

SATURDAY EVENING JANUARY 17, 2026

B'CAST	SPECTRUM	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	1 AM
2	2	NFL Football Divisional Round: Teams TBA (N) (Live)						CBS News Chicago (N)		Entertainment Tonight (N)		Fire Country		Fire Country
4	83	The Wall "Steven and Seth"		Dateline NBC		Saturday Night Live		TMJ4 News	SNL Finn Wolfhard; ASAP Rocky (N) (Live)		(:05) 1st Look	Open House	Open House	
5	5	The Wall "Steven and Seth"		Dateline NBC		Saturday Night Live		NBC 5 News	SNL Finn Wolfhard; ASAP Rocky (N) (Live)		(:05) 1st Look	In Touch	Black Quiz	
6	6	NFL Football Divisional Round: Teams TBA (N) (Live)						FOX 6 News		The Floor		TMZ (N)		Extra (N)
7	7	911: Nash "Lost Children"		9-1-1: Nashville		9-1-1: Nashville "All Hands"		News at 10pm (N)		The Rookie		The Rookie		In Touch
9	9	TV We Love "The Love Boat"		TV We Love "Dynasty"		Weekend News (N)		WGN News	GN Sports	Two Half Men	Two Half Men	Last Man	Last Man	Backstory
9.2	986	Hazel		Jeannie		Jeannie		Bewitched		Bewitched		Johnny Carson Robert Blake, Burt Mustin		3's Company
10	10	(6:45) Queens		Lyndley Mysteries "Natural Causes"		(:(05) Death in Paradise		Austin City Limits (N)		Stage		Father Brown		Brokenwood
11		Father "The Invisible Friends"		Death in Paradise		Boniface "Are Ye' Dancin'?"		All Creatures Great (N) (SP)		Midsomer		(:45) Midsomer Murders	Gently "Bomber's Moon"	
12	12	911: Nash "Lost Children"		9-1-1: Nashville		9-1-1: Nashville "All Hands"		News (N)		(:35) TBA	(:05) The Rookie	(:(05) Ent. Tonight (N)		(:(05) Storm of
18	18	TV We Love "The Love Boat"		TV We Love "Dynasty"		Polka! Polka! Polka!		National Desk (N) (Live)		Attkisson		Raw Travel		LOST IN
24	24	Greatest (N)		She's		Bill Michaels W		WOW - Women Of Wrestling		OVW Wrestling		414 Video Spotlight		Music (N)
26		Chicago P.D.		Chicago P.D.		Chicago "Get Back to Even"		S.W.A.T.		S.W.A.T. "Hotel L.A."		WOW - Women Of Wrestling		Salvage
32	13	NFL Football Divisional Round: Teams TBA (N) (Live)						Fox 32 News (N)		Bears Blitz		Backstage		The Floor
36	974	Finding Your Roots		Movie		Variety		Sisi: Austrian Empress		Real Road		People		Nature
38		NCIS "Heartless"		NCIS "Prime Cut"		NCIS "Reef Madness"		NCIS "Empty Nest"		NCIS "Foreign Bodies"		NCIS "The Trouble With Hal"		NCIS
50		AHL Hockey Rockford IceHogs at Chicago Wolves (N) (Live)						Law-SVU "Contagious"		Elite Fight Night		Paid Prog.		Paid Prog.
55	15	NCIS "Heartless"		NCIS "Prime Cut"		NCIS "Reef Madness"		NCIS "Empty Nest"		NCIS "Foreign Bodies"		NCIS "The Trouble With Hal"		NCIS
58	8	To Be Announced		To Be Announced		To Be Announced		News (N)		CBS (N)		48 Hours (N)		Fire Country
A&E	42	Storage Wars		Storage Wars		Storage Wars		Storage Wars		(:05) Storage	(:35) Storage	(:05) Storage	(:35) Storage	(:05) Storage
AMC	59	(5:00) Star Wars: Empire Str...		★★★★ Star Wars: Return of the Jedi (83) Harrison Ford, Carrie Fisher, Mark Hamill.		★★★★ Star Wars: Return of the Jedi (83) Harrison Ford, Carrie Fisher, Mark Hamill.		★★★★ Star Wars: Return of the Jedi (83) Harrison Ford, Mark Hamill.		★★★★ Star Wars: Return of the Jedi (83) Harrison Ford, Mark Hamill.		★★★★ Star Wars: Return of the Jedi (83) Harrison Ford, Mark Hamill.		
AP	43	Dr. Jeff: RMV		Dr. Jeff: RMV "Petra's Pigs"		Dr. Dee "Critical Condition"		Dr. Dee "Farm Frenzy"		Dr. Jeff: RMV		Dr. Jeff: RMV "Petra's Pigs"		Dr. Dee
BIG10	63	College Hockey Notre Dame at Penn State From Pegula Ice Arena in University Park, Pa. (N) (Live)						The B1G Show (N) (Live)		The B1G Show				
BOOM	109	Scooby-Doo		Scooby-Doo		Flintstone		Flintstone		Popeye		Popeye		Thundarr
BRAVO	45	(5:30) The Green Mile (99) David Morse, Tom Hanks.						★★★★ The Shawshank Redemption (94)		Morgan Freeman, Bob Gunton, Tim Robbins.		★★★★ The Fabelmans (22)		
CHSN		NHL Hockey Boston Bruins at Chicago Blackhawks (N) (Live)						Blackhawks		Pro Football		NHL Hockey Boston Bruins at Chicago Blackhawks		
CNBC	47	American Greed		American Greed		Greed "Red Carpet Rip-Off"		American Greed		Greed "Wild West Rip-Off"		Next		
CNN	44	CNN Special Program		CNN Special Program		CNN Special Program		CNN Special Program		CNN Special Program		CNN Special Program		CNN Spec
COM	54	Pixels (15) Kevin James, Michelle Monaghan, Adam Sandler.						★★ Grown Ups (10) Kevin James, Chris Rock, Adam Sandler.		South Park		South Park		South Park
COOK	158	Iron Chef America		Iron Chef "Cora vs. Carter"		Iron Chef America		Iron Chef America		Iron Chef "Cora vs. Carter"		Iron Chef America		Iron Chef
DISC	41	Expedition Unknown		Expedition Unknown		Expedition Unknown		Expedition Unknown		Expedition Unknown		Expedition Unknown		Expedition
DISN	58	Movie		(:45) Phineas	(:10) Phineas	(:35) Phineas	Phineas	Phineas	Ladybug	Ladybug	Big City	Big City	Big City	Big City
DLC	153	Body Bizarre		Body Bizarre		Body Bizarre		Body Bizarre		Body Bizarre		Body Bizarre		Body Bizarre
E!	53	(6:00) She's Out of My League...		★★★★ Clueless (95) Stacy		Dash, Alicia Silverstone.		★★★★ She's Out of My League (10) Jay Baruchel.		★★★★ Kajillionaire (20)				
ESPN	30	(6:45) ESPNF! ESPN Films		Playoff (N)		Playoff (N)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportCtr (N)
ESPN2	29	College Basketball (N) (Live)						2026 Australian Open Tennis		Men's and Women's First Round From Melbourne Park in Melbourne, Victoria, Australia. (N) (Live)				
FDWI	31	(6:00) NHL Hockey		Postgame		United Fight Alliance		Simms		Football		NHL Hockey Minnesota Wild at Buffalo Sabres		
FNC	48	Life, Liberty (N) (Live)		View- Lara Tru. (N) (Live)		Saturday Night (N) (Live)		Gutfeld!		Life, Liberty & Levin		My View With Lara Trump		FOX News
FOOD	67	Diners, Drive		Diners, Drive		Diners, Drive		Diners, Drive		Diners, Drive		Diners, Drive		Diners, Drive
FREE	17	(6:25) ★★★★★ Frozen (13) Kristen Bell.		(:(55) ★★★★★ Frozen II (19) Kristen Bell.		(:(05) ★★★★★ The Emperor's New Groove David Spade.		(:(05) ★★★★★ The Emperor's New Groove David Spade.		(:(05) ★★★★★ The Emperor's New Groove David Spade.		Paid Prog.		
FX	35	(5:30) ★★★★★ Captain America: Civil War (16)		★★★★ Captain America: Civil War (16) Robert Downey Jr., Scarlett Johansson, Chris Evans.		★★★★ Black Widow (21)								
GOLF	28	(6:00) PGA Tour Golf Sony Open in Hawaii, Third Round (N)		Golf Central (N) (Live)		PGA Tour Golf Sony Open in Hawaii, Third Round		Golf Central						
HALL	71	Love on the Amazon (26) (P)		Lost in Paradise (26) Ian Harding, Lacey Chabert.		Golden Girls		Golden Girls		Golden Girls		Golden Girls		Golden Girls
HALLMY	117	Aurora Teagarden Mysteries "How to Con a Con"		Murder, She Wrote		Murder ... "Bite the Big Apple"		Murder ... "Night Fears"		Murder, She Wrote		Murder ...		Murder ...
HGTV	37	Hunters		Hunters		Hunters (N)		Cheap ASS		Cheap ASS		Hunters		Hunters
HIST	39	The UnXplained		The UnXplained		(:(05) The UnXplained		(:(05) The UnXplained		(:(05) The UnXplained		(:(05) The UnXplained		UnXplained
LIFE	36	I Am Mary Jo Buttafuoco (26) Chloe Lanier. (P)		(:(05) I Was Lorena Bobbitt (20) Dani Montalvo.		I Am Mary Jo Buttafuoco (26) Chloe Lanier.		I Am Mary Jo Buttafuoco (26) Chloe Lanier.		I Am Mary Jo Buttafuoco (26) Chloe Lanier.		Movie		
LIFEMOV	65	A Nurse's Revenge (24) Kristina Clifford, Carissa Murray.		Sinister Surgeon (24) Samantha Neyland Trumbo.		A Nurse's Revenge (24) Kristina Clifford, Carissa Murray.		A Nurse's Revenge (24) Kristina Clifford, Carissa Murray.		A Nurse's Revenge (24) Kristina Clifford, Carissa Murray.		Movie		
METV	19	House of Svengoolie "Flight 7500"		Batman		Batman		Star Trek		Superman		Lost in Space		Voyage/Sea
MLB	326	Double Play 2025: Milwaukee Brewers at Cincinnati Reds		Double Play 2025: New York Yankees at Miami Marlins		MLB Network Countdown 2025 Plays of the Year		Countdown						
MSNBC	46	(5:00) Weekend (N) (Live)		The Rachel Maddow Show		The Beat: Weekend		11th-Stephanie		The Weekend: Primetime		Dateline "Angels & Demons"		Dateline
MTV	52	(6:00) ★★★★★ The Longest Yard (05)		★★★★ Just Go		With It (11) Jennifer Aniston, Nicole Kidman, Adam Sandler.		(:(25) ★★★★★ The Longest Yard (05) Adam Sandler.						
NATGEO	38	..Smuggler "Not My Meth"		To Catch a Smuggler		..Smuggler "Pots of Coke"		Catch... "Coke and the Kids"		To Catch a Smuggler: Peru		To Catch a Smuggler: Peru		Smuggler
NBA	325	The Association: Weekend (N) (Live)		NBA Basketball Los Angeles Lakers at Portland Trail Blazers (N) (Live)		NBA		NBA		Recap (N)		Recap		
NFL NET	346	(6:30) GameD..		NFL Football		GameDay (N) (Live)		NFL Football						
NICK	56	Friends		Friends		Friends		Friends		Friends		Friends		Friends
NICK JR.	107	Peppa Pig		Peppa Pig		Peppa Pig		Peppa Pig		Peppa Pig		Peppa Pig		Peppa Pig
PARMT	51	(20) ★★★★★ Grumpy Old Men (93) Walter Matthau, Jack Lemmon.		(40) ★★★★★ Grumpier Old Men (95) Walter Matthau, Jack Lemmon.		★★★★ Major League (89) Tom Berenger.								
PBS CREATE	977	(6:00) Milwaukee PBS Weather		Milwaukee PBS Weather		Milwaukee PBS Weather								
PBS WORLD	976	Somewhere South		Joy/Painting		Joy/Painting		Rick Steves Egypt		Pépin		Mexican		Marias
SUND	281	(6:00) ★★★★★ A Few Good Men (92) Tom Cruise.		★★★★★ When Harry Met Sally... (89) Billy Crystal.		★★★★★ A Few Good Men (92) Jack Nicholson, Demi Moore, Tom Cruise.		★★★★★ Harry Potter and the Order of the Phoenix (07) Daniel Radcliffe.		★★★★★ Harry Potter and the Order of the Phoenix (07) Daniel Radcliffe.				
SYFY	55	Movie		★★★★ Harry Potter and the Goblet of Fire		(05) Rupert Grint, Emma Watson, Daniel Radcliffe.		★★★★ Diabolique (55) Vera Clouzot, Simone Signoret.						
TBS	3	★★★★ Rampage (18) Naomie Harris, The Rock.		★★★★ Skyscraper (18) Neve Campbell, The Rock. (P)		★★★★ Olympus Has Fallen (13) Gerard Butler.		Movie						
TCM	60	9-1-1 "The Naked Spur" (53) Janet Leigh, James Stewart.		★★★★ The Bounty Hunter (54) Randolph Scott.		★★★★ Diabolique (55) Vera Clouzot, Simone Signoret.		Movie						
THIS	983	9-1-1 "7.1"		S.W.A.T.		CBS 58 News (N)		Neighbor		Neighbor		★★★ Vertical Limit Bill Paxton, Robin Tunney, Chris O'Donnell.		
TLC	40	90 Day Diaries (N)		90 Day Diaries (N)		Suddenly Amish		Sister Wives		90 Day Diaries		90 Day Diaries		Suddenly
TNT	33	All Elite Wrestling: Collision (N)						★★★★ Black Adam (22) Aldis Hodge, Pierce Brosnan, The Rock.		(:(45) ★★★★★ Wonder Woman 1984 (20) Gal Gadot.				
TOON	57	Family Guy		Family Guy		Family Guy		Family Guy		Rick Morty		Rick Morty		TBA
TRAVEL	72	Ghost Adv "Ghost Island"		Ghost Adv "Orcutt Ranch"		Ghost Adv "Scotty's Castle"		Ghost Adventures		Ghost Adv "Ghost Island"		Ghost Adv "Orcutt Ranch"		Ghost Adv
TRUTV	74	(6:30) Unrival..		(:(45) Unrivald Basketball		★★★★ Any Given Sunday (99) Cameron Diaz, Dennis Quaid, Al Pacino.								
TV LAND	61	Seinfeld		Seinfeld		Seinfeld		Seinfeld		King		King		Old Christine
USA	34	Chicago P.D. "Greater Good"		Chicago "Seen and Unseen"		Chicago P.D. "Transference"		Chicago P.D. "Demons"		Chicago P.D.		Chicago P.D. "Black Ice"		Law-SVU
VH1	50	★★★★ Rush Hour 2 (01) Chris Tucker, Jackie Chan.		★★★★ Rush Hour 3 (07) Chris Tucker, Jackie Chan.		Wild 'n Out		Wild 'n Out		Wild 'n Out		Wild 'n Out		Wild 'n Out
WE	26	NCIS "My Other Left Foot"		NCIS "One Shot, One Kill"		NCIS "The Good Samaritan"		NCIS "Enigma"		NCIS "Bete Noir"		Law & Order "Avatar"		Law & Order

