

SATURDAY EVENING JANUARY 17, 2026

B'CAST	SPECTRUM	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	1 AM
2	2	NFL Football	Divisional Round: Teams TBA (N) (Live)					CBS News	Chicago (N)	Entertainment Tonight (N)	Fire Country			Fire Country
4	83	The Wall "Steven and Seth"	Dateline NBC		Saturday Night Live		TMJ4 News	SNL Finn Wolfhard; ASAP Rocky (N) (Live)	(:05) 1st Look	Open House	Open House			
5	5	The Wall "Steven and Seth"	Dateline NBC		Saturday Night Live		NBC 5 News	SNL Finn Wolfhard; ASAP Rocky (N) (Live)	(:05) 1st Look	In Touch	Black Quiz			
6	6	NFL Football	Divisional Round: Teams TBA (N) (Live)				FOX 6 News	The Floor	TMZ (N)		Extra (N)			
7	7	911: Nash "Lost Children"	9-1-1: Nashville	9-1-1: Nashville "All Hands"		News at 10pm (N)		The Rookie		The Rookie			In Touch	
9	9	TV We Love "The Love Boat"	TV We Love "Dynasty"	Weekend News (N)		WGN News	GN Sports	Two Half Men	Two Half Men	Last Man	Last Man		Backstory	
9.2	986	Hazel	Hazel	Jeannie	Jeannie	Bewitched	Bewitched	Johnny Carson	Robert Blake, Burt Mustin	3's Company	3's Company	The Ropers	3's Crowd	
10	10	(6:45) Queens	Lynley Mysteries "Natural Causes"	(:05) Death in Paradise		Austin City Limits (N)	Stage			Father Brown			Brokenwood	
11		Father "The Invisible Friends"	Death in Paradise	Boniface "Are Ye Dancin'?"	All Creatures Great (N) (SP)	Midsomer	(:45) Midsomer Murders	Gently "Bomber's Moon"						
12	12	911: Nash "Lost Children"	9-1-1: Nashville "All Hands"	News (N) (:35) TBA		(:05) The Rookie				(:05) Ent. Tonight (N)		(:05) Storm of		
18	18	TV We Love "The Love Boat"	TV We Love "Dynasty"	Polka! Polka! Polka!	National Desk (N) (Live)	Atkisson	Raw Travel	LOST IN	Taste Buds	Transform				
24	24	Greatest (N)	She's	Bill Michaels W	WOW - Women Of Wrestling	OVW Wrestling				414 Video Spotlight		Music (N)		
26		Chicago P.D.	Chicago P.D.	Chicago "Get Back to Even"	S.W.A.T.	S.W.A.T. "Hotel L.A."								
32	13	NFL Football	Divisional Round: Teams TBA (N) (Live)		Fox 32 News (N)	Bears Blitz	Backstage	The Floor					Short List	
36	974	Finding Your Roots	Movie		Variety	Sisi: Austrian Empress	Real Road	People	Nature					
38		NCIS "Heartless"	NCIS "Prime Cut"	NCIS "Reef Madness"	NCIS "Empty Nest"	NCIS "Foreign Bodies"	NCIS "The Trouble With Hal"	NCIS						
50		AHL Hockey	Rockford IceHogs at Chicago Wolves (N) (Live)		Law-SVU "Contagious"	Elite Fight Night								
55	15	NCIS "Heartless"	NCIS "Prime Cut"	NCIS "Reef Madness"	NCIS "Empty Nest"	NCIS "Foreign Bodies"	NCIS "The Trouble With Hal"	NCIS						
58	8	To Be Announced	To Be Announced	To Be Announced	News (N)	CBS (N)	48 Hours (N)	To Be Announced					Fire Country	
A&E	42	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	(:05) Storage	(:35) Storage	(:05) Storage	(:35) Storage	(:05) Storage	(:35) Storage	(:05) Storage	
AMC	59	(5:00) Star Wars: Empire Str.	★★★ Star Wars: Return of the Jedi (83) Harrison Ford, Carrie Fisher, Mark Hamill.											
AP	43	Dr. Jeff: RMV	Dr. Jeff: RMV "Petra's Pigs"	Dr. Dee "Critical Condition"	Dr. Dee "Farm Frenzy"	Dr. Jeff: RMV	Dr. Jeff: RMV "Petra's Pigs"	Dr. Dee						
BIG10	63	College Hockey	Notre Dame at Penn State From Pegula Ice Arena in University Park, Pa. (N) (Live)					The B1G Show (N) (Live)	The B1G Show					
BOOM	109	Scooby-Doo	Scooby-Doo	Flintstone	Flintstone	Popeye	Popeye	Scooby	Scooby	Scooby-Doo	Scooby-Doo	Jonny Quest	Jonny Quest	Thundarr
BRAVO	45	(5:30) ★★★★ The Green Mile (99) David Morse, Tom Hanks.						★★★★★ The Shawshank Redemption (94) Morgan Freeman, Bob Gunton, Tim Robbins.	★★★★★ The Fabelmans (22)					
CHSN		NHL Hockey	Boston Bruins at Chicago Blackhawks (N) (Live)		Blackhawks	Pro Football	Football	NHL Hockey	Boston Bruins at Chicago Blackhawks					
CNBC	47	American Greed	American Greed	Greed "Red Carpet Rip-Off"	American Greed	American Greed	Greed "Wild West Rip-Off"	Next						
CNN	44	CNN Special Program	CNN Special Program	CNN Special Program	CNN Special Program	CNN Special Program	CNN Special Program	CNN Special Program	CNN Special Program	CNN Special Program	CNN Spec			
COM	54	★★ Pixels ('15) Kevin James, Michelle Monaghan, Adam Sandler.		★★ Grown Ups ('10) Kevin James, Chris Rock, Adam Sandler.								South Park	South Park	South Park
COOK	158	Iron Chef America	Iron Chef "Cora vs. Carter"	Iron Chef America	Iron Chef America	Iron Chef America	Iron Chef "Cora vs. Carter"	Iron Chef America	Iron Chef America	Iron Chef America	Iron Chef			
DISC	41	Expedition Unknown	Expedition Unknown	Expedition Unknown	Expedition Unknown	Expedition Unknown	Expedition Unknown	Expedition Unknown	Expedition Unknown	Expedition Unknown	Expedition			
DISN	58	Movie	(:45) Phineas	(:10) Phineas	(:35) Phineas	Phineas	Phineas	Ladybug	Ladybug	Big City	Big City	Big City	Big City	
DLC	153	Body Bizarre	Body Bizarre	Body Bizarre	Body Bizarre	Body Bizarre	Body Bizarre	Body Bizarre	Body Bizarre	Body Bizarre	Body Bizarre	Body Bizarre	Body Bizarre	
E!	53	(6:00) ♀ She's Out of My League	★★★★ Clueless ('95) Stacey Dash, Alicia Silverstone.		★★★ She's Out of My League ('10) Jay Baruchel.		★★★★ Kajillionaire ('20)							
ESPN	30	(6:45) ESPNFI..	ESPN Films		Playoff (N)	Playoff (N)	SportsCenter (N) (Live)	SportsCenter (N) (Live)	SportsCenter (N) (Live)	SportsCenter (N) (Live)	SportCtr (N)			
ESPN2	29	College Basketball (N) (Live)					2026 Australian Open Tennis	Men's and Women's First Round From Melbourne Park in Melbourne, Victoria, Australia. (N) (Live)						
FDWI	31	(6:00) NHL Hockey	Postgame	United Fight Alliance	Simms	Football	NHL Hockey	Minnesota Wild at Buffalo Sabres						
FNC	48	Life, Liberty (N) (Live)	View- Lara Tru. (N) (Live)	Saturday Night (N) (Live)	Gutfeld!	Life, Liberty & Levin	My View With Lara Trump	FOX News						
FOOD	67	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	
FREE	17	(6:25) ★★★★ Frozen ('13) Kristen Bell.		(:55) ★★★★ Frozen II ('19) Kristen Bell.		(:05) ★★★★ The Emperor's New Groove David Spade.		(:05) ★★★★ The Emperor's New Groove David Spade.						
FX	35	(5:30) ★★★★ Captain America: Civil War ('16)		★★★★ Captain America: Civil War ('16) Robert Downey Jr., Scarlett Johansson, Chris Evans.		★★★★ Black Widow ('21)								
GOLF	28	(6:00) PGA Tour Golf	Sony Open in Hawaii, Third Round (N)	Golf Central (N) (Live)	PGA Tour Golf	Sony Open in Hawaii, Third Round								Golf Central
HALL	71	★★ Love on the Amazon ('26) (P)		★★ Lost in Paradise ('26) Ian Harding, Lacey Chabert.		Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls			
HALLMY	117	Aurora Teagarden Mysteries "How to Con a Con"		Murder, She Wrote	Murder, She Wrote	Murder ... "Bite the Big Apple"	Murder ... "Night Fears"	Murder, She Wrote	Murder, She Wrote	Murder ...				
HGTV	37	Hunters	Hunters	Hunters	Hunters	Hunters (N)	Hunters (N)	Cheap ASS	Cheap ASS	Hunters	Hunters	Hunters	Cheap ASS	
HIST	39	The UnXplained	The UnXplained	(:05) The UnXplained	(:05) The UnXplained	(:05) The UnXplained	(:05) The UnXplained	(:05) The UnXplained	(:05) The UnXplained	(:05) The UnXplained	(:05) The UnXplained	(:05) The UnXplained	UnXplained	
LIFE	36	★★ I Am Mary Jo Buttafuoco ('26) Chloe Lanier. (P)		(:05) ★ I Was Lorena Bobbitt ('20) Dani Montalvo.		★★ I Am Mary Jo Buttafuoco ('26) Chloe Lanier.		Movie						
LIFEMOV	65	★★ A Nurse's Revenge ('24) Kristina Clifford, Carissa Murray.		★★ Sinister Surgeon ('24) Samantha Neyland Trumbo.		★★ A Nurse's Revenge ('24) Kristina Clifford, Carissa Murray.		Movie						
METV	19	House of Svengoolie "Flight 7500"		Batman	Batman	Star Trek	Superman	Superman	Lost in Space				Voyage/Sea	
MLB	326	Double Play 2025: Milwaukee Brewers at Cincinnati Reds		Double Play 2025: New York Yankees at Miami Marlins		MLB Network Countdown 2025	Plays of the Year	Countdown						
MSNBC	46	(5:00) Weekend (N) (Live)	The Rachel Maddow Show	The Beat: Weekend	11th-Stephanie	The Weekend: Primetime	Dateline "Angels & Demons"	Dateline						
MTV	52	(6:00) ★★★★ The Longest Yard ('05)	★★★★ Just Go With It ('11) Jennifer Aniston, Nicole Kidman, Adam Sandler.				(:25) ★★★★ The Longest Yard ('05) Adam Sandler.							
NATGEO	38	..Smuggler "Not My Meth"	To Catch a Smuggler	..Smuggler "Pots of Coke"	Catch.. "Coke and the Kids"	To Catch a Smuggler: Peru	To Catch a Smuggler: Peru	Smuggler						
NBA	325	The Association: Weekend (N) (Live)		NBA Basketball	Los Angeles Lakers at Portland Trail Blazers (N) (Live)	NBA		Recap (N)	Recap					
NFL NET	346	(6:30) GameD..	NFL Football		GameDay (N) (Live)	NFL Football								
NICK	56	Friends	Friends	Friends	Friends	Big Bang	Big Bang	Big Bang	Big Bang	Friends	Friends	Friends	Friends	
NICK JR.	107	Peppa Pig	Peppa Pig	Peppa Pig	Peppa Pig	Peppa Pig	Peppa Pig	Rubble	Rubble	Bubble	Bubble	Bubble	TeamUmiz.	PAWPatrol
PARMT	51	(:20) ★★★ Grumpy Old Men ('93) Walter Matthau, Jack Lemmon.		(:40) ★★★ Grumpy Old Men ('95) Walter Matthau, Jack Lemmon.		★★★ Major League ('89) Tom Berenger.								
PBS CREATE	977	(6:00) Milwaukee PBS Weather		Milwaukee PBS Weather										Milwaukee PBS Weather
PBS WORLD	976	Somewhere South	Joy/Painting	Joy/Painting	Rick Steves Egypt	Pépin	Mexican	Marias	Cook	Healthful	Jazzy	Jazzy	Jazzy	Joy/Painting
SUND	281	(6:00) ★★★★ A Few Good Men ('92) Tom Cruise.		★★★★ When Harry Met Sally... ('89) Billy Crystal.		★★★★ A Few Good Men ('92) Jack Nicholson, Demi Moore, Tom Cruise.								
SYFY	55	Movie	★★★★ Harry Potter and the Goblet of Fire	(05) Rupert Grint, Emma Watson, Daniel Radcliffe.		★★★★ Harry Potter and the Order of the Phoenix ('07) Daniel Radcliffe.								
TBS	3	★★★ Rampage ('18) Naomie Harris, The Rock.		★★★★ Skyscraper ('18) Neve Campbell, The Rock. (P)		★★★★ Olympus Has Fallen ('13) Gerard Butler.		Movie						
TCM	60	★★★★ The Naked Spur ('53) Janet Leigh, James Stewart.		★★★★ The Bounty Hunter ('54) Randolph Scott.		★★★★ Diabolique ('55) Véra Clouzot, Simone Signoret.		Movie						
THIS	983	9-1- '7.1"	S.W.A.T.	CBS 58 News (N)	Neighbor	Neighbor	★★★★ Vertical Limit Bill Paxton, Robin Tunney, Chris O'Donnell.							
TLC	40	90 Day Diaries (N)	90 Day Diaries (N)	Suddenly Amish	Sister Wives	90 Day Diaries	90 Day Diaries	90 Day Diaries	90 Day Diaries	Suddenly				
TNT	33	All Elite Wrestling: Collision (N)		★★★ Black Adam ('22) Aldis Hodge, Pierce Brosnan, The Rock.		(:45) ★★★ Wonder Woman 1984 ('20) Gal Gadot.								
TOON	57	Family Guy	Family Guy	Family Guy	Family Guy	Rick Morty	Rick Morty	Rick Morty	To Be Announced	To Be Announced				TBA
TRAVEL	72	Ghost Adv "Ghost Island"	Ghost Adv "Orcutt Ranch"	Ghost Adv "Scotty's Castle"	Ghost Adventures		Ghost Adv "Ghost Island"							Ghost Adv
TRUTV	74	(6:30) Unrival.	(:45) Unrivaled Basketball	★★★★ Any Given Sunday ('99) Cameron Diaz, Dennis Quaid, Al Pacino.										
TV LAND	61	Seinfeld	Seinfeld	Seinfeld	Seinfeld	King	King	King	King	Old Christine	Old Christine	Old Christine	Old Christine	
USA	34	Chicago P.D. "Greater Good"	Chicago "Seen and Unseen"	Chicago P.D. "Transference"	Chicago P.D. "Demons"	Chicago P.D.	Chicago P.D.	Chicago P.D.	Chicago P.D. "Black Ice"	Chicago P.D.				Law-SVU
VH1	50	★★★ Rush Hour 2 ('01) Chris Tucker, Jackie Chan.		★★★ Rush Hour 3 ('07) Chris Tucker, Jackie Chan.		Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	
WE	26	NCIS "My Other Left Foot"	NCIS "One Shot, One Kill"	NCIS "The Good Samaritan"	NCIS "Enigma"	NCIS "Bete Noir"	Law & Order "Avatar"	Law & Order						

