) (Live)				Dirty Rotten Scandals		Dirty Rotten Scandals		Dirty Rotten Scandals		Dirty Rotten	
ESPN	30	Women's (N) (Live)		Bracket (N) (Live)		Bracket (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportCtr (N)	
ESPN2	29	(6:00) Yankees-Dodgers		* * * * * Catching Hell (11)				Believers Book II: Doubt		Believers Book II: Hope		Believers: Boston Red Sox		Basketball	
FDWI	31	Snow Aspen 2026, Part 2		FIBA	Fishing	Backroads	Larry	Water	Due North	NBA Basketball Indiana Pacers at Milwaukee Bucks					
FNC	48	Life, Liberty (N) (Live)		Sunday Night (N) (Live)		One Nation (N) (Live)		The Big Weekend Show		The Big Weekend Show		Life, Liberty & Levin		Fox News	
FOOD	67	Tournament of Champions "Just Win" (N)				FlavorTown "No Utensils Day"		Kitchen "Wilder Cards"		Tournament of Champions "Just Win"				FlavorTown	
FREE	17	(6:45) * * * * * Hotel Transylvania (12)		(:50) * * * * * Hotel Transylvania 2 (15) Adam Sandler.				(:55) * * * * * Rio (11) Anne Hathaway.						Paid Prog.	
FX	35	(6:00) * * * * * Star Wars: Return of the Jedi (83)		* * * * * Shang-Chi and the Legend of the Ten Rings (21) Awkwafina, Simu Liu.				* The League of Extraordinary Gentlemen							
GOLF	28	Live From THE PLAYERS Comprehensive news coverage surrounding THE PLAYERS Championship.													
HALL	71	When Calls the Heart (N)		* Blind Date Book Club (24) Robert Buckley, Erin Krakow.		* Falling for Vermont (17) Benjamin Ayres, Julie Gonzalo.		Golden Girls	Golden Girls	Golden Girls		Golden Girls		Golden Girls	
HALLMY	117	Fixer Upper Mysteries "Deadly Deed"		Murder, She Wrote		Murder ... "Day of the Dead"		Murder ... "Angel of Death"		Murder ... "Badge of Honor"		Murder ...		Murder ...	
HGTV	37	Home Town (N)		Property Brothers: (N) (P)		Hunters (N)	Hunters	Bachelor Mansion Takeover		Property "Life After the Fire"		Hunters	Hunters	Takeover	
HIST	39	American Pickers (N)		History "Famous Finds" (N)		(:05) American Pickers		(:05) American Pickers		(:05) American Pickers		History's Gr "Famous Finds"		(:05) Pickers	
LIFE	36	* The Seemingly Perfect Family (26) Rylee Reagan. (P)		(:05) * The Couple Across the Street (26) Jenny Raven.		* The Seemingly Perfect Family (26) Rylee Reagan.								Movie	
LIFEMOV	65	* Trapped in Her Dorm Room (25) Ciara Hanna.		* Danger in the Dorm (24) Bethenny Frankel.		* Trapped in Her Dorm Room (25) Ciara Hanna.								Movie	
METV	19	All in Family All in Family	All in Family	All in Family	All in Family	Raymond	Raymond	Van Dyke	Van Dyke	Honeymoon.	Twilight Zone	Hitchcock "Night of the Owl"		News	
MLB	326	Baseball Detroit Tigers at New York Yankees		MLB Baseball				MLB Tonight (N) (Live)				World Baseball Quarterfinal: Teams TBA			
MSNBC	46	(5:00) Weekend (N) (Live)		The Briefing (N)		The Weekend: Primetime				The Briefing		Dateline "Part of the Plan"		Dateline	
MTV	52	(6:00) * * * * * 21 Jump Street (12)		* * * * * 22 Jump Street (14) Channing Tatum, Peter Stormare, Jonah Hill.				Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	
NATGEO	38	Extreme Catch		Extreme Catch (N)		Extreme Catch (N)		Extreme Catch		Extreme Catch		(:55) Extreme Catch		(:55) N. Korea	
NBA	325	(6:00) NBA Shot		NBA Shot Clock: Best Games of the Month February		Hardwood Classics						NBA Action	Recap (N)	Recap	
NFL NET	346	(5:00) NFL Football		NFL Football						Football Rod Woodson		A Football Life Kevin Greene		Football	
NICK	56	Friends	Friends	Friends	Friends	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Friends	Friends	Friends	Friends	
NICK JR.	107	Peppa Pig	Peppa Pig	Peppa Pig	Peppa Pig	Peppa Pig	Peppa Pig	Peppa Pig	Peppa Pig	Bubble	Bubble	Bubble	TeamUmiz.	PAWPatrol	
PARMT	51	Bar Rescue		Bar Rescue		Bar Rescue (N)		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue	
PBS CREATE	977	(6:00) Milwaukee PBS Weather				Milwaukee PBS Weather								Milwaukee PBS Weather	
PBS WORLD	976	The Great American Recipe		Ireland	Ireland	Art "The Middle Ages"		People	Table for All	Milk Street	Test Kitchen	Test Kitchen	Christina	Ireland	
SUND	281	* * * * * Beverly Hills Cop (84) Eddie Murphy.		(:15) * * * * * Beverly Hills Cop II (87) Eddie Murphy.		(:15) * * * * * Backdraft (91) William Baldwin, Robert De Niro, Kurt Russell.									
SYFY	55	(5:00) * Spider-Man: Homecom...		* * * * * Spider-Man: Homecoming (17) Michael Keaton, Robert Downey, Tom Holland.		* * * * * Salt (10) Liev Schreiber, Angelina Jolie.								* Turning	
TBS	3	(6:00) * * * * * Horrible Bosses		* * * * * Horrible Bosses 2 (14) Charlie Day, Jason Sudeikis, Jason Bateman.		* * * * * Horrible Bosses (11) Charlie Day, Jason Bateman.		* * * * * Tag (18) Ed Helms.							
TCM	60	* * The Oscar (66) Elke Sommer, Stephen Boyd.		(:15) * * * * * The Bad and the Beautiful (52) Kirk Douglas, Lana Turner.		* * * * * Inside Daisy Clover (65) Natalie Wood.									
THIS	983	Modern Fam.	Modern Fam.	Sheldon	Sheldon	CBS 58 News (N)		Seinfeld	Seinfeld	Friends	Friends	Deep Water Salvage		Court Cam	
TLC	40	90 Day Fiance "Prepare for Immediate Descent" (N)				90 Day Fiance (N)		90 Day: The Single Life		90 Day Fiance		90 Day Fiance "Prepare for Immediate Descent"		90 Day	
TNT	33	(6:30) NHL Hockey Toronto Maple Leafs at Minnesota Wild (N) (Live)		NHL on TNT		* * * * * Pitch Perfect (12) Skylar Astin, Rebel Wilson, Anna Kendrick.		* * * * * Pitch Perfect 2 (15)							
TOON	57	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Rick Morty	Rick Morty	Primal (N)	Common S	Rooster	American	American	American	
TRAVEL	72	Paranormal Caught on Cam.		Paranormal Caught on Cam.		Paranormal Caught on Cam.		Paranormal Caught on Cam.		Paranormal Caught on Cam.		Paranormal Caught on Cam.		Paranormal	
TRUTV	74	(6:30) NHL Hockey Toronto Maple Leafs at Minnesota Wild (N) (Live)		NHL on TNT		* * * * * Magic Mike's Last Dance (23) Salma Hayek, Channing Tatum.		* * * * * Shazam! (19)							
TV LAND	61	(:10) Raymond (:45) Raymond	(:20) Raymond	"Move Over"		(:55) Raymond	Raymond	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	
USA	34	Law-SVU "Father's Shadow"		Law-SVU "Learning Curve"		Law-SVU "Psycho/Therapist"		Law & Order: SVU		Law & Order: SVU "Design"		Law & Order: SVU "Weak"		Law-SVU	
VH1	50	* * * * * Kingdom Come (01) Jada Pinkett Smith, LL Cool J.		* * * * * ATL (06) Lauren London, Mykelti Williamson, T.I.				Wild 'n Out		Wild 'n Out		Wild 'n Out		Wild 'n Out	
WE	26	Criminal "A Higher Power"		Criminal Minds		Criminal Minds "In Heat"		Criminal "The Crossing"		Criminal "Tabula Rasa"		9-1-1 "Pay It Forward"		9-1-1	

WEEKDAY MORNING MARCH 16 TO 20, 2026

B'CAST	SPECTRUM	4 AM	4:30	5 AM	5:30	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM
2	2	Various	CBS News	CBS News Chicago		CBS News Chicago		CBS Mornings			CBS News Chicago		The Price Is Right	Various		
4	83	Early	Early	TMJ4 News Today		TMJ4 News Today		Today			The Morning Blend		Today 3rd Hour	Today		
5	5	NBC 5 News	NBC 5 News	NBC 5 News		NBC 5 News		NBC 5 News at 6am			Today		Today 3rd Hour	NBC 5 News		
6	6	Judge Judy	News	Wake-Up News at 5		Wake-Up News at 6		Wake-Up News at 7		Wake-Up News at 8		FOX 6 Wake-		Real Milwaukee	FOX 6 News	
7	7	Good	News	News		ABC7 News		News at 6am			Good Morning America		Live with Kelly and Mark		The View	News
9	9	WGN News	WGN News			WGN Morning News		WGN Morning News		WGN Morning News		WGN Morning News		Daytime Chicago	News	
10	10	Various	Various	Arthur	Odd Squad	Wild Kratts	Various	Lyla	Carl	Tiger	Phoebe	Sesame	Work It	Donkey	Rosie	Elinor
11		M Yoga Fix	PBS News	BBC News	Various	Nature Cat	Arthur	Wild Kratts	Weather	Lyla	Carl	Tiger	Phoebe	Sesame	Work It	Donkey
12	12	Good	News	WISN 12 News		WISN 12 News		Good Morning America			Live with Kelly and Mark		The View	News		
18	18	Various	Business	The National News Desk		The National News Desk		The National News Desk		Weather	Paid Prog.	Various	Family	Good Morning Football: Overtime		
24	24	Various	M The	Various	Business	The Jason Show		Hot Bench	Hot Bench	Judge	Judge Ross	Maury / F HS	Basketball	Karamo	Various	
26		Various	Various	Justice	Judge Ross	Judge	Judge	Judge	Cutlers	The People's Court		Judge	Judge	The Steve Wilkos Show		Maury
32	13	TMZ	Good Day	Good Day		Good Day		Good Day Chicago at 7 AM			Good Day Chicago		Chicago Now!			
36	974	Various	Various		Lana Yoga	Lana Yoga	Yoga	Happy Yoga	Classical	Sit/Be Fit	Europe	Curious	Travel	Painting	Painting	
38		Paid Prog.	Paid Prog.	Various	F Amazing	Various	F Xploration	Various	F Planet	Various	F Planet	Various	Various		Various	
50		Church	Passion	Paid Prog.	Paid Prog.	Church	Judge	Hatchett	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Divorce	The 700 Club		Family
55	15	Paid Prog.	Paid Prog.	Various	F Amazing	Various	F Xploration	Various	F Planet	Various	F Planet	Various	Various		Various	
58	8	CBS News	News	CBS 58 Morning News		CBS 58 Morning News		CBS Mornings			Let's Make a Deal		The Price Is Right	Various		
A&E	42	PaidProg.	Paid Prog.	Paid Prog.	Joni Table	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various
AMC	59	Various	Various	Various	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Various	Various	U.S. Marshals	Indiana Jones & the Kingdom of the Cr...			Movie
COM	54	South Park	South Park	Various	Various	Various	Various	South Park	South Park	South Park	Various	Various	Various	Various	Various	South Park
DISC	41	M Ghost Adventures	Various			Various			Various			Various	M Caught!	Various	M Caught!	Various
DISN	58	Bluey	Bluey	Bluey	Mickey	Bluey	Spidey	Bluey	Bluey	Spidey	Iron Man	Various	Various	Kitties	Mickey	Bluey
ESPN	30	M/W F SportCt	Tu SportCt	SportCtr	SportCtr	SportsCenter		Get Up			First Take		Various			
FREE	17	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Boy/World	Boy/World	Boy/World	Boy/World	F 700 Club/700 Club	700 Club	Various	Jim	Various	Various	Various
FX	35	Paid Prog.	Paid Prog.	Paid Prog.	Various	Various	Various	Movie	The Art of Racing in the ...		Various	F Night at the Museum	Movie	Movie	Movie	Movie
HIST	39	Paid Prog.	Paid Prog.	Amazing	Jeremiah	Various		Various		Various		Various		Various		Various
LIFE	36	Paid Prog.	Jeremiah	Creflo	Robison	Joyce M.	Various	Rizzoli/F Sleeping With	Rizzoli/F Sleeping With	Rizzoli/F Sleeping With	Rizzoli/F Sleeping With	Rizzoli/F Sleeping With	Crimes/F Sleeping With	Various		
MTV	52	Various	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous
NICK	56	Mod Fam	Neighbor	Neighbor	SpongeBob	PAW Patrol	PAW Patrol	PAW Patrol	PAW Patrol	Various	PAW Patrol	PAW Patrol	Various	PAW Patrol	PAW Patrol	PAW Patrol
PARMT	51	Bar Rescue	Bar Rescue	Inside Ed.	ET	Bar Rescue		Bar Rescue		Bar Rescue	BarRescue	Bar Rescue	BarRescue	Bar Rescue	BarRescue	Bar Rescue
SYFY	55	NCIS: LA	Twi. Zone	Various	Movie	M NCIS: Los Angeles		Various	Movies	M NCIS: Los Angeles	Various	Movie	Movie	Deja Vu/ Harry Potter & t...	Movies	
TBS	3	Various	Various	Various	Various	Sheldon	Sheldon	Sheldon	Sheldon	Various	Various	Friends	Friends	Friends	Friends	Friends
TCM	60	Movie	Various	Movies	Various	Movie	Movie	Movies	M Alibi Ike	Movie	Movies	Movies	Movie	Movie	Movie	Movie
TNT	33	Charmed / F FBI	M Charmed / Th F FBI		M Charmed / Th F FBI		M Charmed / Th F FBI		M Charmed / Th F FBI	M Charmed / Th F FBI	M Charmed / Th F FBI	M Cold Case / Th F FBI	M Cold Case / Th F FBI	M Cold Case / Th F FBI	M Cold Case / Th F FBI	Various
TOON	57	Various	Various	Various	Various	Various	Various	Various	(35) Looney	(05) Tom	Scobby-Doo	Scobby-Doo	Scobby	Scobby	Various	Various
USA	34	M Law-SVU	Tu F Dateline	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various
VH1	50	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Flip Side	Flip Side	True Life	True Life			Crime