B'CAST	SPECTRUM	4 AM	4:30	5 AM	5:30	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM
2	2	Real Green	Raw Travel	CBS News Chicago (N)	Mission	Visioneers	CBS Chicago (N)			CBS News Sunday Morning (N)		Face the Nation (N)		Paid Prog.	PPA Tour	
4	83	Paid Prog.	Paid Prog.	Outdoors	TMJ4 News	TMJ4 News Today (N)	Sunday Today (N)			Meet the Press (N)	In Touch	PowerHouse	Grace	Wisconsin	Paid Prog.	
5	5	Paid Prog.	Chicago	NBC 5 News at 6am (N)		NBC 5 News at 6am (N)	Sunday Today (N)			NBC 5 News Today (N)	Meet the Press (N)		Hometown	In Touch	TBA	
6	6	Pets	Super Ani	In Touch	Sun. Mass	Planet	DIY Sci	Wake-Up News at 7 (N)		Wake-Up News at 8 (N)	FOX News	Sunday (N)	Paid Prog.	Grace	Paid Prog.	
7	7	Paid Prog.	My Go-To	News at 5am (N)		News at 6am (N)		Good Morn. (N)		ABC7 Eyewitness News at 8am (N)	Mass		This Week (N)		TBA	
9	9	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Singsation	Morning News (N) (Live)		Morning News (N) (Live)	Political	Mass	Paid Prog.	Paid Prog.	Into Wild	
10	10	Week	Hoover (N)	Mr. Rogers	TBA	Wild Kratts	Weather	Lyla	Carl	Tiger	Rosie	Sesame	Work It	John M	Track Ah'd	Energy
11		(2:55) American	Rever	Happy Yoga	Yoga	Horizons	Hoover	Homemade	Simp. Ming	Life	Cooking	Ellie's Real	Milk Street	Kevin	Steven	Newton
12	12	(3:30) U.S.F..	Very Local	WISN 12 News (N)		Good Morn. (N)		WISN 12 News This Morning	Sunday 7AM		UpFront (N)	This Week (N)		Paid Prog.	TBA	
18	18	Web of	Blade	Traveler	Positively	The	Black	Midnight	Relieve	Daily	Connect	Wis. Water	Mad Do	Larry	Transform	Pastor
24	24	World Poker	Tour	Nashville	Cars.TV	Connect	Mountain	Cath. Mass	Worship	Truth of God		Cath. Mass	Living	In Touch	Paid Prog.	Paid Prog.
26		Laughs	Laughs	Pain	Paid Prog.	Yes You Can	Yes You Can (N)		Paid Prog.	Transform	Paid Prog.	In Touch	Key/David	Paid Prog.	Paid Prog.	Animals
32	13	Paid Prog.	Paid Prog.	Super Ani	Pets	Yes You Can		Good Day Chicago (N)		FOX News Sunday (N)	Good Day Chicago (N)	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	
36	974	People	Darley	Samantha	Curious	Wild Kratts	Weather	Lyla	Cyberchase	Arthur	Wild Kratts	Baking	Kitchen	Kitchen	Kitchen	Milk Street
38		RateEscape	Paid Prog.	Bull	"Absolution"	Bull	"Gag Order"	Bull	"Bad Medicine"	NCIS "Knight and Day"	NCIS "Hardboiled"		NCIS			NCIS
50		Paid Prog.	Paid Prog.	LifeLock	Jacuzzi	LifeLock	Jacuzzi	Paid Prog.	Paid Prog.	Worship	Cath. Mass	Passion	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.
55	15	RateEscape	Paid Prog.	Bull		Bull "Absolution"		Bull "Gag Order"		Bull "Bad Medicine"	NCIS "Knight and Day"	NCIS "Hardboiled"		NCIS		NCIS
58	8	Forensic	Forensic	Hope-Wild	Locker	News (N)		CBS 58 Sunday (N)		CBS News Sunday Morning (N)	Face the Nation (N)		Paid Prog.	PPA Tour		
A&E	42	Paid Prog.	Transform	Paid Prog.	Paid Prog.	Alaska State Troopers		Alaska State Troopers		Troopers "Gun N Hide"	Troopers "Frontier Force"	Troopers "Arctic Force"		Troopers		
AMC	59	Movie	★★★ Rambo: First Blood Part II '85)				★★★ Rambo '08) Julie Benz, Sylvester Stallone.				★★★ Rambo: Last Blood '19) Sylvester Stallone.				★★★★ Rocky '76)	
COM	54	South Park	South Park	South Park	South Park	South Park	South Park	Parks	Parks	Parks	Parks	The Office	The Office	The Office	The Office	The Office
DISC	41	Deadliest Catch		Auction	Saltwater	Elite (N)	Operation	Saltwater	Hard (N)	Gold Rush	New Levels of Chaos"			Naked and Afraid		Afraid
DISN	58	Bluey	Bluey	Mickey	Kitties	Iron Man	Spidey	(:05) Big City	Big City	Phineas	Phineas	Miraculous World		(:05) ★★★★★ Mulan '98)	Ming-Na.	
ESPN	30	SportsCenter (N)		SportsCenter (N)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		Countdown
FREE	17	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Jim	★★★★ Alice in Wonderland '10) Mia Wasikowska, Johnny Depp.				(:05) ★★★★★ Alice Through the Looking Glass '16) Johnny Depp.					
FX	35	Paid Prog.	Car	Paid Prog.	Paid Prog.	★★★★ Spider-Man: Homecoming '17) Michael Keaton, Tom Holland.						★★★★ Black Panther '18) Chadwick Boseman.				
HIST	39	(3:00) CSN Mint		CSN Mint		Modern Marvels	"Walt Disney World"			How Disney		How Disney		How Disney		How Disney
LIFE	36	Sleep Cool	LexExercise	Paid Prog.	Creflo	Joni Table	Real Life	Amazing	Jeremiah	J. Osteen	Paid Prog.	★ Nobody Dumps My Daughter '24) Ana Ortiz.				Movie
MTV	52	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous
NICK	56	Mod Fam	Neighbor	SpongeBob	SpongeBob	SlimeTime	SpongeBob	SpongeBob	★ The SpongeBob Movie: Sponge Out of Water	★ SpongeBob SquarePants Movie						Movie
PARMT	51	(2:35) ★★★★★ Tommy Boy		Bar Rescue												

B'CAS	SPECTRUM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30	6 PM	6:30
2	2	(11:00) PPA Tour Pickleball			NFL (N) (Live)		NFL Football	Divisional Round: Teams TBA (N) (Live)					CBS-News	News (N)	60 Minutes (N)	
4	83	Paid Prog.	Paid Prog.	Paid Prog.	NFL Pregame (N) (Live)		NFL Football	Divisional Round: Teams TBA (N) (Live)						NBC News	To Be Announced	
5	5	(11:00) To Be Announced			NFL Pregame (N) (Live)		NFL Football	Divisional Round: Teams TBA (N) (Live)						NBC News	To Be Announced	
6	6	Paid Prog.	College Basketball	Teams TBA (N) (Live)			Space	Nature	TMZ (N)		Dateline		FOX 6 News at 5 (N)		Best Medicine	
7	7	(11:00) TBA	To Be Announced								TBA	TBA	News (N)	World News	Funnist Home Videos	
9	9	Into Wild	Paid Prog.	Paid Prog.	Basketball North Carolina at Florida State (N) (Live)				To Be Announced				WGN News	(N) (Live)	Penn & Teller: Fool Us	
10	10	Contrary	Mack	Week	Antiques Roadshow		Classic Gospel		Lawrence Welk		Good Karma	(:45) Queens of Mystery		Lynley Mysteries	"Natural Causes"	
11	11	(11:00) New..	NOVA "Human: Origins"		NOVA		NOVA		NOVA		NOVA		Compass	R. Steves	Royal "Non Negative"	
12	12	(11:00) To Be Announced									Perfect	Hispanic	World News	News (N)	Funnist Home Videos	
18	18	Blade	Relieve	Paid Prog.	Basketball North Carolina at Florida State (N) (Live)		★★★ Imagine That '09		Thomas Haden Church, Eddie Murphy.		FamFeud		Penn & Teller: Fool Us			
24	24	Relieve	Hearts of oh baby!	oh baby!	Jack Hanna	Jack Hanna	Ready-Pet	Heartland	Murdoch Mysteries		Conners	Conners	Goldbergs	Goldbergs		
26		World's	Chicago "Escape Route"	Chicago	"Double Red"	Chicago Fire	Chicago Fire	Chicago Fire	Chicago Fire		Judge Judy	Judge Judy	Neighbor	Neighbor		
32	13	Paid Prog.	College Basketball	Teams TBA (N) (Live)			To Be Announced						Raw Travel	Best Medicine		
36	974	Lidia	Healthful	Mexican	(55) ♀ Movie			OurTime	Laura		Here & Now	Chavis	Track Ah'd	Compass	Weekends	Wisconsin
38		(11:00) NCIS	NCIS "Humbug"		NCIS		NCIS "Fun and Games"	NCIS "Bad Blood"		NCIS "Close to Home"		NCIS "Moonlit"		NCIS "Killer Instinct"		
50		Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Short Films	Law-SVU "Game"		Law-SVU "Hooked"		Fox Chicago Playlist				
55	15	(11:00) NCIS	NCIS "Humbug"		NCIS		NCIS "Fun and Games"	NCIS "Bad Blood"		NCIS "Close to Home"		NCIS "Moonlit"		NCIS "Killer Instinct"		
58	8	(11:00) PPA Tour Pickleball			NFL (N) (Live)		NFL Football	Divisional Round: Teams TBA (N) (Live)					TBA	CBS-News	60 Minutes (N)	
A&E	42	(11:00) Too..	Alaska State Troopers		Alaska State Troopers		Desert Law "Standoff"	Desert Law		Live PD	Live PD	Live PD	Live PD	Live PD	Live PD	
AMC	59	(10:30) ♀★★★★ Rocky (76)			★★★★ Rocky II (79) Talia Shire, Sylvester Stallone.			★★★★ Rocky III (82) Mr. T, Talia Shire, Sylvester Stallone.							★★★★ Rocky IV (85)	
COM	54	The Office	The Office	The Office	The Office	The Office	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Family Guy
DISC	41	(11:00) Afraid	Afraid "Sand Trapped"		Naked and Afraid "Columbian Cave Women"		Homestead Rescue	Homestead Rescue		Homestead Rescue		Homestead Rescue		Homestead Rescue		
DISN	58	(40) Bluey	(:05) Bluey	Bluey	Bluey	Big City	Big City	Big City	Big City	Big City	Big City	Big City	Big City	Big City	Big City	♀ Raya & the Last Dragon
ESPN	30	(11:00) Postseason NFL Countdown	(N) (Live)				ESPN Films				College Basketball	Creighton at Texas		Playoff	Playoff	
FREE	17	(:40) ♀★★★★ The Princess Bride (87)	Robin Wright, Cary Elwes.		(:10) ♀★★★★ Brave (12) Kelly Macdonald.		(:15) ♀★★★★ Encanto (21) Stephanie Beatriz.									Movie
FX	35	Movie	★★★★ Doctor Strange	(16) Benedict Cumberbatch.			★★★★ Thor: Ragnarok (17) Tom Hiddleston, Chris Hemsworth.						★★★★ Ant-Man and The Wasp (18)			
HIST	39	(11:00) How..	How Disney		How Disney		American Pickers	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers	
LIFE	36	(11:00) ♀ Boarding School Murders			♀ Stalked by My Amish Boyfriend (24)		♀ The Girl Who Wasn't Dead (24) Lyndsy Fonseca.		♀ Girl Who Vanished (25) Rylee Reagan.							
MTV	52	Ridiculous	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	★★★★ Just Go With It	
NICK	56	(11:15) ♀★★ Sing 2 (21) Matthew McConaughey.			♀ How to Train Your Dragon: The Hidden World		SpongeBob	Boss Baby	Loud House	Wylde Pak	SpongeBob	Friends	Friends	Friends	Friends	
PARMT	51	(11:00) Bar..	Bar Rescue		Bar Rescue		Bar Rescue	Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		
SYFY	55	(9:30) ♀ Harry Potter & the Goblet of Fire	★★★★ Harry Potter and the Order of the Phoenix (07) Daniel Radcliffe.		★★★★ Harry Potter and the Half-Blood Prince (09) Daniel Radcliffe.											
TBS	3	Friends	♀★★ The Mummy (99) Rachel Weisz, Brendan Fraser.		★★★★ The Mummy Returns (01											