SUNDAY MORNING JANUARY 18, 2026

B'CAST	SPECTRUM	4 AM	4:30	5 AM	5:30	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM
2	2	Real Green	Raw Travel	CBS News Chicago (N)	Mission	Visioneers	CBS Chicago (N)	CBS News Sunday Morning (N)	Face the Nation (N)	Paid Prog.	Paid Prog.	PPA Tour				
4	83	Paid Prog.	Paid Prog.	Outdoors	TMJ4 News	TMJ4 News Today (N)	Sunday Today (N)	Meet the Press (N)	In Touch	PowerHouse	Grace	Wisconsin	Paid Prog.			
5	5	Paid Prog.	Chicago	NBC 5 News at 5am (N)	NBC 5 News at 6am (N)	Sunday Today (N)	NBC 5 News Today (N)	Meet the Press (N)	Hometown	In Touch	TBA					
6	6	Pets	Super Ani	In Touch	Sun. Mass	Planet	DIY Sci	Wake-Up News at 7 (N)	Wake-Up News at 8 (N)	FOX News Sunday (N)	Paid Prog.	Grace	Paid Prog.			
7	7	Paid Prog.	My Go-To	News at 5am (N)	News at 6am (N)	Good Morn. (N)	ABC7 Eyewitness News at 8am (N)	Mass	This Week (N)							TBA
9	9	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	SingSation	Morning News (N) (Live)	Morning News (N) (Live)	Political	Mass	Paid Prog.	Paid Prog.	Into Wild			
10	10	Week	Hoover (N)	Mr. Rogers	TBA	Wild Kratts	Weather	Lyla	Carl	Tiger	Rosie	Sesame	Work It	John M	Track Ah'd	Energy
11	(2:55) American Rev	Happy Yoga	Yoga	Horizons	Hoover	Homemade	Simp. Ming	Life	Cooking	Ellie's Real	Milk Street	Kevin	Steven			Newton
12	(3:30) U.S.F.	Very Local	WISN 12 News (N)	Good Morn. (N)	WISN 12 News This Morning Sunday 7AM			UpFront (N)	This Week (N)	Paid Prog.						TBA
18	18	Web of	Blade	Traveler	Positively	The	Black	Midnight	Relieve	Daily	Connect	Wis. Water	Mad Do	Larry	Transform	Pastor
24	24	World Poker Tour	Nashville	Cars.TV	Connect	Mountain	Cath. Mass	Worship	Truth of God	Cath. Mass	Living	In Touch	Paid Prog.	Paid Prog.	Paid Prog.	
26		Laughs	Laughs	Pain	Paid Prog.	Paid Prog.	Yes You Can	Good Day Chicago (N)	FOX News Sunday (N)	Good Day Chicago (N)	Paid Prog.	Paid Prog.	Paid Prog.			Animals
32	13	Paid Prog.	Paid Prog.	Super Ani	Pets	Yes You Can	Good Day Chicago (N)	FOX News Sunday (N)	Good Day Chicago (N)	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.			
36	974	People	Darley	Samantha	Curious	Wild Kratts	Weather	Lyla	Cyberchase	Arthur	Wild Kratts	Baking	Kitchen	Kitchen		Milk Street
38		RateEscape	Paid Prog.	Bull		Bull "Absolution"	Bull "Gag Order"	Bull "Bad Medicine"	NCIS "Knight and Day"	NCIS "Hardboiled"						NCIS
50		Paid Prog.	Paid Prog.	LifeLock	Jacuzzi	LifeLock	Jacuzzi	Paid Prog.	Paid Prog.	Worship	Cath. Mass	Passion	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.
55	15	RateEscape	Paid Prog.	Bull		Bull "Absolution"	Bull "Gag Order"	Bull "Bad Medicine"	NCIS "Knight and Day"	NCIS "Hardboiled"						NCIS
58	8	Forensic	Forensic	Hope-Wild	Locker	News (N)	CBS 58 Sunday (N)	CBS News Sunday Morning (N)	Face the Nation (N)	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.			PPA Tour
A&E	42	Paid Prog.	Transform	Paid Prog.	Paid Prog.	Alaska State Troopers	Alaska State Troopers	Troopers "Gun N Hide"	Troopers "Frontier Force"	Troopers "Arctic Force"	Troopers					
AMC	59	Movie	★★★ Rambo: First Blood Part II (85)		★★★ Rambo (08)	Julie Benz, Sylvester Stallone.	★★★ Rambo: Last Blood (19)	Sylvester Stallone.	★★★ Rambo: Last Blood (19)	Sylvester Stallone.	★★★★ Rocky (76)					
COM	54	South Park	South Park	South Park	South Park	South Park	South Park	Parks	Parks	Parks	The Office	The Office	The Office	The Office	The Office	The Office
DISC	41	Deadliest Catch		Auction	Saltwater	Elite (N)	Operation	Saltwater	Hard (N)	Gold Rush "New Levels of Chaos"	Naked and Afraid	Afraid				
DISN	58	Bluey	Bluey	Mickey	Kitties	Iron Man	Spidey	(05) Big City	Big City	Phineas	Phineas	Miraculous World	(05) ★★★★ Mulan (98)	Ming-Na.		
ESPN	30	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N) (Live)	SportsCenter (N) (Live)	SportsCenter (N) (Live)	SportsCenter (N) (Live)	SportsCenter (N) (Live)	SportsCenter (N) (Live)	SportsCenter (N) (Live)	SportsCenter (N) (Live)	SportsCenter (N) (Live)	Countdown		
FREE	17	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Jim	★★★ Alice in Wonderland (10)	Mia Wasikowska, Johnny Depp.	(05) ★★★ Alice Through the Looking Glass (16)	Johnny Depp.						
FX	35	Paid Prog.	Car	Paid Prog.	Paid Prog.	★★★★ Spider-Man: Homecoming (17)	Michael Keaton, Tom Holland.			★★★★ Black Panther (18)	Chadwick Boseman.					
HIST	39	(3:00) CSN Mint	CSN Mint	Modern Marvels "Walt Disney World"				How Disney	How Disney	How Disney	How Disney	How Disney	How Disney	How Disney	How Disney	How Disney
LIFE	36	Sleep Cool	LegXercise	Paid Prog.	Creflo	Joni Table	Real Life	Amazing	Jeremiah	J. Osteen	Paid Prog.	★★ Nobody Dumps My Daughter (24)	Ana Ortiz.	Movie		
MTV	52	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	
NICK	56	Mod Fan	Neighbo	SpongeBob	SpongeBob	Slimetume	SpongeBob	SpongeBob	★★ The SpongeBob Movie: Sponge Out of Water	★★ SpongeBob SquarePants Movie	Movie					
PARMT	51	(2:35) ★★★ Tommy Boy	Bar Rescue	Bar Rescue	Bikini Bust!	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue
SFY	55	Movie	Tw. Zone	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	★★★ Inside (23)	Gene Bervoets, Eliza Stuyck, Willem Dafoe.	★★★★ Harry Potter and the Goblet of Fire (05)						
TBS	3	(3:00) ★★★ Skyscraper	Imp. Jokers	Imp. Jokers	Imp. Jokers	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	
TCM	60	(3:30) ★★★ Spiral Staircase	★★★ Rich and Famous (81)	Jacqueline Bisset.	★★★★ Old Acquaintance (43)	Bette Davis.	★★★★★ Diabolique (55)	Simone Signoret.	Movie							
TNT	33	FBI "American Dreams"	FBI "God Complex"	FBI "All the Rage"	FBI "Remorse"	FBI "Stay in Your Lane"	FBI "Creating a Monster"	FBI "Sacrifice"	Movie							
TOON	57	(3:45) Unico.. Unicorn	Scooby-Doo	Scooby-Doo	Scooby	Scooby	Scooby-Doo	Scooby-Doo	★★ Scooby-Doo on Zombie Island	Jellystone	Looney	Looney	Tom/ Tom			
USA	34	Law & Order: SVU	Law-SVU "Silence"	Law-SVU "Deception"	Premier (N) (Live)	Premier (N) (Live)	Premier League Soccer	Premier (N)	Premier League Soccer	Premier (N)	Premier League Soccer	Premier (N)	Premier League Soccer			
VH1	50	Wild 'n Out	Wild 'n Out	Prince	Prince	Prince	Prince	Prince	Prince	Prince	Prince	Prince	Prince	Prince	Prince	My Wife

SUNDAY AFTERNOON JANUARY 18, 2026

B'CAST	SPECTRUM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30	6 PM	6:30
2	2	(11:00) PPA Tour Pickleball	NFL (N) (Live)	NFL Football Divisional Round: Teams TBA (N) (Live)							CBS-News	News (N)	60 Minutes (N)			
4	83	Paid Prog.	Paid Prog.	Paid Prog.	NFL Pregame (N) (Live)	NFL Football Divisional Round: Teams TBA (N) (Live)					NBC News	To Be Announced				
5	5	(11:00) To Be Announced	NFL Pregame (N) (Live)	NFL Football Divisional Round: Teams TBA (N) (Live)							NBC News	To Be Announced				
6	6	Paid Prog.	College Basketball Teams TBA (N) (Live)	Space	Nature	TMZ (N)		Datetime			FOX 6 News at 5 (N)	Best Medicine				
7	7	(11:00) TBA	To Be Announced					TBA	TBA	WGN News (N) (Live)	WGN News (N) (Live)	Penn & Teller: Fool Us				
9	9	Into Wild	Paid Prog.	Paid Prog.	Basketball North Carolina at Florida State (N) (Live)	To Be Announced										
10	10	Contrary	Mack	Week	Antiques Roadshow	Classic Gospel	Lawrence Welk	GoodKarma	(45) Queens of Mystery	Lynley Mysteries "Natural Causes"						
11	(11:00) New.. NOVA "Human: Origins"	NOVA	NOVA			NOVA	NOVA	NOVA	Compass	R. Steven	Royal "Non Negative"					
12	12	(11:00) To Be Announced						Perfect	Hispanic	World News	News (N)	Funniest Home Videos				
18	18	Blade	Relieve	Paid Prog.	Basketball North Carolina at Florida State (N) (Live)	★★★ Imagine That (09)	Thomas Haden Church, Eddie Murphy.	FamFeud	Penn & Teller: Fool Us							
24	24	Relieve	Hearts of	oh baby!	oh baby!	Jack Hanna	Jack Hanna	Ready-Pet	Heartland	Murdoch Mysteries	Conners	Conners	Goldbergs	Goldbergs		
26	World's	Chicago "Escape Route"	Chicago "Double Red"	Chicago Fire	Chicago Fire	Chicago Fire	Chicago Fire	Judge Judy	Judge Judy	Neighbor	Neighbor					
32	13	Paid Prog.	College Basketball Teams TBA (N) (Live)	To Be Announced						Raw Travel	Best Medicine					
36	974	Lidia	Healthful	Mexican	(55) ★ Movie		OurTime	Laura	Here & Now	Chavis	Track Ah'd	Compass	Weekends	Wisconsin		
38		(11:00) NCIS "Humbug"	NCIS	NCIS "Fun and Games"	NCIS "Bad Blood"	NCIS "Close to Home"	NCIS "Moonlit"	NCIS "Killer Instinct"								
50		Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Short Films	Law-SVU "Game"	Law-SVU "Hooked"	Fox Chicago Playlist							
55	15	(11:00) NCIS "Humbug"	NCIS	NCIS "Fun and Games"	NCIS "Bad Blood"	NCIS "Close to Home"	NCIS "Moonlit"	NCIS "Killer Instinct"								
58	8	(11:00) PPA Tour Pickleball	NFL (N) (Live)	NFL Football Divisional Round: Teams TBA (N) (Live)					TBA	CBS-News	60 Minutes (N)					
A&E	42	(11:00) Troo.. Alaska State Troopers	Alaska State Troopers	Desert Law "Standoff"	Desert Law	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD	
AMC	59	(10:30) ★★★★★ Rocky (76)	★★★★ Rocky II (79)	Talia Shire, Sylvester Stallone.	★★★★ Rocky III (82)	Mr. T, Talia Shire, Sylvester Stallone.	★★★★ Rocky IV (85)									
COM	54	The Office	The Office	The Office	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Family Guy	
DISC	41	(11:00) Afraid	Afraid	Afraid	"Sand Trapped"	Naked and Afraid "Colombian Cave Women"	Homestead Rescue	Homestead Rescue	Homestead Rescue	Homestead Rescue	Homestead Rescue	Homestead Rescue	Homestead Rescue	Homestead Rescue		
DISN	58	(40) Bluey	(40) Bluey	Bluey	Bluey	Big City	Big City	Big City	Big City	Big City	Big City	Big City	Big City	Big City	Big City	Ray & the Last Dragon
ESPN	30	(11:00) Postseason NFL Countdown (N) (Live)	ESPN Films					College Basketball	Creighton at Texas	Playoff	Playoff					
FREE	17	(40) ★★★★★ The Princess Bride (87)	Robin Wright, Cary Elwes	(10) ★★★★★ Brave (12)	Kelly Macdonald											Movie
FX	35	Movie	★★★★ Doctor Strange (16)	Benedict Cumberbatch.	★★★★ Thor: Ragnarok (17)	Tom Hiddleston, Chris Hemsworth.	★★★★ Ant-Man and The Wasp (18)									
HIST	39	(11:00) How.. How Disney		How Disney	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers	
LIFE	36	(11:00) ★ Boarding School Murders	★ Stalked by My Amish Boyfriend (24)	★ The Girl Who Wasn't Dead (24)	Lyndsy Fonseca.	★ The Girl Who Vanished (25)	Rylee Reagan.	★ Girl Who Vanished (25)	Rylee Reagan.							
MTV	52	Ridiculous	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	★★ Just Go With It
NICK	56	(11:15) ★★★ Sing 2 (21)	Matthew McConaughey.	★ How to Train Your Dragon: The Hidden World	SpongeBob	Boss Baby	Loud House	Wylde Pak	SpongeBob	Friends	Friends	Friends	Friends	Friends	Friends	
PARMT	51	(11:00) Bar.. Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	
SFY	55	(9:30) ★ Harry Potter & The Goblet of Fire	★★★★ Harry Potter and the Order of the Phoenix (07)	Daniel Radcliffe.	★★★★ Harry Potter and the Half-Blood Prince (09)	Daniel Radcliffe.	★★★★ Harry Potter and the Half-Blood Prince (09)	Daniel Radcliffe.								
TBS	3	Friends	★★★ The Mummy (99)	Rachel Weisz, Brendan Fraser.	★★★ The Mummy Returns (01)	Rachel Weisz, Brendan Fraser.	★★★ Rampage ('18)	Naomie Harris, The Rock.								
TCM	60	(11:15) ★★★ Cinderella Jones (46)	★★★★ The Affairs of Martha (43)	★★★★ Kings Row (42)	Ann Sheridan.	(45) ★★★ Bright Leaf (50)	Lauren Bacall, Gary Cooper.									
TNT	33	(11:00) ★★★ Wonder Woman 1984 (20)	Chris Pine, Gal Gadot.	(15) ★★★ Skyscraper ('18)	Neve Campbell, The Rock. (P)	★★★★ Godzilla x Kong: The New Empire (24)	Rebecca Hall.									
TOON	57	Tom/Tom	Tiny Too	Hero/ Hero	Teen/ Teen	Teen/ Teen	Gumball	Gumball	Ben 10	Ben 10	Burgers (N)	Burgers (N)	Burgers (N)	Burgers (N)	Burgers (N)	Family Guy
USA	34	(10:30) Premier Soccer	Basketball Duquesne at Rhode Island (N) (Live)	Forensic	Law-SVU "Uncle"	Law-SVU "Rescue"	Law-SVU "Rescue"	Law-SVU "Rescue"	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	
VH1	50	My Wife	My Wife	My Wife	My Wife	My Wife	My Wife	My Wife	My Wife	My Wife	My Wife	My Wife	My Wife	My Wife	My Wife	★★★ Rush Hour 2 (01)