WEEKDAY AFTERNOON MARCH 16 TO 20, 2026

B'CAST	SPECTRUM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30	6 PM	6:30
2	2	M-W Young & Restless	M-W Bold	M-W Beyond	Th F NCAA	Barrymore	Barrymore	M Let's Make a Deal		CBS News Chicago		News	CBS-News	Various	M ET	
4	83	Today	TMJ4 News at Noon	NBC News Daily		Kelly Clarkson		What's...	Inside Ed.	TMJ4 News at 4:00	TMJ4 News	NBC News	TMJ4 News	Milwaukee		
5	5	Various	NBC News Daily	Dateline		Access Daily		Kelly Clarkson	NBC 5 News at 4 PM		NBC 5 News	NBC News	Various	Hollywood		
6	6	FOX 6 News	Dateline	Sherri		TMZ Live		Judge Judy	Judge Judy	FOX 6 News at 4	FOX 6 News at 5	Various	TMZ			
7	7	F Windy City	GMA3	Tamron Hall		General Hospital		Inside Ed.	Jeopardy!	News at 4pm	News	World News	ABC7	Wheel		
9	9	(11:00) News	WGN Midday News	Spotlight Chicago		WGN Take Two		Judy	Judy	WGN Early	WGN Evening News	News	(:45) Point			
10	10	Alma's Way	Molly	Xavier	Antiques Roadshow	Various		Various	Various	Various	Various	Tu Outdoor	PBS News Hour			
11		Rosie	Elinor	Alma's Way	Antiques Roadshow	Various		Kitchen	Cook	Shake	America	Various	PBS News Hour			
12	12	(11:00) News	GMA3	General Hospital		Tamron Hall		JHud Show		WISN 12 News at 4	News	World News	News	ET		
18	18	GMFB:OT	Family	Family	Puzzler	Flip Side	Flip Side	Funny You	Funny You	25 Words	25 Words	Family	Family	Family	Family	
24	24	Various	Various	F Maury	Various	Basketball	M Steve Wilkos Show	M Divorce	Various	M Hot Bench	M Hot Bench	Goldbergs	Goldbergs	Conners	Various	
26		Maury	Karamo	Judge Mathis		Tribunal	Tribunal	Hot Bench	Hot Bench	Judge Judy	Judge Judy	Judge Judy	Judge Judy	Neighbor	Neighbor	
32	13	Chicago	Fox 32 News at Noon	Sherri		JHud Show		TMZ Live	Fox 32 News		Various	Family	Various	Family		
36	974	Old House	Sewing	Sara's	Kitchen	Kitchen	Jazzy	Mexican	Various	Various	Various	Various	Amanpour	Various	Various	
38		Various	Various	Various		Various		Various		Various		Various		Various		
50		Family	Good Morning Football: Overtime			The Jason Show		Bensinger	25 Words	Family	Family	Extra	TMZ	Sports	The Report	
55	15	Various	Various	Various		Various		Various		Various		Various		Various		
58	8	Various	M-W News	M-W Beyond		Th F NCAA	M-W Bold	M Tribunal	M Judy	M Judy	CBS 58 News at 4pm	News	CBS-News	Various	M Wheel	
A&E	42	Fugitives	Various	Various	Various	Various	Various	Road Wars	Various	Road Wars	Various	Road Wars	Various	Road Wars	Various	
AMC	59	Movie	Movies	W My Cousin Vinny		Escape Plan		Raiders of...	Jack Reacher	Goodfellas	Indiana Jon...	Gran Torino	Police Aca...	Movie	Goodfellas/ Indiana Jone...	
COM	54	South Park	South Park	South Park	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	
DISC	41	M Caught	Various	M Caught!	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various		
DISN	58	Various	Hey AJ!	Bluey	Various	Bluey	Kiff	Phineas	Big City	Big City	Big City	Bluey	Bluey	Big City	Big City	
ESPN	30	(11:00) NCAA W. Basketball	Pat McAfee	Various		NBA Today		NFL Live/ F NCAA Bsk.		Various	Various	Various	Various	Various		
FREE	17	Various	Pretty Woman/ The Sandlot	Movie	Movie	Movie	Movie	Movies	Th Freaky Friday	Movie	Movie	Movie	Movie	M Hotel Transylvania 2		
FX	35	Movies	Night at the Museum: Bat...	Movie	Movie	W Thor	Guardians of the Galaxy/ Night at the M...		Movies	Movies	Th Guardians of the Galaxy Vol. 2					
HIST	39	Various	Various	Various		Various		Various		Various		Various		Various		
LIFE	36	Various	Various	Castle / F NCIS		Castle / F NCIS		Castle / F NCIS		Various		Various		Various		
MTV	52	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Various	Various	Various	Various	Various	Various	Various	Various	Various	Ridiculous	
NICK	56	PAW Patrol	PAW Patrol	PAW Patrol	SpongeBob	Various	Various	SpongeBob	W Th Patrick	Various	Various	Various	Various	SpongeBob	Friends	
PARMT	51	BarRescue	W Bar Rescue	BarRescue/ Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		To Be Announced/ Major League/ Erin Brockovich				
SYFY	55	W Leprechaun	Movie	Movie	Movies	Harry Potter & the Deathl...	Tu Leprechaun 3 / Th Gladiator	W Déjà Vu	Harry Potter & the Deathly Hallows: Part...	Movie						
TBS	3	Friends	Friends	Various	Various	M Friends	M Friends	M Big Bang	Various	M Big Bang	M Big Bang	M Big Bang	M Big Bang	Various	M Big Bang	
TCM	60	(:45) Dames/ (:45) Stranded	Movies	Movies	Movie	Movie	Movies	Th (:15) Three Who Loved	Movies	Movie	China Sky/ Baby Face/ (:45) Mad Youth					
TNT	33	Various	Various	Th F NCAA	Various	The Hobbit: An Unexpect...	Th F NCAA	Tu (:45) FIBA	M (:15) Jurassic World: Fallen Kingdom	Various	Various	Various	Various	Various		
TOON	57	Various	Various	Various	Various	Various	Various	Various	Dog	Dog	Burgers	Burgers	Burgers	Burgers		
USA	34	Various	Various	Various		Various		Various		Tu Th Law-SVU/ W 9-1-1		Various	M F Forensic	Various		
VH1	50	(11:00) Crime	Wild 'n Out	Wild 'n Out	Matters	Matters	Matters	Matters	Matters	Matters	My Wife	My Wife	My Wife	My Wife	My Wife	

MONDAY EVENING MARCH 16, 2026

B'CAST	SPECTRUM	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	1 AM
2	2	Neighbor (N)	DMV (N)	FBI "Forgiven" (N)	CIA "Forced Labor" (N)	News (N)	(:35) Late Show-Colbert (N)	(:35) Comics	(:05) Comics	(:35) News	(:10) Comics			
4	83	St. Denis (N)	The Fall (N)	The Voice "The Battles Premiere" (N)	TMJ4 News	(:35) Tonight Show (N)	(:35) Seth Meyers (N)	TMJ4News	(:05) Morning					
5	5	St. Denis (N)	The Fall (N)	The Voice "The Battles Premiere" (N)	NBC 5 News	(:35) Tonight Show (N)	(:35) Seth Meyers (N)	NBC 5 News	(:05) NBCNews					
6	6	Extracted (N)	Memory "Dr. Parks" (N)	FOX 6 News at 9 (N)	FOX 6 News	FOX 6 News	TMZ	Dateline "Shannon's Story"	Extra (N)	FOX 6 News				
7	7	American Idol (N)	The Rookie "Aftermath" (N)	ABC7 (N)	(:35) J. Kimmel (N)	(:35) Nightline	WorldNews	(:35) Kelly and Mark (N)						
9	9	Wild Cards "M.D.-Ceased"	Wild Cards "Dead Weight"	WGN News at Nine (N) (Live)	News (N)	GN Sports	Sheldon	Big Bang	Two Half Men	Last Man	Goldbergs			
9.2	986	One Day	One Day	Jeffersons	Jeffersons	Sanford	Sanford	Johnny Carson	Becker	Becker	Wings	Wings	Mad About	
10	10	Antiques "Women's Work"	Antiques Roadshow Recut	Antiques Roadshow	American Masters "Marlee Matlin: Not Alone Anymore"	Chicago	BBC News	Amanpour (N)	Masters					
11	11	Antiques "Women's Work"	Antiques Roadshow	American Masters "Marlee Matlin: Not Alone Anymore"	Chicago	BBC News	Amanpour (N)	Masters						
12	12	American Idol (N)	The Rookie "Aftermath" (N)	News (N)	(:35) J. Kimmel (N)	(:35) Nightline	(:05) Hollywood	(:35) News	(:05) Suits					
18	18	Wild Cards "M.D.-Ceased"	Wild Cards "Dead Weight"	National (N)	National (N)	National (N)	National (N)	iCRIME	iCRIME	Crime (N)	Crime	Chicago Fire		
24	24	Law & Order: SVU "Scourge"	Law-SVU "Repression"	Bob Heart	Bob Heart	Two Half Men	Two Half Men	Last Man	Last Man	Family Feud	Comics	Access (N)		
26	26	Flip Side (N)	Perfect (N)	Chicago P.D. "Long Lost"	Chicago Fire	Seinfeld	Seinfeld	Modern Fam.	Modern Fam.	The Conners	The Conners	Perfect		
32	13	Extracted (N)	Memory "Dr. Parks" (N)	Fox 32 News at Nine (N)	The Report	TMZ (N)	Family Feud	Family Feud	Fox 32 News at Nine	Chicago				
36	974	America	Context	The American Buffalo	BBC News	PBS News Hour (N)	Animal "Testing Limits"	Climate	Test Kitchen					
38	38	Blue Bloods	Blue Bloods "Life Sentence"	Blue Bloods	Blue Bloods "Bad to Worse"	Blue Bloods	Blue Bloods "No Good Deed"	Blue Bloods						
50	50	Family Feud	Family Feud	ISO Bar (N)	News (N)	Law & Order: SVU	48 Hours	Law & Order: SVU "Scourge"	Law-SVU "Repression"	Paid Prog.				
55	15	Blue Bloods	Blue Bloods "Life Sentence"	Blue Bloods	Blue Bloods	Blue Bloods "Bad to Worse"	Blue Bloods	Blue Bloods "No Good Deed"	Blue Bloods					
58	8	Neighbor (N)	DMV (N)	FBI "Forgiven" (N)	CIA "Forced Labor" (N)	News (N)	(:35) Late Show-Colbert (N)	(:35) Comics	(:05) Comics	(:35) Jeopardy!	(:05) Barrymore			