SUNDAY EVENING JANUARY 18, 2026

B*CAST	SPECTRUM	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	1 AM
2	2	Harlan Coben's Final Twist	Tracker			Sheriff Country "Pilot"		CBS News Chicago (N)	Joni Table	Paid Prog.	NCIS "Sudden Death"		NCIS: Hawaii	
4	83	(6:00) To Be Announced						TMJ4 News	TMJ4 News	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.
5	5	(6:00) To Be Announced						News (N)	Sports	Open House	1st Look	Open House	Paid Prog.	Paid Prog.
6	6	Doc "Chief"		Universal	Krapopolis	FOX 6 News at 9 (N)		FOX 6 News	FOX6	FOX Local	FOX6 Open Record		Bensinger	Judge Judy
7	7	*** Mrs. Doubtfire (93)	Sally Field, Pierce Brosnan, Robin Williams.					News at 10pm (N)		Inside Ed. (N)	Localish	9-1-1 "7.1"		9-1-1
9	9	*** Two Weeks Notice '02	Hugh Grant, Sandra Bullock.			Weekend News (N) (Live)		WGN News	GN Sports	Backstory	Sheldon	Sheldon	Big Bang	Big Bang
9.2	986	Boss	Boss	Family Ties	Family Ties	Family Ties	Family Ties	Drew Carey	Drew Carey	Drew Carey	Drew Carey	NewsRadio	NewsRadio	NewsRadio
10	10	Scarlet "Trafalgar Spring"	All Creatures Great (N)			Bookish (N)		TURN "Against Thy Neighbor"		To Be Announced		R. Steves	Around the World	
11		Scarlet "Trafalgar Spring" (N)	All Creatures Great (N)			Bookish (N)		Murder in "In the Dead Spot"		Austin City Limits (N)		Father "The Invisible Friends"		Paradise
12	12	*** Mrs. Doubtfire (93)	Sally Field, Pierce Brosnan, Robin Williams.					News (N)	News (N)	UpFront	The Rookie "Caught Stealing"	News		News
18	18	*** Two Weeks Notice '02	Hugh Grant, Sandra Bullock.			Connect MKE	The National	News Desk (N)	Attkisson	Black	Positively	Prostate	World's	World's
24	24	Last Man	Last Man	Two Half Men	Two Half Men	Bob Heart	Bob Heart	Fatal Crimes	Web of	Finally Caught "Lipscomb"		Bloodline Detectives		Whacked
26		Bob Heart	Bob Heart	The Conners	The Conners	Modern Fam.	Modern Fam.	Seinfeld	Seinfeld	Funny You	Funny You	Pawn Stars	Pawn Stars	Entertainers
32	13	Doc "Chief"		Universal	Krapopolis	Fox 32 News (N)		Chicago (N)	Bears Game	Good Morning (N)		Bensinger	Bensinger	Whacked
36	974	John McGive	Arts Page	Nature		NOVA "What Are UFOs?"		Secrets of the Dead		Lucy Worsley Investigates		Ireland	Songs	Woodsongs
38		NCIS		NCIS		NCIS "Under the Radar"		NCIS		NCIS "Once a Crook"		NCIS "Better Angels"		NCIS
50		Family Feud	Family Feud	Family Feud	Family Feud	You Don't	Bensinger	Extra (N)		TMZ (N)		Paid Prog.	Paid Prog.	Paid Prog.
55	15	NCIS		NCIS		NCIS "Under the Radar"		NCIS		NCIS "Once a Crook"		NCIS "Better Angels"		NCIS
58	8	Harlan Coben's Final Twist	Tracker			Sheriff Country "Pilot"		News (N)	CBS (N)	Fire "Not Without My Birds"		NCIS "Sudden Death"		S.W.A.T.
A&E	42	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD	(.05) Live PD	(.35) Live PD	(.05) Live PD	(.35) Live PD	(.05) Live PD	(.35) Live PD	(.05) Live PD
AMC	59	(6:00) *** Rocky IV '85)		*** Armageddon (98)	Billy Bob Thornton, Liv Tyler, Bruce Willis.							*** Armageddon (98)	Billy Bob Thornton, Bruce Willis.	
AP	43	Wardens of the North		Wardens of the North (N)		Yellowstone Wardens "Jumping the Gun"				Wardens of the North		Wardens "Adult Skip Day!"		Yellow
BIG10	63	Wm. Basketball Michigan State at Iowa (N) (Live)				The BIG Show (N) (Live)		The BIG Show		BIG Basketball in 60 (N)		The BIG Show		BIG Show
BOOM	109	Scooby-Doo	Scooby-Doo	Flintstone	Flintstone	The Jetsons	The Jetsons	Popeye	Popeye	Scooby	Scooby	Scooby-Doo	Scooby-Doo	Wacky/Race
BRAVO	45	The Real Housewives " " (N)		Married to Medicine (N)		Watch What	The Real Housewives " "	Married to Medicine		Real Housewives " "				The Valley: Persian Style
CHSN		(6:00) NBA Basketball			Bulls (N)	CHSN Podcast Come Alive!		NBA Basketball Brooklyn Nets at Chicago Bulls						Poker Night in America
CNBC	47	Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Leader	Leader	Next
CNN	44	CNN Special Program		CNN Special Program		CNN Special Program		CNN Special Program		CNN Special Program		CNN Special Program		Newsroom
COM	54	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	South Park	South Park	South Park	South Park	South Park
COOK	158	Carnival Eats	Carnival Eats	Carnival Eats	Carnival Eats	Yum-Yummer	Yum-Yummer	Man v. Food	Man v. Food	Carnival Eats	Carnival Eats	Yum-Yummer	Yum-Yummer	Man v. Food
DISC	41	Homestead Rescue "By a Landslide"				Homestead Rescue "Hawaii-Five-No"				Homestead Rescue "All My Stresses Live in Texas"				Homestead
DISN	58	Movie	(.50) Kiff	(.15) Kiff	(.40) Kiff	(.05) Place	Vampirina	Ladybug	Ladybug	Bluey	Bluey	Big City	Big City	Big City
DLC	153	My 600-Lb. Life "Octavia's Story"				600-Lb. Life "Octavia and Aaron"				My 600-Lb. Life "Octavia's Story"				600-Lb. Life
EI	53	*** 17 Again '09	Leslie Mann, Zac Efron.			*** Stargy & Hutch '04	Owen Wilson, Ben Stiller.			*** The King of Staten Island '20	Marisa Tomei, Pete Davidson.			
ESPN	30	Countdown to Kickoff (N) (Live)		SportsCenter	With Scott Van Pelt (N) (Live)	SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportCtr (N)
ESPN2	29	(6:00) 2026 Australian Open Tennis Men's and Women's First Round From Melbourne Park in Melbourne, Victoria, Australia. (N) (Live)												
FDWI	31	(5:00) PWHL	She's	Preview	Fishing	Backroads	Larry	Water	Due North	Snow China, Part 2		Omegaball		Spotlight
FNC	48	Life, Liberty (N) (Live)		Sunday Night (N) (Live)		One Nation (N) (Live)		The Big Weekend Show		The Big Weekend Show		Life, Liberty & Levin		Fox News
FOOD	67	Cooks "Reality Check: The Worst Lotus" (N)		Baking "Family Favorite"		Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Cooks "Reality Check: The Worst Lotus"		Baking "Family Favorite"		
FREE	17	(6:25) *** Moana '16	Auli'i Cravalho.			(.55) *** Lilo & Stitch '02	Daveigh Chase.			(.55) *** Luca '21	Jacob Tremblay.			Paid Prog.
FX	35	(5:30) *** Ant-Man & Wasp		*** Avengers: Infinity War '18	Chris Hemsworth, Josh Brolin, Robert Downey Jr..					*** X-Men	Patrick Stewart, Hugh Jackman.			
GOLF	28	(6:00) PGA Golf Sony Open in Hawaii, Final Round (N) (Live)		PGA Golf Center (N) (Live)		PGA Tour Golf Sony Open in Hawaii, Final Round From Waialae Country Club in Honolulu.								Golf Central
HALL	71	When Calls the Heart (N)		*** Winter Love Story '19	Kevin McGarry, Jen Lilley.			*** Adventures in Love & Birding '25	Rachel Boston.			Golden Girls	Golden Girls	Golden Girls
HALLMY	117	*** Aurora Teagarden Mysteries: Death at the Diner '24		Murder, She Wrote		Murder ... "Judge Not"	Murder, She Wrote			Murder ... "A Killing in Vegas"				Murder ...
HGTV	37	Home Town (N)		Celebrity IOU (N)		Hunters (N)	Hunters	Hunters	Hunters	Celebrity IOU		Hunters	Hunters	Hunters
HIST	39	Pickers "Hot Rod Hero"		American Pickers		(.05) American Pickers	(.05) American Pickers	(.05) American Pickers		(.05) Pickers "Hot Rod Hero"		(.05) American Pickers		(.05) Pickers
LIFE	36	*** The Water Tower '26 (P)				(.05) *** I Am Mary Jo Buttafuoco '26	Chloe Lanier.			*** The Water Tower '26				Movie
LIFEMOV	65	*** Abduction Runs in the Family '21	Jessica Morris.			*** The Book Club Murders '24	Brittany Underwood.			*** Abduction Runs in the Family '21	Jessica Morris.			Movie
METV	19	All in Family	All in Family	All in Family	All in Family	Raymond	Raymond	Van Dyke	Van Dyke	Honeymoon.	Twilight Zone	Alfred Hitchcock Hour		News
MLB	326	Bleacher Features				Top 100 Right Now 100-81		Top 100 Right Now 80-61		Top 100 Right Now 60-41		MLB Network Countdown		Countdown
MSNBC	46	(5:00) Weekend (N) (Live)		The Briefing (N)		Andrew Young: The Dirty Work				Deadline		Dateline		Dateline
MTV	52	(6:00) *** Just Go With It '11		(.45) *** Vacation '15	Christina Applegate, Skyler Gisondo, Ed Helms.			Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous
NATGEO	38	Catch.. "Dark Net Dragnet"		To Catch a Smuggler		Catch.. "Coke on the Water"		To Catch a Smuggler		Drugs, Inc "New York Heroin"		Drugs, Inc.: The Fix		Drugs, Inc
NBA	325	(6:00) Weekend (N) (Live)		Hardwood Classics				NBA Action	Top Dunks	NBA Action	Post up (N)	Post up	Post up	Post up
NFL NET	346	(6:00) NFL Football			NFL GameDay Final (N) (Live)			NFL GameDay Final				NFL Football		
NICK	56	Friends	Friends	Friends	Friends	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Friends	Friends	Friends	Friends
NICK JR.	107	Peppa Pig	Peppa Pig	Peppa Pig	Peppa Pig	Peppa Pig	Peppa Pig	Rubble	Rubble	Bubble	Bubble	Bubble	TeamUmiz.	PAWPatrol
PARMT	51	Bar Rescue		Bar Rescue		Bar Rescue "Tropical Storm"		Bar Rescue		Bar Rescue		Bar Rescue "Doing it for Dad"		Bar Rescue
PBS CREATE	977	(6:00) Milwaukee PBS Weather				Milwaukee PBS Weather						Milwaukee PBS Weather		
PBS WORLD	976	Somewhere "What a Pickle"	Test Kitchen	Test Kitchen		Rick Steves		People	Table for All	Milk Street	Test Kitchen	Test Kitchen	Christina	Test Kitchen
SUND	281	*** Twister '96	Bill Paxton, Cary Elwes, Helen Hunt.			*** Twister '96	Bill Paxton, Cary Elwes, Helen Hunt.			*** Contagion '11	Marion Cotillard.			
SYFY	55	Movie	*** Harry Potter and the Deathly Hallows: Part 1 '10	Rupert Grint, Daniel Radcliffe.		*** Harry Potter and the Deathly Hallows: Part 2 '11	Daniel Radcliffe.							
TBS	3	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	*** The Mummy '99	Rachel Weisz, John Hannah, Brendan Fraser.			*** Gemini Man '19		
TCM	60	*** The Carey Treatment '72	James Coburn.			*** Coma '78	Michael Douglas, Genevieve Bujold.			*** The Love Light '21	Mary Pickford.	(.45) *** The Gate of Heaven		
THIS	983	Modern Fam.	Modern Fam.	Sheldon	Sheldon	CBS 58 News (N)		Seinfeld	Seinfeld	Friends	Friends	Deep Water Salvage		Court Cam
TLC	40	90 Day Fiance: Before the 90 Days "Brace for Impact" (N)				Sister Wives (N)		90 Day Fiance (N)		90 Day Fiance: Before the 90 Days "Brace for Impact"				Sister Wives
TNT	33	*** The Tomorrow War '21	Yvonne Strahovski, J.K. Simmons, Chris Pratt.			*** Skyscraper '18	Neve Campbell, Chin Han, The Rock.			*** The Tomorrow War '21	Chris Pratt.			
TOON	57	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Rick Morty	Rick Morty	Primal (N)	Common S	Smiling	American	American	American
TRAVEL	72	The Alaska Triangle		The Alaska Triangle		The Alaska Triangle		The Alaska Triangle		The Alaska Triangle		The Alaska Triangle		Alaska
TRUTV	74	(6:30) Unriv..	(.45) Unrivaled Basketball			*** King Richard '21	Aunjanue Ellis, Jon Bernthal, Will Smith.			*** Suicide Squad '16	Will Smith.			
TV LAND	61	(.10) Raymond	(.45) Raymond	(.20) Everybody Raymond		(.55) Raymond	Raymond	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld
USA	34	Law-SVU "Vanity's Bonfire"		Law-SVU "Lessons Learned"		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law-SVU
VH1	50	*** Rush Hour 3 '07	Chris Tucker, Jackie Chan.			*** The Blues Brothers '80	Dan Aykroyd, James Brown, John Belushi.			Wild 'n Out		Wild 'n Out		Wild 'n Out
WE	26	Criminal Minds "Proof"		Criminal "Dorado Falls"		Criminal Minds "Painless"		Criminal Minds		Criminal Minds "Epilogue"		9-1-1 "Alone Together"		9-1-1

WEEKDAY MORNING JANUARY 19 TO 23, 2026																
B*CAST	SPECTRUM	4 AM	4:30	5 AM	5:30	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM
2	2	CBS News	CBS News	CBS News Chicago		CBS News Chicago		CBS Mornings				CBS News Chicago		The Price Is Right		News
4	83	Early	Early	TMJ4 News Today		TMJ4 News Today		Today				The Morning Blend		Today 3rd Hour		Today
5	5	NBC 5 News	NBC 5 News	NBC 5 News		NBC 5 News at 6am		Today				Today 3rd Hour		Today-Jenna		NBC 5 News
6	6	Judge Judy	News	Wake-Up News at 5		Wake-Up News at 6		Wake-Up News at 7		Wake-Up News at 8		FOX 6 Wake-		Real Milwaukee		Various
7	7	Good	News	News	ABC7 News	News at 6am		Good Morning America				Live with Kelly and Mark		The View		News
9	9	WGN News		WGN News		WGN Morning News		WGN Morning News		WGN Morning News		WGN Morning News		Daytime Chicago		News
10	10	Various	Various	M Arthur	Odd Squad	Wild Kratts	Various	Lyla	Carl	Tiger	Rosie	Sesame	Work It	Donkey	Pink	Elinor
11		M Florida/PBS News		BBC News	Various	Nature Cat	Arthur	Wild Kratts	Weather	Lyla	Carl	Tiger	Rosie	Sesame	Work It	Donkey
12	12	Good	News	WISN 12 News		WISN 12 News		Good Morning America				Live with Kelly and Mark		The View		Various
18	18	Various	Business	The National News Desk		The National News Desk		The National News Desk		Weather	Paid Prog.	Various	FamFeud	Good Morning Football:		Overtime
24	24	Various	M The	Various	Business	The Jason Show		Hot Bench	Hot Bench	Judge	Judge Ross	Maury		Karamo		S. Wilkos
26		Various	Various	Justice	Judge Ross	Judge	Judge	Judge	Cutlers	The People's Court		Judge	Judge	The Steve Wilkos Show		Maury
32	13	TMZ	Good Day	Good Day		Good Day		Good Day Chicago at 7 AM				Good Day Chicago		Chicago Now!		M Basketball
36	974	Various		Various		Lana Yoga	Lana Yoga	Yndi Yoga	Happy Yoga	Classical	Sit/Be Fit	Europe	Curious	Rosendo	Painting	Paint This
38		Paid Prog.	Various	Various	F Amazing	Various	F Xploration	Various	F Planet	Various	F Planet	Various		Various		Various
50		Church	Passion	Paid Prog.	Paid Prog.	Church	Judge	Hatchett	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Divorce	The 700 Club		Family
55	15	Paid Prog.	Various	Various	F Amazing	Various	F Xploration	Various	F Planet	Various	F Planet	Various		Various		Various
58	8	CBS News	News	CBS 58 Morning News		CBS 58 Morning News		CBS Mornings				Let's Make a Deal		The Price Is Right		The Young
A&E	42	PaidProg.	Paid Prog.	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various
AMC	59	Various	Various	Paid Prog.	Paid Prog.	Various	Paid Prog.	Various	Various	Various	M Lethal Weapon / Tu (:45) G.I. Jane				Movies	Movie
COM	54	South Park	South Park	Various	Various	Various	Various	South Park	South Park	South Park	Various	Various	Various	Various	Various	South Park
DISC	41	Deadliest Catch		M Street/Bering Sea		M Lone Star Law		Various		Th Caught!	Various		Th Caught!	Various	Th Caught!	Various
DISN	58	Bluey	Bluey	Bluey	Various	Mickey	Spidey	Bluey	Bluey	Spidey	Iron Man	Various	Bluey	Bluey	Various	Various
ESPN	30	M W SportsCenter		SportsCenter		SportsCenter		Get Up				First Take				Pat McAfee
FREE	17	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Boy/World	Boy/World	Boy/World	Boy/World	The 700 Club		700 Club Interactive		Various	W F Jim	W F Jim
FX	35	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Various	W X2 / Th Aliens	F Black Widow				Movies		X-Men: The	Last Stand/ Alien 3	Movie
HIST	39	Paid Prog.	Paid Prog.	Amazing	Jeremiah	Various		Various		Various		Various		Various		Various
LIFE	36	Paid Prog.	Jeremiah	Creflo	Robison	Joyce Meyer		The Closer / F NCIS		The Closer / F NCIS		The Closer / F NCIS		Major Crimes / F NCIS		Various
MTV	52	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous
NICK	56	Mod Fam	Neighbor	Neighbor	SpongeBob	PAW Patrol	PAW Patrol	PAW Patrol	PAW Patrol	PAW Patrol	PAW Patrol	PAW Patrol	PAW Patrol	PAW Patrol	PAW Patrol	Various
PARMT	51	Bar Rescue	Various	Inside Ed.	ET	Bar Rescue		Bar Rescue		Bar Rescue		Bar Rescue		Raiders of the Lost Ark/ B.		Bar Rescue
SYFY	55	Twi. Zone	Twi. Zone	Various	F Twi. Zone	F Wolf		Harry Potter & the Half-B...		Movies	Movie	Th Candyman		Movie	Movie	Th Dolittle
TBS	3	Various	Various	Various	Various	Sheldon	Sheldon	Sheldon	Sheldon	Sheldon	Sheldon	Various	Friends	Friends	Friends	Various
TCM	60	Movie	Movies	Movies		Movie	Movies	Movie	Movie	Movie	Movies	Movies	Movie	Movie	Movies	Movies
TNT	33	Charmed / F FBI		Charmed / F FBI		Charmed / F FBI		Charmed / F FBI		Charmed / F FBI		Various		Tu W Cold Case/Th F FBI		Various
TOON	57	Various	Various	Various	Various	Various	Various	Various	(:35) Looney	Various	Be Cool	Be Cool	Scooby-Doo	Scooby-Doo	Various	Various
USA	34	M Law-SVU/ Tu Th Dateline		Various		Various		Various		Various		Various		Various		Various
VH1	50	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Flip Side	Flip Side	Wild 'n Out	Various	Wild 'n Out	Wild 'n Out	Wild 'n Out

WEEKDAY AFTERNOON JANUARY 19 TO 23, 2026																
B*CAST	SPECTRUM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30	6 PM	6:30
2	2	Young & Restless		Bold	Beyond the Gates	Barrymore	Barrymore		Let's Make a Deal		CBS News Chicago	News	CBS-News	News	ET	
4	83	Today	TMJ4 News at Noon		M Basketball/News Daily	Kelly Clarkson			What's...	Inside Ed.	M Basketball/TMJ4 News	TMJ4 News	NBC News	TMJ4 News	Milwaukee	
5	5	Various	NBC News Daily		M Basketball/Dateline	Access Daily			Kelly Clarkson		M Basketball/NBC 5 News	NBC 5 News	NBC News	Various	Hollywood	
6	6	Various	Dateline		Various	M Basketball	TMZ Live		Judge Judy	Various	M Basketball/Fox 6 News	FOX 6 News at 5		FOX 6 News	TMZ	
7	7	F Windy City	GMA3		Tamron Hall		General Hospital		Inside Ed.	Jeopardy!	News at 4pm		News	World News	News	Wheel
9	9	(11:00) News	WGN Midday News		Spotlight Chicago		WGN Take Two		Judy	Judy	WGN Early		WGN Evening News		WGN Evening News	
10	10	Alma's Way	Various	Tu Xavier	Antiques Roadshow		Various		Various		Various		Various	Various	PBS News Hour	
11		Elinor	Alma's Way	Various	Antiques Roadshow		Various		Kitchen	Cook	Father Brown		America	Various	PBS News Hour	
12	12	Various	GMA3		General Hospital		Tamron Hall/W TBA		Jennifer Hudson/W TBA		WISN 12 News at 4		News	World News	News	ET
18	18	GMFB:OT	FamFeud	FamFeud	Puzzler	Puzzler	Flip Side	Flip Side	Funny You	Funny You	25 Words	25 Words	FamFeud	FamFeud	FamFeud	FamFeud
24	24	S.Wilkos	Maury		Karamo		The Steve Wilkos Show		Divorce	Divorce	Hot Bench	Hot Bench	Goldbergs	Goldbergs	Conners	Conners
26		Maury	Karamo		Judge Mathis		Tribunal	Tribunal	Hot Bench	Hot Bench	Judge Judy	Judge Judy	Judge Judy	Judge Judy	Neighbor	Neighbor
32	13	Basketball	Fox 32 News at Noon		Various	M Basketball	Jennifer Hudson		TMZ Live	M Hoops	M Basketball/Fox 32		Fox 32 News at 5		FamFeud	Various
36	974	Old House	Sewing	Sara's	Kitchen	Kitchen	Jazzy	Mexican	Various	Various	Various	Various	Amanpour		Various	Various
38		Various	Various		Various		Various		Various		Various		Various		Various	
50		Family	Good Morning Football:	Overtime	The Jason Show				Bensinger	25 Words	FamFeud	FamFeud	Extra	TMZ	Fox/W Basketball	
55	15	Various	Various		Various		Various		Various		Various		Various		Various	
58	8	Young	CBS 58 News at Noon		Beyond the Gates		Bold	Tribunal	Judy	Judy	CBS 58 News at 4pm		News	CBS-News	Jeopardy!	Wheel
A&E	42	Various	Various	Various	Various	Various	Various	Court Cam	Various	Court Cam	Various	Court Cam	Various	Court Cam	Various	Court Cam
AMC	59	Tu (:45) Lethal Weapon 4			Movie	Movies	Movie	Movie	Th (:15) Men in Black II		Lethal Weapon 4		Beverly Hills Cop II/ My Cousin Vinny/ Guardians of t...			
COM	54	South Park	South Park	South Park	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various
DISC	41	Various	Various		Various		Various		Various		Various		Various		Various	
DISN	58	Various	Various	Bluey	Spidey	Bluey	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various
ESPN	30	(11:00) The Pat McAfee Show			M Football/SportsCenter		M Drive/NBA Today		NFL Live	M Pardon	Various	Pardon	SportCtr	W TBA	Various	M Champ.
FREE	17	Various	Dr. Dolittle 2/ Night at the Museum		Movie		Movie	Cars/ Night at the Museu...	Movie	Movie	Tu Mulan	Movie	Movies	M Up	Tu The Lion King	
FX	35	Movie	Movies	F Eternals			Movies	Tu Thor: The Dark World/W Deadpool			Movies	Movie	Thor: Ragnarok		Venom: Let There Be Car...	
HIST	39	Various	Various		Various		Various		Various		Various		Various		Various	
LIFE	36	Various	Various		Castle / F NCIS		Castle / F NCIS		Castle / F NCIS		Various		Various		Various	
MTV	52	Ridiculous	Ridiculous	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Ridiculous
NICK	56	PAW Patrol	PAW Patrol	PAW Patrol	Various	Various	Various	SpongeBob	Various	Various	Various	Loud House	Various	SpongeBob	Friends	Friends
PARMT	51	BarRescue	Bar Rescue	Movie	Bar Rescue		Bar Rescue		Indiana Jones & the Last ...		Bar Rescue		Various		M Raiders of the Lost Ark	
SYFY	55	Movie	Movie	Movie	Th Renfield	Harry Potter & the Deathl...	Movies		Harry Potter & the Goblet of Fire		Movie	F The Hunger Games	Movies	Movie	Movie	
TBS	3	Friends	Friends	Friends	Friends	Various	Friends	Friends	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang
TCM	60	Freedom on My Mind	Movies		Movie	Movies	Movie	Movie	F Ivanhoe	Movies	Movie	Movie	F Knights of the Round Table/Th (:15) Murder Ahoy!			
TNT	33	Various	Various	NHL Hockey	Various		Th London Has Fallen		Various	Movie	Th Olympus Has Fallen			NHL on TNT	Various	Various
TOON	57	Various	Various	Various	Various	Various	Various	Various	Various	Various	Dexter	Dexter	Burgers	Burgers	Burgers	Burgers
USA	34	Various	Various		Various		Various		Various		Various	M Forensic	Various		Various	
VH1	50	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Love & Hip Hop		Love & Hip Hop		Love & Hip Hop		Love & Hip Hop		Love & Hip Hop	