SUNDAY EVENING JANUARY 18, 2026

B'CAST	SPECTRUM	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	1 AM
2	2	Harlan Coben's Final Twist	Tracker		Sheriff Country "Pilot"	CBS News Chicago (N)	Joni Table	Paid Prog.	NCIS "Sudden Death"					NCIS: Hawaii'
4	83	(6:00) To Be Announced				TMJ4 News	TMJ4 News	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.			Paid Prog.
5	5	(6:00) To Be Announced				News (N)	Sports	Open House	1st Look	Open House	Paid Prog.			Paid Prog.
6	6	Doc "Chief"	Universal	Krapopolis	FOX 6 News at 9 (N)	FOX 6 News	FOX6	FOX Local	FOX6 Open Record		Bensinger	Judge Judy		
7	7	★★★ Mrs. Doubtfire (93) Sally Field, Pierce Brosnan, Robin Williams.				News at 10pm (N)	Inside Ed. (N)	Localish	9-1-1 "7.1"					9-1-1
9	9	★★★ Two Weeks Notice (02) Hugh Grant, Sandra Bullock.	Weekend News (N) (Live)		WGN News	GN Sports	Backstory	Sheldon	Sheldon	Big Bang	Big Bang			Big Bang
9.2	986	Boss	Boss	Family Ties	Family Ties	Family Ties	Drew Carey	Drew Carey	Drew Carey	Drew Carey	NewsRadio	NewsRadio		NewsRadio
10	10	Scarlet "Trafalgar Spring"	All Creatures Great (N)	Bookish (N)	TURN "Against Thy Neighbor"		To Be Announced	R. Steves	Around the World					
11		Scarlet "Trafalgar Spring" (N)	All Creatures Great (N)	Bookish (N)	Murder in "In the Dead Spot"		Austin City Limits (N)	Father "The Invisible Friends"	Paradise					
12	12	★★★ Mrs. Doubtfire (93) Sally Field, Pierce Brosnan, Robin Williams.			News (N)	News (N)	UpFront	The Rookie "Caught Stealing"	News	News				
18	18	★★★ Two Weeks Notice (02) Hugh Grant, Sandra Bullock.	Connect MKE	The National News Desk (N)	Atkisson	Black	Positively	Prostate	World's	World's				World's
24	24	Last Man	Last Man	Two Half Men	Two Half Men	Bob Heart	Bob Heart	Fatal Crimes	Web of	Finally Caught "Lipscomb"	Bloodline Detectives			Whacked
26		Bob Heart	Bob Heart	The Conners	The Conners	Modern Fam.	Modern Fam.	Seinfeld	Seinfeld	Funny You	Funny You	Pawn Stars	Pawn Stars	Entertainers
32	13	Doc "Chief"	Universal	Krapopolis	Fox 32 News (N)	Chicago (N)	Bears Game	Good Morning (N)		Bensinger	Bensinger			Whacked
36	974	John McGive	Arts Page	Nature	NOVA "What Are UFOs?"	Secrets of the Dead	Lucy Worsley Investigates	Ireland	Songs					Woodsongs
38		NCIS	NCIS	NCIS "Under the Radar"	NCIS	NCIS "Once a Crook"	NCIS "Better Angels"							NCIS
50		Family Feud	Family Feud	Family Feud	You Don't	Bensinger	Extra (N)	TMZ (N)		Paid Prog.	Paid Prog.			Paid Prog.
55	15	NCIS	NCIS	NCIS "Under the Radar"	NCIS	NCIS "Once a Crook"	NCIS "Better Angels"							NCIS
58	8	Harlan Coben's Final Twist	Tracker	Sheriff Country "Pilot"	News (N)	CBS (N)	Fire "Not Without My Birds"	NCIS "Sudden Death"						S.W.A.T.
A&E	42	Live PD	Live PD	Live PD	Live PD	Live PD	(.05) Live PD	(.35) Live PD	(.05) Live PD	(.35) Live PD	(.05) Live PD	(.35) Live PD	(.05) Live PD	
AMC	59	(6:00) ★★ Rocky IV (85) ★★ Armageddon (98) Billy Bob Thornton, Liv Tyler, Bruce Willis.												
AP	43	Wardens of the North	Wardens of the North (N)	Yellowstone	Wardens "Jumping the Gun"		Wardens of the North	Wardens "Adult Skip Day!"						Yellow
BIG10	63	Wm. Basketball	Michigan State at Iowa (N) (Live)	The B1G Show (N) (Live)	The B1G Show	B1G Basketball in 60 (N)		The B1G Show						B1G Show
BOOM	109	Scooby-Doo	Scooby-Doo	Flintstone	Flintstone	The Jetsons	The Jetsons	Popeye	Popeye	Scooby	Scooby	Scooby-Doo	Scooby-Doo	WackyRace
BRAVO	45	The Real Housewives . (N)	Married to Medicine (N)	Watch What	The Real Housewives .	Married to Medicine	Married to Medicine	Real Housewives .	Real Housewives .					The Valley: Persian Style
CHSN		(6:00) NBA Basketball			Bulls (N)	CHSN Podcast Come Alive!	NBA Basketball	Brooklyn Nets at Chicago Bulls						Poker Night in America
CNBC	47	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Leader	Leader					Next
CNN	44	CNN Special Program	CNN Special Program	CNN Special Program	CNN Special Program	CNN Special Program	CNN Special Program	CNN Special Program	CNN Special Program					Newsroom
COM	54	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	South Park	South Park	South Park	South Park	South Park	South Park	
COOK	158	Carnival Eats	Carnival Eats	Carnival Eats	Carnival Eats	Yum-Yummer	Yum-Yummer	Man v. Food	Man v. Food	Carnival Eats	Carnival Eats	Yum-Yummer	Yum-Yummer	Man v. Food
DISC	41	Homestead Rescue "By a Landslide"			Homestead Rescue "Hawaii-Five-No"		Homestead Rescue "All My Stresses Live in Texas"							Homestead
DISN	58	Movie	(:50) Kiff	(:15) Kiff	(:40) Kiff	(.05) Place	Vampirina	Ladybug	Ladybug	Bluey	Bluey	Big City	Big City	Big City
DLC	153	My 600-Lb. Life "Octavia's Story"		600-Lb. Life "Octavia and Aaron"				My 600-Lb. Life "Octavia's Story"						600-Lb. Life
E!	53	★★★ 17 Again (09) Leslie Mann, Zac Efron.		★★★ Starsky & Hutch (04) Owen Wilson, Ben Stiller.		★★★ The King of Staten Island (20) Marisa Tomei, Pete Davidson.								
ESPN	30	Countdown to Kickoff (N) (Live)	SportsCenter With Scott Van Pelt (N) (Live)	SportsCenter (N) (Live)	SportsCenter (N) (Live)	SportsCenter (N) (Live)	SportsCenter (N) (Live)	SportsCenter (N) (Live)	SportsCenter (N) (Live)	SportCtr (N)				
ESPN2	29	(6:00) 2026 Australian Open Tennis Men's and Women's First Round From Melbourne Park in Melbourne, Victoria, Australia. (N) (Live)												
FDWI	31	(5:00) PWHL	She's	Preview	Fishing	Backroads	Larry	Water	Due North	Snow China, Part 2	Omegaball			Spotlight
FNC	48	Life, Liberty (N) (Live)	Sunday Night (N) (Live)	One Nation (N) (Live)	The Big Weekend Show	The Big Weekend Show	The Big Weekend Show	Life, Liberty & Levin						Fox News
FOOD	67	Cooks "Reality Check: The Worst Lotus" (N)	Baking "Family Favorite"	Beat Bobby	Beat Bobby	Beat Bobby	Cooks "Reality Check: The Worst Lotus"	Baking "Family Favorite"						
FREE	17	(6:25) ★★ Moana (16) Auli'i Cravalho.	(.55) ★★ Lilo & Stitch (02) Daveigh Chase.				(.55) ★★ Luca (21) Jacob Tremblay.							Paid Prog.
FX	35	(5:30) ★ Ant-Man & Wasp	★★★ Avengers: Infinity War (18) Chris Hemsworth, Josh Brolin, Robert Downey Jr.											★★★ X-Men Patrick Stewart, Hugh Jackman.
GOLF	28	(6:00) PGA Golf	Sony Open in Hawaii, Final Round (N) (Live)	Golf Central (N) (Live)	PGA Tour	Golf Sony Open in Hawaii, Final Round From Waialae Country Club in Honolulu.								Golf Central
HALL	71	When Calls the Heart (N)	★★ Winter Love Story (19) Kevin McGarry, Jen Lilley.		★★ Adventures in Love & Birding (25) Rachel Boston.									Golden Girls
HALLMY	117	★★ Aurora Teagarden Mysteries: Death at the Diner (24)	Murder, She Wrote	Murder ... "Judge Not"	Murder, She Wrote	Murder ... "A Killing in Vegas"	Murder ... "A Killing in Vegas"	Murder ...						
HGTV	37	Home Town (N)	Celebrity IOU (N)	Hunters (N)	Hunters	Hunters	Celebrity IOU	Hunters	Hunters					Hunters
HIST	39	Pickers "Hot Rod Hero"	American Pickers	(.05) American Pickers	(.05) American Pickers	(.05) American Pickers	(.05) Pickers "Hot Rod Hero"	(.05) American Pickers	(.05) Pickers					
LIFE	36	★★ The Water Tower (26) (P)	(.05) ★ I Am Mary Jo Buttafuoco (26) Chloe Lanier.		★★ The Water Tower (26)									Movie
LIFEMOV	65	★★ Abduction Runs in the Family (21) Jessica Morris.	★★ The Book Club Murders (24) Brittany Underwood.		★★ Abduction Runs in the Family (21) Jessica Morris.									Movie
METV	19	All in Family	All in Family	All in Family	All in Family	Raymond	Raymond	Van Dyke	Van Dyke	Honeymoon	Twilight Zone	Alfred Hitchcock Hour		News
MLB	326	Bleacher Features		Top 100 Right Now 100-81	Top 100 Right Now 80-61	Top 100 Right Now 80-61	Top 100 Right Now 60-41	MLB Network	Countdown					
MSNBC	46	(5:00) Weekend (N) (Live)	The Briefing (N)	Andrew Young, The Dirty Work			Deadline		Dateline					Dateline
MTV	52	(6:00) ★★ Just Go With It (11)	(.45) ★★ Vacation (15) Christina Applegate, Skyler Gisondo, Ed Helms.		Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous					Ridiculous
NATGEO	38	Catch.. "Dark Net Dragnet"	To Catch a Smuggler	Catch.. "Coke on the Water"	To Catch a Smuggler	Drugs, Inc "New York Heroin"	Drugs, Inc: The Fix							Drugs, Inc
NBA	325	(6:00) Weekend (N) (Live)	Hardwood Classics		NBA Action	Top Dunks	NBA Action	Post up (N)	Post up	Post up	Post up	Post up	Post up	
NFL NET	346	(6:00) NFL Football		NFL GameDay Final (N) (Live)	NFL GameDay Final									NFL Football
NICK	56	Friends	Friends	Friends	Friends	Big Bang	Big Bang	Big Bang	Big Bang	Friends	Friends	Friends	Friends	
NICK JR.	107	Peppa Pig	Peppa Pig	Peppa Pig	Peppa Pig	Peppa Pig	Peppa Pig	Rubble	Rubble	Bubble	Bubble	TeamUmiz.	PAWPatrol	
PARMT	51	Bar Rescue	Bar Rescue	Bar Rescue "Tropical Storm"	Bar Rescue	Bar Rescue	Bar Rescue			Bar Rescue "Doing it for Dad"	Bar Rescue			
PBS CREATE	977	(6:00) Milwaukee PBS Weather			Milwaukee PBS Weather									Milwaukee PBS Weather
PBS WORLD	976	Somewhere "What a Pickle"	Test Kitchen	Test Kitchen	Rick Steves	People	Table for All	Milk Street	Test Kitchen	Test Kitchen	Christina	Test Kitchen		
SUND	281	★★★ Twister (96) Bill Paxton, Cary Elwes, Helen Hunt.		★★★ Twister (96) Bill Paxton, Cary Elwes, Helen Hunt.										★★★ Contagion (11) Marion Cotillard.
SYFY	55	Movie	★★★ Harry Potter and the Deathly Hallows: Part 1 (10) Rupert Grint, Daniel Radcliffe.		(.35) ★★ Harry Potter and the Deathly Hallows: Part 2 (11) Daniel Radcliffe.									
TBS	3	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang					
TCM	60	★★★ The Carey Treatment (72) James Coburn.	★★★ Come (78) Michael Douglas, Geneviève Bujold.		★★★ The Love Light (21) Mary Pickford.									(.45) ★ The Gate of Heaven
THIS	983	Modern Fam.	Modern Fam.	Sheldon	Sheldon	CBS 58 News (N)	Seinfeld	Seinfeld	Friends	Friends	Deep Water Salvage			Court Cam
TLC	40	90 Day Fiancé: Before the 90 Days "Brace for Impact" (N)	Sister Wives (N)	90 Day Fiancé (N)	90 Day Fiancé: Before the 90 Days "Brace for Impact"									Sister Wives
TNT	33	★★★ The Tomorrow War (21) Yvonne Strahovski, J.K. Simmons, Chris Pratt.		★★★ Skyscraper (18) Neve Campbell, Chin Han, The Rock.										★★★ The Tomorrow War (21) Chris Pratt.
TOON	57	Family Guy	Family Guy	Family Guy	Family Guy	Rick Morty	Rick Morty	Primal (N)	Common S	Smiling	American	American	American	
TRAVEL	72	The Alaska Triangle	The Alaska Triangle	The Alaska Triangle	The Alaska Triangle	The Alaska Triangle	The Alaska Triangle	The Alaska Triangle	The Alaska Triangle					Alaska
TRUTV	74	(6:30) Unravel. (.45) Unrivaled Basketball	★★★ King Richard (21) Aunjanue Ellis, Jon Bernthal, Will Smith.											★★★ Suicide Squad (16) Will Smith.
TV LAND	61	(:10) Raymond	(:45) Raymond	(:20) Everybody Raymond	(.55) Raymond	Raymond	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Seinfeld
USA	34	Law-SVU "Vanity's Bonfire"	Law-SVU "Lessons Learned"	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & SVU		
VH1	50	★★ Rush Hour 3 (07) Chris Tucker, Jackie Chan.	★★★ The Blues Brothers (80) Dan Aykroyd, James Brown, John Goodman, Wild 'n Out											Wild 'n Out
WE	26	Criminal Minds "Proof"	Criminal "Dorado Falls"	Criminal Minds "Painless"	Criminal Minds	Criminal Minds	Criminal Minds "Epilogue"	9-1-1 "Alone Together"	9-1-1					

WEEKDAY MORNING JANUARY 19 TO 23, 2026

B'CAST	SPECTRUM	4 AM	4:30	5 AM	5:30	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM
2	2	CBS News	CBS News	CBS News Chicago	CBS News Chicago	CBS Mornings						CBS News Chicago	The Price Is Right			
4	83	Early	Early	TMJ4 News Today	TMJ4 News Today	Today						The Morning Blend	Today 3rd Hour	Today		
5	5	NBC 5 News	NBC 5 News	NBC 5 News	NBC 5 News	NBC 5 News at 6am	Today					Today 3rd Hour	Today-Jenna	NBC 5 News		
6	6	Judge Judy	News	Wake-Up News at 5	Wake-Up News at 6	Wake-Up News at 7	Wake-Up News at 8	FOX 6 Wake-				Real Milwaukee	Various			
7	7	Good	News	News	ABC7 News	News at 6am	Good Morning America					Live with Kelly and Mark	The View			
9	9	WGN News		WGN News		WGN Morning News	WGN Morning News	WGN Morning News				WGN Morning News	Daytime Chicago			
10	10	Various	Various	M Arthur	Odd Squad	Wild Kratts	Various	Lyla	Carl	Tiger	Rosie	Sesame	Work It	Donkey	Pink	Elinor
11		M Florida/PBS News	BBC News	Various	Nature Cat	Arthur	Wild Kratts	Weather	Lyla	Carl	Tiger	Rosie	Sesame	Work It		Donkey
12	12	Good	News	WISN 12 News	WISN 12 News	Good Morning America						Live with Kelly and Mark	The View			Various
18	18	Various	Business	The National News Desk	The National News Desk	The National News Desk	Weather	Paid Prog.	Various	FamFeud		Good Morning Football: Overtime				
24	24	Various	M The	Various	Business	The Jason Show	Hot Bench	Hot Bench	Judge	Judge Ross	Maury		Karamo		S. Wilkos	
26		Various	Various	Justice	Judge Ross	Judge	Judge	Judge	Cutters	The People's Court	Judge	Judge	The Steve Wilkos Show	Maury		
32	13	TMZ	Good Day	Good Day	Good Day	Good Day	Good Day Chicago at 7 AM				Good Day Chicago	Chicago Now!			M Basketball	
36	974	Various		Various	Lana Yoga	Lana Yoga	Yndi Yoga	Happy Yoga	Classical	Sit/Be Fit	Europe	Curious	Rosendo	Painting	Paint This	
38		Paid Prog.	Various	Various	F Amazing	Various	F Xploration	Various	F Planet	Various	F Planet	Various	Various	Various	Various	Various
50		Church	Passion	Paid Prog.	Paid Prog.	Church	Judge	Hatchett	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Divorce	The 700 Club		Family
55	15	Paid Prog.	Various	F Amazing	Various	F Xploration	Various	F Planet	Various	F Planet	Various	Various	Various	Various	Various	
58	8	CBS News	News	CBS 58 Morning News	CBS 58 Morning News	CBS Mornings						Let's Make a Deal	The Price Is Right			The Young
A&E	42	Paid Prog.	Paid Prog.	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various
AMC	59	Various	Various	Paid Prog.	Paid Prog.	Various	Paid Prog.	Various	Various	Various	M Lethal Weapon / Tu (45) G.I. Jane		Movies	Movie		
COM	54	South Park	South Park	Various	Various	Various	South Park	South Park	South Park	South Park	Various	Various	Various	Various	Various	South Park
DISC	41	Deadliest Catch	M Street/Bering Sea	M Lone Star Law		Various	Th Caught!	Various	Th Caught!	Various	Th Caught!	Various	Th Caught!	Various	Th Caught!	Various
DISN	58	Bluey	Bluey	Bluey	Various	Mickey	Spidey	Bluey	Bluey	Spidey	Iron Man	Various	Bluey	Bluey	Various	
ESPN	30	M W SportsCenter	SportsCenter	SportsCenter	Get Up							First Take				Pat McAfee
FREE	17	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Boy/WORLD	Boy/WORLD	Boy/WORLD	Boy/WORLD	The 700 Club	700 Club Interactive	Various	W F Jim	W F Jim		
FX	35	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Various	W X2 / Th Aliens / F Black Widow				Movies	X-Men: The Last Stand/ Alien 3	Movie			
HIST	39	Paid Prog.	Paid Prog.	Amazing	Jeremiah	Various		Various		Various	Various	Various	Various	Various	Various	
LIFE	36	Paid Prog.	Jeremiah	Creflo	Robison	Joyce Meyer		The Closer / F NCIS	The Closer / F NCIS	The Closer / F NCIS	The Closer / F NCIS	Major Crimes / F NCIS				Various
MTV	52	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	
NICK	56	Mod Fam	Neighbor	SpongeBob	PAW Patrol	PAW Patrol	PAW Patrol	PAW Patrol	PAW Patrol	PAW Patrol	PAW Patrol	PAW Patrol	PAW Patrol	PAW Patrol	PAW Patrol	Various
PARMT	51	Bar Rescue	Various	Inside Ed.	ET	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Raiders of the Lost Ark/B.	Bar Rescue		
SFY	55	Twi. Zone	Twi. Zone	Various	F Twi. Zone	F Wolf		Harry Potter & the Half-Bl...	Movies	Movie	Th Candyman	Movie	Movie		Twolit	
TBS	3	Various	Various	Various	Various	Sheldon	Sheldon	Sheldon	Sheldon	Sheldon	Sheldon	Various	Friends	Friends	Friends	Various
TCM	60	Movie	Movies	Movies	Movie	Movies	Movies	Movie	Movies	Movies	Movies	Movies	Movie	Movies	Movies	
TNT	33	Charmed / F	FBI	Charmed / F	FBI	Charmed / F	FBI	Charmed / F	FBI	Charmed / F	FBI	Various	Tu W Cold Case/Th F	FBI	Various	
TOON	57	Various	Various	Various	Various	Various	Various	Various	(35) Looney	Various	Be Cool	Be Cool	Scooby-Doo	Scooby-Doo	Various	Various
USA	34	M Law-SVU/Tu Th	Dateline	Various		Various		Various		Various	Various	Various	Various	Various	Various	
VH1	50	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Flip Side	Flip Side	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out