A&E	42	Live PD: Great. "Episode 39"	Live PD: Great. (N) (SF)	Live PD "Episode 1" (N) (SP)	(:05) Live PD "Episode 48"	(:05) Live PD "Episode 39"	(:05) Live PD: Great.							
AMC	59	*** Jack Reacher (12) Rosamund Pike, Robert Duvall, Tom Cruise.	*** Blow (01) Penélope Cruz, Franka Potente, Johnny Depp.	*** Sicario										
AP	43	Alaska: The Last Frontier "Breaking Point"	Alaska: The Last Frontier "Fox Cabin Finale"	Alaska: The Last Frontier "Breaking Point"	Last Frontier									
BIG10	63	The BTG Story	BTG Basketball in 60	BTG Basketball in 60	BTG Wrestling in 60	BTG Wrestling in 60 Best of	BTG Basketball in 60	Basketball						
BOOM	109	Codename	Codename	Ben 10	Looney	Flintstone	The Jetsons	Scoby-Doo	13 Ghosts	Scoby	Scoby	Be Cool	Be Cool	Smurfs
BRAVO	45	Below Deck Down "Burnt Bridges" (N)	Top Chef (N)	(:45) Summer House	(:45) Below Deck Down	(:45) Top Chef	Charm							
CHSN	47	NBA Basketball Memphis Grizzlies at Chicago Bulls (N) (Live)	Bulls (N)	CHSN Podcast Come Alive!	NBA G League Basketball Wisconsin Herd at Windy City Bulls									
CNN	44	Cooper 360 (N) (Live)	The Source With (N) (Live)	CNN NewsNight (N) (Live)	Laura Coates Live (N) (Live)	Story Is- Elex (N) (Live)	Story Is- Elex (N) (Live)	Cooper 360						
COM	54	(:10) Office	(:45) Office	(:20) The Office	(:55) Office	The Office	The Daily Show	Family Guy	Family Guy	Family Guy	South Park	South Park		
COOK	158	Best Thing	Best Thing	Best Thing	Best Thing	Zimmern	Zimmern	Yum-Yummer	Yum-Yummer	Best Thing	Best Thing	Best Thing	Best Thing	Zimmern
DISC	41	Contraband: Seized (N)	Body Cam (N)	Contraband: Seized	Contraband: "Catch 'Em All"	Body Cam	Contraband							
DISN	58	Phineas	Phineas	Place	Vampirina	Kiff	Kiff	Ladybug	Ladybug	Bluey	Bluey	Big City	Big City	Big City
DLC	153	My 600-Lb. Life "Cynthia's Story"	My 600-Lb. Life "Diana's Story"	My 600-Lb. Life "Cynthia's Story"	My 600-Lb									
EI	53	(6:00) *** Hook Club: The Next Chapter	*** What a Girl Wants (03) Colin Firth, Kelly Preston, Amanda Bynes.	*** Never Rarely Sometimes Always (20) Ryan Eggold.										
ESPN	30	(6:00) NHL Hockey	NHL Hockey Pittsburgh Penguins at Colorado Avalanche (N) (Live)	SportsCenter (N) (Live)	SportsCenter (N) (Live)	SportsC. (N)								
ESPN2	29	(6:00) Tournament (N) (Live)	Bracketology	SportsCenter (N) (Live)	NFL Live	Pardon	NFL Draft	NHL Hockey						
FDWI	31	Golic / Golic	Diggin' Deep	Up & Adams	Due North	A Fishing	Fight Sports: Boxing	Diggin' Deep						
FWC	48	Jesse Watters (N) (Live)	Hannity (N) (Live)	Gutfeld!	Fox News at Night (N) (Live)	The Five	Jesse Watters Primetime	Hannity						
FOOD	67	Beat Bobby	Beat Bobby	Ultimate "Modern Masterpieces" (N)	Beat Bobby	Beat Bobby	Beat Bobby	The Ultimate Baking "Modern Masterpieces"	Beat Bobby	Beat Bobby				
FREE	17	(6:00) * Hotel Transylvania 2	*** Elemental (23) Leah Lewis.	The 700 Club (N)	Jim	Jim	Jim	Jim	Jim	Jim	Jim	Jim	Jim	Jim
FX	35	*** Star Wars: The Last Jedi (17) Carrie Fisher, Adam Driver, Mark Hamill.	*** Star Wars: The Rise of Skywalker (19) Mark Hamill, Adam Driver, Carrie Fisher.											
GOLF	28	2026 Players Championship Final Round From TPC Sawgrass in Ponte Vedra Beach, Fla.	2026 Players Championship Final Round											
HALL	71	* Missing the Boat (26) Kristoffer Polaha, Emilie Ullerup.	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	The Waltons	
HALLMY	117	* Signed, Sealed, Delivered: To the Moon and Back (25)	Murder, She Wrote	Murder ... "The Dead File"	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Murder ...						
HGTV	37	Bachelor Mansion "Off the Deep End" (N)	Wild Vac. (N)	Neighbor. (N)	Neighbor.	Hunters	Hunters	Bachelor Mansion "Off the Deep End"	Wild Vac.	Neighbor.				
HIST	39	History's Greatest Mysteries	History's Mysteries (N)	(:05) History's "Missions" (N)	(:05) History's "Tyrants" (N)	(:05) History's Mysteries	(:05) History's Mysteries	(:05) History's Mysteries	(:05) History's Mysteries					
LIFE	36	NCIS "Jack Knife"	NCIS "Mother's Day"	(:05) NCIS "Double Identity"	(:05) NCIS "Jurisdiction"	NCIS "Jack Knife"	NCIS "Mother's Day"	(:05) NCIS						
LIFEMOV	65	* Greed: A Seven Deadly Sins Story (22)	* Greed: A Seven Deadly Sins Story (22)	Movie										
METV	19	Andy Griffith	Andy Griffith	Raymond	Raymond	Golden Girls	Golden Girls	Carol Burnett	Perry Mason	(:35) Twi. Zone	(:05) Hitchcock	(:35) Hitchcock	(:05) Mannix	
MLB	326	MLB Baseball Chicago White Sox at Texas Rangers (N) (Live)	MLB Tonight (N) (Live)	MLB Tonight	World Baseball First Semifinal: Teams TBA									
MSNBC	46	(6:00) Weeknight (N) (Live)	The Rachel (N) (Live)	Last Word (N) (Live)	The 11th (N) (Live)	The Rachel Maddow Show	Last Word With Lawrence	The 11th						
MTV	52	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	The Office	The Office	The Office	The Office	The Office		
NATGEO	38	Vikings: The Rise and Fall	Vikings "The Fall of Francia"	Vikings "The Wild West"	Vikings: The Rise and Fall	N. Korea "Dictator's Dilemma"	North Korea-Dictator	Drugs, Inc						
NBA	325	(6:30) The Association (N) (Live)	Basketcast	Trivia	NBA Shot Clock: Best Games of the Night	Post up (N)	Post up							
NFL NICK	346	NFL Football 2024: Chicago Bears at Washington Commanders From Oct. 27, 2024.	NFL Football 2025: Chicago Bears vs. Washington Commanders - Week 6	NFL Football										
NICK	56	Friends	Friends	Friends	Friends	Big Bang	Big Bang	Big Bang	Friends	Friends	Friends	Friends		
NICK JR.	107	Rubble	Rubble	Peppa Pig	Peppa Pig	Peppa Pig	Peppa Pig	Peppa Pig	Bubble	Bubble	Bubble	TeamUmiz.	PAWPatrol	
PARMT	51	(5:00) TBA	To Be Announced	To Be Announced	To Be Announced									
PBS CREATE	977	(6:00) Milwaukee PBS Weather	Milwaukee PBS Weather	Milwaukee PBS Weather										
PBS WORLD	976	Test Kitchen	Relish	Ireland	Ireland	R. Steves	Ireland	See Canada	Joy/Painting	Relish	Test Kitchen	Table	Cook	Ireland
SUND	281	NCIS "A Desperate Man"	NCIS "Life Before His Eyes"	NCIS "Secrets"	NCIS "Psych Out"	NCIS "Need to Know"	The A-Team	The A-Team						
SYFY	55	(5:00) * Harry Potter & the De...	(:05) *** Harry Potter and the Deathly Hallows: Part 2 (11) Daniel Radcliffe.	* Leprechaun Returns (18) Mark Holton, Taylor Spreitzer.	Movie									
TBS	3	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Modern Fam.	Modern Fam.	Modern Fam.	Modern Fam.	Modern Fam.	
TCM	60	*** The King of Comedy (83) Robert De Niro.	*** The Nutty Professor (63) Jerry Lewis.	*** The Bellboy (60) Jerry Lewis.	*** Artists and Models									
THIS	983	Perfect (N)	Perfect	48 Hours	CBS 58 News (N)	Seinfeld	Seinfeld	Big Bang	Law & Order: SVU	Chicago P.D. "Long Lost"				
TLC	40	90 Day: The Single Life (N)	(:05) Unexpected (N)	(:05) The Single Life (N)	(:05) 1000-lb Sisters	90 Day: The Single Life	(:05) Unexpected	(:05) Single						
TNT	33	(6:45) *** Godzilla x Kong: The New Empire (24)	*** The Tomorrow War (21) Yvonne Strahovski, J.K. Simmons, Chris Pratt.	Cold Case	Cold Case									
TOON	57	Burgers	Family Guy	Family Guy	Family Guy	Rick Morty	Smiling	Rick Morty	Smiling	AquaTeen	(:35) American	(:05) American		
TRAVEL	72	Mysteries of the Unknown	Mysteries of the Unknown	Mysteries of the Unknown										
TRUTV	74	(6:00) *** Fever Pitch (05)	(:15) * Over the Top (87) Sylvester Stallone.	(:15) *** Fever Pitch (05) Jimmy Fallon, Drew Barrymore.	* Over the Top (87)									
TV LAND	61	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King	King	King	King	Seinfeld	
USA	34	Law & Order: SVU "Denial"	Law-SVU "Competence"	Law-SVU "Chameleon"	Law-SVU "Vulnerable"	Law-SVU "Disappearing Acts"	Law & Order: SVU "Waste"	Law-SVU						
VH1	50	My Wife	My Wife	My Wife	My Wife	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out
WE	26	Criminal Minds "Plain Sight"	Criminal "Broken Mirror"	Criminal Minds "L.D.S.K."	Criminal Minds "The Fox"	Criminal "Natural Born Killer"	9-1-1 "Rock the Boat"	9-1-1						