MONDAY EVENING JANUARY 19, 2026

B'CAST	SPECTRUM	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	1 AM	
2	2	Neighbor	DMV	FBI "Captured"		NCIS-Orig. "End of the Road"		News (N)	(:35) Late Show-Colbert (N)	(:35) Comics	(:05) Comics	(:35) News	(:10) Comics		
4	83	NBA Basketball Boston Celtics at Detroit Pistons (N) (Live)					TMJ4 News		(:35) Tonight Show (N)	(:35) Seth Meyers (N)	TMJ4News		(:05) Morning		
5	5	NBA Basketball Boston Celtics at Detroit Pistons (N) (Live)					NBC 5 News		(:35) Tonight Show (N)	(:35) Seth Meyers (N)	NBC 5 News		(:05) NBCNews		
6	6	Fear Factor: House of Fear		Doc	FOX 6 News at 9 (N)			FOX 6 News	FOX 6 News	TMZ	Dateline	Extra (N)	FOX 6 News		
7	7	To Be Announced							News (N)	(:35) J. Kimmel (N)	(:35) Nightline	(:05) Live "Simple Fix for '26"	(:05) News		
9	9	I Am MLK Jr.				WGN News at Nine (N) (Live)		News (N)	GN Sports	Sheldon	Big Bang	Two Half Men	Last Man	Goldbergs	
9.2	986	Jeffersons		Jeffersons	Jeffersons	Jeffersons	Jeffersons	Johnny Carson	Jeffersons		Jeffersons	Jeffersons	Jeffersons		
10	10	Antiques Roadshow (N)		Marked Man		King Celebration Concert		Becoming Thurgood		Lincoln	R. Steves	Amanpour (N)			
11		Antiques Roadshow (N)		Antiques Roadshow		Becoming Thurgood		TBA	BBC News	Amanpour (N)	Scarlet "Trafalgar Spring"		Creatures		
12	12	To Be Announced							News (N)	(:35) J. Kimmel (N)	(:35) Nightline	(:05) Hollywood	(:35) News	(:05) Suits	
18	18	I Am MLK Jr.				National (N)	National (N)	National (N)	National (N)	ICRIME (N)	ICRIME	Crime	Crime	Chicago Fire	
24	24	Law & Order: SVU "Legacy"		Law-SVU "Baby Killer"		Bob Heart	Bob Heart	Two Half Men	Two Half Men	Last Man	Last Man	Family Feud	Comics	Access (N)	
26		Flip Side (N)	Perfect (N)	Chicago "Impossible Dream"		Chicago Fire		Seinfeld	Seinfeld	Modern Fam.	Modern Fam.	The Conners	The Conners	Perfect	
32	13	Fear Factor: House of Fear		Doc	News (N)			Chicago (N)	The Report	TMZ (N)	Family Feud	Family Feud	News	Chicago	
36	974	America	Context	The American Buffalo		BBC News			PBS News Hour (N)		To Be Announced		Changing	Test Kitchen	
38		Chicago P.D.		Chicago P.D. "I Was Here"		Chicago P.D. "Center Mass"		Chicago "Intimate Violence"		Chicago "Before the Fall"		Chicago P.D. "Lines"		Chicago P.D.	
50		(6:00) Fox Chicago Playlist (N)				Family Feud		Family Feud		48 Hours		Law & Order: SVU "Legacy"		Law-SVU "Baby Killer"	
55	15	Chicago P.D.		Chicago P.D. "I Was Here"		Chicago P.D. "Center Mass"		Chicago "Intimate Violence"		Chicago "Before the Fall"		Chicago P.D. "Lines"		Chicago P.D.	
58	8	Neighbor	DMV	FBI "Captured"		NCIS-Orig. "End of the Road"		News (N)	(:35) Late Show-Colbert (N)	(:35) Comics	(:05) Comics	(:35) Jeopardy!	(:05) Barrymore		
A&E	42	Live PD: Great. "Episode 23"		Live PD "Episode 36" (N)		Live PD "Episode 37" (N)		(:05) Desert Law "Standoff"		(:05) Live PD "Episode 23"		(:05) Live PD "Episode 36"		(:05) Live PD	
AMC	59	★★★★ Beverly Hills Cop '84) Eddie Murphy.					(:15) ★★★ Beverly Hills Cop II (87) Eddie Murphy.		(:15) ★★★★★ Lethal Weapon 2 (89) Danny Glover, Joe Pesci, Mel Gibson.						
AP	43	Work "Vets and Volunteers"		Work on the Wild Side		Work on the Wild Side		Work "All Shapes and Sizes"		Work "Vets and Volunteers"		Work on the Wild Side		Work on the	
BIG10	63	(6:30) BIGSto..		B1G Wrestling in 60 (N)		B1G Hockey in 60 (N)		The Journey		B1G Live (N)		The B1G Show (N) (Live)		The B1G Show	
BOOM	109	Codename	Codename	Ben 10	Looney	Flintstone	The Jetsons	Scooby-Doo	Scooby-Doo	Scooby	Scooby	Be Cool	Be Cool	TBA	
BRAVO	45	Below Deck (N)		Watch What		Southern Charm "Fowl Play"		Below Deck		Bubble Trouble"		Below Deck Mediterranean		Below Deck Mediterranean	
CHSN		Blackhawks		NHL Hockey		Winnipeg Jets at Chicago Blackhawks (N) (Live)									
CNBC	47	Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Dateline	
CNN	44	Cooper 360 (N) (Live)		The Source With (N) (Live)		CNN NewsNight (N) (Live)		Laura Coates Live (N) (Live)		Story Is- Elex (N) (Live)		Story Is- Elex (N) (Live)		Cooper 360	
COM	54	The Office		The Office		The Office		The Office		Family Guy		Family Guy		South Park	
COOK	158	Delicious		Delicious		Bizarre		Bizarre		Zimmern		Zimmern		Zimmern	
DISC	41	Contraband: Seized (N) (SP)		120 Hours (N) (P)		Contraband: Seized		Contraband: Seized		Contraband: Seized		120 Hours Behind Bars		Contraband	
DISN	58	★★★★ Soul (20) Jamie Foxx.		(:45) Vampirina		(:10) Electric		(:35) Kiff		Ladybug		Ladybug		Bluey	
DLC	153	My 600-Lb. Life "Cillas" Story"				My 600-Lb. Life: Where Are They Now? "Cillas and Tiffany"		My 600-Lb. Life "Cillas" Story"							
E!	53	★★★★ Stargy & Hutch (04) Owen Wilson, Ben Stiller.				★★★ Expend4bles (23) Sylvester Stallone, Jason Statham.		9-1-1 "Let the Games Begin"		9-1-1 "Crash & Learn"		9-1-1			
ESPN	30	(6:30) Nat'l Champ. Teams TBA From Hard Rock Stadium in Miami Gardens, Fla. (N) (Live)					(:15) RamTruc..		SportsCenter (N) (Live)		SportsCenter (N) (Live)		SportsCenter (N) (Live)		
ESPN2	31	(6:30) Nat'l Champ. Teams TBA From Hard Rock Stadium in Miami Gardens, Fla. (N) (Live)					(:15) 2026 Australian Open Tennis Men's and Women's First Round (N)								
FDWI	29	(6:30) NHL Hockey Minnesota Wild at Toronto Maple Leafs					Postgame (N)		Golic / Golic		Dialed-In		A Fishing		
FNC	48	Jesse Watters (N) (Live)		Hannity (N) (Live)		Gutfeld! (N)		Fox News at Night (N) (Live)		The Five		Jesse Watters Primetime		Hannity	
FOOD	67	Baking "A Trip to Remember"		Beat Bobby		Beat Bobby		Beat Bobby		Beat Bobby		Baking "A Trip to Remember"		Beat Bobby	
FREE	17	(5:30) ★ Up		(:35) ★★★★★ Coco (17) Voices of Gael García Bernal, Anthony Gonzalez.		The 700 Club (N)		The 700 Club (N)		Jim		Jim		Paid Prog.	
FX	35	★★★★ Uncharted (22) Mark Wahlberg, Sophia Ali, Tom Holland.					★★★★ Uncharted (22) Mark Wahlberg, Sophia Ali, Tom Holland.		★★★★ What Happens in Vegas (08)						
GOLF	28	PGA Tour Golf Sony Open in Hawaii, Final Round From Waialae Country Club in Honolulu.					PGA Tour Golf Sony Open in Hawaii, Final Round From Waialae Country Club in Honolulu.					PGA Korn			
HALL	71	★ Winter in Vail (20) Tyler Hynes, Lacey Chabert.				★ The Birthday Wish (17) Luke Macfarlane, Jessie Schram.		Golden Girls		Golden Girls		Golden Girls		The Waltons	
HALLMY	117	Matlock "The Student"		Matlock "The Talk Show"		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Murder ... "Ever After"		Murder ...	
HGTV	37	Don't Hate Your (N)		Neighbor		Neighbor		Hunters		Hunters		Neighbor		Hunters	
HIST	39	History's Greatest Mysteries		History's Greatest Mysteries		(:05) History's-Mysteries		(:05) History's-Mysteries		(:05) History's-Mysteries		(:05) History's-Mysteries		(:05) Mysteries	
LIFE	36	NCIS "Engaged, Part 1"		NCIS "Engaged, Part 2"		(:05) NCIS		(:05) NCIS "Newborn King"		NCIS "Engaged, Part 1"		NCIS "Engaged, Part 2"		(:05) NCIS	
LIFEMOV	65	★ The Lies We Bury (25) Doug Noble, Kyla Nova.					★ Reba McEntire's The Hammer (23) Reba McEntire.		★ The Lies We Bury (25) Doug Noble, Kyla Nova.		Movie				
METV	19	Andy Griffith	Andy Griffith	Raymond	Raymond	Hogan Hero	Hogan Hero	Carol Burnett	Perry Mason	(:35) Twi. Zone		(:05) Alfred Hitchcock Hour		(:05) Mannix	
MLB	326	Top 100 Right Now 40-21		MLB Tonight		Top 100 Right Now 40-21		MLB Tonight		Top 100 Right Now 40-21		MLB Tonight		All-Time	
MSNBC	46	(6:00) Weeknight (N) (Live)		R. Maddow (N) (Live)		Last Word (N) (Live)		11th-Stephanie (N) (Live)		The Rachel Maddow Show		Last Word With Lawrence		11th Hour	
MTV	52	Ridiculous		Ridiculous		Ridiculous		Ridiculous		Ridiculous		Ridiculous		Ridiculous	
NATGEO	38	Lost "Alexander The Great"		Lost "Rise of Cleopatra"		Lost "Secrets of the Nile"		Lost Treasures of Egypt		Pole to "The South Pole"		(:05) Pole to		(:40) Facing Putin	
NBA	325	(6:00) NBA Basketball		Center Court		NBA Basketball						GameTime		GameTime	
NFL NET	346	NFL Football							The Insiders		NFL Football				
NICK	56	Friends	Friends	Friends	Friends	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Friends	Friends	Friends	Friends	
NICK JR.	107	PAW Patrol	PAW Patrol	Peppa Pig	Peppa Pig	Peppa Pig	Peppa Pig	Rubble	Rubble	Bubble	Bubble	Bubble	TeamUmiz.	PAWPatrol	
PARMT	51	(6:00) ★★★★★ Raiders of the Lost Ark				★★★★ Indiana Jones and the Last Crusade (89) Sean Connery, Harrison Ford.				★★★★ Indiana Jones and the Temple of Doom (84)					
PBS CREATE	977	(6:00) Milwaukee PBS Weather					Milwaukee PBS Weather					Milwaukee PBS Weather			
PBS WORLD	976	Test Kitchen	Kitchen	Test Kitchen	Test Kitchen	R. Steves	Weekends	See Canada	Joy/Painting	Kitchen	Test Kitchen	Table	Cook	Test Kitchen	
SUND	281	NCIS "Blowback"		NCIS "Friends and Lovers"		NCIS "Dead Man Walking"		NCIS "Skeletons"		NCIS "Iceman"		★★★★ The Fugitive (93) Harrison Ford.			
SYFY	55	(4:30) ★ Harry Potter & the So...		★★★★ Harry Potter and the Chamber of Secrets (02) Rupert Grint, Emma Watson, Daniel Radcliffe.		★★★★ Brian and Charles (22) David Earl.									
TBS	3	Big Bang		Big Bang		Big Bang		Big Bang		Big Bang		Imp. Jokers		Modern Fam.	
TCM	60	★ I Heard It Through the Grapevine (82) James Baldwin.					★★★★ Malcolm X (92) Angela Bassett, Albert Hall, Denzel Washington.					★★★★ Uptight (68)			
THIS	983	Perfect (N)	Perfect	48 Hours		CBS 58 News (N)		Seinfeld		Seinfeld		Big Bang		Law-SVU "Born Psychopath"	
TLC	40	90 Day Fiancé: Other (N)		(:05) 90 Day Diaries (N)		(:05) 90 Day: Other (N)		(:05) 1000-lb Sisters		90 Day Fiancé: Other Way		(:05) 90 Day Diaries		(:05) 90 Day	
TNT	33	Unrivaled Basketball		(:15) Unrivaled Basketball		Unrivaled (N)		★★★★ King Richard (21) Aunjanue Ellis, Jon Bernthal, Will Smith.		Cold Case					
TOON	57	Burgers	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Rick Morty	Rick Morty	Rick Morty	Smiling	To Be Announced		TBA	
TRAVEL	72	Mysteries of the Unknown				Mysteries of the Unknown				Mysteries of the Unknown				Mysteries	
TRUTV	74	Unrivaled Basketball		(:15) Unrivaled Basketball		Unrivaled (N)		★★★★ Any Given Sunday (99) Cameron Diaz, Dennis Quaid, Al Pacino.		Inside Jokes					
TV LAND	61	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King	King	King	King	King	Seinfeld	
USA	34	Law & Order: SVU		Law-SVU "Comic Perversion"		Law-SVU "Gridiron Soldier"		Law-SVU "Downloaded Child"		Law-SVU "Secrets Exhumed"		Law-SVU "Funny Valentine"		Law-SVU	
VH1	50	Basketball Wives LA		Basketball Wives LA		Basketball Wives LA		Basketball Wives LA		Basketball Wives LA		Wild 'n Out		Wild 'n Out	
WE	26	Criminal "House on Fire"		Criminal Minds "Conflicted"		Criminal "A Shade of Gray"		Criminal "The Big Wheel"		Criminal Minds "Roadkill"		9-1-1 "Trapped"		9-1-1	