WEEKDAY AFTERNOON JANUARY 19 TO 23, 2026

MONDAY EVENING JANUARY 19, 2026

BCAST	SPECTRUM	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	1 AM	
2	2	Neighbor	DMV	FBI "Captured"	NCIS-Orig. "End of the Road"	News (N)	(:35) Late Show-Colbert (N)	(:35) Comics	(:35) Comics	(:35) News	(:10) Comics				
4	83	NBA Basketball	Boston Celtics at Detroit Pistons (N) (Live)			TMJ4 News	(:35) Tonight Show (N)	(:35) Seth Meyers (N)	TMJ4News	(:05) Morning					
5	5	NBA Basketball	Boston Celtics at Detroit Pistons (N) (Live)			NBC 5 News	(:35) Tonight Show (N)	(:35) Seth Meyers (N)	NBC 5 News	(:05) NBCNews					
6	6	Fear Factor: House of Fear	Doc	FOX 6 News at 9 (N)	FOX 6 News	FOX 6 News	TMZ	Dateline		Extra (N)	FOX 6 News				
7	7	To Be Announced				News (N)	(:35) J. Kimmel (N)	(:35) Nightline	(:05) Live "Simple Fix for '26"	(:05) News					
9	9	I Am MLK Jr.		WGN News at Nine (N) (Live)	News (N)	GN Sports	Sheldon	Big Bang	Two Half Men	Last Man	Goldbergs				
9.2	986	Jeffersons	Jeffersons	Jeffersons	Jeffersons	Jeffersons	Jeffersons	Johnny Carson	Jeffersons	Jeffersons	Jeffersons	Jeffersons			
10	10	Antiques Roadshow (N)	Marked Man	King Celebration Concert		Becoming Thurgood	Lincoln	R. Steves	Amanpour (N)						
11		Antiques Roadshow (N)	Antiques Roadshow	Becoming Thurgood	TBA	BBC News	Amanpour (N)		Scarlet "Trafalgar Spring"	Creatures					
12	12	To Be Announced				News (N)	(:35) J. Kimmel (N)	(:35) Nightline	(:05) Hollywood	(:05) News	(:05) Suits				
18	18	I Am MLK Jr.		National (N)	National (N)	National (N)	National (N)	ICRIME (N)	ICRIME	Crime	Crime	Chicago Fire			
24	24	Law & Order: SVU "Legacy"	Law-SVU "Baby Killer"	Bob Heart	Bob Heart	Two Half Men	Two Half Men	Last Man	Last Man	Family Feud	Comics	Access (N)			
26		Flip Side (N)	Perfect (N)	Chicago "Impossible Dream"	Chicago Fire	Seinfeld	Seinfeld	Modern Fam.	Modern Fam.	The Conners	The Conners	Perfect			
32	13	Fear Factor: House of Fear	Doc	News (N)	Chicago (N)	The Report	TMZ (N)	Family Feud	Family Feud	News	Chicago	Sherri (N)			
36	974	America	Context	The American Buffalo		BBC News	PBS News Hour (N)	To Be Announced	Changing	Test Kitchen					
38		Chicago P.D.	Chicago P.D. "I Was Here"	Chicago P.D. "Center Mass"	Chicago "Intimate Violence"	Chicago "Before the Fall"	Chicago P.D. "Lines"					Chicago P.D.			
50		(6:00) Fox Chicago Playlist (N)		Family Feud	Family Feud	48 Hours	Law & Order: SVU "Legacy"	Law-SVU "Baby Killer"							
55	15	Chicago P.D.	Chicago P.D. "I Was Here"	Chicago P.D. "Center Mass"	Chicago "Intimate Violence"	Chicago "Before the Fall"	Chicago P.D. "Lines"					Chicago P.D.			
58	8	Neighbor	DMV	FBI "Captured"	NCIS-Orig. "End of the Road"	News (N)	(:35) Late Show-Colbert (N)	(:35) Comics	(:05) Comics	(:35) Jeopardy!	(:05) Barrymore				
A&E	42	Live PD: Great. "Episode 23"	Live PD "Episode 36" (N)	Live PD "Episode 37" (N)	(:05) Desert Law "Standoff"	(:05) Live PD "Episode 23"	(:05) Live PD "Episode 36"	(:05) Live PD							
AMC	59	★★★ Beverly Hills Cop ('84) Eddie Murphy.													
AP	43	Work "Vets and Volunteers"	Work on the Wild Side	Work on the Wild Side	Work "All Shapes and Sizes"	Work "Vets and Volunteers"	Work on the Wild Side	Work on the Wild Side	Work on the Wild Side	Work on the Wild Side	Work on the Wild Side	Work on the Wild Side			
BIG10	63	(6:30) B1GSto.	B1G Wrestling in 60 (N)	B1G Hockey in 60 (N)	The Journey	B1G Live (N)	The B1G Show (N) (Live)	The B1G Show	The B1G Show						
BOOM	109	Codename	Codename	Ben 10	Looney	Flintstone	The Jetsons	Scooby-Doo	Scooby-Doo	Scooby	Scooby	Be Cool	Be Cool	TBA	
BRAVO	45	Below Deck (N)	Watch What	Southern Charm "Fowl Play"	Below Deck "Bubble Trouble"	Below Deck Mediterranean	Below Deck Mediterranean	Below Deck Mediterranean	Below Deck Mediterranean	Below Deck Mediterranean	Below Deck Mediterranean				
CHSN		Blackhawks	NHL Hockey	Winnipeg Jets at Chicago Blackhawks (N) (Live)		Blackhawks	Pro Football	NHL Hockey	Winnipeg Jets at Chicago Blackhawks						
CNBC	47	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Dateline				
CNN	44	Cooper 360 (N) (Live)	The Source With (N) (Live)	CNN NewsNight (N) (Live)	Laura Coates Live (N) (Live)	Story Is- Elex (N) (Live)	Story Is- Elex (N) (Live)	Story Is- Elex (N) (Live)	Story Is- Elex (N) (Live)	Story Is- Elex (N) (Live)	Cooper 360				
COM	54	The Office	The Office	The Office	The Office	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	South Park	South Park			
COOK	158	Delicious	Delicious	Bizarre	Bizarre	Delicious	Delicious	Zimmern	Zimmern	Bizarre	Bizarre	Delicious	Delicious	Zimmern	
DISC	41	Contraband: Seized (N) (SP)	120 Hours (N) (P)	Contraband: Seized	Contraband: Seized	Contraband: Seized	Contraband: Seized	120 Hours Behind Bars	120 Hours Behind Bars	Contraband					
DISN	58	★★★ Soul ('20) Jamie Foxx.	(:45) Vampirina	(:10) Electric	(:35) Kiff	Ladybug	Ladybug	Bluey	Bluey	Big City	Big City	Big City	Big City		
DLC	153	My 600-Lb. Life "Cillas" Story"		My 600-Lb. Life: Where Are They Now? "Cillas and Tiffany"	My 600-Lb. Life "Cillas' Story"							600-Lb. Life			
E!	53	★★★ Starsky & Hutch ('04) Owen Wilson, Ben Stiller.		★★ Expend4bles (23) Sylvester Stallone, Jason Statham	9-1-1 "Let the Games Begin"	9-1-1 "Crash & Learn"	9-1-1								
ESPN	30	(6:30) Nat'l Champ. Teams TBA From Hard Rock Stadium in Miami Gardens, Fla. (N) (Live)		(:15) RamTruc.	SportsCenter (N) (Live)	SportsCenter (N) (Live)	SportsCenter (N) (Live)	SportsCenter (N) (Live)	SportsCenter (N) (Live)	SportsCenter (N) (Live)					
ESPN2	29	(6:30) Nat'l Champ. Teams TBA From Hard Rock Stadium in Miami Gardens, Fla. (N) (Live)		(:15) 2026 Australian Open Tennis Men's and Women's First Round (N)											
FDWI	31	(6:30) NHL Hockey Minnesota Wild at Toronto Maple Leafs		Postgame (N) Golic / Golic	Dialed-In	A Fishing	NHL Hockey	Minnesota Wild at Toronto Maple Leafs							
FNC	48	Jesse Watters (N) (Live)	Hannity (N) (Live)	Gutfeld! (N)	Fox News at Night (N) (Live)	The Five	Jesse Watters	Primetime	Hannity						
FOOD	67	Baking "A Trip to Remember"	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Baking "A Trip to Remember"	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby				
FREE	17	(5:30) ♫ Up	(:35) ★★★ Coco ('17) Voices of Gael Garcia Bernal, Anthony Gonzalez.	The 700 Club (N)	Jim	Jim	Jim	Jim	Jim	Jim	Paid Prog.				
FX	35	★★★ Uncharted ('22) Mark Wahlberg, Sophia Ali, Tom Holland.		★★★ Uncharted ('22) Mark Wahlberg, Sophia Ali, Tom Holland.			★★ What Happens in Vegas ('08)								
GOLF	28	PGA Tour Golf	Sony Open in Hawaii, Final Round From Waialae Country Club in Honolulu.	PGA Tour Golf	Sony Open in Hawaii, Final Round From Waialae Country Club in Honolulu.	PGA Tour Golf	Sony Open in Hawaii, Final Round From Waialae Country Club in Honolulu.	PGA Korn							
HALL	71	★★ Winter in Vail ('20) Tyler Hynes, Lacey Chabert.		★★ The Birthday Wish ('17) Luke Macfarlane, Jessy Schram.	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	The Waltons				
HALLMY	117	Matlock "The Student"	Matlock "The Talk Show"	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Murder ... "Ever After"	Murder ...				
HGTV	37	Don't Hate Your (N)	Neighbor	Neighbor	Hunters	Hunters	Hunters	Neighbor	Neighbor	Hunters	Hunters	Hunters			
HIST	39	History's Greatest Mysteries	History's Greatest Mysteries	(:05) History's-Mysteries	(:05) History's-Mysteries	(:05) History's-Mysteries	(:05) History's-Mysteries	(:05) History's-Mysteries	(:05) History's-Mysteries	(:05) History's-Mysteries	(:05) History's-Mysteries	(:05) History's-Mysteries	(:05) History's-Mysteries	(:05) History's-Mysteries	
LIFE	36	NCIS "Engaged, Part 1"	NCIS "Engaged, Part 2"	(:05) NCIS	(:05) NCIS	(:05) NCIS "Newborn King"	NCIS "Engaged, Part 1"	NCIS "Engaged, Part 2"	NCIS "Engaged, Part 2"	(:05) NCIS					
LIFEMOV	65	★★ The Lies We Bury ('25) Doug Noble, Kyla Nova.		★★ Reba McEntire's The Hammer ('23) Reba McEntire.	★★ The Lies We Bury ('25) Doug Noble, Kyla Nova.		Movie								
METV	19	Andy Griffith	Andy Griffith	Raymond	Raymond	Hogan Hero	Hogan Hero	Carol Burnett	Perry Mason	(:35) Twi. Zone	(:05) Alfred Hitchcock Hour	(:05) Mannix			
MLB	326	Top 100 Right Now 40-21	MLB Tonight	Top 100 Right Now 40-21	MLB Tonight	Top 100 Right Now 40-21	MLB Tonight	MLB Tonight	MLB Tonight	All-Time					
MSNBC	46	(6:00) Weeknight (N) (Live)	R. Maddow (N) (Live)	Last Word (N) (Live)	11th-Stephanie (N) (Live)	The Rachel Maddow Show	Last Word With Lawrence	11th Hour							
MTV	52	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous		
NATGEO	38	Lost "Alexander the Great"	Lost "Rise of Cleopatra"	Lost "Secrets of the Nile"	Lost "Treasures of Egypt"	Pole to "The South Pole"	Pole to "The South Pole"	(:05) Pole to	(:40) Facing Putin						
NBA	325	(6:00) NBA Basketball		Center Court	NBA Basketball					GameTime	GameTime	GameTime	GameTime		
NFL NET	346	NFL Football			The Insiders		NFL Football								
NICK	56	Friends	Friends	Friends	Friends	Big Bang	Big Bang	Big Bang	Big Bang	Friends	Friends	Friends	Friends		
NICK JR.	107	PAW Patrol	PAW Patrol	Peppa Pig	Peppa Pig	Peppa Pig	Peppa Pig	Rubble	Rubble	Bubble	Bubble	Bubble	TeamUmiz.	PAWPatrol	
PARMT	51	(6:00) ★★★★ Raiders of the Lost Ark	★★★★ Indiana Jones and the Last Crusade ('89) Sean Connery, Harrison Ford.					★★★★ Indiana Jones and the Temple of Doom ('84)							
PBS CREATE	977	(6:00) Milwaukee PBS Weather													
PBS WORLD	976	Test Kitchen	Kitchen	Test Kitchen	Test Kitchen	R. Steves	Weekends	See Canada	Joy/Painting	Kitchen	Test Kitchen	Table	Cook	Test Kitchen	
SUND	281	NCIS "Blowback"	NCIS "Friends and Lovers"	NCIS "Dead Man Walking"	NCIS "Skeletons"	NCIS "Iceman"						★★★★ The Fugitive ('93) Harrison Ford.			
SYFY	55	(4:30) ♫ Harry Potter & the So...	★★★★ Harry Potter and the Chamber of Secrets ('02) Rupert Grint, Emma Watson, Daniel Radcliffe.									★★★★ Brian and Charles ('22) David Earl.			
TBS	3	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Imp. Jokers	Modern Fam.	Modern Fam.	Modern Fam.	Modern Fam.	
TCM	60	♫ I Heard It Through the Grapevine ('82) James Baldwin.		★★★★ Malcolm X ('92) Angela Bassett, Albert Hall, Denzel Washington.								★★★★ Uptight ('68)			
THIS	983	Perfect (N)	Perfect	48 Hours	CBS 58 News (N)	Seinfeld	Seinfeld	Big Bang	Law-SVU "Born Psychopath"	Chicago "Impossible Dream"					
TLC	40	90 Day Fiancé: Other (N)	(:05) 90 Day Diaries (N)	(:05) 90 Day: Other (N)	(:05) 1000-lb Sisters	90 Day Fiancé: Other Way	(:05) 90 Day Diaries	(:05) 90 Day Diaries	(:05) 90 Day Diaries						
TNT	33	Unrivaled Basketball	(:15) Unrivaled Basketball		Unrivaled (N)	★★★★ King Richard ('21) Aunjanue Ellis, Jon Bernthal, Will Smith.						Cold Case			
TOON	57	Burgers	Family Guy	Family Guy	Family Guy	Rick Morty	Rick Morty	Rick Morty	Smiling	To Be Announced		TBA			
TRAVEL	72	Mysteries of the Unknown		Mysteries of the Unknown				Mysteries of the Unknown				Mysteries			
TRUTV	74	Unrivaled Basketball	(:15) Unrivaled Basketball		Unrivaled (N)	★★★★ Any Given Sunday ('99) Cameron Diaz, Dennis Quaid, Al Pacino.						Inside Jokes			
TV LAND	61	Raymond	Raymond	Raymond	Raymond	Raymond	King	King	King	King	King	King	King	Seinfeld	
USA	34	Law & Order: SVU	Law-SVU "Comic Perversion"	Law-SVU "Gridiron Soldier"	Law-SVU "Downloaded Child"	Law-SVU "Secrets Exhumed"	Law-SVU "Funny Valentine"	Law-SVU "Secrets Exhumed"	Law-SVU "Funny Valentine"					Law-SVU	
VH1	50	Basketball Wives LA	Basketball Wives LA	Basketball Wives LA	Basketball Wives LA	Basketball Wives LA	Basketball Wives LA	Basketball Wives LA	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out		
WE	26	Criminal "House on Fire"	Criminal Minds "Conflicted"	Criminal "A Shade of Gray"	Criminal "The Big Wheel"	Criminal "Roadkill"	Criminal Minds "Roadkill"	9-1-1 "Trapped"	9-1-1 "Trapped"						