TUESDAY EVENING MARCH 17, 2026

B'CAST	SPECTRUM	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	1 AM	
2	2	NCIS "In Too Deep" (N)	NCIS: Origins (N)		NCIS: Sydney "Berthed" (N)			News (N)	(.35) Late Show-Colbert (N)	(.35) Comics	(.05) Comics	(.35) News	(.10) Comics		
4	83	NBA Basketball Cleveland Cavaliers at Milwaukee Bucks (N) (Live)							TMJ4 News	(.35) Tonight Show (N)	(.35) Seth Meyers (N)	TMJ4 News	(.05) Morning		
5	5	NBA Basketball Cleveland Cavaliers at Milwaukee Bucks (N) (Live)							NBC 5 News	(.35) Tonight Show (N)	(.35) Seth Meyers (N)	NBC 5 News	(.05) NBCNews		
6	6	2026 World Baseball Classic Final: Teams TBA From loanDepot Park in Miami. (N) (Live)							Postgame (N)	FOX 6 News	FOX 6 News	TMZ	Dateline "Lauren's Promise"	Extra (N)	
7	7	Will Trent "He Lives!" (N)	High Pote "Pie in the Sky" (N)	R.J. Decker (N)					ABC7 (N)	(.35) J. Kimmel (N)	(.35) Nightline	WorldNews	(.35) Kelly and Mark (N)		
9	9	WWE NXT (N) (Live)				WGN News at Nine (N) (Live)			News (N)	GN Sports	Sheldon	Big Bang	Two Half Men	Last Man	Goldbergs
9.2	986	One Day	One Day	Jeffersons	Jeffersons	Sanford	Sanford	Johnny Carson			Becker	Becker	Wings	Wings	Mad About
10	10	Roots "Born to Sing"	Masters "Bella! This Woman's Place Is in the House" (N)			Amanpour (N)					The Rise and Fall	R. Steves	Amanpour (N)		
11	11	Roots "Born to Sing"	Masters "Bella! This Woman's Place Is in the House" (N)			Primaries (N)			BBC News		Amanpour (N)	Antiques "Women's Work"		Antiques	
12	12	Will Trent "He Lives!" (N)	High Pote "Pie in the Sky" (N)	R.J. Decker (N)					News (N)	(.35) J. Kimmel (N)	(.35) Nightline	(.05) Hollywood	(.35) News	(.05) Suits	
18	18	WWE NXT (N) (Live)				National (N)	National (N)	National (N)	National (N)	iCRIME	iCRIME	Crime (N)	Crime	Chicago Fire	
24	24	Chicago P.D. "Hit Me"	Chicago P.D.			Bob Heart	Bob Heart	Two Half Men	Two Half Men	Last Man	Last Man	Family Feud	Comics	Access (N)	
26	26	Flip Side (N) [Perfect (N)]	Chicago "I Can Let You Go"			Chicago Fire			Seinfeld	Seinfeld	Modern Fam.	Modern Fam.	The Conners	The Conners	Perfect
32	13	2026 World Baseball Classic Final: Teams TBA From loanDepot Park in Miami. (N) (Live)							Postgame (N)	Fox 32 News at Nine (N)	The Report		Family Feud	Family Feud	Chicago
36	974	America	Context	RFDS: Royal		RFDS: Royal		BBC News	PBS News Hour (N)		Animal Babies	"First Steps"	Track Ah'd	Test Kitchen	
38	38	Chicago Fire "Three Bells"	Chicago "Call It Paradise"			Chicago Fire			Chicago "Red Rag the Bull"	Chicago Fire		Chicago Fire		Chicago Fire	
50	50	Family Feud	Family Feud	ISO Bar (N)	News (N)	Law & Order: SVU	48 Hours			Chicago P.D. "Hit Me"		Chicago P.D.		Paid Prog.	
55	15	Chicago Fire "Three Bells"	Chicago "Call It Paradise"			Chicago Fire			Chicago "Red Rag the Bull"	Chicago Fire		Chicago Fire		Chicago Fire	
58	8	NCIS "In Too Deep" (N)	NCIS: Origins (N)		NCIS: Sydney "Berthed" (N)			News (N)	(.35) Late Show-Colbert (N)	(.35) Comics	(.05) Comics	(.35) Jeopardy!	(.05) Barrymore		
A&E	42	Road Wars	Road Wars	Road Wars	Road Wars	Customer (N)	Customer (N)	(.05) Customer	(.35) Customer	(.05) RoadWars	(.35) RoadWars	(.05) RoadWars	(.05) Customer		
AMC	59	(6:00) **** Goodfellas (90) Ray Liotta, Robert De Niro.	**** My Cousin Vinny (92) Marisa Tomei, Ralph Macchio, Joe Pesci.			**** The Fugitive (93) Tommy Lee Jones, Harrison Ford.									
AP	43	Lone Star Law "Trail of Lies"	Lone Star "Lake Saviors"		Lone Star Law			Lone Star "Lakeside Outlaw"	Lone Star Law "Trail of Lies"		Lone Star "Lake Saviors"		Lone Star		
BIG10	63	BIG Today	BIG Basketball in 60			BIG Basketball in 60			BIG Basketball in 60	BIG Basketball in 60		BIG Basketball in 60	Basketball		
BOOM	109	Codename	Codename	Ben 10	Looney	Flintstone	The Jetsons	Scooby-Doo	13 Ghosts	Scooby	Scooby	Be Cool	Be Cool	Smurfs	
BRAVO	45	Summer House	Watch What		Ladies of London:		Summer House		Southern "Folly Follies"		Charm "Carolina Dazed"		Real Housewives		
CHSN	47	Blackhawks	NHL Hockey	Minnesota Wild at Chicago Blackhawks (N) (Live)			Blackhawks			Pro Football	NHL Hockey Minnesota Wild at Chicago Blackhawks				
CNBC	47	Shark Tank	Shark Tank			Shark Tank			Shark Tank	Shark Tank		Shark Tank		Dateline	
CNN	44	Cooper 360 (N) (Live)	The Source With (N) (Live)		CNN NewsNight (N) (Live)			Laura Coates Live (N) (Live)		Story Is- Elex (N) (Live)		Story Is- Elex (N) (Live)		Cooper 360	
COM	54	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Daily Show	FamilyGuy	Family Guy	Family Guy	Family Guy	South Park	South Park	
COOK	158	Man Fire	Man Fire	No Reservation "Laos"		No Reservation "Philippines"		No Reservation "Maine"		Man Fire	Man Fire	No Reservation "Laos"		Bourdain	
DISC	41	Moonshiners (N)	Moonshiners (N)			Moonshiners			Moonshiners		Moonshiners		Moonshiners		
DISN	58	Big City	Phineas	Place	Vampirina	Kiff	Kiff	Ladybug	Ladybug	Bluey	Bluey	Big City	Big City		
DLC	153	Hoarding: Buried Alive	Hoarding: Buried Alive			Hoarding "A Bomb Went Off"		Hoard-Buried "Unbelievable"		Hoarding: Buried Alive		Hoarding: Buried Alive		Hoard-Buried	
E!	53	The Office	The Office	The Office	The Office	**** Minions: The Rise of Gru (22) Steve Carell.			Dirty Rotten Scandals		Dirty Rotten Scandals		Aaron		
ESPN	30	(5:30) TGL Golf	TGL Studio	TGL Golf Boston Common Golf vs. Jupiter Links GC (N)			SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportCtr (N)		
ESPN2	29	NIT Tour. First Round: Teams TBA (N) (Live)	NIT Tour. First Round: Teams TBA (N) (Live)			NIT Tour. First Round: Teams TBA (N) (Live)			NFL Live		NFL Draft Daily		Pardon		
FDWI	31	NBA Basketball Cleveland Cavaliers at Milwaukee Bucks (N) (Live)	Postgame (N)			Badgers		Golic / Golic		NBA Basketball Cleveland Cavaliers at Milwaukee Bucks					
FNC	48	Jesse Watters (N) (Live)	Hannity (N) (Live)		Gutfeld!			Fox News at Night (N) (Live)		The Five		Jesse Watters Primetime		Hannity	
FOOD	67	Chopped	Chopped "Fluke Rebuke" (N)			Chopped "Luck of the Irish"			Chopped "Wanna Pizza Me?"		Chopped "Fluke Rebuke"		Chopped "Luck of the Irish"		
FREE	17	**** Cruella (21) Emma Thompson, Joel Fry, Emma Stone.							The 700 Club (N)		Jim	Jim	Jim	Jim	Paid Prog.
FX	35	**** Deadpool (16) Morena Baccarin, Ed Skrein, Ryan Reynolds.	**** X-Men: Apocalypse (16) Michael Fassbender, Jennifer Lawrence, James McAvoy.			**** The New Mutants (20)									
GOLF	28	**** Loopers: The Caddie's Long Walk (19) (.45) **** Loopers: The Caddie's Long Walk (19)							PGA	Golf Central	LPGA	PGA	Golf	Golf Central	
HALL	71	**** Love of the Irish (25) Shenae Grimes-Beech.	Golden Girls			Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	The Waltons	
HALLMY	117	Haunted "Haunted Harmony Mysteries: Buried at C"	Murder ... "Double Jeopardy"			Murder ... "Dead Eye"			Murder ... "Killer Radio"		Murder, She Wrote		Murder ...		
HGTV	37	100 Day Dream Home (N)	Farmhouse Facelift (N)		(.05) (N)	House (N)	House	House	House	Farmhouse Facelift	House	House	House		
HIST	39	The Curse of Oak Island	The Curse of Oak Island (N)			(.05) Secrets (N) (SP)	(.05) Curse of Oak Island	(.05) Curse of Oak Island	(.05) Curse of Oak Island	(.05) Curse of Oak Island	The Curse of Oak Island		(.05) Secrets		
LIFE	36	Castle "Anatomy of a Murder"	Castle "3XK"			(.05) Castle "Almost Famous"	(.05) Castle	Castle "Anatomy of a Murder"		Castle "3XK"		(.05) Castle			
LIFEMOV	65	**** Secrets of an Influencer (24) Kyla Nova.	**** He Slid Into Her DMs (24) Courtney Thorne-Smith.			**** Secrets of an Influencer (24) Kyla Nova.			**** Secrets of an Influencer (24) Kyla Nova.		**** Secrets of an Influencer (24) Kyla Nova.		Movie		
METV	19	Andy Griffith	Andy Griffith	Raymond	Raymond	Golden Girls	Golden Girls	Carol Burnett	Perry Mason	(.35) Tvi. Zone:	(.05) Hitchcock	(.35) Hitchcock	(.05) Mannix		
MLB	326	Baseball Atlanta Braves at Boston Red Sox	MLB Baseball			MLB Tonight (N) (Live)			MLB Tonight		WBC Second Semifinal: Teams TBA				
MSNBC	46	All in With Chr. (N) (Live)	The Briefing (N) (Live)		Last Word (N) (Live)			The 11th (N) (Live)		The Briefing With Jen Psaki		Last Word With Lawrence		The 11th	
MTV	52	Hip Hop "Sims To None" (N)	Caught in Act			Caught in Act			Love & Hip Hop: Atlanta		Caught in Act		Caught in Act		
NATGEO	38	PortProtec "Plenty of Fish"	Port Protection Alaska (N)			Port Protection Alaska			Life Below Zero		Port Protection Alaska		Ice Road R "River Alert" (N)		Life Below...
NBA	325	(6:30) The Association (N) (Live)				NBA Shot Clock: Best Games of the Month February			NBA Shot Clock: Best Games of the Night		Post up (N)				
NFL NET	346	NFL Football 2025: New York Giants vs. Denver Broncos - Week 7 From Oct. 19, 2025.				NFL Football 2024: Green Bay Packers at Detroit Lions From Dec. 5, 2024.						NFL Football			
NICK	56	Friends	Friends	Friends	Friends	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Friends	Friends	Friends	Friends	
NICK JR.	107	Rubble	Rubble	Peppa Pig	Peppa Pig	Peppa Pig	Peppa Pig	Peppa Pig	Peppa Pig	Bubble	Bubble	Bubble	TeamUmiz.	PAWPatrol	
PARMT	51	(5:00) TBA	To Be Announced			To Be Announced			To Be Announced			Bar Rescue			
PBS CREATE	977	(6:00) Milwaukee PBS Weather	Milwaukee PBS Weather			Milwaukee PBS Weather			Milwaukee PBS Weather			Milwaukee PBS Weather			
PBS WORLD	976	Milk Street	Relish	St. Patrick's Day Parade 2026			Travelscope		Darley	Joy/Painting	Relish	Milk Street	Key	Wild Harvest	Ireland
SUND	281	Law & Order "Illegal"	Law & Order "Executioner"		Law & Order "Tango"			Bones		Bones		Bones		Bones	
SYFY	55	**** Leprechaun (93) Jennifer Aniston, Warwick Davis.	**** Leprechaun Returns (18) Mark Holton, Taylor Spreitzer.			**** Leprechaun: Origins (14) Hornswoggle.			**** Leprechaun: Origins (14) Hornswoggle.			Twilight Zone			
TBS	3	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Modern Fam.	Modern Fam.	Modern Fam.	Modern Fam.	Modern Fam.	
TCM	60	**** So Big (32) Barbara Stanwyck.	**** The Rich Are Always With Us (32)			**** The Keyhole (33)			(.15) **** Housewife (34) Bette Davis.		**** The Painted Veil				
THIS	983	Perfect (N)	Perfect			48 Hours			CBS 58 News (N)		Seinfeld		Seinfeld		Chicago "I Can Let You Go"
TLC	40	7 Little Johnstons	7 Little Johnstons (N)			7 Little Johnstons (N)			Unexpected		7 Little Johnstons		7 Little Johnstons		7 Little
TNT	33	(6:30) NHL Hockey Minnesota Wild at Chicago Blackhawks	NHL Hockey Tampa Bay Lightning at Seattle Kraken (N) (Live)			NHL on TNT			**** Hobbit: An Unexpected Jo...						
TOON	57	Burgers	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Rick Morty	Rick Morty	Rick Morty	Smiling	AquaTeen	(.35) American	(.05) American	
TRAVEL	72	Terror in the Woods	Terror in the Woods			Terror in the Woods			Terror in the Woods		Terror in the Woods		Terror in the Woods		Terror
TRUTV	74	(5:30) NCAA M. Basketball	NCAA M. Basketball First Four: Teams TBA (N) (Live)			Madness (N)			**** Hoosiers (86) Barbara Hershey, Gene Hackman.		**** Hoosiers (86) Barbara Hershey, Gene Hackman.		Inside Jokes		
TV LAND	61	(.10) Raymond	(.45) Raymond	(.20) Everybody Raymond		(.55) Raymond	Raymond	King	King	King	King	King	King	Seinfeld	
USA	34	Law & Order: SVU "Soulless"	Law & Order: SVU "Tragedy"		Law & Order: SVU "Coerced"			Law & Order: SVU "Choice"		Law-SVU "Abomination"		Law & Order: SVU "Angels"		Law-SVU	
WH1	50	My Wife	My Wife	My Wife	My Wife	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	
WE	26	Criminal "What Fresh Hell?"	Criminal Minds "Poison"		Criminal Minds			Criminal Minds		Criminal Minds "The Tribe"		S.W.A.T. "Wild Ones"		S.W.A.T.	