TUESDAY EVENING JANUARY 20, 2026

B'CAST	SPECTRUM	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	1 AM
2	2	NCIS 'Gone Girls'		NCIS-Orig. 'Happy Birthday'		NCIS 'Lost in Translation'		News (N)	(.35) Late Show-Colbert (N)	(.35) Comics	(.05) Comics	(.35) News	(.10) Comics	
4	83	NBA Basketball San Antonio Spurs at Houston Rockets (N) (Live)						TMJ4 News	(.35) Tonight Show (N)	(.35) Seth Meyers (N)		TMJ4News	(.05) Morning	
5	5	NBA Basketball San Antonio Spurs at Houston Rockets (N) (Live)						NBC 5 News	(.35) Tonight Show (N)	(.35) Seth Meyers (N)		NBC 5 News	(.05) NBCNews	
6	6	Best Medicine (N)		Doc (N)		FOX 6 News at 9 (N)		FOX 6 News	FOX 6 News	TMZ	Dateline "What They Saw"	Extra (N)	FOX 6 News	
7	7	Will Trent 'Studio 4B' (N)		High Pote 'Grounded' (N)		The Rookie (N)		News (N)	(.35) J. Kimmel (N)	(.35) Nightline	(.05) Live "Simple Fix for '26"	(.05) News		
9	9	WWE NXT (N) (Live)				WGN News at Nine (N) (Live)		News (N)	GN Sports	Sheldon	Big Bang	Two Half Men	Last Man	Goldbergs
9.2	986	One Day	One Day	Jeffersons	Jeffersons	Sanford	Sanford	Johnny Carson		Becker	Becker	Wings	Wings	Mad About
10	10	Roots 'Caribbean Roots' (N)		Breaking the Deadlock (N)		Frontline "2,000 Meters to Andriivka"				The American Revolution	"An Asylum for Mankind"		(.05) R. Steves	
11		Roots 'Caribbean Roots' (N)		Breaking the Deadlock (N)		Frontline "2,000 Meters to Andriivka"				Chicago	BBC News	Amanpour (N)		Antiques
12	12	Will Trent 'Studio 4B' (N)		High Pote 'Grounded' (N)		The Rookie (N)		News (N)	(.35) J. Kimmel (N)	(.35) Nightline	(.05) Hollywood	(.35) News	(.05) Suits	
18	18	WWE NXT (N) (Live)				National (N)	National (N)	National (N)	National (N)	iCRIME (N)	iCRIME	Crime	Crime	Chicago Fire
24	24	Chicago P.D.		Chicago "There's My Girl"		Bob Heart	Bob Heart	Two Half Men	Two Half Men	Last Man	Last Man	Family Feud	Comics	Access (N)
26		Flip Side (N) Perfect (N)		Chicago "The Radical Truth"		Chicago Fire		Seinfeld	Seinfeld	Modern Fam.	Modern Fam.	The Conners	The Conners	Perfect
32	13	Best Medicine (N)		Doc (N)		News (N)	1st & North	The Report	TMZ (N)	Family Feud	Family Feud	News	1st & North	Chicago
36	974	America	Context	Velvet			R. Steves	BBC News	PBS News Hour (N)		Nature		Arts Page	Test Kitchen
38		Chicago Fire		Chicago Fire		Chicago Fire 'Winterfest'		Chicago 'Back With a Bang'		Chicago Fire 'Fog of War'		Chicago Fire 'Show of Force'		Chicago Fire
50		(6:00) Fox Chicago Playlist (N)				Family Feud	Family Feud	48 Hours		Chicago P.D.		Chicago "There's My Girl"		Law-SVU
55	15	Chicago Fire		Chicago Fire		Chicago Fire 'Winterfest'		Chicago 'Back With a Bang'		Chicago Fire 'Fog of War'		Chicago Fire 'Show of Force'		Chicago Fire
58	8	NCIS 'Gone Girls'		NCIS-Orig. 'Happy Birthday'		NCIS 'Lost in Translation'		News (N)	(.35) Late Show-Colbert (N)	(.35) Comics	(.05) Comics	(.35) Jeopardy!	(.05) Barrymore	
A&E	42	Court Cam	Court Cam	Court Cam	Court Cam	Booked 'DUI Dilemma' (N)	(.05) CourtCam	(.35) CourtCam	(.05) CourtCam	(.35) CourtCam	(.05) CourtCam	(.35) CourtCam	(.05) Booked	
AMC	59	***** Remember the Titans		Will Patton, Denzel Washington.			***** The Replacements	Gene Hackman, Orlando Jones, Keanu Reeves.			(.15) ***** Draft Day	(.14) Kevin Costner.		
AP	43	Lone Star Law		Lone Star "Killer on Camera"		Lone Star Law		Lone Star "Sparking Disaster"		Lone Star Law		Lone Star "Killer on Camera"		Lone Star
BIG10	63	(5:30) Basket..	College Basketball Rutgers at Iowa (N) (Live)			Journey (N)		BIG Live (N)	BIG Moment	BIG Show	BIG Show	The Journey	BIG Show	BIG Show
BOOM	109	Codename	Codename	Ben 10	Looney	Flintstone	The Jetsons	Scooby-Doo	Scooby-Doo	Scooby	Scooby	Be Cool	Be Cool	The Smurfs
BRAVO	45	Housewives SLC (N)		Vanderpump Rules " " (N)		Real SLC 'Reunion Part 2'		Vanderpump Rules " "		Real Housewives " "		Below Deck		
CHSN		NBA Basketball LA Clippers at Chicago Bulls (N) (Live)				Bulls (N)	Pro Football	Journey		NBA Basketball LA Clippers at Chicago Bulls				
CNBC	47	Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Dateline
CNN	44	Cooper 360 (N) (Live)		The Source With (N) (Live)		CNN NewsNight (N) (Live)		Laura Coates Live (N) (Live)		Story Is- Elex (N) (Live)		Story Is- Elex (N) (Live)		Cooper 360
COM	54	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Daily Show	FamilyGuy	Family Guy	Family Guy	Family Guy	South Park	South Park
COOK	158	Man v. Food	Man v. Food	Bourdain 'Saudi Arabia'		No Reservation 'Chicago'		No Reservation 'Venice'		Bourdain 'Saudi Arabia'		No Reservation 'Chicago'		Bourdain
DISC	41	Moonshiners (N)		Moonshiners (N)		Moonshiners: "Hot Liquor"		Master 'American Agave'		Moonshiners		Moonshiners		Master
DISN	58	***** High School Musical 2	(.07) Zac Efron.			Electric	Kiff	Ladybug	Ladybug	Bluey	Bluey	Big City	Big City	Big City
DLC	153	Hoarding: Buried Alive		Hoarding: Buried Alive		Hoarding "Not a Safe Place"		Hoarding "A Horrible Sight"		Hoarding: Buried Alive		Hoarding: Buried Alive		Hoard-Buried
E!	53	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	Sex-City	Sex-City	Sex-City	Sex-City	Sex-City
ESPN	30	(6:00) TGL Golf		College Basketball Teams TBA (N) (Live)				College Basketball Kansas at Colorado (N) (Live)				SportsCenter (N) (Live)		SportCtr (N)
ESPN2	29	(6:00) College Basketball		2026 Australian Open Tennis Men's and Women's Second Round From Melbourne Park in Melbourne, Victoria, Australia. (N) (Live)										
FDWI	31	(6:00) NHL Hockey		Postgame (N)	Wild on 7th	Badgers	Golic / Golic			The Card Life	NHL Hockey	Minnesota Wild at Montreal Canadiens		
FNC	48	Jesse Watters (N) (Live)		Hannity (N) (Live)		Gutfeld! (N)		Fox News at Night (N) (Live)		The Five		Jesse Watters Primetime		Hannity
FOOD	67	Chopped		Wildcard Kitchen (N)		Kitchen 'Frenemies'		Chopped 'Superhero Chefs!'		Wildcard Kitchen		Kitchen 'Frenemies'		Chopped
FREE	17	(6:00) ***** The Lion King		***** The Little Mermaid	(.89) Jodi Benson.			The 700 Club (N)		Jim	Jim	Jim	Jim	Paid Prog.
FX	35	(5:00) * Thor: Ragnarok		***** Thor: Love and Thunder	(.22) Natalie Portman, Chris Hemsworth.		***** Eternals	(.21) Salma Hayek, Kit Harington, Angelina Jolie.						
GOLF	28	(5:30) PGA Korn Ferry Tour Golf		DP World Tour Golf Dubai Invitational, Final Round From Dubai Creek Resort in Dubai, United Arab Emirates.										
HALL	71	* An Unexpected Valentine	(.25) Lacey Chabert.			Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	The Waltons
HALLMY	117	Murder, She Baked "A Plum Pudding Mystery"				Murder ... "Badge of Honor"		Murder, She Wrote		Murder ... "Murder in Milan"		Murder ... "Family Secrets"		Murder ...
HGTV	37	Fixer to Fabulous (N)		Farmhouse 'Attic Appeal'		House (N)	House (N)	House	House	Farmhouse 'Attic Appeal'		House	House	House
HIST	39	The Curse of Oak Island		The Curse of Oak Island (N)	(.05) MonsterQuest			(.05) Curse of Oak Island		(.05) Curse of Oak Island		Oak Island "A Fort Knight"	(.05) Monster	
LIFE	36	Castle 'Heroes & Villains'		Castle 'Head Case'	(.05) Castle			(.05) Castle		Castle 'Heroes & Villains'		Castle 'Head Case'	(.05) Castle	
LIFEMOV	65	* Killing All My Sisters' (24)	Isabella Carlsen.			* Secret Life of a Sorority Girl	(.24) Jessica Morris.			* Killing All My Sisters' (24)	Isabella Carlsen.			Movie
METV	19	Andy Griffith	Andy Griffith	Raymond	Raymond	Hogan Hero	Hogan Hero	Carol Burnett	Perry Mason		(.35) Twi. Zone	(.05) Alfred Hitchcock Hour	(.05) Mannix	
MLB	326	2026 Election		MLB Tonight		2026 Election		MLB Tonight		2026 Election		MLB Tonight		2026 Election
MSNBC	46	All In With (N) (Live)		The Briefing (N) (Live)		Last Word (N) (Live)		11th-Stephanie (N) (Live)		The Briefing With Jen Psaki		Last Word With Lawrence		11th Hour
MTV	52	Caught in Act (N)		Caught in Act		Caught in Act		Caught in Act		Caught in Act		Caught in Act		Caught in Act
NATGEO	38	(.20) Pole to Pole		Pole to Pole (N)		Pole to "The Himalayas" (N)		Pole to Pole	(.40) Pole to Pole		(.40) Pole to "The Himalayas"	(.45) Life Below 'A Wild Life'		
NBA	325	(6:00) NBA G League		NBA Special		NBA Special		NBA Special		NBA Special		Game of the Day		
NFL NET	346	NFL Football						The Insiders		NFL Football				
NICK	56	Friends	Friends	Friends	Friends	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Friends	Friends	Friends	Friends
NICK JR.	107	PAW Patrol	PAW Patrol	Peppa Pig	Peppa Pig	Peppa Pig	Peppa Pig	Rubble	Rubble	Bubble	Bubble	Bubble	TeamUmiz.	PAWPatrol
PARMT	51	Movie		* * * * * Grown Ups 2	(.13) Kevin James, Chris Rock, Adam Sandler.			* * * * * Grown Ups	(.10) Kevin James, Chris Rock, Adam Sandler.				* * * * * Grown Ups 2	(.13)
PBS CREATE	977	(6:00) Milwaukee PBS Weather				Milwaukee PBS Weather								
PBS WORLD	976	Milk Street	Kitchen	Test Kitchen	Test Kitchen	R. Steves	Rosendo	Darley	Joy/Painting	Kitchen	Milk Street	Key	Wild Harvest	Test Kitchen
SUND	281	Law & Order 'Corpus Delicti'		Law & Order 'Trophy'		Law & Order 'Charm City'		Bones 'Pilot'		Bones 'The Man in the SUV'		Bones 'A Boy in a Tree'		Bones
SYFY	55	(6:30) * * * * * Harry Potter and the Order of the Phoenix	(.07)					Potter and the Half-Blood Prince	(.09) Rupert Grint, Emma Watson, Daniel Radcliffe.					Twilight Zone
TBS	3	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Imp. Jokers	Modern Fam.	Modern Fam.	Modern Fam.	Modern Fam.
TCM	60	***** On the Waterfront	(.54) Marlon Brando.			***** A Place in the Sun	(.51) Montgomery Clift.			(.15) * * * * * Alice Doesn't Live Here Anymore	(.74)			Movie
THIS	983	Perfect (N)		48 Hours		CBS 58 News (N)		Seinfeld	Seinfeld	Big Bang	Law-SVU 'Girl Dishonored'	Chicago 'The Radical Truth'		
TLC	40	1000-lb Sisters (N)		1000-lb Sisters (N)		Suddenly Amish (N)		Sister Wives		1000-lb Sisters		1000-lb Sisters		Suddenly
TNT	33	(6:30) NHL Hockey Boston Bruins at Dallas Stars (N) (Live)				NHL Hockey New Jersey Devils at Edmonton Oilers (N) (Live)						Post-Game	***** The Accountant	(.16)
TOON	57	Burgers	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Rick Morty	Rick Morty	Rick Morty	Smiling	Oh My God	American	American
TRAVEL	72	Paranormal Emergency		Paranormal Emergency		Paranormal "It Was Angry"		Paranormal Emergency		Paranormal Emergency			Paranormal Emergency	Paranormal
TRUTV	74	(6:30) Basketball DePaul at Butler (N) (Live)		Postgame (N)		NHL Hockey New Jersey Devils at Edmonton Oilers (N) (Live)						Post-Game	Foul Play	Inside Jokes
TV LAND	61	(.10) Raymond	(.45) Raymond	(.20) Everybody Raymond		(.55) Raymond	Raymond	King	King	King	King	King	King	Seinfeld
USA	34	Law & Order: SVU		Law-SVU 'Maternal Instincts'		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law-SVU 'Traumatic Wound'		Law-SVU
VH1	50	Basketball Wives LA		Bsk. Wives Reunion		Bsk. Wives Reunion		Basketball Wives LA		Basketball Wives LA		Wild 'n Out	Wild 'n Out	Wild 'n Out
WE	26	Criminal Minds		Criminal Minds 'Haunted'		Criminal Minds 'Reckoner'		Criminal Minds 'Hopeless'		Criminal "Cradle to Grave"		S.W.A.T. 'Short Fuse'		S.W.A.T.