TUESDAY EVENING JANUARY 20, 2026

B'CAST	SPECTRUM	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	1 AM	
2	2	NCIS "Gone Girls"	NCIS-Orig. "Happy Birthday"	NCIS "Lost in Translation"	News (N)	(:35) Late Show-Colbert (N)	(:35) Comics	(:35) Comics	(:35) News	(:10) Comics					
4	83	NBA Basketball San Antonio Spurs at Houston Rockets (N) (Live)			TMJ4 News	(:35) Tonight Show (N)	(:35) Seth Meyers (N)	TMJ4News	(:05) Morning						
5	5	NBA Basketball San Antonio Spurs at Houston Rockets (N) (Live)			NBC 5 News	(:35) Tonight Show (N)	(:35) Seth Meyers (N)	NBC 5 News	(:05) NBCNews						
6	6	Best Medicine (N)	Doc (N)	FOX 6 News at 9 (N)	FOX 6 News	FOX 6 News	TMZ	Dateline "What They Saw"	Extra (N)	FOX 6 News					
7	7	Will Trent "Studio 4B" (N)	High Pote "Grounded" (N)	The Rookie (N)	News (N)	(:35) J. Kimmel (N)	(:35) Nightline	(:05) Live "Simple Fix for '26"	(:05) News						
9	9	WWE NXT (N) (Live)		WGN News at Nine (N) (Live)	News (N)	GN Sports	Sheldon	Big Bang	Two Half Men	Last Man	Goldbergs				
9.2	986	One Day	One Day	Jeffersons	Jeffersons	Sanford	Sanford	Johnny Carson	Becker	Becker	Wings	Wings	Mad About		
10	10	Roots "Caribbean Roots" (N)	Breaking the Deadlock (N)	Frontline "2,000 Meters to Andriivka"			The American	Revolution "An Asylum for Mankind"							
11		Roots "Caribbean Roots" (N)	Breaking the Deadlock (N)	Frontline "2,000 Meters to Andriivka"			Chicago	BBC News	Amanpour (N)		Antiques				
12	12	Will Trent "Studio 4B" (N)	High Pote "Grounded" (N)	The Rookie (N)	News (N)	(:35) J. Kimmel (N)	(:35) Nightline	(:05) Hollywood	(:35) News	(:05) Suits					
18	18	WWE NXT (N) (Live)		National (N)	National (N)	National (N)	National (N)	ICRIME (N)	ICRIME	Crime	Crime	Chicago Fire			
24	24	Chicago P.D.	Chicago "There's My Girl"	Bob Heart	Bob Heart	Two Half Men	Two Half Men	Last Man	Last Man	Family Feud	Comics	Access (N)			
26		Flip Side (N)	Perfect (N)	Chicago "The Radical Truth"	Chicago Fire	Seinfeld	Seinfeld	Modern Fam.	Modern Fam.	The Conners	The Conners	Perfect			
32	13	Best Medicine (N)	Doc (N)	News (N)	1st & North	The Report	TMZ (N)	Family Feud	Family Feud	News	1st & North	Chicago			
36	974	America	Context	Velvet		R. Steves	BBC News	PBS News Hour (N)	Nature		Arts Page	Test Kitchen			
38		Chicago Fire	Chicago Fire	Chicago Fire "Winterfest"	Chicago "Back With a Bang"	Chicago Fire "Fog of War"				Chicago Fire "Show of Force"	Chicago Fire				
50		(6:00) Fox Chicago Playlist (N)		Family Feud	Family Feud	48 Hours		Chicago P.D.		Chicago "There's My Girl"	Law-SVU				
55	15	Chicago Fire	Chicago Fire	Chicago Fire "Winterfest"	Chicago "Back With a Bang"	Chicago Fire "Fog of War"				Chicago Fire "Show of Force"	Chicago Fire				
58	8	NCIS "Gone Girls"	NCIS-Orig. "Happy Birthday"	NCIS "Lost in Translation"	News (N)	(:35) Late Show-Colbert (N)	(:35) Comics	(:05) Comics	(:35) Jeopardy!	(:05) Barymore					
A&E	42	Court Cam	Court Cam	Court Cam	Court Cam	Booked "DUI Dilemma" (N)	(:05) CourtCam	(:35) CourtCam	(:05) CourtCam	(:05) CourtCam	(:05) CourtCam	(:05) CourtCam	(:05) Booked		
AMC	59	★★★ Remember the Titans Will Patton, Denzel Washington.		★★★ The Replacements										(:15) ★★★ Draft Day ('14) Kevin Costner.	
AP	43	Lone Star Law	Lone Star "Killer on Camera"	Lone Star Law	Lone Star "Sparkling Disaster"	Lone Star Law	Lone Star Law	Lone Star "Killer on Camera"	Lone Star						
BIG10	63	(5:30) Basket.	College Basketball Rutgers at Iowa (N) (Live)	Journey (N)	B1G Live (N)	B1G Moment	B1G Show	B1G Show	The Journey	B1G Show	B1G Show				
BOOM	109	Codename	Codename	Ben 10	Looney	Flintstone	The Jetsons	Scooby-Doo	Scooby-Doo	Scooby	Scooby	Be Cool	Be Cool	The Smurfs	
BRAVO	45	Housewives SLC (N)	Vanderpump Rules ". (N)		Real SLC "Reunion Part 2"	Vanderpump Rules "		Real Housewives "		Below Deck					
CHSN		NBA Basketball LA Clippers at Chicago Bulls (N) (Live)		Bulls (N)	Pro Football	Journey	NBA Basketball LA Clippers at Chicago Bulls								
CNBC	47	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Dateline				
CNN	44	Cooper 360 (N) (Live)	The Source With (N) (Live)	CNN NewsNight (N) (Live)	Laura Coates Live (N) (Live)	Story Is- Elex (N) (Live)	Story Is- Elex (N) (Live)	Story Is- Elex (N) (Live)	Story Is- Elex (N) (Live)	Cooper 360					
COM	54	Family Guy	Family Guy	Family Guy	Family Guy	Daily Show	FamilyGuy	Family Guy	Family Guy	Family Guy	South Park	South Park			
COOK	158	Man v. Food	Man v. Food	Bourdain "Saudi Arabia"	No Reservation "Chicago"	No Reservation "Venice"	Bourdain "Saudi Arabia"	No Reservation "Chicago"	Bourdain "Saudi Arabia"	No Reservation "Chicago"	Bourdain				
DISC	41	Moonshiners (N)	Moonshiners (N)	Moonshiners: "Hot Liquor"	Moonshiners: "Hot Liquor"	Master "American Agave"	Moonshiners	Moonshiners	Moonshiners	Moonshiners	Master				
DISN	58	★★★ High School Musical 2 (07) Zac Efron.		Electric	Kiff	Ladybug	Ladybug	Bluey	Bluey	Big City	Big City	Big City			
DLC	153	Hoarding: Buried Alive	Hoarding: Buried Alive	Hoarding "Not a Safe Place"	Hoarding "A Horrible Sight"	Hoarding: Buried Alive	Hoarding: Buried Alive	Hoarding: Buried Alive	Hoarding: Buried Alive	Hoarding: Buried Alive	Hoard-Buried				
E!	53	The Office	The Office	The Office	The Office	The Office	The Office	Sex-City	Sex-City	Sex-City	Sex-City	Sex-City	Sex-City		
ESPN	30	(6:00) TGL Golf	College Basketball Teams TBA (N) (Live)		College Basketball Kansas at Colorado (N) (Live)			SportsCenter (N) (Live)	SportsCenter (N) (Live)	SportCtr (N)					
ESPN2	29	(6:00) College Basketball	2026 Australian Open Tennis	Men's and Women's Second Round	From Melbourne Park in Melbourne, Victoria, Australia. (N) (Live)										
FDWI	31	(6:00) NHL Hockey	Postgame (N)	Wild on 7th	Badgers	Golic / Golic	The Card Life	NHL Hockey	Minnesota Wild at Montreal Canadiens						
FNC	48	Jesse Watters (N) (Live)	Hannity (N) (Live)	Gutfeld! (N)	Fox News at Night (N) (Live)	The Five	Jesse Watters Primetime	Hannity							
FOOD	67	Chopped	Wildcard Kitchen (N)	Kitchen "Frenemies"	Chopped "Superhero Chefs!"	Wildcard Kitchen	Kitchen "Frenemies"	Chopped							
FREE	17	(6:00) ★★★ The Lion King	★★★★ The Little Mermaid ('89) Jodi Benson.		The 700 Club (N)	Jim	Jim	Jim	Jim	Paid Prog.					
FX	35	(5:00) ★ Thor: Ragnarok	★★ Thor: Love and Thunder ('22) Natalie Portman, Chris Hemsworth.	★★ Eternals ('21) Salma Hayek, Kit Harington, Angelina Jolie.											
GOLF	28	(5:30) PGA Korn Ferry Tour Golf	DP World Tour Golf Dubai Invitational, Final Round	Dubai Creek Resort in Dubai, United Arab Emirates.											
HALL	71	★★ An Unexpected Valentine ('25) Lacey Chabert.		Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	The Waltons	
HALLMY	117	Murder, She Baked "A Plum Pudding Mystery"		Murder ... "Badge of Honor"	Murder, She Wrote	Murder ... "Murder in Milan"	Murder ... "Family Secrets"	Murder ...							
HGTV	37	Fixer to Fabulous (N)	Farmhouse "Attic Appeal"	House (N)	House (N)	House	House	Farmhouse "Attic Appeal"	House	House	House				
HIST	39	The Curse of Oak Island	The Curse of Oak Island (N)	(:05) MonsterQuest	(:05) Curse of Oak Island	(:05) Curse of Oak Island	(:05) Curse of Oak Island	Oak Island "A Fort Knight"	(:05) Monster						
LIFE	36	Castle "Heroes & Villains"	Castle "Head Case"	(:05) Castle	(:05) Castle	Castle "Heroes & Villains"	Castle "Head Case"	(:05) Castle							
LIFEMOV	65	★★ Killing All My Sisters ('24) Isabella Carsten.		★★ Secret Life of a Sorority Girl ('24) Jessica Morris.	★★ Killing All My Sisters ('24) Isabella Carsten.	★★ Killing All My Sisters ('24) Isabella Carsten.	★★ Killing All My Sisters ('24) Isabella Carsten.	Movie							
METV	19	Andy Griffith	Andy Griffith	Raymond	Raymond	Hogan Hero	Hogan Hero	Carol Burnett	Perry Mason	(:35) Twi. Zone	(:05) Alfred Hitchcock Hour	(:05) Mannix			
MLB	326	2026 Election	MLB Tonight	2026 Election	MLB Tonight	2026 Election	MLB Tonight	MLB Tonight	MLB Tonight	MLB Tonight	2026 Election				
MSNBC	46	All In With (N) (Live)	The Briefing (N) (Live)	Last Word (N) (Live)	11th-Stephanie (N) (Live)	The Briefing With Jen Psaki	Last Word With Lawrence	11th Hour							
MTV	52	Caught in Act (N)	Caught in Act	Caught in Act	Caught in Act	Caught in Act	Caught in Act	Caught in Act	Caught in Act	Caught in Act	Caught in Act	Caught in Act			
NATGEO	38	(:20) Pole to Pole	Pole to Pole (N)	Pole to "The Himalayas" (N)	Pole to Pole	(:40) Pole to Pole	(:40) Pole to "The Himalayas"	(:45) Life Below "A Wild Life"							
NBA	325	(6:00) NBA G League	NBA Special	NBA Special	NBA Special	NBA Special	NBA Special	NBA Special	Game of the Day						
NFL NET	346	NFL Football			The Insiders		NFL Football								
NICK	56	Friends	Friends	Friends	Friends	Big Bang	Big Bang	Big Bang	Big Bang	Friends	Friends	Friends	Friends		
NICK JR.	107	PAW Patrol	PAW Patrol	Peppa Pig	Peppa Pig	Peppa Pig	Peppa Pig	Rubble	Rubble	Bubble	Bubble	TeamUmiz.	PAWPatrol		
PARMT	51	Movie	★★★ Grown Ups 2 ('13) Kevin James, Chris Rock, Adam Sandler.		★★★ Grown Ups ('10) Kevin James, Chris Rock, Adam Sandler.	★★★ Grown Ups ('10) Kevin James, Chris Rock, Adam Sandler.	★★★ Grown Ups 2 ('13)								
PBS CREATE	977	(6:00) Milwaukee PBS Weather		Milwaukee PBS Weather						Milwaukee PBS Weather					
PBS WORLD	976	Milk Street	Kitchen	Test Kitchen	Test Kitchen	R. Steves	Rosendo	Darley	Joy/Painting	Kitchen	Milk Street	Key	Wild Harvest	Test Kitchen	
SUND	281	Law & Order "Corpus Delicti"	Law & Order "Trophy"	Law & Order "Charm City"	Bones "Pilot"	Bones "The Man in the SUV"	Bones "A Boy in a Tree"	Bones							
SYFY	55	(6:30) ★★★ Harry Potter and the Order of the Phoenix ('07)		★★★ Harry Potter and the Half-Blood Prince ('09) Rupert Grint, Emma Watson, Daniel Radcliffe.										Twilight Zone	
TBS	3	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Imp. Jokers	Modern Fam.	Modern Fam.	Modern Fam.		
TCM	60	★★★★ On the Waterfront ('54) Marlon Brando.		★★★★ A Place in the Sun ('51) Montgomery Clift.						(:15) ★★★ Alice Doesn't Live Here Anymore ('74)			Movie		
THIS	983	Perfect (N)	Perfect	48 Hours	CBS 58 News (N)	Seinfeld	Seinfeld	Big Bang	Law-SVU "Girl Dishonored"	Chicago "The Radical Truth"					
TLC	40	1000-lb Sisters (N)	1000-lb Sisters (N)	Suddenly Amish (N)	Sister Wives		1000-lb Sisters			1000-lb Sisters					
TNT	33	(6:30) NHL Hockey Boston Bruins at Dallas Stars (N) (Live)		NHL Hockey New Jersey Devils at Edmonton Oilers (N) (Live)											
TOON	57	Burgers	Family Guy	Family Guy	Family Guy	Raymond	Raymond	King	King	King	King	King	King	Seinfeld	
TRAVEL	72	Paranormal Emergency	Paranormal Emergency	Paranormal "It Was Angry!"	Paranormal Emergency	Rick Morty	Rick Morty	Rick Morty	Smiling		Oh My God	American	American		
TRUTV	74	(6:30) Basketball DePaul at Butler (N) (Live)	Postgame (N)	NHL Hockey New Jersey Devils at Edmonton Oilers (N) (Live)										Paranormal	
TV LAND	61	(:10) Raymond	(:45) Raymond	(:20) Everybody Raymond	(:55) Raymond	Raymond	King	King	King	King	King	King	King	Seinfeld	
USA	34	Law & Order: SVU	Law-SVU "Maternal Instincts"	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law-SVU "Traumatic Wound"	Law-SVU					
VH1	50	Basketball Wives LA	Bsk. Wives Reunion	Bsk. Wives Reunion	Basketball Wives LA	Basketball Wives LA	Basketball Wives LA	Basketball Wives LA	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out		
WE	26	Criminal Minds	Criminal Minds "Haunted"	Criminal Minds "Reckoner"	Criminal Minds "Hopeless"	Criminal Minds "Cradle to Grave"	Criminal Minds "Hopeless"	Criminal "Cradle to Grave"	S.W.A.T. "Short Fuse"	S.W.A.T.	S.W.A.T.	S.W.A.T.	S.W.A.T.		

WEDNESDAY EVENING JANUARY 21, 2026

B'CAST	SPECTRUM	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	1 AM
2	2	Hollywood Squares (N)	Price Is Right (N)	Harlan Coben's Final (N)	News (N)	(:35) Late Show-Colbert (N)	(:35) Comics	(:35) Comics	(:35) News	(:10) Comics				
4	83	Chicago "Frost on Fire" (N)	Chicago "Carry a Torch" (N)	Chicago P.D. "Faith" (N)	TMJ4 News	(:35) Tonight Show (N)	(:35) Seth Meyers (N)	(:35) Seth Meyers (N)	(:35) Seth Meyers (N)	(:35) Morning				
5	5	Chicago "Frost on Fire" (N)	Chicago "Carry a Torch" (N)	Chicago P.D. "Faith" (N)	NBC 5 News	(:35) Tonight Show (N)	(:35) Seth Meyers (N)	(:35) Seth Meyers (N)	(:35) Seth Meyers (N)	(:35) NBCNews				
6	6	The Masked Singer (N)	Fear Factor (N)	FOX 6 News at 9 (N)	FOX 6 News	FOX 6 News Inside		Dateline "Reckless"	Extra (N)	FOX 6 News				
7	7	Shifting (N)	Abbott (N)	Dirty Talk-TV (N)	Shark Tank (N)	News (N)	(:35) J. Kimmel (N)	(:35) Nightline	(:35) Kelly and Mark	(:35) News				
9	9	Police "She's Breathing" (N)	Police 24/7	WGN News at Nine (N) (Live)	News (N)	GN Sports	Sheldon	Big Bang	Two Half Men	Last Man	Goldbergs			
9.2	986	One Day	One Day	Jeffersons	Jeffersons	Sanford	Johnny Carson	Becker	Becker	Wings	Wings			
10	10	Nature		NOVA (N) (SP)	Secrets of the Dead	Nature	Roots "Caribbean Roots"	R. Steves	Amanpour (N)	Roots "Caribbean Roots"	Deadlock			
11		Nature		NOVA (N) (SP)	Secrets of the Dead	Chicago	BBC News	Amanpour (N)						
12	12	Shifting (N)	Abbott (N)	Dirty Talk-TV (N)	TBA	TBA	TBA	(:35) J. Kimmel (N)	(:35) Nightline	(:35) To Be Announced	World News			
18	18	Police "She's Breathing" (N)	Police 24/7	National (N)	National (N)	National (N)	National (N)	iCRIME (N)	iCRIME	Crime	Crime	Chicago Fire		
24	24	Dateline "Deadly Intent"	Dateline "Deadly Denial"	Bob Heart	Bob Heart	Two Half Men	Two Half Men	Last Man	Last Man	Family Feud	Comics	Access (N)		
26		Flip Side (N)	Perfect (N)	Chicago "Signs of Violence"	Chicago Fire	Seinfeld	Seinfeld	Modern Fam.	Modern Fam.	The Conners	The Conners	Perfect		
32	13	The Masked Singer (N)	Fear Factor (N)	News (N)	Chicago (N)	The Report	TMZ (N)	Family Feud	Family Feud	News	Chicago	Chicago		
36	974	America Context	Professor T	Professor T	BBC News	PBS News Hour (N)	History Detectives	John McGivie		Test Kitchen				
38		Law-SVU "Dreams Deferred"	Law-SVU "Presumed Guilty"	Law-SVU "Beautiful Frame"	Law-SVU "Criminal Hatred"	Law-SVU "Monster's Legacy"	Law-SVU "Secrets Exhumed"	Law-SVU						
50		(6:00) College Basketball	Fox Chicago Playlist (N)	Family Feud	Family Feud	48 Hours (N)	Dateline "Deadly Intent"	Dateline "Deadly Denial"	Dateline "Deadly Denial"	Law-SVU				
55	15	Law-SVU "Dreams Deferred"	Law-SVU "Presumed Guilty"	Law-SVU "Beautiful Frame"	Law-SVU "Criminal Hatred"	Law-SVU "Monster's Legacy"	Law-SVU "Secrets Exhumed"	Law-SVU						
58	8	Hollywood Squares (N)	Price Is Right (N)	Harlan Coben's Final (N)	News (N)	(:35) Late Show-Colbert (N)	(:35) Comics	(:35) Comics	(:35) Jeopardy!	(:35) Barrymore				
A&E	42	Alaska State Troopers (N)	Ozark Law (N)	Desert Law (N)	(:35) Alaska State Troopers	(:35) Alaska State Troopers	(:35) Ozark Law	(:35) Ozark Law	(:35) Ozark Law	(:35) DesertLaw				
AMC	59	★★★ Men in Black (97) Will Smith, Tommy Lee Jones.	★★★ Men in Black II (02) Will Smith, Tommy Lee Jones.	★★★ Men in Black III (12) Tommy Lee Jones, Josh Brolin, Will Smith.										
AP	43	Work on the Wild Side	Work "The Great Escape" (N)	Crikey! It's the Irwins	The Irwins "Bindi Says Yes!"	Work on the Wild Side	Work "The Great Escape"	The Irwins						
BIG10	63	(6:00) College Basketball	College Basketball	Washington at Nebraska (N) (Live)	College Basketball	Northwestern at USC (N) (Live)	BIG Show	The Journey	BIG Show					
BOOM	109	Codename	Codename	Ben 10 Looney	Flintstone	The Jetsons	Scooby-Doo	Scooby-Doo	Scooby	Scooby	Be Cool	Be Cool	The Smurfs	
BRAVO	45	Southern Charm "Fowl Play"	Southern Charm (N)	Watch What	Real Housewives "	Southern Charm	The Valley: Persian Style	The Valley: Persian Style	The Valley: Per "Darth Vida"					
CHSN		NBA Basketball	LA Clippers at Chicago Bulls		Pro Football	CHSN Podcast Come Alive!	NBA Basketball	LA Clippers at Chicago Bulls						
CNBC	47	Shark Tank	Shark Tank	Leader (N)	Leader (N)	Leader	Leader	Leader	Leader	Leader	Dateline			
CNN	44	Cooper 360 (N) (Live)	The Source With (N) (Live)	CNN NewsNight (N) (Live)	Laura Coates Live (N) (Live)	Story Is- Elex (N) (Live)	Story Is- Elex (N) (Live)	Story Is- Elex (N) (Live)	Story Is- Elex (N) (Live)	Cooper 360				
COM	54	Family Guy	Family Guy	Family Guy	Family Guy	Daily Show	FamilyGuy	Family Guy	Family Guy	Family Guy	South Park	South Park		
COOK	158	Baking "Lunchbox Impostors"	Baking "Out of This World"	Baking "Sand Castle Sweets"	Baking "Cover Story Cakes"	Baking "Lunchbox Impostors"	Baking "Out of This World"	Kids Baking						
DISC	41	Expedition Unknown	Expedition X (N)	Expedition Files (N)	Ghost Adventures (N)	Expedition Unknown	Expedition Unknown	Expedition X	Expedition X					
DISN	58	Kiff: Ring	Phineas Place	Vampirina	Electric	Kiff	Ladybug	Ladybug	Bluey	Bluey	Big City	Big City		
DLC	153	Mystery Diagnosis	Mystery Diagnosis	Diseases "Frenetic Genetics"	Mystery Diagnosis	Mystery Diagnosis	Mystery Diagnosis	Mystery Diagnosis	Mystery Diagnosis	Mystery Diagnosis	Diseases			
E!	53	The Office	The Office	The Office	The Office	The Office	The Office	Sex-City	Sex-City	Sex-City	Sex-City	Sex-City		
ESPN	30	(6:00) NBA Basketball		(:35) NBA Basketball	Oklahoma City Thunder at Milwaukee Bucks (N) (Live)	(:35) SportsCenter (N) (Live)	SportsCenter (N) (Live)	SportsCenter (N) (Live)	SportsCenter (N) (Live)	SportsCenter (N) (Live)	SportsC. (N)			
ESPN2	29	(6:00) College Basketball	2026 Australian Open Tennis	Men's and Women's Second Round	From Melbourne Park in Melbourne, Victoria, Australia. (N)									
FDWI	31	Golic / Golic	Pregame (N)	NBA Basketball	Oklahoma City Thunder at Milwaukee Bucks (N) (Live)	Postgame (N) Basketball	Badgers	NBA Basketball						
FNC	48	Jesse Watters (N) (Live)	Hannity (N) (Live)	Gutfeld! (N)	Fox News at Night (N) (Live)	The Five	Jesse Watters Primetime	Hannity						
FOOD	67	Grocery "Discount Dinners"	Guy's Grocery Games (N)	Guy's Grocery Games	Wildcard Kitchen	Guy's Grocery Games	Guy's Grocery Games	Kitchen						
FREE	17	★★★ The Parent Trap (98) Dennis Quaid, Natasha Richardson, Lindsay Lohan.			The 700 Club (N)	Jim	Jim	Jim	Jim	Paid Prog.				
FX	35	(5:00) Deadpool & Wolverine	The Beauty (N) (P)	The Beauty (N)	The Beauty (N)	The Beauty (N)	The Beauty "Beautiful Pilot"	The Beauty	The Beauty	The Beauty				
GOLF	28	(5:00) PGA Korn Ferry Tour	PGA TOUR Champions	The Smyle Show	Vanity Index Podcast	Golf Central	PGA TOUR Champions	Lessons						
HALL	71	★★ Love on the Amazon (26)		Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	The Waltons	
HALLMY	117	Hannah Swensen Mysteries "Carrot Cake Murder"	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote	Murder, She Wrote		
HGTV	37	Ugliest (N)	Cheap A\$	Cheap A\$	Neighbor (N)	Hunters (N)	Hunters	Hunters	Cheap A\$	Neighbor	Hunters	Hunters		
HIST	39	Swamp People "Smoke on the Bayou" (N)	(:35) Pawn Stars (N)	(:35) Pawn Stars	PawnStars	(:35) Pawn Stars	(:35) Pawn Stars	(:35) Pawn Stars	(:35) Pawn Stars	(:35) Pawn Stars				
LIFE	36	Equalizer "Full Throttle" (N)	Equalizer "Blind Justice" (N)	(:35) The Equalizer (N)	(:35) The Equalizer (N)	The Equalizer "Full Throttle"	The Equalizer "Blind Justice"	The Equalizer "Blind Justice"	The Equalizer "Blind Justice"	The Equalizer "Blind Justice"				
LIFEMOV	65	★★ I Was Honey Boo Boo (25) Vale Cooper, Isabelle Ayres.	★★ Octomom: The Natalie Suleman Story (25)	★★ I Was Honey Boo Boo (25) Vale Cooper, Isabelle Ayres.										
METV	19	Andy Griffith	Andy Griffith	Raymond	Raymond	Hogan Hero	Hogan Hero	Carol Burnett	Perry Mason	(:35) Twi. Zone	Alfred Hitchcock Hour	(:35) Mannix		
MLB	326	Top 100 Right Now 20-11	Double Play 2025: New York Mets at Milwaukee Brewers	Top 100 Right Now 20-11	Top 100 Right Now 20-11	MLB Tonight				MLB Network Double Play				
MSNBC	46	All In With (N) (Live)	The Briefing (N) (Live)	Last Word (N) (Live)	11th-Stephanie (N) (Live)	The Briefing With Jen Psaki	Last Word With Lawrence	Last Word With Lawrence	Last Word With Lawrence	11th Hour				
MTV	52	★★★ The Wedding Singer (98) Drew Barrymore, Adam Sandler.	★★★ Tammy (14) Susan Sarandon, Kathy Bates, Melissa McCarthy.							★★★ The Wedding Singer (98)				
NATGEO	38	Smuggler "Cocaine Cop"	Catch a Smuggler: Madrid	Smuggler (N)	Catch a Smuggler: Madrid	Smuggler "Sneaker Stash"	Smuggler	Smuggler	Smuggler	Border				
NBA	325	(4:00) Game of the Day												
NFL NET	346	NFL Football			The Insiders		NFL Football							
NICK	56	Friends	Friends	Friends	Friends	Big Bang	Big Bang	Big Bang	Big Bang	Friends	Friends	Friends		
NICK JR.	107	PAW Patrol	PAW Patrol	Peppa Pig	Peppa Pig	Peppa Pig	Peppa Pig	Rubble	Rubble	Bubble	Bubble	TeamUmiz.	PAWPatrol	
PARMT	51	(5:00) TBA	★★★ Top Gun (86) Kelly McGillis, Anthony Edwards, Tom Cruise.		To Be Announced								★★★ Mission: Impossible	
PBS CREATE	977	(6:00) Milwaukee PBS Weather			Milwaukee PBS Weather									Milwaukee PBS Weather
PBS WORLD	976	Life	Kitchen	Test Kitchen	Test Kitchen	R. Steves	Samantha	Daytripper	Joy/Painting	Kitchen	Life	Simply Ming	Cook	Test Kitchen
SUND	281	Law & Order "Slave"	Law & Order "Girlfriends"	Law & Order "Pro Se"	Law & Order "Homesick"	Law & Order "Aftershock"	Law & Order "Aftershock"	Law & Order "Aftershock"	Law & Order "Aftershock"	Law & Order				
SYFY	55	(6:00) Harry Potter and the Deathly Hallows: Part 1		(:35) ★★★ Harry Potter and the Deathly Hallows: Part 2	(:35) Daniel Radcliffe.							Blackwater Lane (24) Minka Kelly.		
TBS	3	All Elite Wrestling: Dynamite (N)		Imp. Jokers	Imp. Jokers	Imp. Jokers	Modern Fam.	Modern Fam.	Modern Fam.	Modern Fam.	Modern Fam.	Modern Fam.	Modern Fam.	
TCM	60	Movie	★★★ The Taking of Pelham One Two Three (74)	Movie	★★★★ Mean Streets (73) Harvey Keitel, Robert De Niro.		★★★★ Mean Streets (73) Harvey Keitel, Robert De Niro.	★★★★ Shaft (71) Richard Roundtree.						
THIS	983	Perfect (N)	Perfect	48 Hours (N)	CBS 58 News (N)	Seinfeld	Seinfeld	Big Bang	Law-SVU "Traumatic Wound"	Chicago "Signs of Violence"				
TLC	40	My Strange Addiction (N)	My Strange Addiction (N)	Save My Skin (N)	Save My Skin (N)	Save My Skin	My Strange Addiction	My Strange Addiction	My Strange Addiction	My Strange Addiction	Save My Skin			
TNT	33	(6:00) NHL Hockey		NHL Hockey	New York Islanders at Seattle Kraken (N) (Live)				Post-Game	Wipeout	Inside Jokes			
TOON	57	Burgers	Family Guy	Family Guy	Family Guy	Family Guy	Rick Morty	Rick Morty	Rick Morty	Smiling	Oh My God	American	American	
TRAVEL	72	Paranormal Caught on Cam.	Paranormal Caught on Cam.	Paranormal Caught on Cam.	Paranormal Caught on Cam.	Paranormal Caught on Cam.	Paranormal Caught on Cam.	Paranormal Caught on Cam.	Paranormal Caught on Cam.	Paranormal Caught on Cam.	Paranormal Caught on Cam.	Paranormal		
TRUTV	74	(6:00) NHL Hockey		NHL Hockey	New York Islanders at Seattle Kraken (N) (Live)				Post-Game					
TV LAND	61	(:10) Raymond	(:45) Raymond	(:20) Everybody Raymond	(:55) Raymond	Raymond	King	King	King	King	King	King	Seinfeld	
USA	34	League One LOVB Austin at LOVB Madison (N) (Live)		9-1-1 "Voices"		9-1-1 "Holy Mother of God"		9-1-1 "Don't Drink the Water"		9-1-1 "Seismic Shifts"		Dateline		
VH1	50	Basketball Wives LA		Basketball Wives LA		Basketball Wives LA		Basketball Wives LA		Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	
WE	26	NCIS "See No Evil"		NCIS "Good Wives Club"	NCIS "Vanished"	NCIS "Lt. Jane Doe"	NCIS "The Bone Yard"	NCIS "The Fugitive"	S.W.A.T. "The Fugitive"	S.W.A.T.	S.W.A.T.	S.W.A.T.	S.W.A.T.	