WEDNESDAY EVENING MARCH 18, 2026

B'CAST	SPECTRUM	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	1 AM			
2	2	Survivor "Knife to the Heart" (N)			Culinary "Call		Aunt Quail" (N)	Hollywood	News (N)	(.35) Late Show-Colbert (N)	(.35) Comics	(.05) Comics	(.35) News	(.10) Comics			
4	83	Chicago Med (N)		Chicago Fire (N)		Chicago P.D. (N)		TMJ4 News	(.35) Tonight Show (N)	(.35) Seth Meyers (N)	TMJ4 News	(.05) Morning					
5	5	Chicago Med (N)		Chicago Fire (N)		Chicago P.D. (N)		NBC 5 News	(.35) Tonight Show (N)	(.35) Seth Meyers (N)	NBC 5 News	(.05) NBCNews					
6	6	Masked "Star Trek Night" (N)		Fear Fac "Short Circuit" (N)		FOX 6 News at 9 (N)		FOX 6 News	FOX 6 News	TMZ	Dateline "Voices for Vanessa"	Extra (N)	FOX 6 News				
7	7	Scrubs (N)	Abbott (N)	The Greatest (N)		Shark Tank (N)		ABC7 (N)	(.35) J. Kimmel (N)	(.35) Nightline	WorldNews	(.35) Kelly and Mark (N)					
9	9	Police 24/7 (N)		Police 24/7 "She's Breathing"		WGN News at Nine (N) (Live)		News (N)	GN Sports	Sheldon	Big Bang	Two Half Men	Last Man	Goldbergs			
9.2	986	One Day	One Day	Jeffersons		Sanford	Sanford	Johnny Carson		Becker	Becker	Wings	Wings	Mad About			
10	10	Nature		NOVA		Secrets of the Dead		Nature		Roots "Born to Sing"		R. Steves	Amanpour (N)				
11		Nature		NOVA		Secrets of the Dead		Chicago	BBC News	Amanpour (N)		Roots "Born to Sing"	Masters				
12	12	Scrubs (N)	Abbott (N)	The Greatest (N)		Shark Tank (N)		News	(.35) J. Kimmel (N)	(.35) Nightline	(.05) Hollywood	(.35) News	Suits				
18	18	Police 24/7 (N)		Police 24/7 "She's Breathing"		National (N)	National (N)	National (N)	National (N)	iCRIME	iCRIME	Crime (N)	Crime	Chicago Fire			
24	24	Dateline		Dateline "Bethany Vanished"		Bob Heart	Bob Heart	Two Half Men	Two Half Men	Last Man	Last Man	Family Feud	Comics	Access (N)			
26		Flip Side (N)	Perfect (N)	Chicago "The Ghost in You"		Chicago Fire		Seinfeld	Seinfeld	Modern Fam.	Modern Fam.	The Conners	The Conners	Perfect			
32	13	Masked "Star Trek Night" (N)		Fear Fac "Short Circuit" (N)		Fox 32 News at Nine (N)		The Report	TMZ (N)	Family Feud	Family Feud	Fox 32 News at Nine	Chicago				
36	974	America	Context	Professor T		Professor T		BBC News	PBS News Hour (N)	History Detectives		John	Test Kitchen				
38		Law & Order: SVU "Mama"		Law-SVU "Remember Me"		Law & Order: SVU		Law & Order: SVU "Man Up"		Law-SVU "Man Down"		Law-SVU "Zero Tolerance"	Law-SVU				
50		Family Feud "Family Feud"		ISO Bar (N) "News (N)"		Law-SVU "Decaying Morality"		48 Hours		Dateline		Dateline "Bethany Vanished"	Paid Prog.				
55	15	Law & Order: SVU "Mama"		Law-SVU "Remember Me"		Law & Order: SVU		Law & Order: SVU "Man Up"		Law-SVU "Man Down"		Law-SVU "Zero Tolerance"	Law-SVU				
58	8	Survivor "Knife to the Heart" (N)			Culinary "Call		Aunt Quail" (N)	Hollywood	News (N)	(.35) Late Show-Colbert (N)	(.35) Comics	(.05) Comics	(.35) Jeopardy!	(.05) Barrymore			
A&E	42	Ozark Law			Ozark Law (N) (SF)		Ozark Law (N) (SF)		(.05) Ozark Law	(.05) Ozark Law	(.05) Ozark Law	(.05) Ozark Law	(.05) Ozark Law				
AMC	59	(6:00) Indiana Jones & the Kingdom of the Crystal Skull (45) Indiana Jones and the Last Crusade (89) Sean Connery, Harrison Ford. (45) Captain Phillips (13) Tom Hanks.															
AP	43	Crikey! It's the Irwins															
BIG10	63	BIG Today			BIG Plus Encore (N)			Womens	BIG Basketball in 60			BIG Basketball in 60			Basketball		
BOOM	109	Codename	Codename	Ben 10	Looney	Flintstone	The Jetsons	Scooby-Doo			13 Ghosts	Scooby	Scooby	Be Cool	Be Cool		
BRAVO	45	Charm "Reunion Part 1" (N)			Southern "An Olive Branch, Served Dirty" (N)			Charm "Reunion Part 1"			Real Housewives			Southern Hospitality			
CHSN		NBA Basketball Toronto Raptors at Chicago Bulls (N) (Live)															
CNBC	47	Shark Tank			Shark Tank			American Greed	American Greed			American Greed			Dateline		
CNN	44	Cooper 360 (N) (Live)			The Source With (N) (Live)			CNN NewsNight (N) (Live)			Laura Coates Live (N) (Live)			Story Is- Elex (N) (Live)			
COM	54	Family Guy "Family Guy"		Family Guy "Family Guy"		Family Guy "Family Guy"		Daily Show "FamilyGuy"		Family Guy "Family Guy"		Family Guy "South Park"		South Park			
COOK	158	Baking "April Showers" (N)			Spring Baking (N)			Baking "Music Festival" (N)			Spring Baking (N)			Baking "April Showers"			
DISC	41	Expedition Unknown			Assassination in the Valley of the Kings (N)			Mysteries of (N)			Expedition Unknown			Assassination in the Valley of the Kings			
DISN	58	Phineas			Phineas			Kiff	Kiff			Ladybug			Ladybug		
DLC	153	Mystery Diagnosis			Mystery Diagnosis			Mystery Diagnosis			Mystery Diagnosis			Mystery Diagnosis			
EI	53	The Office		The Office		Dirty Rotten Scandals (N)			Dirty Rotten Scandals (N)			Dirty "The Price is Right Pt. 1"		Dirty "The Price is Right Pt. 2"		E! True Hollywood Story	The Kard
ESPN	30	(6:00) NBA Basketball (.35) NBA Basketball Los Angeles Lakers at Houston Rockets (N) (Live) (.05) SportsCenter (N) (Live) SportsCenter (N) (Live) SportsC. (N)															
ESPN2	29	(6:00) NIT Tourn.			NIT Tourn. First Round: Teams TBA (N) (Live)			NIT Tourn. First Round: Teams TBA (N) (Live)			NFL Live			NFL Live			
FDWI	31	(6:00) PWHL Hockey			She's			Golic / Golic			FIBA			Breaking Par			
FNC	48	Jesse Watters (N) (Live)			Hannity (N) (Live)			Gutfeld!			Fox News at Night (N) (Live)			The Five			
FOOD	67	Flavortown "No Utensils Day"			Flavortown "Pork Day" (N)			Guy's Grocery Games			Grocery "Pizza Masters"			Flavortown "Pork Day"			
FREE	17	Movie ***** The Proposal (09) Ryan Reynolds, Sandra Bullock.															
FX	35	***** Captain America: The Winter Soldier (14) Scarlett Johansson, Chris Evans.							***** Ant-Man (15) Michael Douglas, Evangeline Lilly, Paul Rudd.							***** Ant-Man and The Wasp	
GOLF	28	Vanity Index Podcast			Golf Central			The Smylie Show			Vanity Index Podcast			Golf Central			
HALL	71	***** Roadhouse Romance (21) Tyler Hynes, Lauren Alaina.			Golden Girls "Golden Girls"			Golden Girls "Golden Girls"			Golden Girls "Golden Girls"			Golden Girls "Golden Girls"			
HALLMY	117	Ruby Herring Mysteries "Her Last Breath"			Murder ... "Ship of Thieves"			Murder ... "The Survivor"			Murder, She Wrote			Murder, She Wrote			
HGTV	37	Wild Vac.		Wild Vac.		Hunters		Hunters		Hunters		Hunters		Hunters			
HIST	39	Swamp People "Put Up or Shut Up" (N)			(05) Pawn Stars (N) (SF)			(05) Pawn Stars			PawnStars			(05) Swamp People "Put Up or Shut Up"			
LIFE	36	The Rookie "Amber"			The Rookie "Man of Honor"			(05) The Rookie			(05) The Rookie			The Rookie "Amber"			
LIFEMOV	65	***** Searching for a Serial Killer: The Regina Smith Story ***** The Serial Killer Seduced Me (23) Tess Cline. ***** Searching for a Serial Killer: The Regina Smith Story Movie															
METV	19	Andy Griffith		Andy Griffith		Raymond		Raymond		Golden Girls		Golden Girls		Carol Burnett		Perry Mason	
MLB	326	2026 World Baseball Classic Final: Teams TBA MLB Baseball Baltimore Orioles at Toronto Blue Jays MLB Tonight MLB Baseball															
MSNBC	46	All in With Chr. (N) (Live) The Briefing (N) (Live) Last Word (N) (Live) The 11th (N) (Live) The Briefing With Jen Psaki Last Word With Lawrence The 11th															
MTV	52	Ridiculous		Ridiculous		Ridiculous		Ridiculous		Ridiculous		Ridiculous		The Office		The Office	
NATGEO	38	..Smuggler "Drug Boat Bust"			To Catch a Smuggler (N)			Inside the "Mark Kelton" (N)			..Smuggler "Mama's Meth"			Catch... "Whole Lotta Blow"			
NBA	325	(6:30) The Association (N) (Live) NBA Shot Clock: Best Games of the Night Dunks Post up (N) Post up Post up Post up															
NFL NET	346	NFL Fantasy Live NFL Football 2019 Wild Card Playoffs: Minnesota Vikings vs. New Orleans Saints NFL Fantasy Live NFL Re-2010: Eagles vs. Giants, Week 15															
NICK	56	Friends		Friends		Friends		Friends		Big Bang		Big Bang		Big Bang		Friends	
NICK JR.	107	Rubble		Rubble		Peppa Pig		Peppa Pig		Peppa Pig		Peppa Pig		Peppa Pig		Bubble	
PARMT	51	(5:00) TBA			***** Major League (89) Charlie Sheen, Corbin Bernsen, Tom Berenger.			***** The School of Rock (03) Joan Cusack, Mike White, Jack Black.			Bar Rescue			Bar Rescue			
PBS CREATE	977	(6:00) Milwaukee PBS Weather Milwaukee PBS Weather Milwaukee PBS Weather															
PBS WORLD	976	Life		Relish		Ireland		Ireland		R. Steves		Samantha		Passion Italy		Joy/Painting	
SUND	281	Law & Order "Strike"			Law "Personae Non Grata"			Law & Order "Excalibur"			Law & Order "Rumble"			Law & Order "Challenged"			
SYFY	55	***** Gladiator Joaquin Phoenix, Connie Nielsen, Russell Crowe. ***** Troy (04) Eric Bana, Orlando Bloom, Brad Pitt.															
TBS	3	All Elite Wrestling: Dynamite (N) Imp. Jokers Imp. Jokers Imp. Jokers Modern Fam. Modern Fam. Modern Fam. Modern Fam. Modern Fam. Modern Fam.															
TCM	60	***** National Velvet (44) Mickey Rooney. (15) ***** The Affairs of Dobie Gillis (53) (45) ***** The Best Little Whorehouse in Texas (82) Burt Reynolds. Movie															
THIS	983	Perfect (N)		Perfect		48 Hours		CBS 58 News (N)		Seinfeld		Seinfeld		Big Bang		Law-SVU "Decaying Morality"	
TLC	40	Body Bizarre (N)			Body Bizarre (N)			The Bad Foot Clinic (N)			Body Bizarre			Body Bizarre			
TNT	33	(6:00) NHL Hockey			NHL Hockey			Dallas Stars at Colorado Avalanche From Ball Arena in Denver. (N) (Live)			NHL on TNT			Cold Case "Fly Away"			
TOON	57	Burgers		Family Guy		Family Guy		Family Guy		Rick Morty		Rick Morty		Rick Morty		Smiling	
TRAVEL	72	Paranormal Caught on Cam.															
TRUTV	74	(5:30) NCAA M. Basketball			NCAA M. Basketball First Four: Teams TBA (N) (Live)			Madness (N)			***** Glory Road (06) Derek Luke, Austin Nichols, Josh Lucas.						
TV LAND	61	(10) Raymond		(45) Raymond		(20) Everybody Raymond		(55) Raymond		Raymond		King		King		King	
USA	34	League One LOVB Atlanta at LOVB Nebraska (N) (Live) ***** The Equalizer (14) Marton Csokas, Chloë Grace Moretz, Denzel Washington. Law-SVU "Inheritance" Law-SVU															
VH1	50	My Wife			My Wife			My Wife			Wild 'n Out			Wild 'n Out			
WE	26	NCIS "Chasing Ghosts"			NCIS "Berlin"			NCIS "Revenge"			NCIS "Double Blind"			NCIS "Damned If You Do"			