WEDNESDAY EVENING JANUARY 21, 2026

B'CAST	SPECTRUM	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	1 AM	
2	2	Hollywood Squares (N)		Price Is Right (N)		Harlan Coben's Final (N)		News (N)	(:35) Late Show-Colbert (N)		(:35) Comics	(:05) Comics	(:35) News	(:10) Comics	
4	83	Chicago "Frost on Fire" (N)		Chicago "Carry a Torch" (N)		Chicago P.D. "Faith" (N)		TMJ4 News	(:35) Tonight Show (N)		(:35) Seth Meyers (N)		TMJ4News	(:05) Morning	
5	5	Chicago "Frost on Fire" (N)		Chicago "Carry a Torch" (N)		Chicago P.D. "Faith" (N)		NBC 5 News	(:35) Tonight Show (N)		(:35) Seth Meyers (N)		NBC 5 News	(:05) NBCNews	
6	6	The Masked Singer (N)		Fear Factor (N)		FOX 6 News at 9 (N)		FOX 6 News	FOX 6 News	Inside	Dateline "Reckless"		Extra (N)	FOX 6 News	
7	7	Shifting (N)	Abbott (N)	Dirty Talk-TV (N)		Shark Tank (N)		News (N)	(:35) J. Kimmel (N)		(:35) Nightline		(:05) Kelly and Mark	(:05) News	
9	9	Police "She's Breathing" (N)		Police 24/7		WGN News at Nine (N) (Live)		News (N)	GN Sports	Sheldon	Big Bang	Two Half Men	Last Man	Goldbergs	
9.2	986	One Day	One Day	Jeffersons	Jeffersons	Sanford	Sanford	Johnny Carson		Becker	Becker	Wings	Wings	Mad About	
10	10	Nature		NOVA (N) (SP)		Secrets of the Dead		Nature		Roots "Caribbean Roots"		R. Steves	Amanpour (N)		
11		Nature		NOVA (N) (SP)		Secrets of the Dead		Chicago	BBC News	Amanpour (N)		Roots "Caribbean Roots"		Deadlock	
12	12	Shifting (N)	Abbott (N)	Dirty Talk-TV (N)		TBA		TBA	(:35) J. Kimmel (N)		(:35) Nightline		(:05) To Be Announced	World News	
18	18	Police "She's Breathing" (N)		Police 24/7		National (N)		National (N)	National (N)	ICRIME (N)	ICRIME	Crime	Crime	Chicago Fire	
24	24	Dateline "Deadly Intent"		Dateline "Deadly Denial"		Bob Heart		Bob Heart	Two Half Men	Two Half Men	Last Man	Last Man	Family Feud	Comics	
26		Flip Side (N)	Perfect (N)	Chicago "Signs of Violence"		Chicago Fire		Seinfeld	Seinfeld	Modern Fam.	Modern Fam.	The Conners	The Conners	Perfect	
32	13	The Masked Singer (N)		Fear Factor (N)		News (N)		Chicago (N)	The Report	TMZ (N)	Family Feud	Family Feud	News	Chicago	
36	974	America	Context	Professor T		Professor T		BBC News	PBS News Hour (N)		History Detectives		John McGive	Test Kitchen	
38		Law-SVU "Dreams Deferred"		Law-SVU "Presumed Guilty"		Law-SVU "Beautiful Frame"		Law-SVU "Criminal Hatred"		Law-SVU "Monster's Legacy"		Law-SVU "Secrets Exhumed"		Law-SVU	
50		(6:00) College Basketball		Fox Chicago Playlist (N)		Family Feud		Family Feud	48 Hours (N)		Dateline "Deadly Intent"		Dateline "Deadly Denial"	Law-SVU	
55	15	Law-SVU "Dreams Deferred"		Law-SVU "Presumed Guilty"		Law-SVU "Beautiful Frame"		Law-SVU "Criminal Hatred"		Law-SVU "Monster's Legacy"		Law-SVU "Secrets Exhumed"		Law-SVU	
58	8	Hollywood Squares (N)		Price Is Right (N)		Harlan Coben's Final (N)		News (N)	(:35) Late Show-Colbert (N)		(:35) Comics		(:05) Comics	(:35) Jeopardy!	
A&E	42	Alaska State Troopers (N)		Ozark Law (N)		Desert Law (N)		(:05) Alaska State Troopers		(:05) Alaska State Troopers		(:05) Ozark Law		(:05) DesertLaw	
AMC	59	🔴🔴🔴 Men in Black '97		Will Smith, Tommy Lee Jones.		🔴🔴🔴 Men in Black II '02		Will Smith, Tommy Lee Jones.		🔴🔴🔴 Men in Black 3 '12		Tommy Lee Jones, Josh Brolin, Will Smith.			
AP	43	Work on the Wild Side		Work "The Great Escape" (N)		Crikey! It's the Irwins		The Irwins "Bindi Says Yes!"		Work on the Wild Side		Work "The Great Escape"		The Irwins	
BIG10	63	(6:00) College Basketball		College Basketball Washington at Nebraska (N) (Live)				College Basketball Northwestern at USC (N) (Live)				BIG Show		BIG Show	
BOOM	109	Codename	Codename	Ben 10	Looney	Flintstone	The Jetsons	Scooby-Doo	Scooby-Doo	Scooby	Scooby	Be Cool	Be Cool	The Smurfs	
BRAVO	45	Southern Charm "Fowl Play"		Southern Charm (N)		Watch What		Real Housewives "		Southern Charm		The Valley: Persian Style		The Valley: Per "Darth Vida"	
CHSN		NBA Basketball LA Clippers at Chicago Bulls				Pro Football		CHSN Podcast Come Alive!		NBA Basketball LA Clippers at Chicago Bulls					
CNBC	47	Shark Tank		Shark Tank		Leader (N)		Leader (N)	Leader	Leader	Leader	Leader	Leader	Dateline	
CNN	44	Cooper 360 (N) (Live)		The Source With (N) (Live)		CNN NewsNight (N) (Live)		Laura Coates Live (N) (Live)		Story Is- Elex (N) (Live)		Story Is- Elex (N) (Live)		Cooper 360	
COM	54	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Daily Show	FamilyGuy	Family Guy	Family Guy	Family Guy	South Park	South Park	
COOK	158	Baking "Lunchbox Impostors"		Baking "Out of This World"		Baking "Sand Castle Sweets"		Baking "Cover Story Cakes"		Baking "Lunchbox Impostors"		Baking "Out of This World"		Kids Baking	
DISC	41	Expedition Unknown		Expedition X (N)		Expedition Files (N)		Ghost Adventures (N)		Expedition Unknown		Expedition X		Expedition	
DISN	58	Kiff: Ring	Phineas	Place	Vampirina	Electric	Kiff	Ladybug	Ladybug	Bluey	Bluey	Big City	Big City	Big City	
DLC	153	Mystery Diagnosis		Mystery Diagnosis		Diseases "Frenetic Genetics"		Mystery Diagnosis		Mystery Diagnosis		Mystery Diagnosis		Diseases	
EI	53	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	Sex-City	Sex-City	Sex-City	Sex-City	Sex-City	
ESPN	30	(6:00) NBA Basketball		(:35) NBA Basketball Oklahoma City Thunder at Milwaukee Bucks (N) (Live)				(:05) SportsCenter (N) (Live)				SportsCenter (N) (Live)		SportsC. (N)	
ESPN2	29	(6:00) College Basketball		2026 Australian Open Tennis Men's and Women's Second Round From Melbourne Park in Melbourne, Victoria, Australia. (N)											
FDWI	31	Golic / Golic		Pregame (N)		NBA Basketball Oklahoma City Thunder at Milwaukee Bucks (N) (Live)		Postgame (N)		Basketball		Badgers	NBA Basketball		
FNC	48	Jesse Watters (N) (Live)		Hannity (N) (Live)		Gutfeld! (N)		Fox News at Night (N) (Live)		The Five		Jesse Watters Primetime		Hannity	
FOOD	67	Grocery "Discount Dinners"		Guy's Grocery Games (N)		Guy's Grocery Games		Wildcard Kitchen		Guy's Grocery Games		Guy's Grocery Games		Kitchen	
FREE	17	🔴🔴🔴 The Parent Trap '98		Dennis Quaid, Natasha Richardson, Lindsay Lohan.		The 700 Club (N)		Jim		Jim	Jim	Jim	Jim	Paid Prog.	
FX	35	(:5:00) 🔴 Deadpool & Wolverine		The Beauty (N) (P)		The Beauty (N)		The Beauty (N)		The Beauty "Beautiful Pilot"		The Beauty		The Beauty	
GOLF	28	(:5:00) PGA Korn Ferry Tour		PGA TOUR Champions		The Smylie Show		Vanity Index Podcast		Golf Central		PGA TOUR Champions		Lessons	
HALL	71	🔴 Love on the Amazon '26				Golden Girls		Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	The Waitons	
HALLMY	117	Hannah Swensen Mysteries		"Carrot Cake Murder"		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Murder ...	
HGTV	37	Ugliest (N)	Cheap AS\$	Cheap AS\$	Neighbor (N)	Hunters (N)	Hunters	Hunters	Hunters	Cheap AS\$	Neighbor	Hunters	Hunters	Hunters	
HIST	39	Swamp People "Smoke on the Bayou" (N)		(:35) Pawn Stars (N)		(:35) Pawn Stars		PawnStars		(:05) Swamp People "Smoke on the Bayou" (N)		(:35) Pawn Stars			
LIFE	36	Equalizer "Full Throttle" (N)		Equalizer "Blind Justice" (N)		(:05) The Equalizer (N)		(:05) The Equalizer (N)		The Equalizer "Full Throttle"		The Equalizer "Blind Justice"		(:05) Equalizer	
LIFEMOV	65	🔴 I Was Honey Boo Boo '25		Vale Cooper, Isabelle Ayres.		🔴 I Was Octomom: The Natalie Suleman Story '25		🔴 I Was Honey Boo Boo '25		🔴 I Was Honey Boo Boo '25		Vale Cooper, Isabelle Ayres.		Movie	
METV	19	Andy Griffith	Andy Griffith	Raymond	Raymond	Hogan Hero	Hogan Hero	Carol Burnett	Perry Mason	(:35) Twi. Zone		(:05) Alfred Hitchcock Hour		(:05) Mannix	
MLB	326	Top 100 Right Now 20-11		Double Play 2025: New York Mets at Milwaukee Brewers		Top 100 Right Now 20-11		MLB Tonight		MLB Tonight		MLB Network Double Play			
MSNBC	46	All In With (N) (Live)		The Briefing (N) (Live)		Last Word (N) (Live)		11th-Stephanie (N) (Live)		The Briefing With Jen Psaki		Last Word With Lawrence		11th Hour	
MTV	52	🔴🔴🔴 The Wedding Singer '98		(98) Drew Barrymore, Adam Sandler.		🔴🔴 Tammy '14		Susan Sarandon, Kathy Bates, Melissa McCarthy.		🔴🔴🔴 The Wedding Singer '98					
NATGEO	38	Smuggler "Cocaine Cop"		Catch a Smuggler: Madrid		Smuggler (N)		Smuggler (N)		Catch a Smuggler: Madrid		Smuggler "Sneaker Stash"		Border	
NBA	325	(4:00) Game of the Day													
NFL NET	346	NFL Football													
NICK	56	Friends	Friends	Friends	Friends	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Friends	Friends	Friends	Friends	
NICK JR.	107	PAW Patrol	PAW Patrol	Peppa Pig	Peppa Pig	Peppa Pig	Peppa Pig	Rubble	Rubble	Bubble	Bubble	Bubble	TeamUmiz.	PAWPatrol	
PARMT	51	(5:00) TBA		🔴🔴🔴 Top Gun '86		Kelly McGillis, Anthony Edwards, Tom Cruise.		To Be Announced				🔴🔴🔴 Mission: Impossible			
PBS CREATE	977	(6:00) Milwaukee PBS Weather				Milwaukee PBS Weather				Milwaukee PBS Weather					
PBS WORLD	976	Life	Kitchen	Test Kitchen	Test Kitchen	R. Steves	Samantha	Daytripper	Joy/Painting	Kitchen	Life	Simply Ming	Cook	Test Kitchen	
SUND	281	Law & Order "Slave"		Law & Order "Girlfriends"		Law & Order "Pro Se"		Law & Order "Homesick"		Law & Order "Aftershock"		Law & Order "Aftershock"		Law & Order	
SYFY	55	(:6:00) 🔴 Harry Potter and the Deathly Hallows: Part 1													
TBS	3	All Elite Wrestling: Dynamite (N)					Imp. Jokers	Imp. Jokers	Imp. Jokers	Modern Fam.	Modern Fam.	Modern Fam.	Modern Fam.	Modern Fam.	
TCM	60	Movie	🔴🔴🔴 The Taking of Pelham One Two Three '74				Movie	🔴🔴🔴 Mean Streets '73		Harvey Keitel, Robert De Niro.		🔴🔴🔴 Shaft '71		Richard Roundtree.	
THIS	983	Perfect (N)	Perfect	48 Hours (N)		CBS 58 News (N)		Seinfeld	Seinfeld	Big Bang	Law-SVU "Traumatic Wound"	Chicago "Signs of Violence"			
TLC	40	My Strange Addiction (N)		My Strange Addiction (N)		Save My Skin (N)		Save My Skin		My Strange Addiction		My Strange Addiction		Save My Skin	
TNT	33	(6:00) NHL Hockey			NHL Hockey		New York Islanders at Seattle Kraken (N) (Live)			Post-Game		🔴🔴🔴 London Has Fallen '16			
TOON	57	Burgers	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Rick Morty	Rick Morty	Rick Morty	Smiling	Oh My God	American	American	
TRAVEL	72	Paranormal Caught on Cam.		Paranormal Caught on Cam.		Paranormal Caught on Cam.		Paranormal Caught on Cam.		Paranormal Caught on Cam.		Paranormal Caught on Cam.		Paranormal	
TRUTV	74	(6:00) NHL Hockey		NHL Hockey		New York Islanders at Seattle Kraken (N) (Live)			Post-Game		Wipeout		Inside Jokes		
TV LAND	61	(:10) Raymond		(:45) Raymond		(:20) Everybody Raymond		(:55) Raymond		Raymond	King	King	King	King	Seinfeld
USA	34	League One LOVB Austin at LOVB Madison (N) (Live)					9-1-1 "Voices"		9-1-1 "Holy Mother of God"		9-1-1 "Don't Drink the Water"		9-1-1 "Seismic Shifts"		
VH1	50	Basketball Wives LA		Basketball Wives LA		Basketball Wives LA		Basketball Wives LA		Basketball Wives LA		Wild 'n Out		Wild 'n Out	
WE	26	NCIS "See No Evil"		NCIS "Good Wives Club"		NCIS "Vanished"		NCIS "Lt. Jane Doe"		NCIS "The Bone Yard"		S.W.A.T. "The Fugitive"		S.W.A.T.	