THURSDAY EVENING JANUARY 22, 2026

B'CAST	SPECTRUM	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	1 AM	
2	2	Georgie & M. Ghosts		Matlock "Mousetrap"		Matlock "Harm Reduction"		News (N)	(:35) Late Show-Colbert (N)	(:35) Comics	(:05) Comics	(:35) News	(:10) Comics		
4	83	Law & Order (N)		Law & Order: SVU (N)		Hunting "Zack Lang" (N)		TMJ4 News	(:35) Tonight Show (N)	(:35) Seth Meyers (N)		TMJ4News	(:05) Morning		
5	5	Law & Order (N)		Law & Order: SVU (N)		Hunting "Zack Lang" (N)		NBC 5 News	(:35) Tonight Show (N)	(:35) Seth Meyers (N)		NBC 5 News	(:05) NBCNews		
6	6	Hell's Kitchen (N) (SF)		Animal (N) Dutch (N)		FOX 6 News at 9 (N)		FOX 6 News	FOX 6 News TMZ	Dateline "The Capture"		Extra (N)	FOX 6 News		
7	7	9-1-1 "Fighting Back" (N)		911: Nash "Pipe Dreams" (N)		Anatomy "Fortunate Son" (N)		News (N)	(:35) J. Kimmel (N)	(:35) Nightline	(:05) Kelly and Mark	(:05) News	(:05) News		
9	9	Scrabble (N) (SP)		Trivial Pursuit (N) (SP)		WGN News at Nine (N) (Live)		News (N)	(:35) J. Kimmel (N)	(:35) Nightline	(:05) Kelly and Mark	Last Man	Goldbergs		
9.2	986	One Day	One Day	Jeffersons	Jeffersons	Sanford	Sanford	Johnny Carson	Becker	Becker	Wings	Wings	Mad About		
10	10	McGivern	Track Ah'd	Old House	Old House	Outdoor	Milwaukee	Weekends	MotorWeek	To Be Announced	R. Steves	Amanpour (N)			
11		Midsooner	(45) Midsomer Murders	George Gently	"Gently With the Innocents"	Chicago	BBC News	Amanpour (N)		Nature		NOVA (SP)			
12	12	9-1-1 "Fighting Back" (N)		911: Nash "Pipe Dreams" (N)		Anatomy "Fortunate Son" (N)		News (N)	(:35) J. Kimmel (N)	(:35) Nightline	(:05) Hollywood	(:35) News	(:05) Suits		
18	18	Scrabble (N) (SP)		Trivial Pursuit (N) (SP)		National (N) National (N)		National (N)	National (N) iCRIME (N)	iCRIME	Crime	Crime	Chicago Fire		
24	24	Dateline		Dateline "Circle of Friends"		Bob Heart	Bob Heart	Two Half Men	Two Half Men	Last Man	Family Feud	Comics	Access (N)		
26		Flip Side (N) Perfect (N)		Chicago P.D. "Due Process"		Chicago "Madmen and Fools"		Seinfeld	Seinfeld	Modern Fam.	Modern Fam.	The Conners	The Conners	Perfect	
32	13	Hell's Kitchen (N) (SF)		Animal (N) Dutch (N)		News (N) Chicago (N)		The Report	TMZ (N)	Family Feud	Family Feud	News	Chicago	Chicago	
36	974	America Context		Grantchester		Grantchester		BBC News	PBS News Hour (N)	Celebrity Trip		Arts Page	Test Kitchen		
38		FBI "Never Trust a Stranger"		FBI "Unreasonable Doubt"		FBI "Liar's Poker"		FBI "Crazy Love"		FBI "Clean Slate"		FBI "Uncovered"	FBI		
50		(6:00) Fox Chicago Playlist (N)				Family Feud Family Feud		48 Hours		Dateline		Dateline "Circle of Friends"	Law-SVU		
55	15	FBI "Never Trust a Stranger"		FBI "Unreasonable Doubt"		FBI "Liar's Poker"		FBI "Crazy Love"		FBI "Clean Slate"		FBI "Uncovered"	FBI		
58	8	Georgie & M. Ghosts		Matlock "Mousetrap"		Matlock "Harm Reduction"		News (N)	(:35) Late Show-Colbert (N)	(:35) Comics	(:05) Comics	(:35) Jeopardy!	(:05) Barrymore		
A&E	42	First 48 "The Cool Mom" (N)		Homicide Squad New (N)		Crime in Progress (N)		(:05) The First 48	(:05) First 48 "The Cool Mom"	(:05) Homicide Squad New	(:05) Crime-Pr.				
AMC	59	(5:15) ♫ Guardians of the Gal...		TNA Impact! (N)				♫★ Armageddon '98	Billy Bob Thornton, Liv Tyler, Bruce Willis.						
AP	43	I Was Prey "Night Stalker"		I Was Prey "Wicked Bite"		I Was Prey		I Was Prey		I Was Prey "Night Stalker"		I Was Prey "Wicked Bite"	I Was Prey		
BIG10	63	Wm. Basketball USC at Michigan State (N) (Live)		Court (N)	B1G Show	Womens	B1G Show	B1G Show	B1G Basketball in 60	B1G Show	B1G Show				
BOOM	109	Codename Codename	Ben 10	Looney	Flintstone	The Jetsons	Scooby-Doo	Scooby-Doo	Scooby	Scooby	Be Cool	Be Cool	The Smurfs		
BRAVO	45	Real Housewives (N)		The Valley: Per (N)	WatchWhat	(:45) Below Deck		(:45) Real Housewives		(:45) The Valley: Per "Dennis the Menace"		Vanderpump			
CHSN		NBA Basketball Chicago Bulls at Minnesota Timberwolves (N) (Live)		Bulls (N)	Pro Football	Football	NBA Basketball Chicago Bulls at Minnesota Timberwolves								
CNBC	47	Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank	Dateline		
CNN	44	Cooper 360 (N) (Live)		The Source With (N) (Live)	CNN NewsNight (N) (Live)	Laura Coates Live (N) (Live)	Story Is- Elex (N) (Live)	Story Is- Elex (N) (Live)	Story Is- Elex (N) (Live)	Story Is- Elex (N) (Live)	Story Is- Elex (N) (Live)	Story Is- Elex (N) (Live)	Cooper 360		
COM	54	The Office The Office	The Office	The Office	The Office	The Office	Daily Show	FamilyGuy	Family Guy	Family Guy	Family Guy	South Park	South Park		
COOK	158	Carnival Eats	Carnival Eats	Carnival Eats	Carnival Eats	Delicious	Delicious	Delicious	Carnival Eats	Carnival Eats	Delicious	Delicious	Delicious		
DISC	41	Homestead Rescue "Big Sky Intervention"				Homestead Rescue "Marsh Madness"			Homestead Rescue "Big Sky Intervention"				Homestead		
DISN	58	Phineas Phineas	Place	Vampirina	Electric	Kiff	Ladybug	Ladybug	Bluey	Bluey	Big City	Big City	Big City		
DLC	153	My 600-Lb. Life "Robin's Story"			My 600-Lb. Life: Where Are They Now? "Robin and Garrett"	My 600-Lb. Life "Robin's Story"			My 600-Lb. Life "Robin's Story"				600-Lb. Life		
E!	53	(5:30) ♫ Rise of the Planet of t...		♫★ Dawn of the Planet of the Apes '14	Jason Clarke, Gary Oldman, Andy Serkis.	♫★ Cocaine Bear '23	Margo Martindale, Keri Russell.						Movie		
ESPN	30	(6:00) Wm. Basketball	ESPN Films	NHL Hockey	Detroit Red Wings at Minnesota Wild (N) (Live)			SportsCenter (N) (Live)	SportsCenter (N) (Live)	SportsCenter (N) (Live)	SportsCenter	SportsCenter	SportsCenter		
ESPN2	29	(6:00) College Basketball		2026 Australian Open Tennis	Men's and Women's Third Round	From Melbourne Park in Melbourne, Victoria, Australia. (N) (Live)									
FDWI	31	Golic / Golic			Diggin' Deep	Diggin' Deep	Due North	Water	Larry	Wild Ride	Outdoors				
FNC	48	Jesse Watters (N) (Live)		Hannity (N) (Live)	Gutfeld! (N)	Fox News at Night (N) (Live)	The Five	Jesse Watters	Primetime	Hannity					
FOOD	67	Beat Bobby Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby		
FREE	17	♫★ Mrs. Doubtfire '93	Sally Field, Pierce Brosnan, Robin Williams.		The 700 Club (N)	Jim	Jim	Jim	Jim	Jim	Jim	Paid Prog.			
FX	35	(6:00) ♫ Venom: Let There Be ...		♫★ Venom '18	Michelle Williams, Tom Hardy.	♫★ Venom: Let There Be Carnage '21	Tom Hardy.	♫★ Morbius '22	Matt Smith, Jared Leto.						
GOLF	28	(6:00) PGA Tour Champions Golf		Central (N)	PGA Tour Golf	The American Express, First Round							Golf Central	Golf Central	
HALL	71	Flower Shop Mysteries "Mum's the Word"		Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	The Waltons		
HALLMY	117	CrimeTime "Freefall"		Murder ... "The Big Kill"	Murder ... "Dead to Rights"	Murder ... "Lone Witness"	Murder ... "Ship of Thieves"	Murder ...							
HGTV	37	Dream Home Dream Home	House of Ali	House (N)	House (N)	Cheap ASS	Cheap ASS	House of Ali	House	House	Cheap ASS				
HIST	39	Aliens "Skulls of the Gods"	Ancient Aliens (N)	(:05) Ancient Aliens	(:05) Ancient Aliens	(:05) Ancient Aliens	(:05) Ancient Aliens	(:05) Ancient Aliens	(:05) Ancient Aliens	(:05) Ancient Aliens	(:05) Ancient Aliens	(:05) Aliens			
LIFE	36	NCIS "Secrets"	NCIS "Psych Out"	(:05) NCIS "Need to Know"	(:05) NCIS "The Tell"	NCIS "Secrets"	NCIS "Psych Out"	NCIS "Secrets"	NCIS "Psych Out"	NCIS "Secrets"	NCIS "Psych Out"	(:05) NCIS			
LIFEMOV	65	♫ No One Believed Me '25	Meghan Carrasquillo. (P)	♫ Whispers of a Secret Life '25	Brittany Cavaco.	♫ No One Believed Me '25	Meghan Carrasquillo.	Movie							
METV	19	Andy Griffith Andy Griffith	Raymond	Hogan Hero	Hogan Hero	Carol Burnett	Perry Mason	(:35) Twi. Zone	(:05) Alfred Hitchcock Hour	(:05) Mannix					
MLB	326	Top 100 Right Now 10-1	MLB Net. Bob Costas with Dave Roberts	Top 100 Right Now 10-1	MLB Tonight			Top 100 Right Now 20-11	Top 100 Right Now 10-1						
MSNBC	46	All In With (N) (Live)	The Briefing (N) (Live)	Last Word (N) (Live)	11th-Stephanie (N) (Live)	The Briefing With Jen Psaki	Last Word With Lawrence	11th Hour							
MTV	52	Catfish: The TV Show	Catfish: The TV Show	Catfish: The TV Show	Catfish: The TV Show	Catfish: The TV Show	Catfish: The TV Show	Catfish: The TV Show	Catfish: The TV Show	Catfish: The TV Show	Catfish				
NATGEO	38	Witness "Tornado Outbreak"	Discovered By Disaster (N)	Discovered By Disaster (N)	(:55) Witness to Disaster	(:55) Discovered By		Discovered	(:55) Witness to Disaster						
NBA	325	(6:30) NBA Basketball		NBA TV Postgame Show	GameTime	GameTime	GameTime	GameTime	GameTime	GameTime	GameTime	GameTime	GameTime		
NFL NET	346	College Football	The American Bowl	Coverage of the all-star game. (N) (Live)	The Insiders			NFL Football							
NICK	56	Friends Friends	Friends	Friends	Big Bang	Big Bang	Big Bang	Big Bang	Friends	Friends	Friends	Friends	Friends		
NICK JR.	107	PAW Patrol PAW Patrol	Peppa Pig	Peppa Pig	Peppa Pig	Peppa Pig	Rubble	Rubble	Bubble	Bubble	Bubble	TeamUmiz.	PAWPatrol		
PARMT	51	Movie		♫★ Top Gun: Maverick '22	Miles Teller, Jennifer Connelly, Tom Cruise.	♫★ The Day After Tomorrow '04	Jake Gyllenhaal, Ian Holm, Dennis Quaid.								
PBS CREATE	977	(6:00) Milwaukee PBS Weather			Milwaukee PBS Weather								Milwaukee PBS Weather		
PBS WORLD	976	Milk Street Kitchen	Test Kitchen	Test Kitchen	R. Steves Rosendo	View Finders	Joy/Painting	Kitchen	Milk Street	Kevin	Mexican	Test Kitchen			
SUND	281	Law "Family Business"	Law & Order "Entrapment"	Law & Order "Legacy"	Law & Order "Menace"	Law & Order "Barter"	Law & Order "Matrimony"	Law & Order							
SYFY	55	(6:00) ♫ Harry Potter and the Deathly Hallows: Part 2		♫★ The Road Warrior '81	Mel Gibson.	♫★ Renfield '23	Nicolas Cage, Nicholas Hoult.	♫★ Candyman							
TBS	3	Big Bang Big Bang	Big Bang	Big Bang	Imp. Jokers Inside Jokes	Big Bang	Big Bang	♫★ Barb '23	Ryan Gosling, America Ferrera, Margot Robbie.						
TCM	60	♫★ The Devil and Miss Jones '41	Jean Arthur.	♫★ The More the Merrier '43	Jean Arthur.	♫★ A Foreign Affair '48	Marlene Dietrich, Jean Arthur.	♫★ The Karate Kid Part II '86	Pat Morita, Martin Kove, Ralph Macchio.	Movie					
THIS	983	Perfect (N) Perfect	48 Hours	CBS 58 News (N)	Seinfeld	Seinfeld	Big Bang	Law-SVU "Poisoned Motive"	Chicago P.D. "Due Process"						
TLC	40	90 Day Fiancé: Other (N)	Unexpected	Unexpected	Unexpected	Unexpected	90 Day Fiancé: Other Way	Unexpected					Unexpected		
TNT	33	(6:30) Women's College Basketball	Postgame (N)	♫★ Kingsman: The Secret Service '15	Michael Caine, Colin Firth.	(:45) ♫★ Gemini Man '19	Will Smith.								
TOON	57	Burgers Family Guy	Family Guy	Family Guy	Family Guy	Rick Morty	Rick Morty	Rick Morty	Smiling	Oh My God	American	American			
TRAVEL	72	UFO Witn. "The Shapeshifter"	UFO Witness	UFO Witness	UFO Witness	UFO Witn. "The Shapeshifter"	UFO Witness	UFO Witn. "The Shapeshifter"	UFO Witness	UFO Witness	UFO Witness	UFO Witness	UFO Witness		
TRUTV	74	(6:30) Women's College Basketball	Postgame (N)	♫★ The Karate Kid Part II '86	Pat Morita, Martin Kove, Ralph Macchio.	♫★ The Karate Kid Part II '86	Ralph Macchio.								
TV LAND	61	(:10) Raymond (45) Raymond	(:20) Everybody Raymond	(:55) Raymond Raymond	King	King	King	King	King	King	King	King	Seinfeld		
USA	34	♫★ Jurassic World: Fallen Kingdom '18	Bryce Dallas Howard, Chris Pratt.	♫★ Jurassic World: Fallen Kingdom '18	Bryce Dallas Howard, Chris Pratt.	♫★ Jurassic World: Fallen Kingdom '18	Bryce Dallas Howard, Chris Pratt.	Law-SVU							
VH1	50	Basketball Wives LA	Basketball Wives LA	Basketball Wives LA Finale	Bsk. Wives Reunion			Basketball Wives LA	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out			
WE	26	NCIS "The Meat Puzzle"	NCIS "Witness"	NCIS "Caught on Tape"	NCIS "Pop Life"	NCIS "An Eye for an Eye"	Blue Bloods	Blue Bloods	Pain Killers"	Blue Bloods	Blue Bloods	Blue Bloods			