THURSDAY EVENING MARCH 19, 2026

B*CAST	SPECTRUM	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	1 AM
2	2	(6:00) NCAA First Round: Teams TBA (N)		NCAA M. Basketball First Round: Teams TBA (N) (Live)		News (N)		News (N)		(35) Late Show-Colbert (N)		(35) Comics		(05) Comics
4	83	Law & Order "Hindsight"	Law & Order: SVU "Clickbait"	Hunting "Elliot Carr" (N)	TMJ4 News	(35) Tonight Show (N)		(35) Seth Meyers (N)		TMJ4News	(05) Morning			
5	5	Law & Order "Hindsight"	Law & Order: SVU "Clickbait"	Hunting "Elliot Carr" (N)	NBC 5 News	(35) Tonight Show (N)		(35) Seth Meyers (N)		NBC 5 News	(05) NBCNews			
6	6	Next Level "Mini Gordon" (N)	Animal	Going Dutch	FOX 6 News at 9 (N)	FOX 6 News	FOX 6 News	TMZ	Dateline		Extra (N)		FOX 6 News	
7	7	9-1-1 "D.I.Y." (N)	911: Nash "Hard Knox" (N)	Anatomy "Wrecking Ball" (N)	ABC7 (N)	(35) J. Kimmel (N)		(35) Nightline		WorldNews	(35) Kelly and Mark (N)			
9	9	Scrabble	Trivial "Law and Orders"	WGN News at Nine (N) (Live)	News (N)	GN Sports	Sheldon	Big Bang	Two Half Men	Last Man	Goldbergs			
9.2	986	One Day	One Day	Jeffersons	Jeffersons	Sanford	Sanford	Johnny Carson	Becker	Becker	Wings	Wings	Mad About	
10	10	John	Track Ah'd	Old House	Old House	Outdoor	Arts Page	Papa Ray's	MotorWeek	NOVA	R. Steves		Amanpour (N)	
11		Brownwood "Exposed to the Light"	George Gently	"Gently Upside Down"	Chicago	BBC News		Amanpour (N)		Nature		NOVA		
12	12	9-1-1 "D.I.Y." (N)	911: Nash "Hard Knox" (N)	Anatomy "Wrecking Ball" (N)	News (N)	(35) J. Kimmel (N)		(35) Nightline		(05) Hollywood	(35) News	(05) Suits		
18	18	Scrabble	Trivial "Law and Orders"	National (N)	National (N)	National (N)	National (N)	iCRIME	iCRIME	Crime (N)	Crime	Chicago Fire		
24	24	(6:30) Boys High School Basketball		Boys High School Basketball		Two Half Men		Two Half Men		Last Man	Last Man	Dateline "Ghost Rider"		Dateline
26		Flip Side (N)	Perfect (N)	Chicago P.D. "Trapped"	Chicago Fire "Superhero"	Seinfeld	Seinfeld	Modern Fam.	Modern Fam.	The Conners	The Conners		Perfect	
32	13	Next Level "Mini Gordon" (N)	Animal	Going Dutch	Fox 32 News at Nine (N)	The Report	TMZ (N)	Family Feud	Family Feud	Fox 32 News at Nine		Chicago		
36	974	America	Context	Grantchester	Grantchester	BBC News	PBS News Hour (N)		Celebrity Trip		Arts Page		Test Kitchen	
38		FBI "Payback"	FBI "Studio Gangster"	FBI "Legacy"	FBI "Safe Room"	FBI "Broken Promises"	FBI "American Dreams"		FBI					
50		Family Feud	Family Feud	ISO Bar (N)	News (N)	Law-SVU "Intimidation Game"	48 Hours		Dateline "Ghost Rider"		Dateline "Deadly Dance"		Paid Prog.	
55	15	FBI "Payback"	FBI "Studio Gangster"	FBI "Legacy"	FBI "Safe Room"	FBI "Broken Promises"	FBI "American Dreams"		FBI					
58	8	(6:00) NCAA First Round: Teams TBA (N)		NCAA M. Basketball First Round: Teams TBA (N) (Live)		News (N)		(35) Late Show-Colbert (N)		(35) Comics		(05) Comics		
A&E	42	First 48 "Mystery Man" (N)	Predator Hunters (N)	Lie Detec. (N)	Lie Detec. (N)	(05) The First 48 "Last Rap"		(05) First 48 "Mystery Man"		(05) Predator Hunters		(05) Lie Detec.		
AMC	59	(5:30) Raiders of the Lost Ark		TNA IMPACT! (N) (Live)		Die Hard With a Vengeance (95) Jeremy Irons, Samuel L. Jackson, Bruce Willis.						Movie		
AP	43	Extinct or Alive	Extinct or Alive	Extinct or Alive	Extinct or Alive	Extinct or Alive	Extinct or Alive	Extinct or Alive	Extinct or Alive	Extinct or Alive	Extinct or Alive	Extinct or Alive	Extinct or Alive	
BIG10	63	Wm. Lacrosse Pennsylvania at Maryland (N) (Live)		The Journey		B1G Basketball in 60		B1G Basketball in 60		B1G Show	B1G Show	B1G Show	B1G Show	B1G Show
BOOM	109	Codename	Codename	Ben 10	Looney	Flinstone	The Jetsons	Scooby-Doo	13 Ghosts	Scooby	Scooby	Be Cool	Be Cool	Smurfs
BRAVO	45	Real Housewives (N)	Ladies of London: (N)	Watch What	The Real Housewives of Beverly Hills	Charm "Reunion Part 1"	Ladies of London:		Southern					
CHSN		NBA Basketball Cleveland Cavaliers at Chicago Bulls (N) (Live)		Bulls (N) / (45) Baseball		NBA Basketball Cleveland Cavaliers at Chicago Bulls								
CNBC	47	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Dateline	
CNN	44	Cooper 360 (N) (Live)	The Source With (N) (Live)	CNN NewsNight (N) (Live)	Laura Coates Live (N) (Live)	Story Is- Elex (N) (Live)	Story Is- Elex (N) (Live)	Story Is- Elex (N) (Live)	Story Is- Elex (N) (Live)	Cooper 360				
COM	54	(:10) Office	(:45) Office	(:20) The Office	(:55) Office	The Office	Daily Show	FamilyGuy	Family Guy	Family Guy	Family Guy	South Park	South Park	
COOK	158	Man v. Food	Man v. Food	Man v. Food	Man v. Food	Best Thing	Best Thing	Best Thing	Best Thing	Man v. Food	Man v. Food	Man v. Food	Man v. Food	Best Thing
DISC	41	120 Hours Behind Bars	120 Hours Behind Bars	120 Hours Behind Bars	120 Hours Behind Bars	120 Hours Behind Bars	120 Hours Behind Bars	120 Hours Behind Bars	120 Hours Behind Bars	120 Hours Behind Bars	120 Hours Behind Bars	120 Hours Behind Bars	120 Hours Behind Bars	120 Hours Be
DISN	58	Phineas	Phineas	Place	Vampirina	Kiff	Kiff	Ladybug	Ladybug	Bluey	Bluey	Big City	Big City	Big City
DLC	153	My 600-Lb. Life "William's Journey"		My 600-Lb. Life "Charles' Journey"		My 600-Lb. Life "William's Journey"		My 600-Lb. Life "William's Journey"		My 600-Lb. Life "William's Journey"		My 600-Lb. Life "William's Journey"		
E!	53	Movie	*** Taken 2 (12) Maggie Grace, Liam Neeson. (P)	*** Taken 3 (14) Forest Whitaker, Maggie Grace, Liam Neeson. (P)	*** News of the World (20) Tom Hanks.									
ESPN	30	(6:00) College Wrestling NCAA Championships: First Round (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter		
ESPN2	29	(6:00) NCAA W. Basketball		NCAA W. Basketball First Four: Teams TBA (N) (Live)		NFL Live		NFL Draft		30 for 30 One and Not Done				
FDWI	31	(6:30) Golic	Pregame (N)	NBA Basketball Milwaukee Bucks at Utah Jazz (N) (Live)		Postgame (N)		Due North	Water	Basketball Milwaukee Bucks at Utah Jazz				
FNC	48	Jesse Watters (N) (Live)	Hannity (N) (Live)	Gutfeld!	Fox News at Night (N) (Live)	The Five		Jesse Watters Primetime		Hannity				
FOOD	67	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Nightmares "Voleos" (N)	Kitchen Nightmares	Beat Bobby	Beat Bobby	Nightmares "Voleos"	Kitchen			
FREE	17	(5:00) The Parent Trap	Thrifting Show (N) (P)	Thrifting Show (N)	The 700 Club (N)	Jim	Jim	Jim	Jim	Jim	Jim	Jim	Paid Prog.	
FX	35	(5:00) Guardians of the Gal...	Love Story "Exit Strategy" (N)	Love Story "Exit Strategy" (N)	*** Ready or Not (19) Adam Brody, Samara Weaving.	*** Ready or Not (19) Samara Weaving.								
GOLF	28	(5:00) PGA Tour Golf	Golf Central (N)	PGA Tour Golf Valspar Championship, First Round From Innisbrook Resort Copperhead Course in Palm Harbor, Fla.	PGA Golf									
HALL	71	Matchmaker Mysteries "A Fatal Romance"	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	The Waltons	
HALLMY	117	True Justice "Family Ties"	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Murder ... "Murder in White"	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Murder ...	
HGTV	37	Hunters	Hunters	Bachelor Mansion "Off the Deep End"	House	House	House	Bachelor Mansion "Off the Deep End"	House	House	House	House	House	
HIST	39	Mysteries "Heavy Metals"	Mysteries Unearthed (N)	(05) The Proof Is (N)	(05) Mysteries Unearthed	(05) Mysteries Unearthed	(05) Mysteries Unearthed	(05) Mysteries Unearthed	(05) Mysteries Unearthed	(05) Mysteries Unearthed	(05) Mysteries Unearthed	(05) Mysteries Unearthed	(05) Mysteries Unearthed	
LIFE	36	NCIS "Borderland"	NCIS "Patriot Down"	(05) NCIS "Rule Fifty-One"	(05) NCIS	NCIS "Borderland"	NCIS "Patriot Down"	NCIS "Patriot Down"	NCIS "Patriot Down"	NCIS "Patriot Down"	NCIS "Patriot Down"	NCIS "Patriot Down"	NCIS "Patriot Down"	
LIFEMOV	65	*** Taken at a Truck Stop: A Black Girl Missing Movie (P)	*** Black Girl Missing (23) Gacelle Beauvais-Nilon.	*** Taken at a Truck Stop: A Black Girl Missing Movie (25)	Movie									
METV	19	Andy Griffith	Andy Griffith	Raymond	Raymond	Golden Girls	Golden Girls	Carol Burnett	Perry Mason	(35) Twi. Zone	(05) Hitchcock	(35) Hitchcock	(05) Mannix	
MLB	326	(6:00) MLB Baseball	MLB Tonight (N) (Live)	MLB Baseball	MLB Baseball	MLB Baseball	MLB Baseball	MLB Baseball	MLB Baseball	MLB Baseball	MLB Baseball	MLB Baseball	MLB Baseball	
MSNBC	46	All in With Chr. (N) (Live)	The Briefing (N) (Live)	Last Word (N) (Live)	The 11th (N) (Live)	The Briefing With Jen Psaki	Last Word With Lawrence	The 11th						
MTV	52	(6:00) *** Pixels (15) Adam Sandler.	*** Hall Pass (11) Jason Sudeikis, Jenna Fischer, Owen Wilson.	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	
NATGEO	38	(:10) Pole to "The North Pole"	Structures Secrets (N)	Structures Secrets (N)	Lost of Ancient "Pompeii"	Stru Sec "Batting Giants"	Stru Sec "Volcanic Origins"	Nazi						
NBA	325	(6:00) NBA Basketball	The Association (N) (Live)	Boys High School Basketball Teams TBA	NBA Action	Post up (N)	Post up	Post up	Post up	Post up	Post up	Post up	Post up	
NFL NET	346	NFL Football 2025: Chicago Bears vs. Washington Commanders - Week 6	NFL Football 2024 Week 10: Detroit Lions vs. Houston Texans From Nov. 10, 2024.	NFL Football										
NICK	56	Friends	Friends	Friends	Friends	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Friends	Friends	Friends	
NICK JR.	107	Bubble	Bubble	Peppa Pig	Peppa Pig	Peppa Pig	Peppa Pig	Peppa Pig	Peppa Pig	Bubble	Bubble	TeamUmiz.	PAWPatrol	
PARMT	51	Movie	*** The School of Rock (03) Joan Cusack, Mike White, Jack Black.	*** Legally Blonde (01) Reese Witherspoon.	*** Legally Blonde (01)									
PBS CREATE	977	(6:00) Milwaukee PBS Weather	Milwaukee PBS Weather	Milwaukee PBS Weather	Milwaukee PBS Weather									
PBS WORLD	976	Milk Street	Relish	Ireland	Ireland	R. Steves	Travelscope	Wild Rivers	Joy/Painting	Relish	Milk Street	Kevin	Mexican	Ireland
SUND	281	Law & Order "Lucky Stiff"	Law & Order "Illegitimate"	True Crime	True Crime	Law & Order "Crimebusters"	Law & Order "Rapture"	True Crime	True Crime	True Crime	True Crime	True Crime	True Crime	Law & Order
SYFY	55	(6:30) *** Harry Potter and the Sorcerer's Stone (01) Rupert Grint, Daniel Radcliffe.	*** Harry Potter and the Chamber of Secrets (02) Rupert Grint, Emma Watson, Daniel Radcliffe.											
TBS	3	(6:15) NCAA First Round: Teams TBA (N)	(:45) 2026 NCAA Men's Basketball Tournament First Round: Teams TBA (N) (Live)	Imp. Jokers	*** Plane (23) Mike Colter, Gerard Butler.									
TCM	60	*** High Society (56) Grace Kelly, Bing Crosby.	*** Say Amen, Somebody (82)	*** Before Sunrise (95) Julie Delpy, Ethan Hawke.	Movie									
THIS	983	Perfect (N)	Perfect	48 Hours	CBS 58 News (N)	Seinfeld	Seinfeld	Big Bang	Law-SVU "Intimidation Game"	Chicago P.D.	"Trapped"			
TLC	40	90 Day: The Single Life (N)	Unexpected (N)	90 Day Fiancé	90 Day Fiancé	90 Day Fiancé	90 Day Fiancé	90 Day: The Single Life	Unexpected	90 Day				
TNT	33	(5:45) NCAA M. Basketball	(:15) NCAA M. Basketball First Round: Teams TBA (N) (Live)	To Be Announced	TBA	FBI "Doomsday"	FBI							
TOON	57	Burgers	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Rick Morty	Rick Morty	Rick Morty	Smiling	AquaTeen	(35) American	(05) American
TRAVEL	72	Expedition "Family Secrets"	Expedition Files (N)	Ameri. Mobster	Vampires: Mys.	Expedition "Family Secrets"	Expedition "Identify Crises"	Mobster						
TRUTV	74	(6:30) NCAA First Round: Teams TBA (N) (Live)	NCAA M. Basketball First Round: Teams TBA (N) (Live)	Inside (N)	TNT Sports	TNT Sports	Inside Jokes							
TV LAND	61	(:10) Raymond	(:45) Raymond	(:20) Everybody Raymond	(:55) Raymond	Raymond	King	King	King	King	King	King	King	Seinfeld
USA	34	(5:00) *** The Equalizer 2 (18) Pedro Pascal, Denzel Washington.	*** The Equalizer 2 (18) Pedro Pascal, Denzel Washington.	*** The Equalizer 2 (18) Pedro Pascal, Denzel Washington.	*** The Equalizer 2 (18) Pedro Pascal, Denzel Washington.									
VH1	50	My Wife	My Wife	My Wife	My Wife	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out
WE	26	NCIS "Minimum Security"	NCIS "Marine Down"	NCIS "Left for Dead"	NCIS "Eye Spy"	NCIS "My Other Left Foot"	Blue Bloods "Long Lost"	Blue Bloods						