THURSDAY EVENING JANUARY 22, 2026

B*CAST	SPECTRUM	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	1 AM
2	2	George & M. Ghosts		Matlock "Mousetrap"		Matlock "Harm Reduction"		News (N)	(:35) Late Show-Colbert (N)	(:35) Comics	(:05) Comics	(:35) News	(:10) Comics	
4	83	Law & Order (N)		Law & Order: SVU (N)		Hunting "Zack Lang" (N)		TMJ4 News	(:35) Tonight Show (N)	(:35) Seth Meyers (N)		TMJ4News	(:05) Morning	
5	5	Law & Order (N)		Law & Order: SVU (N)		Hunting "Zack Lang" (N)		NBC 5 News	(:35) Tonight Show (N)	(:35) Seth Meyers (N)		NBC 5 News	(:05) NBCNews	
6	6	Hell's Kitchen (N) (SF)		Animal (N)	Dutch (N)	FOX 6 News at 9 (N)		FOX 6 News	FOX 6 News	TMZ	Dateline "The Capture"	Extra (N)	FOX 6 News	
7	7	9-1-1 "Fighting Back" (N)		911: Nash "Pipe Dreams" (N)		Anatomy "Fortunate Son" (N)		News (N)	(:35) J. Kimmel (N)	(:35) Nightline	(:05) Kelly and Mark		(:05) News	
9	9	Scrabble (N) (SP)		Trivial Pursuit (N) (SP)		WGN News at Nine (N) (Live)		News (N)	GN Sports	Sheldon	Big Bang	Two Half Men	Last Man	Goldbergs
9.2	986	One Day	One Day	Jeffersons	Jeffersons	Sanford	Sanford	Johnny Carson		Becker	Becker	Wings	Wings	Mad About
10	10	McGivern	Track Ah'd	Old House	Old House	Outdoor	Milwaukee	Weekends	MotorWeek	To Be Announced		R. Steves	Amanpour (N)	
11		Midsomer	(:45) Midsomer Murders	George Gently	"Gently With the Innocents"		Chicago	BBC News	Amanpour (N)		Nature		NOVA (SP)	
12	12	9-1-1 "Fighting Back" (N)		911: Nash "Pipe Dreams" (N)		Anatomy "Fortunate Son" (N)		News (N)	(:35) J. Kimmel (N)	(:35) Nightline	(:05) Hollywood	(:35) News	(:05) Suits	
18	18	Scrabble (N) (SP)		Trivial Pursuit (N) (SP)		National (N)	National (N)	National (N)	National (N)	iCRIME (N)	iCRIME	Crime	Crime	Chicago Fire
24	24	Dateline		Dateline "Circle of Friends"		Bob Heart	Bob Heart	Two Half Men	Two Half Men	Last Man	Last Man	Family Feud	Comics	Access (N)
26		Flip Side (N)	Perfect (N)	Chicago P.D. "Due Process"		Chicago "Madmen and Fools"		Seinfeld	Seinfeld	Modern Fam.	Modern Fam.	The Conners	The Conners	Perfect
32	13	Hell's Kitchen (N) (SF)		Animal (N)	Dutch (N)	News (N)	Chicago (N)	The Report	TMZ (N)	Family Feud	Family Feud	News	Chicago	Chicago
36	974	America	Context	Grantchester		Grantchester		BBC News	PBS News Hour (N)	Celebrity Trip		Arts Page	Test Kitchen	
38		FBI "Never Trust a Stranger"		FBI "Unreasonable Doubt"		FBI "Liar's Poker"		FBI "Crazy Love"		FBI "Clean Slate"		FBI "Uncovered"		FBI
50		(6:00) Fox Chicago Playlist (N)				Family Feud	Family Feud	48 Hours		Dateline		Dateline "Circle of Friends"		Law-SVU
55	15	FBI "Never Trust a Stranger"		FBI "Unreasonable Doubt"		FBI "Liar's Poker"		FBI "Crazy Love"		FBI "Clean Slate"		FBI "Uncovered"		FBI
58	8	George & M. Ghosts		Matlock "Mousetrap"		Matlock "Harm Reduction"		News (N)	(:35) Late Show-Colbert (N)	(:35) Comics	(:05) Comics	(:35) Jeopardy!	(:05) Barrymore	
A&E	42	First 48 "The Cool Mom" (N)		Homicide Squad New (N)		Crime in Progress (N)		(:05) The First 48	(:05) First 48 "The Cool Mom"	(:05) Homicide Squad New	(:05) Crime-Pr.			
AMC	59	(5:15) ♣ Guardians of the Gal...		TNA Impact! (N)				♣♣♣ Armageddon (98) Billy	Bob Thornton, Liv Tyler, Bruce Willis.					
AP	43	I Was Prey "Night Stalker"		I Was Prey "Wicked Bite"		I Was Prey		I Was Prey		I Was Prey "Night Stalker"		I Was Prey "Wicked Bite"		I Was Prey
BIG10	63	Wm. Basketball USC at Michigan State (N) (Live)				Court (N)	B1G Show	Womens	B1G Show	B1G Show	B1G Basketball in 60	B1G Show	B1G Show	
BOOM	109	Codename	Codename	Ben 10	Looney	Clintstone	The Jetsons	Scooby-Doo	Scooby-Doo	Scooby	Be Cool	Be Cool	The Smurfs	
BRAVO	45	Real Housewives (N)		The Valley: Per (N)		WatchWhat	(:45) Below Deck		(:45) Real Housewives	(:45) The Valley: Per "Dennis the Menace"		Vanderpump		
CHSN		NBA Basketball Chicago Bulls at Minnesota Timberwolves (N) (Live)				Bulls (N)		Pro Football	Football		NBA Basketball Chicago Bulls at Minnesota Timberwolves			
CNBC	47	Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Dateline
CNN	44	Cooper 360 (N) (Live)		The Source With (N) (Live)		CNN NewsNight (N) (Live)		Laura Coates Live (N) (Live)	Story Is- Elex (N) (Live)	Story Is- Elex (N) (Live)		Cooper 360		
COM	54	The Office	The Office	The Office	The Office	The Office	The Office	Daily Show	FamilyGuy	Family Guy	Family Guy	Family Guy	South Park	South Park
COOK	158	Carnival Eats	Carnival Eats	Carnival Eats	Carnival Eats	Delicious	Delicious	Delicious	Delicious	Carnival Eats	Carnival Eats	Delicious	Delicious	Delicious
DISC	41	Homestead Rescue "Big Sky Intervention"				Homestead Rescue "Marsh Madness"				Homestead Rescue "Big Sky Intervention"				Homestead
DISN	58	Phineas	Phineas	Place	Vampirina	Electric	Kiff	Ladybug	Ladybug	Bluey	Bluey	Big City	Big City	Big City
DLC	153	My 600-Lb. Life "Robin's Story"				My 600-Lb. Life: Where Are They Now? "Robin and Garrett"				My 600-Lb. Life "Robin's Story"				600-Lb. Life
E!	53	(5:30) ♣ Rise of the Planet of t...		♣♣♣ Dawn of the Planet of the Apes (14) Jason Clarke, Gary Oldman, Andy Serkis.				♣♣♣ Cocaine Bear (23) Margo Martindale, Keri Russell.						Movie
ESPN	30	(6:00) Wm. Basketball		ESPN Films	NHL Hockey Detroit Red Wings at Minnesota Wild (N) (Live)			SportsCenter (N) (Live)		SportsCenter (N) (Live)				SportsCenter
ESPN2	29	(6:00) College Basketball		2026 Australian Open Tennis Men's and Women's Third Round From Melbourne Park in Melbourne, Victoria, Australia. (N) (Live)										
FDWI	31	Golic / Golic				Diggin' Deep		Diggin' Deep		Due North	Water	Larry	Wild Ride	Outdoors
FNC	48	Jesse Watters (N) (Live)		Hannity (N) (Live)		Gutfeld! (N)		Fox News at Night (N) (Live)	The Five			Jesse Watters Primetime	Hannity	
FOOD	67	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby
FREE	17	♣♣♣ Mrs. Doubtfire (93) Sally Field, Pierce Brosnan, Robin Williams.						The 700 Club (N)		Jim	Jim	Jim	Jim	Paid Prog.
FX	35	(6:00) ♣ Venom: Let There Be...		♣♣♣ Venom (18) Michelle Williams, Tom Hardy.				♣♣♣ Venom: Let There Be Carnage (21) Tom Hardy.		♣♣♣ Morbius (22) Matt Smith, Jared Leto.				
GOLF	28	(6:00) PGA Tour Champions Golf				Central (N)	PGA Tour Golf	The American Express, First Round				Golf Central	Golf Central	
HALL	71	Flower Shop Mysteries "Mum's the Word"				Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	The Waltons
HALLMY	117	CrimeTime "Freefall"				Murder ... "The Big Kill"		Murder ... "Dead to Rights"		Murder ... "Lone Witness"		Murder ... "Ship of Thieves"		Murder ...
HGTV	37	Dream Home	Dream Home	House of Ali		House (N)	House (N)	Cheap ASS	Cheap ASS	House of Ali		House	House	Cheap ASS
HIST	39	Aliens "Skulls of the Gods"		Ancient Aliens (N)		(:05) Ancient Aliens		(:05) Ancient Aliens		(:05) Ancient Aliens		(:05) Ancient Aliens		(:05) Aliens
LIFE	36	NCIS "Secrets"		NCIS "Psych Out"		(:05) NCIS "Need to Know"		(:05) NCIS "The Tell"		NCIS "Secrets"		NCIS "Psych Out"		(:05) NCIS
LIFEMOV	65	♣ No One Believed Me (25) Meghan Carrasquillo, (P)				♣ Whispers of a Secret Life (25) Brittany Cavaco.				♣ No One Believed Me (25) Meghan Carrasquillo.				Movie
METV	19	Andy Griffith	Andy Griffith	Raymond	Raymond	Hogan Hero	Hogan Hero	Carol Burnett	Perry Mason		(:35) Twi. Zone	(:05) Alfred Hitchcock Hour	(:05) Mannix	
MLB	326	Top 100 Right Now 10-1-		MLB Net. Bob Costas with Dave Roberts		Top 100 Right Now 10-1-		MLB Tonight			Top 100 Right Now 20-11		Top 100 Right Now 10-1-	
MSNBC	46	All In With (N) (Live)		The Briefing (N) (Live)		Last Word (N) (Live)		11th-Stephanie (N) (Live)		The Briefing With Jen Psaki		Last Word With Lawrence	11th Hour	
MTV	52	Catfish: The TV Show		Catfish: The TV Show		Catfish: The TV Show		Catfish: The TV Show		Catfish: The TV Show		Catfish: The TV Show		Catfish
NATGEO	38	Witness "Tornado Outbreak"		Discovered By Disaster (N)		Discovered By Disaster (N)		(:55) Witness to Disaster		(:55) Discovered By		Discovered	(:55) Witness to Disaster	
NBA	325	(6:30) NBA Basketball				NBA TV Postgame Show		GameTime	GameTime	GameTime	GameTime	GameTime	GameTime	GameTime
NFL NET	346	College Football The American Bowl Coverage of the all-star game. (N) (Live)						The Insiders			NFL Football			
NICK	56	Friends	Friends	Friends	Friends	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Friends	Friends	Friends	Friends
NICK JR.	107	PAW Patrol	PAW Patrol	Peppa Pig	Peppa Pig	Peppa Pig	Peppa Pig	Rubble	Rubble	Bubble	Bubble	TeamUmiz.	PAWPatrol	
PARMT	51	Movie		♣♣♣♣ Top Gun: Maverick (22) Miles Teller, Jennifer Connelly, Tom Cruise.				♣♣♣ The Day After Tomorrow (04) Jake Gyllenhaal, Ian Holm, Dennis Quaid.						
PBS CREATE	977	(6:00) Milwaukee PBS Weather				Milwaukee PBS Weather						Milwaukee PBS Weather		
PBS WORLD	976	Milk Street	Kitchen	Test Kitchen	Test Kitchen	R. Steves	Rosendo	View Finders	Joy/Painting	Kitchen	Milk Street	Kevin	Mexican	Test Kitchen
SUND	281	Law "Family Business"		Law & Order "Entrapment"		Law & Order "Legacy"		Law & Order "Menace"		Law & Order "Barter"		Law & Order "Matrimony"		Law & Order
SYFY	55	(6:00) ♣ Harry Potter and the Deathly Hallows: Part 2				♣♣♣♣ The Road Warrior (81) Mel Gibson.				♣♣♣ Renfield (23) Nicolas Cage, Nicholas Hoult.				♣ Candyman
TBS	3	Big Bang	Big Bang	Big Bang	Big Bang	Imp. Jokers	Inside Jokes	Big Bang	Big Bang	♣♣♣ Barbie (23) Ryan Gosling, America Ferrera, Margot Robbie.				
TCM	60	♣♣♣ The Devil and Miss Jones (41) Jean Arthur.				♣♣♣ The More the Merrier (43) Jean Arthur.				♣♣♣ A Foreign Affair (48) Marlene Dietrich, Jean Arthur.				Movie
THIS	983	Perfect (N)	Perfect	48 Hours		CBS 58 News (N)		Seinfeld		Big Bang	Law-SVU "Poisoned Motive"		Chicago P.D. "Due Process"	
TLC	40	90 Day Fiance: Other (N)		Unexpected		Unexpected		Unexpected		90 Day Fiance: Other Way		Unexpected		Unexpected
TNT	33	(6:30) Women's College Basketball		Postgame (N)		♣♣♣ Kingsman: The Secret Service (15) Michael Caine, Colin Firth.		(:45) ♣♣♣ Gemini Man (19) Will Smith.						
TOON	57	Burgers	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Rick Morty	Rick Morty	Rick Morty	Smiling	Oh My God	American	American
TRAVEL	72	UFO Witrn. "The Shapeshifter"		UFO Witness		UFO Witness		UFO Witness		UFO Witrn. "The Shapeshifter"		UFO Witness		UFO Witness
TRUTV	74	(6:30) Women's College Basketball		Postgame (N)		♣♣♣ The Karate Kid Part II (86) Pat Morita, Martin Kove, Ralph Macchio.		♣♣♣ The Karate Kid Part II (86) Ralph Macchio.						
TV LAND	61	(:10) Raymond	(:45) Raymond	(:20) Everybody Raymond		(:55) Raymond	Raymond	King	King	King	King	King	King	Seinfeld
USA	34	♣♣♣ Jurassic World: Fallen Kingdom (18) Bryce Dallas Howard, Chris Pratt.						♣♣♣ Jurassic World: Fallen Kingdom (18) Bryce Dallas Howard, Chris Pratt.						Law-SVU
VH1	50	Basketball Wives LA		Basketball Wives LA		Basketball Wives LA	Basketball Wives LA Finale	Bsk. Wives Reunion		Basketball Wives LA		Wild 'n Out	Wild 'n Out	Wild 'n Out
WE	26	NCIS "The Meat Puzzle"		NCIS "Witness"		NCIS "Caught on Tape"		NCIS "Pop Life"		NCIS "An Eye for an Eye"		Blue Bloods "Pain Killers"		Blue Bloods

FRIDAY EVENING JANUARY 23, 2026

B'CAST	SPECTRUM	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	1 AM
2	2	Sheriff Country "Firewall"	Fire "Your Voice in My Head"	Boston "Collateral Damage"	News (N)	(35) Late Show-Colbert	(35) Comics	(05) Comics	(35) News	(10) Comics				
4	83	Happy's (N) Stumble (N)	Dateline NBC (N)		TMJ4 News	(35) Tonight Show (N)	(35) Seth Meyers (N)	TMJ4News	(05) Morning					
5	5	Happy's (N) Stumble (N)	Dateline NBC (N)		NBC 5 News	(35) Tonight Show (N)	(35) Seth Meyers (N)	NBC 5 News	(05) NBCNews					
6	6	College Basketball Ohio State at Michigan (N) (Live)		FOX 6 News at 9 (N)	FOX 6 News	FOX 6 News	TMZ	Dateline	Extra (N)	FOX 6 News				
7	7	Celebrity Wheel (N)	20/20 (N)		News (N)	(35) Jimmy Kimmel Live!	(35) Nightline	(05) Live "Simple Fix for '26"	(05) News					
9	9	Scrabble	Trivial Pursuit		WGN News at Nine (N) (Live)	News (N)	GN Sports	Sheldon	Big Bang	Two Half Men	Last Man	Goldbergs		
9.2	986	One Day	One Day	Jeffersons	Jeffersons	Sanford	Sanford	Johnny Carson	Becker	Becker	Wings	Wings	Mad About	
10	10	Week (N)	Hoover (N)	Midsomer	(45) Midsomer Murders	Brokenwood	Over Her Dead Body"	Our House	Celebrity Trip	Amanpour (N)				
11		Review	Week (N)	American Rev "The Times That Try Men's Souls"		The Office	BBC News	Amanpour (N)		NOVA "Human: Journeys"	NOVA			
12	12	Celebrity Wheel (N)	20/20 (N)		News (N)	(35) Jimmy Kimmel Live!	(35) Nightline	(05) TBA	(35) News	(05) Suits				
18	18	Scrabble	Trivial Pursuit		National (N)	National (N)	iCRIME (N)	iCRIME (N)	Crime	Crime	Chicago Fire			
24	24	Chicago Fire "Leaders Lead"	Chicago Fire "Let Her Go"	Bob Heart	Bob Heart	Two Half Men	Two Half Men	Last Man	Last Man	Family Feud	Comics	Access (N)		
26		Flip Side (N) Perfect (N)	Chicago P.D. "Trouble Dolls"	Chicago Fire	Seinfeld	Seinfeld	Modern Fam.	Modern Fam.	The Conners	The Conners	Perfect			
32	13	College Basketball Ohio State at Michigan (N) (Live)		News (N)	Chicago (N)	FOX Local	TMZ (N)	Family Feud	Family Feud	News	Chicago	Chicago		
36	974	America	BBC News The Context					PBS News Hour (N)		Homemade	Outdoor			
38		Magnum P.I. "Texas Wedge"	Magnum P.I.		Magnum P.I. "Til Death"	Magnum P.I.		Magnum P.I.		Magnum P.I.		Magnum P.I.		
50		(6:00) Fox Chicago Playlist (N)			Family Feud Family Feud	48 Hours (N)		Chicago Fire "Leaders Lead"	Chicago Fire "Let Her Go"	Law-SVU				
55	15	Magnum P.I. "Texas Wedge"	Magnum P.I.		Magnum P.I. "Til Death"	Magnum P.I.		Magnum P.I.		Magnum P.I.		Magnum P.I.		
58	8	Sheriff Country "Firewall"	Fire "Your Voice in My Head"		Boston "Collateral Damage"	News (N)	(35) Late Show-Colbert	(35) Comics	(05) Comics	(35) Jeopardy!	(05) Barrymore			
A&E	42	First 48 "Death in Desire"	The First 48		The First 48 "Bad Cinderella"	(05) First 48 "Trap House"	(05) The First 48	(05) The First 48	(05) The First 48	(05) First 48				
AMC	59	Movie	***** Back to the Future (85) Christopher Lloyd, Michael J. Fox.		***** Back to the Future Part II (89) Christopher Lloyd, Michael J. Fox.	***** Back to the Future Part III								
AP	43	North Woods Law	North-Law "Turkey Trouble"	North-Law "Schoolyard Bear"	North-Law "No Trespassing"	North Woods Law	North Woods Law	North-Law "Turkey Trouble"	North-Law					
BIG10	63	(6:00) College Wrestling	Men's College Wrestling Iowa at Nebraska (N) (Live)		Wrestling (N) B1G Show	B1G Show	B1G Show	B1G Basketball in 60	B1G Show					
BOOM	109	Codename	Codename	Ben 10	Looney	Flintstone	The Jetsons	Scooby-Doo	Scooby-Doo	Scooby	Scooby	Be Cool	Be Cool	Jonny Quest
BRAVO	45	Below Deck "Cool Your Jets"	Below Deck		Below Deck			Below Deck		Below Deck		Below Deck		Below Deck
CHSN		(6:00) NBA G League Basketball		Pro Football	Football	PODCAST	Golf Scene	Pro Football		NBA G League Basketball	Windy City Bulls at Westchester Knicks			
CNBC	47	Shark Tank	Shark Tank		Shark Tank		Shark Tank	Shark Tank		Shark Tank		Dateline		
CNN	44	Cooper 360 (N) (Live)	The Source With (N) (Live)		CNN NewsNight (N) (Live)	Laura Coates Live (N) (Live)	Story Is- Elex (N) (Live)	Story Is- Elex (N) (Live)	Cooper 360					
COM	54	The Office	The Office	The Office	The Office	The Office	South Park	South Park	South Park	South Park	South Park	South Park		
COOK	158	Chopped	Chopped		Chopped		Chopped		Chopped		Chopped			
DISC	41	Gold Rush (N)	(10) Gold Rush (N)		(15) Gold Rush:	(10) Gold Rush:		Gold Rush	(10) Gold Rush	GoldRush:				
DISN	58	***** Monsters, Inc. (01) John Goodman, (40) Phineas	(05) Phineas Phineas		Ladybug	Ladybug	Big City	Big City	Big City	Big City	Big City			
DLC	153	Dr. Pimple Popper	Dr. Pimple Popper		Dr. Pimple "Ear Brain"	Dr. Pimple "Bumpshakalaka"	Dr. Pimple Popper	Dr. Pimple Popper	Dr. Pimple Popper					
EI	53	***** She's Out of My League (10) Jay Baruchel	***** Pitch Perfect 3 (17) Hailee Steinfeld, Anna Kendrick.				***** The High Note (20) Tracee Ellis Ross, Dakota Johnson.							
ESPN	30	(6:00) NHL Hockey		X Games Aspen 2026 (N) (Live)				SportsCenter (N) (Live)	SportsCenter (N) (Live)					
ESPN2	29	(6:30) Gymnastics (N) (Live)	2026 Australian Open Tennis Men's and Women's Third Round From Melbourne Park in Melbourne, Victoria, Australia. (N) (Live)											
FDWI	31	NBA Basketball Denver Nuggets at Milwaukee Bucks (N) (Live)		Postgame (N)	Golic / Golic	The Big	Football	NBA Basketball						
FNC	48	Jesse Watters (N) (Live)	Hannity (N) (Live)	Gutfeld! (N)		Fox News at Night (N) (Live)	The Five	Jesse Watters Primetime	Hannity					
FOOD	67	Diners, Drive	Diners, Drive	Diners (N)	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive		
FREE	17	Movie	***** Cars 3 (17) Voices of Cristela Alonzo, Armie Hammer, Owen Wilson.		The 700 Club (N)	Jim	Jim	Jim	Jim	Paid Prog.				
FX	35	***** Thor: Love and Thunder (22) Natalie Portman, Chris Hemsworth.	***** Black Panther: Wakanda Forever (22) Angela Bassett, Lupita Nyong'o, Letitia Wright.											
GOLF	28	(6:00) PGA Tour Champions Golf		Central (N)	PGA Tour Golf The American Express, Second Round			Golf Central	Golf (N)					
HALL	71	***** Cross Country Christmas (20) Rachael Leigh Cook.		Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	The Waltons		
HALLMY	117	Fixer Upper Mysteries "Concrete Evidence"		Murder, She Wrote		Murder, She Wrote	Murder ... "Portrait of Death"	Murder ... "Deadly Assets"	Murder ...					
HGTV	37	Dream Home Dream Home	Dream Home Junk	Hunters (N)	Hunters (N)	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters		
HIST	39	The UnXplained	The UnXplained (N)		(05) Monster "Hunted" (N)	(05) The UnXplained	(05) The UnXplained	(05) The UnXplained	(05) The UnXplained	UnXplained				
LIFE	36	NCIS "Shell Shock, Part II"	NCIS "Gone"		(05) NCIS "Devil's Trifecta"	(05) NCIS	NCIS "Shell Shock, Part II"	NCIS "Gone"	(05) NCIS					
LIFEMOV	65	***** Don't Breathe a Word (26) Jenny Heaton. (P)	***** Don't Let Him Find You (24) Brianna Cohen.		***** Don't Breathe a Word (26) Jenny Heaton.									
METV	19	Andy Griffith Andy Griffith	Hillbillies Honeymoon.	Hogan Hero	Hogan Hero	C. Burnett	Perry Mason	(35) Twi. Zone	(05) Alfred Hitchcock Hour	(05) Mannix				
MLB	326	MLB Net. Top 100 Prospects	All-Time Games			MLB Net. Top 100 Prospects	MLB Tonight	All-Time Games						
MSNBC	46	All In With (N) (Live)	The Briefing (N) (Live)	Last Word (N) (Live)		11th-Stephanie (N) (Live)	The Briefing With Jen Psaki	Last Word With Lawrence	11th Hour					
MTV	52	RuPaul's Drag Race (N)	Untucked (N)	RuPaul's Drag Race		Untucked	Ridiculous Ridiculous	Ridiculous Ridiculous	Ridiculous					
NATGEO	38	The Rise and Fall "Origins"	Rise and "Civilization"		The Rise and Fall "Collapse"	Rise and "Resilience"	Vikings: The Rise and Fall	Vikings: The Rise and Fall	Vikings					
NBA	325	(6:30) NBA Basketball		NBA TV Postgame Show		NBA GameTime		GameTime	GameTime	GameTime				
NFL NET	346	NFL Football				NFL GameDay View		NFL Football						
NICK	56	Friends	Friends	Friends	Friends	Big Bang	Big Bang	Big Bang	Friends	Friends	Friends	Friends		
NICK JR.	107	PAW Patrol	PAW Patrol	Peppa Pig	Peppa Pig	Peppa Pig	Peppa Pig	Rubble	Rubble	Bubble	Bubble	TeamUmiz.	PAWPatrol	
PARMT	51	(5:00) ***** Top Gun: Maverick	***** The Day After Tomorrow (04) Jake Gyllenhaal, Ian Holm, Dennis Quaid.			***** XXX: State of the Union (05) Willem Dafoe, Ice Cube.								
PBS CREATE	977	(6:00) Milwaukee PBS Weather		Milwaukee PBS Weather				Milwaukee PBS Weather						
PBS WORLD	976	Test Kitchen Kitchen	Samantha	Samantha	Samantha	Samantha	Samantha	Samantha	Samantha	Samantha	Samantha	Test Kitchen		
SUND	281	S.W.A.T. "The Promise"	S.W.A.T. "Peace Talks"	S.W.A.T. "Good for Nothing"	S.W.A.T. "Spare Parts"	S.W.A.T. "End of the Road"	Blue Bloods "Guilt"	Blue Bloods						
SYFY	55	(5:00) ***** The Hunger Games	***** The Hunger Games: Catching Fire (13) Josh Hutcherson, Jennifer Lawrence.		***** Wolf (21) Lily-Rose Depp, George McKay.		NCIS: LA							
TBS	3	***** Avengers: Endgame (19) Chris Evans, Mark Ruffalo, Robert Downey Jr..				Imp. Jokers	***** Captain Marvel (19) Samuel L. Jackson, Brie Larson.							
TCM	60	***** A Letter to Three Wives (49) Jeanne Crain.	***** Casablanca (42) Humphrey Bogart.			***** Brief Encounter (45)	(45) ***** Kitty Foyle (40)							
THIS	983	Perfect (N)	Perfect	48 Hours (N)		CBS 58 News (N)	Seinfeld	Seinfeld	Big Bang	Law-SVU "Brief Interlude"	Chicago P.D. "Trouble Dolls"			
TLC	40	90 Day Fiance "More to Love: Brace for Impact" (N)		90 Day (N)	90 Day Fiance: Other Way	90 Day	90 Day Fiance "More to Love: Brace for Impact"							
TNT	33	(6:30) Unrival..	(45) Unrivald Basketball		Unrivald (N)	***** Gemini Man (19) Mary Elizabeth Winstead, Clive Owen, Will Smith.	FBI "Liar's Poker"							
TOON	57	Burgers	Family Guy	Family Guy	Family Guy	Rick Morty	Rick Morty	Rick Morty	Rick Morty	Primal	Smiling	American	American	
TRAVEL	72	The Dead Files	The Dead Files		The Dead Files	Dead Files "Puppet Master"	The Dead Files		The Dead Files		Dead Files			
TRUTV	74	(6:30) Unrival..	(45) Unrivald Basketball		Unrivald (N)	Red Bull Soapbox Race	Red Bull Soapbox Race	Red Bull Soapbox Race	Red Bull Soapbox Race					
TV LAND	61	(10) Raymond	(45) Raymond	(20) Everybody Raymond	(55) Raymond	Raymond	King	King	King	King	King	Seinfeld		
USA	34	WWE Friday Night SmackDown (N) (Live)					Chicago "A Beautiful Life"	Chicago Fire "Nemesis"	Chicago Fire					
VH1	50	Basketball Wives LA	Basketball Wives LA	***** The Commuter (18) Vera Farmiga, Patrick Wilson, Liam Neeson.			Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out				
WE	26	(5:00) ***** Bridesmaids	Love After Lockup (N)		Love After Lockup	***** Bridesmaids (97) Ina Raymundo, Jennifer Sevilla, Charlene Gonzales.								