FRIDAY EVENING JANUARY 23, 2026

B'CAST	SPECTRUM	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	12 AM	12:30	1 AM
2	2	Sheriff Country "Firewall"	Fire "Your Voice in My Head"	Boston "Collateral Damage"	News (N)	(:35) Late Show-Colbert	(:35) Comics	(:05) Comics	(:35) News	(:10) Comics				
4	83	Happy's (N)	Stumble (N)	Dateline NBC (N)		TMJ4 News	(:35) Tonight Show (N)	(:35) Seth Meyers (N)	TMJ4News	(:05) Morning				
5	5	Happy's (N)	Stumble (N)	Dateline NBC (N)		NBC 5 News	(:35) Tonight Show (N)	(:35) Seth Meyers (N)	NBC 5 News	(:05) NBCNews				
6	6	College Basketball Ohio State at Michigan (N) (Live)		FOX 6 News at 9 (N)	FOX 6 News	FOX 6 News	TMZ	Dateline		Extra (N)				
7	7	Celebrity Wheel (N)	20/20 (N)			News (N)	(:35) Jimmy Kimmel Live!	(:35) Nightline	(:05) Live "Simple Fix for '26"	(:05) News				
9	9	Scrabble	Trivial Pursuit	WGN News at Nine (N) (Live)	News (N)	GN Sports	Sheldon	Big Bang	Two Half Men	Last Man	Goldbergs			
9.2	986	One Day	One Day	Jeffersons	Jeffersons	Sanford	Sanford	Johnny Carson	Becker	Becker	Wings	Wings		
10	10	Week (N)	Hoover (N)	Midsomer (:45) Midsomer Murders	Brokenwood	"Over Her Dead Body"	Our House	Celebrity Trip		Amanpour (N)		Mad About		
11		Review	Week (N)	American Rev "The Times That Try Men's Souls"	The Office	BBC News	Amanpour (N)		NOVA "Human: Journeys"		NOVA			
12	12	Celebrity Wheel (N)	20/20 (N)		News (N)	(:35) Jimmy Kimmel Live!	(:35) Nightline	(:05) TBA	(:05) News		(:05) Suits			
18	18	Scrabble	Trivial Pursuit	National (N)	National (N)	National (N)	National (N)	iCRIME	Crime	Crime	Chicago Fire			
24	24	Chicago Fire "Leaders Lead"	Chicago Fire "Let Her Go"	Bob Heart	Bob Heart	Two Half Men	Two Half Men	Last Man	Last Man	Family Feud	Comics	Access (N)		
26		Flip Side (N)	Perfect (N)	Chicago P.D. "Trouble Dolls"	Chicago Fire	Seinfeld	Seinfeld	Modern Fam.	Modern Fam.	The Conners	The Conners	Perfect		
32	13	College Basketball Ohio State at Michigan (N) (Live)		News (N)	Chicago (N)	FOX Local	TMZ (N)	Family Feud	Family Feud	News	Chicago	Chicago		
36	974	America	BBC News The Context					PBS News Hour (N)		Homemade	Outdoor	Outdoor		
38		Magnum P.I. "Texas Wedge"	Magnum P.I.	Magnum P.I. "Til Death"	Magnum P.I.	Magnum P.I.	Magnum P.I.		Magnum P.I.		Magnum P.I.			
50		(6:00) Fox Chicago Playlist (N)		Family Feud	Family Feud	48 Hours (N)		Chicago Fire "Leaders Lead"	Chicago Fire "Let Her Go"		Law-SVU			
55	15	Magnum P.I. "Texas Wedge"	Magnum P.I.	Magnum P.I. "Til Death"	Magnum P.I.	Magnum P.I.	Magnum P.I.		Magnum P.I.		Magnum P.I.			
58	8	Sheriff Country "Firewall"	Fire "Your Voice in My Head"	Boston "Collateral Damage"	News (N)	(:35) Late Show-Colbert	(:35) Comics	(:05) Comics	(:35) Jeopardy!	(:05) Barrymore				
A&E	42	First 48 "Death in Desire"	The First 48	The First 48 "Bad Cinderella"	(:05) First 48 "Trap House"	(:05) The First 48	(:05) The First 48		(:05) First 48		(:05) First 48			
AMC	59	Movie	★★★ Back to the Future (85) Christopher Lloyd, Michael J. Fox.	★★★ Back to the Future Part II (89) Christopher Lloyd, Michael J. Fox.	★★★ Back to the Future Part III									
AP	43	North Woods Law	North-Law "Turkey Trouble"	North-Law "Schoolyard Bear"	North-Law "No Trespassing"	North Woods Law	North-Law "Turkey Trouble"							
BIG10	63	(6:00) College Wrestling	Men's College Wrestling Iowa at Nebraska (N) (Live)	Wrestling (N)	B1G Show	B1G Show	B1G Show	B1G Basketball in 60	B1G Show					
BOOM	109	Codename	Codename	Ben 10	Looney Flintstone	The Jetsons	Scooby-Doo	Scooby-Doo	Scooby	Scooby	Be Cool	Be Cool	Jonny Quest	
BRAVO	45	Below Deck "Cool Your Jets"	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck	Below Deck		
CHSN		(6:00) NBA G League Basketball	Pro Football	Football	PODCAST	Golf Scene	Pro Football	NBA G League Basketball	Windy City Bulls at Westchester Knicks					
CNBC	47	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Shark Tank	Dateline			
CNN	44	Cooper 360 (N) (Live)	The Source With (N) (Live)	CNN NewsNight (N) (Live)	Laura Coates Live (N) (Live)	Story Is- Elex (N) (Live)	Story Is- Elex (N) (Live)	Story Is- Elex (N) (Live)	Story Is- Elex (N) (Live)	Story Is- Elex (N) (Live)	Cooper 360			
COM	54	The Office	The Office	The Office	The Office	South Park	South Park	South Park	South Park	South Park	South Park	South Park		
COOK	158	Chopped	Chopped	Chopped	Chopped	Chopped	Chopped	Chopped	Chopped	Chopped	Chopped	Chopped		
DISC	41	Gold Rush (N)	(:10) Gold Rush (N)	(:15) Gold Rush:	(:10) Gold Rush:	Gold Rush	Gold Rush	(:10) Gold Rush	(:10) Gold Rush	(:10) Gold Rush	GoldRush:			
DISN	58	★★★ Monsters, Inc. (01) John Goodman.	(:40) Phineas	(:05) Phineas	Phineas	Ladybug	Ladybug	Big City	Big City	Big City	Big City	Big City		
DLC	153	Dr. Pimple Popper	Dr. Pimple Popper	Dr. Pimple "Ear Brain"	Dr. Pimple "Bumpshakalaka"	Dr. Pimple Popper	Dr. Pimple Popper	Dr. Pimple Popper	Dr. Pimple Popper	Dr. Pimple Popper	Dr. Pimple			
E!	53	★★★ She's Out of My League ('10) Jay Baruchel.	★★★ Pitch Perfect 3 (17) Hailee Steinfeld, Anna Kendrick.	★★★ The High Note ('20) Tracee Ellis Ross, Dakota Johnson.										
ESPN	30	(6:00) NHL Hockey	X Games Aspen 2026 (N) (Live)					SportsCenter (N) (Live)	SportsCenter (N) (Live)					
ESPN2	29	(6:30) Gymnastics (N) (Live)	2026 Australian Open Tennis	Men's and Women's Third Round	From Melbourne Park in Melbourne, Victoria, Australia. (N) (Live)									
FDWI	31	NBA Basketball	Denver Nuggets at Milwaukee Bucks (N) (Live)	Postgame (N)	Golic / Golic	The Big	Football	NBA Basketball						
FNC	48	Jesse Watters (N) (Live)	Hannity (N) (Live)	Gutfeld! (N)	Fox News at Night (N) (Live)	The Five		Jesse Watters Primetime	Hannity					
FOOD	67	Diners, Drive	Diners, Drive	Diners (N)	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive		
FREE	17	Movie	★★★ Cars 3 (17) Voices of Cristela Alonzo, Armie Hammer, Owen Wilson.	The 700 Club (N)	Jim	Jim	Jim	Jim	Jim	Jim	Paid Prog.			
FX	35	★★★ Thor: Love and Thunder ('22) Natalie Portman, Chris Hemsworth.	★★★ Black Panther: Wakanda Forever ('22) Angela Bassett, Lupita Nyong'o, Letitia Wright.								Movie			
GOLF	28	(6:00) PGA Tour Champions Golf	Central (N)	PGA Tour Golf	The American Express, Second Round						Golf Central	Golf (N)		
HALL	71	★★ Cross Country Christmas ('20) Rachael Leigh Cook.	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	Golden Girls	The Waltons	
HALLMY	117	Fixer Upper Mysteries "Concrete Evidence"	Murder, She Wrote	Murder, She Wrote	Murder ... "Portrait of Death"	Murder ... "Deadly Assets"	Murder ...							
HGTV	37	Dream Home	Dream Home	Dream Home	Junk	Hunters (N)	Hunters (N)	Hunters	Dream Home	Junk	Hunters	Hunters		
HIST	39	The UnXplained	The UnXplained (N)	(:05) Monster "Hunted" (N)	(:05) The UnXplained	(:05) The UnXplained	(:05) The UnXplained	(:05) The UnXplained	(:05) The UnXplained	(:05) The UnXplained	(:05) The UnXplained	(:05) The UnXplained		
LIFE	36	NCIS "Shell Shock, Part II"	NCIS "Gone"	(:05) NCIS "Devil's Trifecta"	(:05) NCIS	NCIS "Shell Shock, Part II"	NCIS "Gone"	(:05) NCIS	(:05) NCIS	(:05) NCIS	(:05) NCIS	(:05) NCIS		
LIFEMOV	65	★★ Don't Breathe a Word (26) Jenny Heaton. (P)	★★ Don't Let Him Find You (24) Brianna Cohen.	★★ Don't Breathe a Word (26) Jenny Heaton.	★★ Don't Breathe a Word (26) Jenny Heaton.						Movie			
METV	19	Andy Griffith	Andy Griffith	Hillbillies	Honeymoon.	Hogan Hero	Hogan Hero	C. Burnett	Perry Mason	(:35) Twi. Zone	(:05) Alfred Hitchcock Hour	(:05) Mannix		
MLB	326	MLB Net. Top 100 Prospects	All-Time Games			MLB Net. Top 100 Prospects	MLB Tonight		All-Time Games					
MSNBC	46	All In With (N) (Live)	The Briefing (N) (Live)	Last Word (N) (Live)	11th-Stephanie (N) (Live)	The Briefing With Jen Psaki	Last Word With Lawrence		11th Hour					
MTV	52	RuPaul's Drag Race (N)	Untucked (N)	RuPaul's Drag Race		Untucked	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous		
NATGEO	38	The Rise and Fall "Origins"	Rise and "Civilization"	The Rise and Fall "Collapse"	Rise and "Resilience"	Vikings: The Rise and Fall	Vikings: The Rise and Fall	Vikings: The Rise and Fall	Vikings: The Rise and Fall	Vikings: The Rise and Fall	Vikings			
NBA	325	(6:30) NBA Basketball		NBA TV Postgame Show	NBA GameTime				GameTime	GameTime	GameTime	GameTime		
NFL NET	346	NFL Football			NFL GameDay View	NFL Football								
NICK	56	Friends	Friends	Friends	Friends	Big Bang	Big Bang	Big Bang	Friends	Friends	Friends	Friends		
NICK JR.	107	PAW Patrol	PAW Patrol	Peppa Pig	Peppa Pig	Peppa Pig	Rubble	Rubble	Bubble	Bubble	Bubble	TeamUmiz.	PAWPatrol	
PARMT	51	(5:00) ★ Top Gun: Maverick	★★★ The Day After Tomorrow (04) Jake Gyllenhaal, Ian Holm, Dennis Quaid.		★★★ XXX: State of the Union (05) Willem Dafoe, Ice Cube.									
PBS CREATE	977	(6:00) Milwaukee PBS Weather			Milwaukee PBS Weather				Milwaukee PBS Weather					
PBS WORLD	976	Test Kitchen	Kitchen	Samantha	Samantha	Samantha	Samantha	Samantha	Samantha	Samantha	Samantha	Samantha	Test Kitchen	
SUND	281	S.W.A.T. "The Promise"	S.W.A.T. "Peace Talks"	S.W.A.T. "Good for Nothing"	S.W.A.T. "Spare Parts"	S.W.A.T. "End of the Road"	Blue Bloods "Guilt"	Blue Bloods	Blue Bloods	Blue Bloods	Blue Bloods	Blue Bloods		
SYFY	55	(5:00) ★ The Hunger Games	★★★ The Hunger Games: Catching Fire (13) Josh Hutcherson, Jennifer Lawrence.		★★★ Wolf (21) Lily-Rose Depp, George MacKay.								NCIS: LA	
TBS	3	★★★ Avengers: Endgame ('19) Chris Evans, Mark Ruffalo, Robert Downey Jr.			Imp. Jokers	★★★ Captain Marvel (19) Samuel L. Jackson, Brie Larson.								
TCM	60	★★★★ A Letter to Three Wives ('49) Jeanne Crain.		★★★★ Casablanca ('42) Humphrey Bogart.		★★★★ Brief Encounter (45)	(:45) ★★★★ Kitty Foyle (40)							
THIS	983	Perfect (N)	Perfect	48 Hours (N)	CBS 58 News (N)	Seinfeld	Seinfeld	Big Bang	Law-SVU "Brief Interlude"	Chicago P.D. "Trouble Dolls"				
TLC	40	90 Day Fiancé "More to Love: Brace for Impact" (N)		90 Day (N)	90 Day Fiancé: Other Way	90 Day	90 Day Fiancé "More to Love: Brace for Impact"		90 Day					
TNT	33	(6:30) Unrival.	(45) Unrivaled Basketball	Unrivaled (N)	★★★ Gemini Man (19) Mary Elizabeth Winstead, Clive Owen, Will Smith.	FBI "Liar's Poker"	FBI							
TOON	57	Burgers	Family Guy	Family Guy	Family Guy	Rick Morty	Rick Morty	Rick Morty	Primal	Smiling	American	American		
TRAVEL	72	The Dead Files	The Dead Files	The Dead Files	The Dead Files	Dead Files "Puppet Master"	The Dead Files	The Dead Files	The Dead Files	The Dead Files	The Dead Files	The Dead Files		
TRUTV	74	(6:30) Unrival.	(45) Unrivaled Basketball	Unrivaled (N)	Red Bull Soapbox Race	Red Bull Downhill in Helsinki	Red Bull Soapbox Race	Red Bull Soapbox Race	Red Bull Soapbox Race					
TV LAND	61	(:10) Raymond	(:45) Raymond	(:20) Everybody Raymond	(:55) Raymond	Raymond	King	King	King	King	King	King	Seinfeld	
USA	34	WWE Friday Night SmackDown (N) (Live)				Chicago "A Beautiful Life"	Chicago Fire "Nemesis"	Chicago Fire	Chicago Fire				Chicago Fire	
VH1	50	Basketball Wives LA	Basketball Wives LA	★★★ The Commuter ('18) Vera Farmiga, Patrick Wilson, Liam Neeson.		Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out	Wild 'n Out		
WE	26	(5:00) ★★★ Bridesmaids	Love After Lockup (N)	Love After Lockup	★★ Bridesmaids (97) Ina Raymundo, Jennifer Sevilla, Charlene Gonzales.								Love After	