FRIDAY EVENING MARCH 20, 2026

B'CAST	SPECTRUM	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	1 AM	
2	2	(6:00) NCAA First Round: Teams TBA (N)			NCAA M. Basketball First Round: Teams TBA (N) (Live)				News (N)		(:35) Late Show-Colbert	(:35) Comics	(:05) Comics		
4	83	Happy's (N)	Stumble (N)	Dateline NBC (N)		TMJ4 News			(:35) Tonight Show (N)	(:35) Seth Meyers	TMJ4News		(:05) Morning		
5	5	Happy's (N)	Stumble (N)	Dateline NBC (N)		NBC 5 News			(:35) Tonight Show	(:35) Seth Meyers	NBC 5 News		(:05) NBCNews		
6	6	Doc "Good Hands"		Best Medicine		FOX 6 News at 9 (N)			FOX 6 News	TMZ	Dateline "The Grudge"		(:35) Kelly and Mark (N)	FOX 6 News	
7	7	Celebrity Jeopardy! (N)		20/20 (N)		ABC7 (N)			(:35) Jimmy Kimmel Live!	(:35) Nightline	WorldNews	(:35) Kelly and Mark (N)			
9	9	Penn & Teller: Fool Us		Remarkable Women		WGN News at Nine (N) (Live)			News (N)	GN Sports	Sheldon	Big Bang	Two Half Men	Last Man	Goldbergs
9.2	986	One Day	One Day	Jeffersons	Jeffersons	Sanford	Sanford	Johnny Carson		Becker	Becker	Wings	Wings	Mad About	
10	10	Week (N)	Hoover (N)	Midsomer	(:45) Midsomer Murders	The Brokenwood Mysteries				Our House	Celebrity Trip	Amanpour (N)			
11		Review	Week (N)	Great Performances at the Met "La Boheme" (N)				BBC News		Amanpour (N)	From That Small		From Tha		
12	12	Celebrity Jeopardy! (N)		20/20 (N)		News (N)			(:35) Jimmy Kimmel Live!	(:35) Nightline	(:05) Hollywood	(:35) News	(:05) Suits		
18	18	Penn & Teller: Fool Us		Remarkable Women		National (N)	National (N)	National (N)	National (N)	iCRIME	iCRIME	Crime (N)	Crime	Chicago Fire	
24	24	(6:30) Boys High School Basketball		Boys High School Basketball				Two Half Men	Two Half Men	Last Man	Last Man	Chicago Fire	"Virgin Skin"	Chicago Fire	
26		Flip Side	Perfect	Chicago "Blood and Honor"		Chicago Fire	Seinfeld	Seinfeld	Modern Fam.	Modern Fam.	The Conners	The Conners	Perfect		
32	13	Doc "Good Hands" (N)		Best Medicine		Fox 32 News at Nine (N)			FOX Local	The Report	Family Feud	Family Feud	Fox 32 News at Nine	Chicago	
36	974	America	Context	The American Revolution				BBC News		PBS News Hour (N)		Samantha	Outdoor	Test Kitchen	
38		Magnum P.I.		Magnum P.I.		Magnum "Ashes to Ashes"			Magnum "The Big Squeeze"	Magnum P.I.	Magnum P.I.		Magnum P.I.		
50		Family Feud	Family Feud	ISO Bar (N)	News (N)	Law & Order: SVU	Law & Order: SVU	48 Hours "Shadow of Death"	Chicago Fire "Virgin Skin"	Chicago Fire	Chicago Fire	Paid Prog.			
55	15	Magnum P.I.		Magnum P.I.		Magnum "Ashes to Ashes"			Magnum "The Big Squeeze"	Magnum P.I.	Magnum P.I.		Magnum P.I.		
58	8	(6:00) NCAA First Round: Teams TBA (N)		NCAA M. Basketball First Round: Teams TBA (N) (Live)				News (N)		(:35) Late Show-Colbert	(:35) Comics	(:05) Comics			
A&E	42	Alaska State Troopers	Troopers "Carnival Chaos"	Troopers "Wildest Calls"		(.05) Alaska State Troopers			(:05) Alaska State Troopers	(:05) Alaska State Troopers	(:05) Alaska State Troopers	(:05) Troopers			
AMC	59	★★★★ Trading Places '83	Eddie Murphy, Ralph Bellamy, Dan Aykroyd.	★★★★ Coming to America '88				Arsenio Hall, John Amos, Eddie Murphy.	★★★ Weekend at Bernie's '89						
AP	43	Treehouse Masters	Treehouse Masters	Treehouse Masters		Treehouse Masters			Treehouse Masters		Treehouse Masters				
BIG10	63	(6:00) College Gymnastics	On the Beam	B1G Wrestling in 60	B1G Basketball in 60	B1G Basketball in 60	B1G Basketball in 60	The B1G Show (N) (Live)	The B1G Show						
BOOM	109	Codename	Codename	Ben 10	Looney	Flintstone	The Jetsons	Scooby-Doo	13 Ghosts	Scooby	Scooby	Be Cool	Be Cool	Jonny Quest	
BRAVO	45	★★ What a Girl Wants '03	Colin Firth, Kelly Preston, Amanda Bynes.	★★ What a Girl Wants '03				Colin Firth, Kelly Preston, Amanda Bynes.	Ladies "The New Reign"		Ladies				
CHSN		Blackhawks	NHL Hockey	Colorado Avalanche at Chicago Blackhawks (N) (Live)				Blackhawks	Pro Football	NBA G League Basketball		Windy City Bulls at Capital City Go-Go			
CNBC	47	Shark Tank		Shark Tank		Shark Tank			Shark Tank	Shark Tank	Shark Tank		Dateline		
CNN	44	Cooper 360 (N) (Live)		The Source With (N) (Live)		CNN NewsNight (N) (Live)			Laura Coates Live (N) (Live)	Story Is- Elex (N) (Live)	Story Is- Elex (N) (Live)	Cooper 360			
CNN	54	The Office	The Office	The Office	The Office	The Office	The Office	South Park	South Park	South Park	South Park	South Park	South Park		
COOK	158	Nightmares "Park's Edge"	Nightmares "Spin a Yarn"	Nightmares "Blackberrys"		Kitchen Nightmares			Nightmares "Park's Edge"		Nightmares "Spin a Yarn"				
DISC	41	Gold Rush (N)		Gold Rush: (N)		Gold Rush: "Bedrock Bottom"			Gold Rush:	Gold Rush:		Gold Rush:	Gold Rush:		
DISN	58	★ Alvin & the Chipmunks: The Squeakquel	(:40) Kiff	(:05) Kiff	Kiff	Ladybug	Ladybug	Big City	Big City	Big City	Big City	Big City	Big City		
DLC	153	Dr. Pimple "Ear Brain"	Dr. Pimple "Bumphshakalaka"	Dr. Pimple "Plum Nose"		Dr. Pimple "Pig Snout"			Dr. Pimple "Ear Brain"	Dr. Pimple "Bumphshakalaka"	Dr. Pimple				
E!	53	Movie	★★★★ Knock at the Cabin '23	Dave Bautista. (P)		★★★★ Cocaine Bear '23			Margo Martindale, Keri Russell.	Dirty "The Price is Right Pt. 1"	Dirty "The Price is Right Pt. 2"				
ESPN	30	NCAA W. Basketball First Round: Teams TBA (N) (Live)			NCAA W. Basketball First Round: Teams TBA (N) (Live)				SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter		
ESPN2	29	Men's College Wrestling NCAA Championships: Semifinals (N) (Live)			SportsCenter (N) (Live)				30 for 30 Phi Siamu Jama		30 for 30				
FDWI	31	Golic / Golic		Dialed-In	Backroads	Larry	Outdoors	Sportsman	Fishing	Due North	Jon Thelen's	United Fight			
FNC	48	Jesse Watters (N) (Live)	Hannity (N) (Live)	Gutfeld! (N)		Fox News at Night (N) (Live)			The Five	Jesse Watters	Primetime	Hannity			
FOOD	67	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive		
FREE	17	Movie	★★★★ Cars 3 '17	Voices of Cristela Alonzo, Armie Hammer, Owen Wilson.				The 700 Club (N)		Jim	Jim	Jim	Jim	Paid Prog.	
FX	35	★★★★ Ghostbusters: Frozen Empire '24	Carrie Coon, Paul Rudd.		★★★★ Ghostbusters: Frozen Empire '24			Carrie Coon, Paul Rudd.	★★★★ Venom '18		Tom Hardy.				
GOLF	28	(5:00) LPGA Tour Golf	Golf Central (N)	PGA Champions Colougard Classic, First Round (N)				PGA Tour Golf Valspar Championship, Second Round							
HALL	71	★ Holiday Hotline '23	Niall Matter, Emily Tennant.		Golden Girls			Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	The Waltons	
HALLMY	117	Nelly "Nelly Knows Mysteries: All Manners of Murder" (N)	Murder ... "To Kill a Legend"		Murder ... "Death in Hawaii"			Murder ... "Dear Deadly"	Murder, She Wrote	Murder, She Wrote	Murder ...	Murder ...			
HGTV	37	Dream Home	Dream Home	Dream Home	Dream Home	Hunters	Hunters	Hunters	Hunters	Dream Home	Dream Home	Hunters	Hunters		
HIST	39	UnBelievable	UnBelievable (N)	(.05) Proof-There (N)			(:05) UnBelievable	(:05) UnBelievable	(:05) UnBelievable	(:05) UnBelievable	UnBelievable	UnBelievable			
LIFE	36	NCIS "False Witness"	NCIS "Ships in the Night"	(.05) NCIS "Recruited"			(:05) NCIS "Freedom"	NCIS "False Witness"	NCIS "Ships in the Night"	(.05) NCIS					
LIFEMOV	65	★ My Daughter Was Taken '26	Scott Gibson, Dennis Andres, Patrice Goodman. (P)				★ My Daughter Was Taken '26				Scott Gibson, Patrice Goodman.				
MTV	19	Andy Griffith	Andy Griffith	Raymond	Raymond	Golden Girls	Golden Girls	Carol Burnett	Perry Mason	(:35) Twi. Zone	(:05) Hitchcock	(:35) Hitchcock	(:05) Mannix		
MLB	326	MLB Baseball Spring Breakout: Detroit Tigers at Pittsburgh Pirates (N) (Live)				MLB Baseball				MLB Baseball					
MSNBC	46	All in With Chr. (N) (Live)	The Briefing (N) (Live)	Last Word (N) (Live)			The 11th (N) (Live)	The Briefing With Jen Psaki		Last Word With Lawrence		The 11th			
MTV	52	RuPaul's Drag Race (N)	Untucked (N)	RuPaul's Drag Race				★★★★ Miss Congeniality							
NATGEO	38	David "SE Asia"	Danger "Railroads" (N)	David	(:50) David "SE Asia"	(:50) Danger "Railroads"	(:50) Discovered By	(:50) Discovered By	(:50) Discovered By	(:50) Discovered By	(:50) Discovered By	(:50) Discovered By	(:50) Discovered By		
NBA	325	(6:30) Basketball	Golden State Warriors at Detroit Pistons	Postgame (N)	Boys High School Basketball	Teams TBA	Post up (N)	Post up	Post up	Post up	Post up	Post up	Post up		
NFL NET	346	NFL Football 2020:	Buffalo Bills vs. Arizona Cardinals	From Nov. 15, 2020.				NFL Football 2018:		New England Patriots vs. Miami Dolphins		From Dec. 9, 2018.			
NICK	56	Friends	Friends	Friends	Friends	Big Bang	Big Bang	Big Bang	Big Bang	Friends	Friends	Friends	Friends		
NICK JR.	107	Rubble	Rubble	Peppa Pig	Peppa Pig	Peppa Pig	Peppa Pig	Peppa Pig	Peppa Pig	Bubble	Bubble	Bubble	TeamUmiz.	PAWPatrol	
PARMT	51	(5:00) ★ Erin Brockovich	★★★★ Forrest Gump '94	Robin Wright, Gary Sinise, Tom Hanks.				★★★★ Erin Brockovich							
PBS CREATE	977	(6:00) Milwaukee PBS Weather	Milwaukee PBS Weather				Milwaukee PBS Weather				Milwaukee PBS Weather				
PBS WORLD	976	Test Kitchen	Relish	Life in Bloom	Life in Bloom	Life in Bloom	Life in Bloom	Life in Bloom	Life in Bloom	Life in Bloom	Life in Bloom	Life in Bloom	Test Kitchen		
SUND	281	(6:30) S.W.A.T.	★★★★ Backdraft '91				William Baldwin, Robert De Niro, Kurt Russell.				Blue Bloods "Fallen Heroes"		Blue Bloods		
SYFY	55	(5:00) ★ Harry Potter & the Pri...	★★★★ Harry Potter and the Goblet of Fire '05				Rupert Grint, Emma Watson, Daniel Radcliffe.		★★★★ Harry Potter and the Order of the Phoenix '07						
TBS	3	(6:15) NCAA First Round: Teams TBA (N)	(:45) 2026 NCAA Men's Basketball Tournament	First Round: Teams TBA (N) (Live)		Jokers (N)		★★★★ Meg 2: The Trench '23							
TBS	60	★★★★ Eat Drink Man Woman '94	Sihung Lung.		(:15) ★★★★★ Knife in the Water '62	Leon Niemczyk.		★★★★ Cronos '93		Ron Perlman, Federico Luppi.		Movie			
THIS	983	Perfect	Perfect	48 Hours "Shadow of Death"		CBS 58 News (N)	Seinfeld	Seinfeld	Big Bang	Law & Order: SVU	Chicago "Blood and Honor"				
TLC	40	90 Day "More to Love: Prepare for Immediate Descent" (N)	90 Day (N)	90 Day: The Single Life		90 Day	90 Day	90 Day "More to Love: Prepare for Immediate Descent"	90 Day						
TNT	33	(5:45) NCAA M. Basketball	(:15) NCAA M. Basketball	First Round: Teams TBA (N) (Live)		To Be Announced		TBA	FBI "The Armorer's Faith"	FBI					
TOON	57	Burgers	Family Guy	Family Guy	Family Guy	Family Guy	Rick Morty	Rick Morty	Primal	Primal	Primal	Primal	Primal		
TRAVEL	72	Portals to Hell	Portals to Hell	Portals "Hotel Paisano"			Portals to Hell	Portals to Hell	Portals to Hell	Portals to Hell	Portals to Hell	Portals			
TRUTV	74	(6:30) NCAA First Round: Teams TBA (N) (Live)	NCAA M. Basketball First Round: Teams TBA (N) (Live)				Madness (N)		TNT Sports	TNT Sports	TNT Sports	TNT Sports	Inside Jokes		
TV LAND	61	(:10) Raymond	(:45) Raymond	(55) Raymond		Raymond	King	King	King	King	King	King	Seinfeld		
USA	34	WWE Friday Night SmackDown (N) (Live)				Chicago Fire "Fireworks"		Chicago Fire	Chicago Fire	Chicago Fire	Chicago Fire	Chicago Fire	Chicago Fire		
VH1	50	★★ Killers '10	Katherine Heigl, Ashton Kutcher.			★★ The Heartbreak Kid '07		Michelle Monaghan, Jerry Stiller, Ben Stiller.	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out			
WE	26	(5:00) ★★ A Knight's Tale	Mama June (N)	Bridezillas (N)			Mama June	★★★★ Romancing the Stone '84							
		Kathleen Turner, Michael Douglas.													