B*CAST	SPECTRUM	4 AM	4:30	5 AM	5:30	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM										
2	2	Animals	Staycation	CBS News Chicago (N)				CBS Saturday Morning (N)			CBS News Chicago (N)		CBS News Chicago (N)		Lucky Dog	Lucky Dog	Basketball									
4	83	Paid Prog.	Paid Prog.	TMJ4 News Today (N)				Today (N)			Today (N)		Wild King		Tail-Valor	Wild Child	Forever (N)									
5	5	1st Look	Black	NBC 5 News at 5am (N)				Today (N)			Today (N)		NBC 5 News Today (N)		Earth Ody.	Wild Child	Forever (N)									
6	6	Estate	MyDest.	Paid Prog.		Ideal		Space		Nature		Wake-Up News at 7 (N)		Wake-Up News at 8 (N)		Showcase	Paid Prog.	To Be Announced	Tip-Off (N)							
7	7	Paid Prog.	Paid Prog.	News at 5am (N)		News at 6am (N)		Good Morn. (N)		ABC7 Eyewitness News at 8am (N)				Good Morn. (N)		TBA										
9	9	Paid Prog.	Paid Prog.	Paid Prog.		Relieve		Paid Prog.		Adelante		Morning News (N) (Live)		Morning News (N) (Live)		Morning News (N) (Live)		Paid Prog.	Paid Prog.	Into Wild						
10	10	(3:00) Myster...	R. Steves	Celebrity Trip		Bare Feet		Samantha		Woodsmith		Woodshop		Old House		Old House		Outdoor	John M	R. Steves	R. Steves	Antiques				
11		PBS News Hour		Week		Review		Great Lks		Living Ws		Florida Keys		Relish		John M		Samantha	R. Steves	Old House	Old House	Kitchen				
12	12	Paid Prog.	Vets-Pets	WISN 12 News (N)		Good Morn. (N)		WISN 12 News This Morning Saturday 7AM (N)		Good Morn. (N)		Wildlife		Jack Hanna		TBA										
18	18	AgDay	Traveler	LOST IN		Raw Travel		Prostate		Blade		Pain		Paid Prog.		Ocean Mys.		Ocean Mys.		Into Wild		Into Wild		Into Wild	TBA	
24	24	Shepherd's Chapel	Real Green	Black Quiz		The		Connect		Blade		Ideal		Science		Real Green		Relieve		Brew City Bowling		Wisconsin		Blade		
26		iCRIME (N)	Judge Lake	Paid Prog.		Paid Prog.		Jack Hanna		Jack Hanna		Hearts of		oh baby!		N. Halsted		Health		Prostate		Paid Prog.		She's	World's	Movie
32	13	Paid Prog.	Paid Prog.	American		Coffee (N)		Planet		Space		Good Day Chicago Saturday (N)		Paid Prog.		Paid Prog.		Super Ani		Space		Tip-Off (N)				
36	974	(2:30) Sanditon on Masterpiece	R. Steves			Wild Kratts		Weather		Lyla		Carl		Tiger		Rosie		Ireland		Painting		Joy		Energy		Garden
38		Paid Prog.	Paid Prog.	NCIS: N.O. "Tick Tock"		NCIS: N.O. "Vindicta"		NCIS: New Orleans		NCIS: New Orleans "X"		NCIS: Los Angeles		NCIS: Los Angeles		NCIS: Los Angeles		NCIS: LA		NCIS: LA		NCIS: LA		NCIS: LA		
50		Paid Prog.	Paid Prog.	NCIS: Pro.		Taste Buds																				

B/CAST	SPECTRUM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30	6 PM	6:30
2	2	(11:00) College Basketball	Basketball		West Virginia at Arizona (N) (Live)		Basketball San Diego State at UNLV (N) (Live)		TBA	CBS-News	TBA	CBS News				
4	83	Earth Ody.	PGA Tour	IMSA WeatherTech	Track New Balance Indoor Grand Prix (N) (Live)		Horse Racing		TMJ4 News		NBC News	TMJ4 News	Paid Prog.			
5	5	Wild King	PGA Tour	IMSA WeatherTech	Track New Balance Indoor Grand Prix (N) (Live)		Horse Racing		NBC 5 News		NBC News	Access Hollywood (N)				
6	6	Basketball Villanova at Connecticut (N) (Live)	Hoops (N)		College Basketball Illinois at Purdue (N) (Live)		Hoops (N)		College Basketball Utah at BYU (N) (Live)		Hoops (N)					
7	7	X Games Aspen 2026 (N) (Live)	Tip-Off		NBA Basketball New York Knicks at Philadelphia 76ers (N) (Live)		Basketball Golden State Warriors at Minnesota Timberwolves (N)									
9	9	Hanna Into the Wild	DragonFly	Heartland	Conners		Basketball Virginia Tech at Louisville (N) (Live)		(4:5) College Basketball Wake Forest at Duke (N) (Live)							
10	10	(11:00) Antl.	Fork	Sara's	Mexican	Kevin	Kitchen	Table	Relish	Kitchen	Cook	Milk Street	Arts Page	John M	Good Karma	(4:5) Queens
11	11	Sara's	Cook	Cook	Lidia	Pépin	Kitchen	Kitchen	Milk Street	Table	Mary Berry	Check ...	Chicago Stories	Murder "Cocaine Blues"		
12	12	X Games Aspen 2026 (N) (Live)			Tip-Off		NBA Basketball New York Knicks at Philadelphia 76ers (N) (Live)		Basketball Golden State Warriors at Minnesota Timberwolves (N)							
18	18	(11:00) To Be Announced					Basketball Virginia Tech at Louisville (N) (Live)		(4:5) College Basketball Wake Forest at Duke (N) (Live)							
24	24	Review	Popstar!	Nashville	Music (N)	The Song	On Water	Basketball Alabama A&M at Texas Southern (N)		Invincible	World Poker Tour	AHL Hockey				
26		(11:00) ✨ Flight 7500 '14)			★★★★ Julie & Julia '09)		Amy Adams, Meryl Streep.	Pawn Stars	Pawn Stars	Pawn Stars	Chicago "The Three Gs"	Chicago P.D.				
32	13	Basketball Villanova at Connecticut (N) (Live)			Hoops (N)		College Basketball Illinois at Purdue (N) (Live)		Hoops (N)		College Basketball Utah at BYU (N) (Live)		Hoops (N)			
36	974	Quilt Art	Sewing	Quilting	Sw Easy	Fit 2 Stitch	Nature	NOVA (N) (SP)		Secrets of the Dead		Hoover	Horizons	Antiques Roadshow		
38		(11:00) NCL. NCIS: LA "Collateral"			NCIS: Los Angeles		NCIS: LA "Free Ride"		NCIS: LA "Drive"		NCIS: Los Angeles		NCIS: Los Angeles		NCIS "Gut Check"	
50		Paid Prog. Basketball Alabama A&M at Texas Southern (N)			HBCU Go Basketball		Alabama A&M at Texas Southern (N)		Outdoor		FamFeud		FamFeud	FamFeud	FamFeud	
55	15	(11:00) NCL. NCIS: LA "Collateral"			NCIS: Los Angeles		NCIS: LA "Free Ride"		NCIS: LA "Drive"		NCIS: Los Angeles		NCIS: Los Angeles		NCIS "Gut Check"	
58	8	(11:00) To Be Announced			Basketball West Virginia at Arizona (N) (Live)		Basketball San Diego State at UNLV (N) (Live)		TBA		CBS-News		To Be Announced			
A&E	42	Oceanfront	Storage	Storage	Storage Wars		Storage Wars		Storage Wars		Storage Wars		Storage Wars			
AMC	59	(10:00) ✨ Back to the Fut... ✨			★★★★ Back to the Future Part II '89)		Michael J. Fox.	★★★★ Man on Fire '04)		Dakota Fanning, Denzel Washington.		★★★★ The Equalizer '14)				
COM	54	The Office	The Office	The Office	The Office	The Office	★★★★ 50 First Dates '04)		Adam Sandler.		★★ Blended '14)		Drew Barrymore, Joel McHale, Adam Sandler.		Movie	
DISC	41	(11:00) Exp.. Expedition Unknown			Expedition Unknown		Expedition Unknown		Expedition Unknown		Expedition X		Expedition X			
DISN	58	Movie :20) Bluey :45) Bluey			(10) Bluey :35) Bluey		Kiff Kiff		Kiff Big City		Big City Big City		Big City Big City		✨ Descendants: Rise of ...	
ESPN	30	(11:00) College Basketball			College Basketball Teams TBA (N) (Live)		College Basketball Teams TBA (N) (Live)		GameDay		Basketball Houston at Texas Tech (N)					
FREE	17	(4:5) ★★ Pirates of the Caribbean: Dead Man's Chest '06)			Orlando Bloom, Johnny Depp.		★★★ Pirates of the Caribbean: At World's End '07)		Orlando Bloom, Johnny Depp.		Movie					
FX	35	(11:00) ★★ Invincible '06)			Mark Wahlberg.		★★ The Waterboy '98)		Kathy Bates, Adam Sandler.		★★★ The Longest Yard '05)		Chris Rock, Adam Sandler.		✨ Fast & Furious Present	
HIST	39	(11:00) Cntl... Counting Cars "Heroes and Horsepower"			Danny and the guys can't wait to get started on a 1964 and a half Ford Mustang.											
LIFE	36	✨ Twist of Faith '13)			Toni Braxton.		✨ Finding Faith '25)		Paula Patton.		✨ Toni Braxton: Unbreak My Heart '16)		✨ Toni Braxton's He Wasn't Man Enough '25)			
MTV	52	Ridiculous (Big Bang)			Big Bang		Big Bang		Big Bang		Big Bang		Big Bang		Big Bang MTV Special	
NICK	56	Movie ✨ SpongeBob SquarePants Movie			(4:5) ★★★★★ How to Train Your Dragon: The Hidden World		SpongeBob		SpongeBob		SpongeBob		SpongeBob		Friends Friends	
PARMT	51	(11:00) ★★ XXX: State of the Union '05)			★★★★★ The Dark Knight '08)		Heath Ledger, Aaron Eckhart, Christian Bale.		★★★★★ The Dark Knight Rises '12)		Christian Bale.					
SYFY	55	(10:00) ✨ San Andreas: The Hunger Games '12)			Josh Hutcherson, Jennifer Lawrence.		★★★★★ The Hunger Games: Catching Fire '13)		Jennifer Lawrence.		Movie					
TBS	3	Friends Friends			(3:5) Friends (0:5) Friends (3:5) Friends (0:5) Friends (3:5) Friends (1:0) ★★★★★ Avengers: Endgame '19)		Chris Evans, Mark Ruffalo, Robert Downey Jr..									
TNT	60	(11:00) ✨ Dont Look Back :45) ★★ The Big Combo '55)			(1:5) ★★ Reunion in France '42)		Joan Crawford.		(1:15) ★★★★★ 2001: A Space Odyssey '68)		Gary Lockwood, Keir Dullea.					
TCM	33	Basketball Georgetown at Providence (N) (Live)			College Basketball St. John's at Xavier (N) (Live)		Postgame		Pregame		Women's Friendlies USA vs. Paraguay (N) (Live)		Postgame			
TOON	57	Gumball	Tom / Tom	Tom / Tom	Be Cool		Be Cool		✨ Scooby-Doo & the Alien Invaders		Burgers Burgers		Burgers Burgers		Family Guy	
USA	34	Soccer Bournemouth vs. Liverpool (N) (Live)			Goal Zone		Basketball Richmond at George Washington (N)		College Basketball VCU at Davidson (N) (Live)		9-1-1 "Ghost Stories"					
VH1	50	My Wife My Wife			My Wife My Wife											