SATURDAY MORNING JANUARY 24, 2026

B'CAST	SPECTRUM	4 AM	4:30	5 AM	5:30	6 AM	6:30	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM
2	2	Animals	Staycation	CBS News Chicago (N)	CBS Saturday Morning (N)					CBS News Chicago (N)	CBS News Chicago (N)	Lucky Dog	Lucky Dog	Basketball		
4	83	Paid Prog.	Paid Prog.	TMJ4 News Today (N)	TMJ4 News at 6 (N)	Today (N)				Today (N)	Wild King	Earth Ody.	Tail-Valor	Wild Child	Forever (N)	
5	5	1st Look	Black	NBC 5 News at 5am (N)	NBC 5 News at 6am (N)	Today (N)				Today (N)	NBC 5 News Today (N)	Earth Ody.	Wild Child	Forever (N)		
6	6	Estate	MyDest.	Paid Prog.	Ideal	Space	Nature	Wake-Up News at 7 (N)	Wake-Up News at 8 (N)	Showcase	Paid Prog.	To Be Announced		Tip-Off (N)		
7	7	Paid Prog.	Paid Prog.	News at 5am (N)	News at 6am (N)	Good Morn. (N)				ABC7 Eyewitness News at 8am (N)	Good Morn. (N)				TBA	
9	9	Paid Prog.	Paid Prog.	Paid Prog.	Relieve	Paid Prog.	Adelante	Morning News (N) (Live)	Morning News (N) (Live)	Morning News (N) (Live)	Paid Prog.	Paid Prog.	Into Wild			
10	10	(3:00) Myste.	R. Steves	Celebrity Trip	Bare Feet	Samantha	Woodsmith	Woodshop	Old House	Old House	Outdoor	John M	R. Steves	Antiques		
11		PBS News Hour	Week	Review	Great Lks	Living Ws	Florida Keys	Relish	John M	Samantha	R. Steves	Old House	Old House	Kitchen		
12	12	Paid Prog.	Vets-Pets	WISN 12 News (N)	Good Morn. (N)	WISN 12 News This Morning Saturday 7AM (N)	Good Morn. (N)	Good Morn. (N)	Good Morn. (N)	Good Morn. (N)	Wildlife	Jack Hanna	Jack Hanna	TBA		
18	18	AgDay	Traveler	LOST IN Raw Travel	Prostate	Blade	Pain	Paid Prog.	Ocean Mys.	Ocean Mys.	Into Wild	Into Wild	Into Wild	Into Wild	TBA	
24	24	Shepherd's Chapel	Real Green	Black Quiz	The Connect	Blade	Ideal	Science	Real Green	Relieve	Brew City	Bowling	Wisconsin	Blade		
26		iCRIME (N)	Judge Lake	Paid Prog.	Paid Prog.	Jack Hanna	Jack Hanna	Hearts of oh baby!	N. Halsted	Health	Prostate	Paid Prog.	She's	World's	Movie	
32	13	Paid Prog.	Paid Prog.	American Coffee (N)	Planet	Space	Good Day Chicago Saturday (N)			Paid Prog.	Paid Prog.	Super Ani	Space	Tip-Off (N)		
36	974	(2:30) Sanditon on Masterpiece	R. Steves	Wild Kratts	Weather	Lyla	Carl	Tiger	Rosie	Ireland	Painting	Joy	Energy	Garden		
38		Paid Prog.	Paid Prog.	NCIS: N.O. "Tick Tock"	NCIS: N.O. "Vindicta"	NCIS: New Orleans	NCIS: New Orleans "X"	NCIS: Los Angeles	NCIS: Los Angeles	NCIS: LA						
50		Paid Prog.	Paid Prog.	Paid Prog.	Taste Buds	Church	Missing (N)	Science	Biz Kid\$	DIY Sci	Nature	Rescue	Showcase	Paid Prog.	Paid Prog.	Paid Prog.
55	15	Paid Prog.	Paid Prog.	NCIS: N.O. "Tick Tock"	NCIS: N.O. "Vindicta"	NCIS: New Orleans	NCIS: New Orleans "X"	NCIS: Los Angeles	NCIS: Los Angeles	NCIS: LA						
58	8	Forensic	Pawn Stars	Innovation	Advocates	News (N)	CBS Saturday Morning (N)			Lucky Dog	Lucky Dog:	Mission (N)	Visioneers	TBA		
A&E	42	Paid Prog.	Paid Prog.	Paid Prog.	Zombie House Flipping	Zombie House Flipping	Zombie House Flipping	Zombie "The Speed Flip"	Zombie House Flipping	Lakefront	Lakefront	Oceanfront				
AMC	59	Two Men	Two Men	Two Men	Two Men	Two Men	Two Men	★★★ Back to the Future Part III (90)	Michael J. Fox.	★★★ Back to the Future (85)						
COM	54	South Park	South Park	South Park	South Park	South Park	Parks	Parks	Parks	The Office	The Office	The Office	The Office			
DISC	41	Deadliest Catch	Auction	Hard	The Last Captains	Sportsman	Chasin' (N)	Moonshiners		Expedition Unknown	Expedition Unknown	Expedition Unknown	Expedition			
DISN	58	Bluey	Bluey	Mickey	Kitties	Spidey	Iron Man	(.05) Big City	Big City	Phineas	Phineas	★★★ Hercules (97)	Tate Donovan.	(40) A Bug's Life		
ESPN	30	(3:00) NHL Hockey	SportsCenter	SportsCenter (N) (Live)	SportsCenter (N) (Live)	SportsCenter (N) (Live)	SportsCenter (N) (Live)	SportsCenter (N) (Live)	SportsCenter (N) (Live)	SportsCenter (N) (Live)	GameDay (N) (Live)	Basketball				
FREE	17	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	★★★ Willy Wonka and the Chocolate Factory (71)	★★★ Pirates of the Caribbean: The Curse of the Black Pearl (03)								
FX	35	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	★★★ Varsity Blues (99)	James Van Der Beek.	★★★ We Are Marshall (06)	Matthew Fox, Matthew McConaughey.	Movie						
HIST	39	(3:00) CSN Mint	CSN Mint	Counting Cars	Counting Cars	Counting Cars	Counting Cars	Counting Cars	Counting Cars	Counting Cars	Counting Cars	Cnt. Cars				
LIFE	36	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	★ The Hillsdale Adoption Scam (23)		
MTV	52	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous		
NICK	56	Mod Fam	Neighbor	SpongeBob	SpongeBob	SpongeBob	Boss Baby	Loud House	Wylde Pak	★★★ Hotel Transylvania (12)	Adam Sandler.	★★★ Despicable Me (10)				
PARMT	51	(3:30) Barn..	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	Bar Rescue	NCIS	NCIS	NCIS	NCIS	NCIS	NCIS	Movie		
SFY	55	NCIS: LA "Purity"	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Twi. Zone	★★★ Freaky (20)	Kathryn Newton, Vince Vaughn.	★★★ San Andreas (15)	The Rock.					
TBS	3	(2:00) ★★ The Flash	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends		
TCM	60	(2:45) ★ Last Time I Saw ...	(15) MGM Parade	★★★ Some Came Running (58)	Dean Martin, Frank Sinatra.	Holt	★★★ Tarzan's Magic Fountain (49)	Movie	Movie							
TNT	33	FBI "Discord"	FBI "Unforeseen"	FBI "Behind the Veil"	FBI "Phantom"	FBI "Best Laid Plans"	FBI "Family Affair"	FBI "No One Left Behind"	FBI	College (N)						
TOON	57	Dragon	Dragon	Regular	Regular	Regular	Teen/Teen	Teen/Teen	Teen/Teen	Hero/Hero	Spies (N)	Bears/Bears	Bears/Bears	Gumball	Gumball	
USA	34	Law & Order: SVU	9-1-1	Premier (N)	Soccer West Ham United vs. Sunderland (N) (Live)	Premier (N)	Soccer Burnley vs. Tottenham Hotspur (N) (Live)	Premier (N)	Soccer Burnley vs. Tottenham Hotspur (N) (Live)	Premier (N)						
VH1	50	Wild 'n Out	Wild 'n Out	Prince	Prince	Prince	Prince	Prince	Prince	Prince	Prince	Prince	Prince	Prince	My Wife	

SATURDAY AFTERNOON JANUARY 24, 2026

B'CAST	SPECTRUM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30	6 PM	6:30	
2	2	(11:00) College Basketball	Basketball	West Virginia at Arizona (N) (Live)	Basketball	San Diego State at UNLV (N) (Live)			Basketball		TBA	CBS-News	TBA	CBS News			
4	83	Earth Ody.	PGA Tour	IMSA WeatherTech	Track	New Balance Indoor Grand Prix (N) (Live)	Horse Racing			TMJ4 News	NBC News	TMJ4 News	Paid Prog.				
5	5	Wild King	PGA Tour	IMSA WeatherTech	Track	New Balance Indoor Grand Prix (N) (Live)	Horse Racing			NBC 5 News	NBC News	Access Hollywood (N)					
6	6	Basketball	Villanova at Connecticut (N) (Live)	Hoops (N)	College Basketball	Illinois at Purdue (N) (Live)		Hoops (N)	College Basketball	Utah at BYU (N) (Live)		Hoops (N)					
7	7	X Games Aspen 2026 (N) (Live)	Tip-Off	NBA Basketball	New York Knicks at Philadelphia 76ers (N) (Live)	Basketball	Golden State Warriors at Minnesota Timberwolves (N) (Live)		Basketball	Golden State Warriors at Minnesota Timberwolves (N) (Live)							
9	9	Hanna Into the Wild	DragonFly	Heartland	Connors	Basketball	Virginia Tech at Louisville (N) (Live)			(45) College Basketball	Wake Forest at Duke (N) (Live)						
10	10	(11:00) Anti..	Fork	Sara's	Mexican	Kevin	Kitchen	Table	Relish	Kitchen	Cook	Milk Street	Arts Page	John M	Good Karma	(45) Queens	
11	Sara's	Cook	Cook	Lidia	Pépin	Kitchen	Kitchen	Milk Street	Table	Mary Berry	Check ...	Chicago Stories	Murder "Cocaine Blues"				
12	12	X Games Aspen 2026 (N) (Live)	Tip-Off	NBA Basketball	New York Knicks at Philadelphia 76ers (N) (Live)	Basketball	Golden State Warriors at Minnesota Timberwolves (N) (Live)		Basketball	Golden State Warriors at Minnesota Timberwolves (N) (Live)							
18	18	(11:00) To Be Announced	Basketball	Virginia Tech at Louisville (N) (Live)						(45) College Basketball	Wake Forest at Duke (N) (Live)						
24	24	Review	Popstar!	Nashville	Music (N)	The Song	On Water	Basketball	Alabama A&M at Texas Southern (N)	Invincible	World Poker Tour	AHL Hockey					
26		(11:00) ★ Flight 7500 ("14)	★★★ Julie & Julia (09)	Amy Adams, Meryl Streep.	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Chicago "The Three Gs"	Chicago P.D.							
32	13	Basketball	Villanova at Connecticut (N) (Live)	Hoops (N)	College Basketball	Illinois at Purdue (N) (Live)		Hoops (N)	College Basketball	Utah at BYU (N) (Live)		Hoops (N)					
36	974	Quilt Art	Sewing	Quilting	Sew Easy	Fit 2 Stitch	Nature	NOVA (N) (SP)	Secrets of the Dead	Hoover	Horizons	Antiques Roadshow					
38		(11:00) NCIS: LA "Collateral"	NCIS: Los Angeles	NCIS: LA "Free Ride"	NCIS: LA "Drive"	NCIS: Los Angeles	NCIS: Los Angeles	NCIS: Los Angeles	NCIS: Los Angeles	NCIS: Los Angeles	NCIS: Los Angeles	NCIS: Gut Check"					
50		Paid Prog.	Basketball	Alabama A&M at Texas Southern (N)	HBCU Go	Basketball	Alabama A&M at Texas Southern (N)	Outdoor	FamFeud	FamFeud	FamFeud	FamFeud					
55	15	(11:00) NCIS: LA "Collateral"	NCIS: Los Angeles	NCIS: LA "Free Ride"	NCIS: LA "Drive"	NCIS: Los Angeles	NCIS: Los Angeles	NCIS: Los Angeles	NCIS: Los Angeles	NCIS: Los Angeles	NCIS: Los Angeles	NCIS: Gut Check"					
58	8	(11:00) To Be Announced	Basketball	West Virginia at Arizona (N) (Live)	Basketball	San Diego State at UNLV (N) (Live)		Basketball	San Diego State at UNLV (N) (Live)	TBA	CBS-News	To Be Announced					
A&E	42	Oceanfront	Storage	Storage	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars			
AMC	59	(10:00) ★ Back to the Future	★★★ Back to the Future Part II (89)	Michael J. Fox.	★★★ Man on Fire (04)	Dakota Fanning, Denzel Washington.							★★★ The Equalizer (14)				
COM	54	The Office	The Office	The Office	The Office	★★★ 50 First Dates (04)	Adam Sandler.	★★★ Blended (14)	Drew Barrymore, Joel McHale, Adam Sandler.	Movie							
DISC	41	(11:00) Exp. Expedition Unknown	Expedition Unknown	Expedition Unknown	Expedition Unknown	Expedition Unknown	Expedition Unknown	Expedition Unknown	Expedition Unknown	Expedition X	Expedition X						
DISN	58	Movie	(20) Bluey	(45) Bluey	(10) Bluey	(35) Bluey	Kiff	Kiff	Big City	Big City	Big City	Big City	Big City	Big City	Descendants: Rise of ...		
ESPN	30	(11:00) College Basketball	College Basketball	Teams TBA (N) (Live)	College Basketball	Teams TBA (N) (Live)	College Basketball	Teams TBA (N) (Live)	College Basketball	Teams TBA (N) (Live)	GameDay	Basketball Houston at Texas Tech (N)					
FREE	17	(45) ★★ Pirates of the Caribbean: Dead Man's Chest (06)	Orlando Bloom, Johnny Depp.	★★★ Pirates of the Caribbean: At World's End (07)	Orlando Bloom, Johnny Depp.	★★★ Pirates of the Caribbean: At World's End (07)	Orlando Bloom, Johnny Depp.	★★★ Pirates of the Caribbean: At World's End (07)	Orlando Bloom, Johnny Depp.	★★★ Pirates of the Caribbean: At World's End (07)	Orlando Bloom, Johnny Depp.	Movie					
FX	35	(11:00) ★★ Invincible (06)	Mark Wahlberg.	★★★ The Waterboy (98)	Kathy Bates, Adam Sandler.	★★★ The Longest Yard (05)	Chris Rock, Adam Sandler.	★★★ The Longest Yard (05)	Chris Rock, Adam Sandler.	★★★ The Longest Yard (05)	Chris Rock, Adam Sandler.	★★★ The Fast & Furious Present...					
HIST	39	(11:00) Cnt..	Counting Cars	Heroes and Horsepower!	Danny and the guys can't wait to get started on a 1964 and a half Ford Mustang.												
LIFE	36	★ Twists of Faith	(13) Toni Braxton.	★ Finding Faith (25)	Paula Patton.	★ Toni Braxton: Unbreak My Heart (16)		★ Toni Braxton: Unbreak My Heart (16)		★ Toni Braxton: He Wasn't Man Enough (25)							
MTV	52	Ridiculous	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	MTV Special		
NICK	56	Movie	★ SpongeBob SquarePants Movie	(45)	★★★ How to Train Your Dragon: The Hidden World	SpongeBob	SpongeBob	SpongeBob	SpongeBob	SpongeBob	SpongeBob	SpongeBob	SpongeBob	SpongeBob	Friends	Friends	
PARMT	51	(11:00) ★★ XXX: State of the Union (05)		★★★ The Dark Knight (08)	Heath Ledger, Aaron Eckhart, Christian Bale.					★★★ The Dark Knight Rises (12)	Christian Bale.						
SFY	55	(10:00) ★ San Andreas	★★★ The Hunger Games (12)	Josh Hutcherson, Jennifer Lawrence.	★★★ The Hunger Games: Catching Fire (13)	Jennifer Lawrence.		★★★ The Hunger Games: Catching Fire (13)	Jennifer Lawrence.	Movie							
TBS	3	Friends	(35) Friends	(35) Friends	(35) Friends	(35) Friends	(35) Friends	(35) Friends	(35) Friends	(35) Friends	(35) Friends	(35) Friends	(35) Friends	(35) Friends	(35) Friends	(35) Friends	
TCM	60	(11:00) ★ Don't Look Back	(45) ★★ The Big Combo (55)	(15)	★★★ Reunion in France (42)	Joan Crawford.	(15)	★★★ Reunion in France (42)	Joan Crawford.	(15)	★★★ 2001: A Space Odyssey (68)	Gary Lockwood, Keir Dullea.					
TNT	33	Basketball	Georgetown at Providence (N) (Live)	College Basketball	St. John's at Xavier (N) (Live)	Postgame	Pregame	Postgame	Pregame	Postgame	Pregame	Postgame	Pregame	Postgame			
TOON	57	Gumball	Tom/Tom	Tom/Tom	Be Cool	Be Cool	Be Cool	Be Cool	Be Cool	Burgers	Burgers	Burgers	Burgers	Burgers	Burgers	Family Guy	
USA	34	Soccer	Bournemouth vs. Liverpool (N) (Live)	Goal Zone	Basketball	Richmond at George Washington (N)	College Basketball	VCU at Davidson (N) (Live)	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	College Basketball	9-1-1 Ghost Stories"		
VH1	50	My Wife	My Wife	My Wife	My Wife	My Wife	My Wife	My Wife	My Wife	My Wife	My Wife	My Wife	My Wife	My Wife	★★★ The Commuter (18)	Vera Farmiga, Liam Neeson.	