SATURDAY MORNING MARCH 21, 2026

B'CAST	SPECTRUM	4 AM	4:30	5 AM	5:30	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM															
2	2	Animals	Staycation	CBS News Chicago (N)				CBS Saturday Morning (N)			CBS News Chicago (N)		CBS News Chicago (N)		Lucky Dog	Lucky Dog:	NCAA (N)														
4	83	Paid Prog.	Paid Prog.	TMJ4 News Today (N)			TMJ4 News at 6 (N)			Today (N)		Today (N)		Wild King	Earth Ody.	Tail-Valor	Wild Child	Forever (N)													
5	5	1st Look	Black	NBC 5 News at 5am (N)				NBC 5 News at 6am (N)			Today (N)		Today (N)		NBC 5 News at 9am (N)																
6	6	Estate	MyDest.	LIV Golf League South Africa, Round 3 From The Club at Steyn City in Johannesburg, (N) (Live)										Showcase	Paid Prog.	Transform															
7	7	Paid Prog.	Paid Prog.	News at 5am (N)			News at 6am (N)			Good Morn. (N)		ABC7 Eyewitness News at 8am (N)																			
9	9	Paid Prog.	Paid Prog.	Paid Prog.		Prostate		Paid Prog.		Adelante		Morning News (N) (Live)		Morning News (N) (Live)		Morning News (N) (Live)		Paid Prog.	Paid Prog.	TBA											
10	10	(3:00) Myste.	R. Steves	Celebrity Trip			Darley		Samantha		Woodsmith		Woodshop		Old House		Old House		Outdoor		John	R. Steves	R. Steves	Antiques							
11		PBS News Hour			Week (N)		Review		Great Lks		Living Ws		Roots "Born to Sing"		John		Ireland		Samantha		R. Steves		Old House		Old House	Cooking					
12	12	Paid Prog.			Vets-Pets			WISN 12 News (N)			Good Morn. (N)			WISN 12 News This Morning Saturday 7AM (N)			Good Morn. (N)			Wildlife		Jack Hanna		Hearts of							
18	18	AgDay	Traveler	LOST IN		Raw Travel		Prostate		Blade		Pain		Paid Prog.		Ocean Mys.		Ocean Mys.		Into Wild		Into Wild		Into Wild		Into Wild	Heartland				
24	24	Shepherd's Chapel	Real Green	Black Quiz		The		Connect		Paid Prog.		Paid Prog.		Science		Real Green		Paid Prog.		Brew City		Bowling		Paid Prog.		Basketball					
26		iCRIME			Judge Lake		Paid Prog.		Paid Prog.		Jack Hanna		Jack Hanna		Hearts of		oh baby!		N. Halsted		Paid Prog.		Prostate		Paid Prog.		She's	World's	Movie		
32	13	Paid Prog.			Paid Prog.			LIV Golf League South Africa, Round 3 From The Club at Steyn City in Johannesburg, (N) (Live)																Planet	Space	Super Ani					
36	974	(2:30) Sanditon on Masterpiece			R. Steves		Wild Kratts		Weather		Lyla		Carl		Tiger		Phoebe		Ireland		Painting				John		Energy	Garden			
38		Paid Prog.			Paid Prog.			NCIS: New Orleans			NCIS: N.O. "Monolith"			NCIS: New Orleans			NCIS: New Orleans			NCIS: LA "Citadel"		NCIS: Los Angeles		NCIS: LA		NCIS: LA					
50		Paid Prog.			Paid Prog.			Taste Buds			Church		Missing (N)		Science		Biz Kid\$		DIY Sci		Nature		Rescue (N)		Paid Prog.		Paid Prog.	Paid Prog.	Paid Prog.		
55	15	Paid Prog.			Paid Prog.			NCIS: New Orleans			NCIS: N.O. "Monolith"			NCIS: New Orleans			NCIS: New Orleans			NCIS: LA "Citadel"		NCIS: Los Angeles		NCIS: LA							
58	8	Forensic			Pawn Stars		Innovation		Advocates		News (N)		CBS Saturday Morning (N)			Lucky Dog		Lucky Dog:		Mission (N)		Visioneers		NCAA (N)							
A&E	42	Paid Prog.			Paid Prog.			Paid Prog.		Lakefront		Lakefront		Lakefront		Lakefront		Lakefront		Lakefront		Lakefront		Lakefront		Lakefront		Lakefront		Oceanfront	
AMC	59	Movie			*** Police Academy 2: Their First Assignment						*** Coming to America (88) Arsenio Hall, Eddie Murphy.						*** Trading Places (83) Eddie Murphy, Dan Aykroyd.														
COM	54	South Park		South Park		South Park		South Park		Parks		Parks		Parks		Parks		Parks		Parks		Parks		Parks		Parks		Parks		The Office	
DISC	41	(3:00) Bering Sea Gold			Moonshiners			Orange "Frantastic" (N)			Sportsman		Chasin'		Mysteries of		Mysteries of		Mysteries of		Mysteries of		Mysteries of		Mysteries of		Mysteries of		In the Eye of the Storm	In the Eye	
DISN	58	Bluey		Bluey		Mickey		Kitties		Spidey		Iron Man		(05) Big City		Big City		Phineas		Phineas		ZOMBIES		ZOMBIES		Ladybug		Ladybug		Movie	
ESPN	30	SportsCenter			SportsCenter			SportsCenter			(N) (Live)		SportsCenter		(N) (Live)		SportsCenter		(N) (Live)		SportsCenter		(N) (Live)		SportsCenter		(N) (Live)		NCAA Bsk.		
FREE	17	Paid Prog.			Paid Prog.			Paid Prog.			Paid Prog.			*** Holes (03) Jon Voight, Sigourney Weaver.						*** Pirates of the Caribbean: The Curse of the Black Pearl (03)											
FX	35	Paid Prog.			Paid Prog.			Paid Prog.			Jim		Jim		*** The Matrix (99) Laurence Fishburne, Keanu Reeves.			*** The Matrix Reloaded (03)													
HIST	39	(3:00) CSN Mint			CSN Mint			Oak Island			"The Shining"		Oak Island		"Swamped"		The Curse of Oak Island		The Curse of Oak Island		The Curse of Oak Island		The Curse of Oak Island		The Curse of Oak Island		The Curse of Oak Island		Secrets		
LIFE	36	Paid Prog.			Paid Prog.			Paid Prog.			Paid Prog.			Paid Prog.			Paid Prog.			Paid Prog.			Paid Prog.			Paid Prog.			Paid Programming		
MTV	52	Ridiculous		Ridiculous		Ridiculous		Ridiculous		Ridiculous		Ridiculous		Ridiculous		Ridiculous		Ridiculous		Ridiculous		Ridiculous		Ridiculous		Ridiculous		Ridiculous		Ridiculous	
NICK	56	Mod Fam		Neighbor		SpongeBob		SpongeBob		SpongeBob		Boss Baby		Loud House		Wylde Pak		*** Sing 2 (21) Matthew McConaughey.										PAW Patrol: Movie			
PARMT	51	(3:30) Bar.R.		Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		NCIS		NCIS		NCIS		NCIS		NCIS		NCIS		NCIS		NCIS		Movie			
SYFY	55	(2:30) *** Risen (16)		Paid Prog.		Paid Prog.		Paid Prog.		Paid Prog.		Twi. Zone		Twi. Zone		*** Harry Potter and the Prisoner of Azkaban (04) Daniel Radcliffe.			Friends			Friends		Friends		Friends		Friends			
TBS	3	(2:30) *** Godzill vs. Kong		Imp. Jokers		Imp. Jokers		Imp. Jokers		Imp. Jokers		Imp. Jokers		Imp. Jokers		Imp. Jokers		Imp. Jokers		Imp. Jokers		Imp. Jokers		Imp. Jokers		Imp. Jokers		Imp. Jokers		Friends	
TCM	60	(2:30) *** Picnic at Hangin...		*** Lolita (62) Shelley Winters, Sue Lyon, James Mason.																										Movie	
TNT	33	FBI "Exposed"			FBI "Fire and Rain"			FBI			FBI "Fostered"			FBI "Grief"			FBI "Under Pressure"			FBI "Pride & Prejudice"			FBI								
TOON	57	Sail. Moon		Sail. Moon		Regular		Regular		Teen/Teen		Teen/Teen		Teen/Teen		Iyanu (N)		Spies (N)		WebAre		Hero/ Hero		Gumball		Gumball		Gumball			
USA	34	Law-SVU "Deception"			Forensic		9-1-1 "Next of Kin"		Premier (N)		(Live)		Soccer Brighton & Hove Albion vs. Liverpool (N)		Premier (N)		Premier League Soccer (N) (Live)		Premier League Soccer (N) (Live)		Premier League Soccer (N) (Live)		Premier League Soccer (N) (Live)		Premier League Soccer (N) (Live)		My Wife				
VH1	50	Wild 'n Out		Wild 'n Out		Wild 'n Out		Wild 'n Out		Wild 'n Out		Wild 'n Out		Wild 'n Out		Wild 'n Out		Wild 'n Out		Wild 'n Out		Wild 'n Out		Wild 'n Out		Wild 'n Out		Wild 'n Out		My Wife	

SATURDAY AFTERNOON MARCH 21, 2026

B'CAST	SPECTRUM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30	6 PM	6:30														
2	2	(11:00) NCAA Second Round: Teams TBA (N) (Live)			NCAA M. Basketball Second Round: Teams TBA (N) (Live)			NCAA M. Basketball Second Round: Teams TBA (N) (Live)			NCAA M. Basketball Second Round: Teams TBA (N) (Live)			NCAA (N)																
4	83	Earth Ody.		Paid Prog.		Paid Prog.		FIS Cross-Country		PGA Tour Golf Valspar Championship, Third Round (N) (Live)		News		NBC News		Access Hollywood (N)														
5	5	Wild King		Mentoring King		FIS Cross-Country		PGA Tour Golf Valspar Championship, Third Round (N) (Live)																						
6	6	Bensinger			2026 Flag Football Classic (N) (Live)																									
7	7	(11:00) TBA			NCAA Bsk. First Round: Teams TBA (N) (Live)			NCAA Bsk. First Round: Teams TBA (N) (Live)			To Be Announced			ABC7 News World News Jeopardy! Wheel																
9	9	(11:00) To Be Announced									NASCAR (N) (Live)			NASCAR Sport Clips Haircuts VFW Help A Hero 200 (N) (Live)																
10	10	(11:00) Anti.		Fork		Sara's		Mexican		Kevin		Kitchen		Table		Relish		Kitchen		Cook		Milk Street		Arts Page		John		Good Karma		(45) Queens
11		Sara's		Cook		Cook		Lidia		Pépin		Kitchen		Kitchen		Milk Street		Table		Steven		Check ...		Chicago "Jane Byrne"		Murder "Ruddy Gore"				
12	12	oh baby!		NCAA Bsk. First Round: Teams TBA (N) (Live)			NCAA Bsk. First Round: Teams TBA (N) (Live)			To Be Announced			News			World News		News		Big 12 Sp										
18	18	Racing R		Blade		Relieve		Pain		Paid Prog.		Open House		Raw Travel		Heroes (N)		NASCAR (N) (Live)		NASCAR Sport Clips Haircuts VFW Help A Hero 200 (N) (Live)										
24	24	(11:00) HS Basketball			(45) Boys High School Basketball			Boys High School Basketball			The Song			Bill Michaels W		Outdoor		Basketball												
26		(11:00) *** Friday the 13th (80) Betsy Palmer.			Chicago P.D.			Chicago P.D.			Chicago P.D.			Pawn Stars			Pawn Stars		MLB Baseball											
32	13	Pets			2026 Flag Football Classic (N) (Live)												MLS Soccer Orlando City SC at Nashville SC (N)													
36	974	Quilt Art			Sewing		Quilting		Sew Easy		Fit 2 Stitch		Nature		NOVA		Secrets of the Dead		Hoover		Antiques		Antiques Roadshow							
38		(11:00) NCL.			NCIS: Los Angeles			NCIS: LA "Unspoken"			NCIS: Los Angeles			NWSL Boston Legacy at Houston Dash (N) (Live)			NWSL On			NWSL Soccer										
50		Paid Prog.			Paid Prog.			Paid Prog.			Paid Prog.			The Iconic		Invincible		Pure		Short List		Extra (N)		Family		Family		Family		
55	15	(11:00) NCL.			NCIS: Los Angeles			NCIS: LA "Unspoken"			NCIS: Los Angeles			NWSL Boston Legacy at Houston Dash (N) (Live)			NWSL On			NWSL Soccer										
58	8	(11:00) NCAA Second Round: Teams TBA (N) (Live)			NCAA M. Basketball Second Round: Teams TBA (N) (Live)			NCAA M. Basketball Second Round: Teams TBA (N) (Live)			NCAA M. Basketball Second Round: Teams TBA (N) (Live)			NCAA (N)			Men's College Wrestling (N) (Live)													
A&E	42	Oceanfront			Duck Dynasty		Duck Dynasty		Storage		Storage		Storage		Storage		Storage		Storage		Storage		Storage		Storage		Storage			
AMC	59	*** Hancock (08) Charize Theron, Will Smith.			*** Bad Boys (95) Will Smith, Tea Leoni, Martin Lawrence.			*** Bad Boys II (03) Will Smith, Jordí Molla, Martin Lawrence.																						
COM	54	The Office		The Office		The Office		The Office		The Office		The Office		The Office		The Office		The Office		The Office		The Office		The Office		The Office		The Office		*** We're the Millers (13) Jennifer Aniston.
DISC	41	(11:00) In th..			In the Eye of the Storm		In the Eye of the Storm		In the Eye of the Storm		In the Eye of the Storm		Expedition		"Vanished"		Expedition Files		Expedition Files		Expedition Files		Expedition Files		Expedition Files		Expedition Files			
DISN	58	(11:00) *** Ralph Breaks the Internet			(55) *** Hotel Transylvania 2 (15) Big City			Big City		Big City		Big City		Big City		Big City		Big City		Big City		Big City		Big City		Big City		Big City		*** Lilo & Stitch
ESPN	30	(11:00) NCAA W. Basketball			NCAA Bsk. First Round: Teams TBA (N) (Live)			NCAA Bsk. First Round: Teams TBA (N) (Live)			NCAA Bsk. First Round: Teams TBA (N) (Live)			NCAA (N)			Men's College Wrestling (N) (Live)													
FREE	17	(45) *** Pirates of the Caribbean: Dead Man's Chest (06) Orlando Bloom, Johnny Depp.			*** Pirates of the Caribbean: At World's End (07) Orlando Bloom, Johnny Depp.			*** Pirates of the Caribbean: The Curse of the Black Pearl (03) Laurence Fishburne, Keanu Reeves.			*** Venom (18) Michelle Williams, Tom Hardy.			*** Venom: Let There Be C..																
FX	35	(11:00) Sec..			UnXplained "Lost Cities"		The UnXplained		The UnXplained		The UnXplained		The UnXplained		The UnXplained		The UnXplained		The UnXplained		The UnXplained		The UnXplained		The UnXplained		The UnXplained		History's "Water's Wrath" History's "Tyrants"	
LIFE	36	(9:30) Paid Programming			The Dating App Killer: The Monica White Story			*** Accused: The Karen Read Story (26)		*** I Am Mary Jo Buttafuoco (26) Chloe Lanier.		*** Miss Congeniality																		
MTV	52	Ridiculous		Ridiculous		Ridiculous		Big Bang		Big Bang		Big Bang		Big Bang		Big Bang		Big Bang		Big Bang		Big Bang		Big Bang		Big Bang		Big Bang		*** Miss Congeniality
NICK	56	(10:30) *** PAW Patrol: Mo...			*** The Secret Life of Pets 2 (19) Patton Oswalt.			*** Trolls World Tour (20) Anna Kendrick.			SpongeBob		SpongeBob		SpongeBob		SpongeBob		SpongeBob		SpongeBob		SpongeBob		SpongeBob		SpongeBob		Friends	Friends
PARMT	51	(11:00) *** Forrest Gump (94) Robin Wright, Gary Sinise, Tom Hanks.			*** Twister (96) Bill Paxton, Cary Elwes, Helen Hunt.			*** Harry Potter and the Order of the Phoenix (07) Daniel Radcliffe.			*** Harry Potter & the Half-Blood Prince																			
SYFY	55	(11:00) *** Harry Potter and the Goblet of Fire (05) Daniel Radcliffe.			*** Meg 2: The Trench (23) Jing Wu, Jason Statham.			NCAA M. Basketball																						
TBS	3	Friends		Friends		Friends		Friends		Friends		Friends		Friends		Friends		Friends		Friends		Friends		Friends		Friends		Friends		
TCM	60	(11:00) FBI			FBI "Scar Tissue"			FBI "Protective Details"			FBI "Skyscraper" (18) Dwayne Johnson.			NCAA Tip Off (N) (Live)			NCAA Second Round: Teams TBA (N) (Live)													
TNT	33	(11:00) FBI			FBI "Scar Tissue"			FBI "Protective Details"			FBI "Skyscraper" (18) Dwayne Johnson.			NCAA Tip Off (N) (Live)			NCAA Second Round: Teams TBA (N) (Live)													
TOON	57	Gumball		Tom-Jerry		Tom-Jerry		Scooby		Scooby		Scooby		Scooby-Doo! & the Samurai Sword		Burgers		Burgers		Burgers		Burgers		Burgers		Burgers		Family Guy		
USA	34	(10:00) Soc..			Premier (N)		Premier Soccer Everton vs. Chelsea (N) (Live)		Premier (N)		Soccer Leeds United vs. Brentford (N) (Live)		Goal Zone		Forensic		9-1-1													
VH1	50	My Wife		My Wife		My Wife		My Wife		My Wife		My Wife		My Wife		My Wife		My Wife		My Wife		My Wife		My Wife		My Wife		*** The Heartbreak Kid (07) Michelle Monaghan, Ben Stiller.		